



Vincentians stage protest

Protesters outside the Friends of Crown Heights Educational Center where St. Vincent and the Grenadines Prime Minister Ralph Gonsalves was addressing a meeting of nationals. See story on page 22.

Photo by Nelson A. King

Undocumented Haitians face deportation

By Nelson A. King

Brooklyn Congresswoman Yvette D. Clarke has expressed deep concern about the resumed deportation of undocumented Haitian immigrants from the United States. "I am deeply concerned by

the [US] Department of Homeland Security's (DHS) recent decision to resume the deportation of undocumented Haitian immigrants," said Clarke, who represents the 9th Congressional District in Brooklyn, on Tuesday.

"As we are all too aware, over the past decade, Haiti has unfortunately been severely impacted by natural disasters and political instability, which contributed to its status as the poorest country in the West-

Continued on Page 6

GUYANA BLACKS AGITATE

Afro Guyanese make case for piece of 'land' pie too

By Bert Wilkinson

As September, Amerindian heritage month, draws to a close and as indigenous Indians do all they can to raise awareness about land and other rights, Afro Guyanese groups are beginning to put pressure on the administration of President David Granger to give blacks their just piece of the country's pie just as past governments have done for others.

The local slavery reparations commission has in recent weeks handed cabinet ministers a slew of publications it says contains startling facts about the plight of Afro Guyanese

and the level of discrimination they have faced from the time the first African slave set foot on local soil to the systematic favoring of East Indians during the 23 years of the Indian-dominated People's Progressive Party (PPP).

They are now demanding that an administration led by a retired black army general dedicates some of its energy and resources to addressing the plight of Afro Guyanese especially as it relates to access to land in a country more than 20 times the size of Jamaica and nearly 80 times bigger than Trinidad.

Continued on Page 6

SUEDE
MODERN CARIBBEAN COISINE

Birthdays Dine Free! Brunch | Lunch | Dinner www.Suedenyc.com • IG: Suedenyc • 347-474-7328

TOP DRIVER DISTRACTIONS

Using mobile phones

Leading the list of the top distractions behind the wheel are mobile phones. Phones now do more than just place calls, and drivers often cannot pull away from their phones, even when driving. According to the California Department of Motor Vehicles, studies have shown that driving performance is lowered and the level of distraction is higher for drivers who are heavily engaged in cell

phone conversations. The use of a hands-free device does not lower distraction levels. The percentage of vehicle crashes and near-crashes attributed to dialing is nearly identical to the number associated with talking or listening.

Daydreaming

Many people will admit to daydreaming behind the wheel or looking at a person or object outside of the car for too long. Per-

haps they're checking out a house in a new neighborhood or thought they saw someone they knew on the street corner. It can be easy to veer into the direction your eyes are focused, causing an accident. In addition to trying to stay focused on the road, some drivers prefer the help of lane departure warning systems.

Eating

Those who haven't quite mastered walking and

chewing gum at the same time may want to avoid eating while driving. The majority of foods require a person's hands to be taken off of the wheel and their eyes to be diverted from the road. Reaching in the back seat to share some French fries with the kids is also distracting.

Try to eat meals before getting in the car. For those who must snack while en route, take a moment to pull over at

a rest area and spend 10 minutes snacking there before resuming the trip.

Reading

Glancing at an advertisement, updating a Facebook status or reading a book are all activities that should be avoided when driving. Even pouring over a traffic map or consulting the digital display of a GPS system can be distracting.

INJURED? WE WIN YOU \$\$!



Have you been seriously injured through the fault of another party?

- Car accident?
- Injured at work?
- Unsafe sidewalk?
- Medical malpractice?
- Police misconduct?
- Construction accident?
- Slip and Fall?

Serving All Boros Hablamos Espanol
Office is handicapped accessible

No fee unless we recover Free consultation



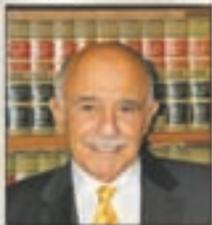
OYEZ!

We recently won a blind client a substantial

6 figure settlement

for injuries from an unrepaired sidewalk. The owner and insurance company fought us, but our persistence, and justice, prevailed!

Did You Know?



"It is your RIGHT to recover damages for injuries that are not your fault."

"We have been helping injured people get compensated for wrongful injuries since 1967."

HUNDREDS OF MILLIONS RECOVERED FOR OUR CLIENTS

Piergrossi & Peterman
wewinyoucash.com

844-300-6648

Call our **TOLL FREE** hotline for your complimentary consultation!

Guyana's first lady to aid STEM programs

By Tangerine Clarke

Fundraising for science, technology, engineering and mathematics education, (STEM) must be considered one of the most philanthropic efforts made to help millions of children in Guyana. This is why why Bridge the Gap InterContinental (BTCI) took on the challenge to establish fundamental goals to prepare youth for the competitive job market in the 21st century.

A Saturday, Sept. 24 program indicated that this organization will succeed, as many technology savvy and highly educated Guyanese pledged their support during a fundraising luncheon in the Banquet Hall of New Life Truth Center Church in Brooklyn, where patron, and humanitarian, First Lady of Guyana, H.E. Sandra Granger, was the keynote speaker.

First Lady Granger gave a synopsis of some of the main avenues of educating youth, ages 10-14 from varied social circumstances who showed interest and potential in a recent robotics workshop in the rural area of Buxton.

Mrs. Granger teamed up with Georgia-based Guyanese Karen Abrams, a technology expert, to stimulate and spark the curiosity of learning in robotics, a program which is supported by NGOs in Guyana, the diaspora and corporate sponsors.

Through the workshops held in August of this year in Guyana, 140 children learned computer coding and robotics. It is the hope that the project expands to benefit children of every region of Guyana.

"I am excited about the strides Guyana is making in STEM. These programs will educate children, many, who because of their social circumstances, are left behind," said Granger.

She is calling for enhanced infrastructure in Guyana's technology framework that would allow students constant access to technology and computer literacy.

In addition to her STEM initiative, Granger continues to empower youth, woman and the elderly through her programs that includes; Information and Communication Technology (ITC), Empowerment of Teenage Mothers, in collaboration with Women Across Differences (WAD), Self-reliance and Success in Business Workshops for Woman, and Caring for the elderly Workshops, among others.



Grenada's Prime Minister Dr. Keith Mitchell (front row) accompanied by Grenada's Deputy Prime Minister Elvin Nimrod and former Foreign Affairs Minister Peter David at the funeral. Photo by Nelson A. King

Grenada PM eulogizes Dr. Stanislaus

By Nelson A. King

Grenada Prime Minister Dr. Keith Mitchell on Saturday joined a number of Caribbean community leaders and figures, among others, in eulogizing former United Nations Ambassador Dr. Lamuel Stanislaus at a massive funeral service in Brooklyn.

"Today, we celebrate the life of a brother by recognizing the quality of his life, and the dedication and sustained service to our country," said Dr. Mitchell at the funeral service, at St. Francis of Assisi/St. Blaise Roman Catholic Church on Nostrand Avenue in Brooklyn, attended by a large number of dignitaries, including Grenada's Deputy Prime Minister Elvin Nimrod and Former Foreign Affairs Minister Peter David, as well as local legislators, such as former New York City Council Member Jamaican Una S.T. Clarke and ex-Brooklyn Borough President Marty Markowitz.

"We stand with mixed emotions," Mitchell added. "Our brother thought us serious lessons of simplicity. Our relationship was one of a long journey for which I cherished every moment. He demonstrated a life of sincerity and integrity."

Hardly five months after he was recognized by United States President Barack Obama and US First Lady Michelle Obama, as "a part of our great American story," Dr. Stanislaus died last Sunday at the MJHS Hospice Center in Brooklyn, where he was taken to two days before. He was 95.

Sir Lamuel, who was knighted by Queen Elizabeth II, had celebrated his 95th birthday on April 22. He told the Caribbean Life then that he was "suffering with the ravages of cancer of the



Dr. Eugene Stanislaus eulogizes his dad. Photo by Nelson A. King

prostrate and cancer of the bones."

Mitchell said that, when he had called Sir Lamuel on his sick bed at this Brooklyn home, he said: "Mr. Prime Minister, I'm on my last leg."

"You know he was not well, but he always made you laugh," the Grenadian leader said.

He recalled that, when he first toyed with the notion of challenging Stanislaus' close friend, late Grenada Prime Minister Herbert Blaize, Stanislaus did not object, saying that, while Stanislaus supported his friend wholeheartedly, he said it was Mitchell's right to oppose Blaize, given the country's democratic system.

"And that told me something special about this man," said Mitchell, alluding to Sir Lamuel. "I will always miss my friend. He did not indulge in any mean spiritedness to anyone."

"To his lasting credit, Dr. Stanislaus worked in situations where his morals and standards were tested," he added.

"He spoke candidly. I hope all of us will learn from Dr. Stanislaus."

Additionally, the Grenadian prime minister said Sir Lamuel was "first and foremost" an advocate for the poor.

"He was a people's person – a man for the ages," he said. "Grenada has lost a dear son. We've lost someone who had contributed to this country. The New York Community has lost a beloved friend. He was a mover and shaker. Grenada and friends will forever be grateful for the path he made."

But Mitchell said, while Sir Lamuel was a "simple man," never misinterpret that," saying that Sir Lamuel was not only eloquent but sharp as well with the pen, and would retaliate in writing if attacked.

"Dr. Stanislaus, you served to inspire generations," the prime minister said. "My brother, we'll miss you. Rest comfortably in Abraham's bosom."

The Stanislaus family said Sir Lamuel was a "retired dentist by profession and a retired UN diplomat by appointment," who had served twice as Grenada's ambassador extraordinary and plenipotentiary representative to the United Nations (1985-1990) and (1998-2004).

Between these two appointments, he served as ambassador-at-large and deputy permanent representative for two years.

Born in Petite Martinique, Grenada's smallest sister isle – the larger is Carriacou – Stanislaus was educated at Grenada Boys' Secondary School (1933-1938) and Howard University in Washington, D.C., where he received his Bachelor of Science (summa cum laude) degree in 1948, and the Doctor of Dental Surgery (DDS) degree in 1953.

Barbados

A reciprocal health care agreement between Barbados and United Kingdom will come to an end on Oct. 1, 2016.

The agreement which allows Barbadians traveling to the UK to access free health services under the National Health Service (NHS) will now require to pay for such services.

The existing protocol provides for a citizen of the UK or a citizen of Barbados who requires immediate medical treatment while temporarily in the other country to receive treatment on the same terms as citizens of that country.

Once the agreement ends, Barbadians visiting the UK, who are currently eligible for free health care for up to six months, will now be required to pay their medical bills.

The Ministry of Foreign Affairs has advised travelers to make sure that they have adequate travel and health insurance before traveling. Additionally, British visitors to Barbados will also no longer be eligible for free health services, which include hospital treatment, treatment at polyclinics, ambulance travel and prescribed medicine for children and the elderly.



St. Lucia goes solar

Solar panel installers and officials pose outside the St. Lucian Government House, St. Lucia. See story on page 14. James Ellsmoor

Cuba

Cuban Medical Services Sales Company, part of the health ministry recently presented the government with a new therapeutic and preventive program destined for international tourism to be implemented in the country's medical and health assistance centers.

Dr. George Alberto Miranda, president of the company, told a press conference that the new service, which includes basic medical check-ups with a very simple program, will begin in September until Oct. 31 on a promotional level and a special price.

Miranda said that Cuba has the resources to expand its services to foreigners for a shorter period and they will receive the benefits of the strengths of the Cuban health system offered to its population free of charge.

The services will include a complete hematology, EKG, ultrasound of the abdomen and gynecology for women and prostate for men.



Jamaica

The proposed amendments to the Criminal Justice Act (Plea Negotiations and Agreement) in Jamaica is expected to be completed by next month, to provide a bigger incentive for people accused of crime to plead guilty and provide prosecutors with information in return for a reduced sentence.

Justice Minister Delroy Chuck said the Legal Reform Unit is actively working on it and he has directed the Office of Parliamentary Counsel, which does the drafting, for it to be treated as "a matter of urgency."

The act was announced in 2006 and amended in 2009 and further amended in 2010. The amendments are intended to improve its use as part of the sentencing arrangement.

The minister said that in jurisdictions across the world where plea bargaining is used, approximately 90 percent of defendants enter guilty pleas in exchange for lighter sentences.

He told the Jamaica Information Service (JIS) that less than one percent of cases in Jamaica are resolved by plea bargaining.

Chuck said that once the defense attorney and the prosecutor meet and sign off on a recommended sentence, the accused wants to be assured that the presiding judge will go along or will not deviate much from the recommendation.

The justice minister said plea bargaining will also help reduce the heavy backlog of cases in the court system.

Guyana

The Guyana government wants to establish offshore oil and gas facility in the South American country as it seeks

to fully optimize opportunities in petroleum exploration and production.

The Ministry of Natural Resources, working in conjunction with the Ministries of Public Infrastructure and Business, says it believes that this facility is critical and said it is part of the raft of measures intended to ensure that Guyana keeps on the right trajectory in the development of the oil and gas industry.

In a statement the Ministry said: "The development of onshore infrastructure is critical to the success of the offshore oil and gas activities and it is expected that this logistics and supply base will be able to serve the sector as a whole."

"The government believes that as the industry continues to evolve, early plans must be put in place to harness the synergies and benefits that will arise from this and other necessary infrastructure, including providing much needed employment to large numbers of Guyanese," it said.

The statement said onshore facilities normally include shipyard, port facilities oil field waste disposal, oil spill response, electric power infrastructure, support and heliport facilities, among other services.

St. Kitts

The St. Kitts and Nevis government

has appointed Les Khan to head the Citizenship-by-Investment Unit (CIU).

Prime Minister Dr. Timothy Harris made the announcement at a news conference of service providers and developers.

Khan previously worked as IPSA International's project team leader for St. Kitts and Nevis.

IPSA, a regulatory risk mitigation company, completed a program review of the St. Kitts and Nevis Citizens by Investment (CBI) program in the fourth quarter of 2014. Then on April 30, 2015, an announcement was made that the St. Kitts and Nevis CIU to increase the program's transparency had retained the services of the company to address recommendations that would improve the country's citizens by Investment program.

Within one year of the April 30, 2015 announcement, the current Team Unity government successfully reorganized, restructured and repositioned the St. Kitts and Nevis citizenship program as the best in the world, making the oldest such program stronger and better to discharge its mandate.

Harris has reaffirmed that the CIU is now open for legitimate business, adding that the program is stronger and better to discharge its mandate.



Afro Guyanese face deep crisis



Guyana President David Granger. Photo by Bert Wilkinson

Deportation

Continued from page 1

ern Hemisphere and caused extreme hardship in the lives of her people," added the daughter of Jamaican immigrants.

She said that although Haitian infrastructure has "improved somewhat" since the deadly 2010 earthquake, the French-speaking Caribbean country has been contending with a cholera outbreak that has afflicted more than 750,000 people and killed more than 9,000 of women, men and children.

"Given this public health crisis and the current economic and political instability in Haiti, we have a responsibility to our Caribbean sisters and brothers to act with compassion, which includes providing for Haitians already present in the United States," Clarke said.

She said she was "particularly concerned about the timing of this DHS action, which occurs just a few weeks ahead of Haiti's upcoming elections."

"I continue to monitor this situation closely and work with my fellow Members of Congress to address this critical humanitarian issue," she said.

The DHS had suspended deportation of Haitians living illegally in the United States in the immediate aftermath of the massive earthquake that struck the country in 2010.

Continued from page 1

"The African Guyanese community is in deep crisis," says Eric Phillips, leader of the Guyana Reparations Commission fighting with other national bodies in neighboring Caribbean community countries to make Britain and other western nations compensate the region for the brutal trans Atlantic slave trade.

"The crisis is structural and is the result of centuries of discriminatory practices by governments of Guyana during slavery, after Emancipation and most recently by the last PPP government," said the latest document given to cabinet.

The commission and other Afro rights groups are pointing to the fact that the country's 10 percent Amerindian population consisting of nine tribes have already been awarded 13.8 percent of the country's land mass and

are demanding even more though they were never enslaved and made to work for free like Africans.

At worst, Phillips says blacks who account for about 31 percent of Guyana's population of about 750,000 should at least be awarded about 20 percent of the country as studies have shown that an astonishing 450,000 Africans died during the slave era.

Granger, 71, recently announced the establishment of a land commission to review the status of communal lands, which were linked to estates free African slaves purchased immediately after Emancipation. Afro activists say the PPP systematically gave out these lands to its supporters and others, knowing fully well they belonged to the early Afro coastal villages. The time to reverse all this is now Phillips and others say.

Phillips says it is blacks, rather than Amerindians or any other groups, which dug 15,000 square miles of earth to establish plantations system and drain the low lying coastal belt for free. Ironically, their descendants were never awarded or rewarded with any of those lands they prepared.

"This is a grave injustice. The British and Guyanese governments did not offer lands to Africans at independence but promoted and ensured Amerindians received. Today they own 13.8 percent."

As further proof of how everyone else is looked after but blacks, the latest document says that even foreign Chinese and Indian companies were given large tracts of state lands to set up businesses but blacks were not given equal access to Guyana's resources. "Gold smuggling (15,000 ounces per week) was the exclusive domain of Indians with their emboldened government networks. Guyana for example, lost US\$1B in gold in 2013," said Phillips, quoting official information given to government by the United States Treasury.



PROSTATE CENTER

Urgency or difficulty urinating? Painful urination? Erectile dysfunction?



We successfully diagnose & treat:

PROSTATE CANCER

Receive Effective Treatment.
Examine Alternatives.

ENLARGED PROSTATE

Reduce Bathroom Trips in 1 week.
Alleviate Other Symptoms.

IMPOTENCE

Regain Firm Erectile Function.
Explore Innovative Options.



- Reliable, Responsive, Top Class Urologists
- Same Day In-office Diagnostic Radiology
- Lab Tests with Immediate Results

America's Top Urologists Since 2009 • Open 7 Days A Week • All Major Insurances Accepted



BROOKLYN: 2632 E 14th Street, NY 11235
QUEENS: 107-15 Jamaica Ave., NY 11418

718-878-3523

**TIME TO
CASH IN!**
USE YOUR
MACY'S MONEY
NOW-
SUN, OCT. 2

OUR LOWEST PRICES OF THE SEASON!

60%-85%^{OFF} **INCREDIBLE**
SPECIALS!
STOREWIDE **NOW-SUN, OCT. 2**

**USE THIS SAVINGS PASS ALL DAY
NOW-SUNDAY**

**SELECT SALE & CLEARANCE
CLOTHING & HOME ITEMS**

\$10 OFF

YOUR PURCHASE OF \$25 OR MORE.

LIMIT ONE PER CUSTOMER.
PROMO CODE: MORE25

★ macy's VALID 9/28-10/2/2016.



**SELECT SALE & CLEARANCE
CLOTHING & HOME ITEMS**

\$20 OFF

YOUR PURCHASE OF \$50 OR MORE.

LIMIT ONE PER CUSTOMER.
PROMO CODE: MORE

★ macy's VALID 9/28-10/2/2016.



Excludes **ALL**: cosmetics/fragrances, Deals of the Day, Doorbusters/web busters, electrics/electronics, Everyday Values (EDV), furniture/mattresses, Last Act, Macy's Backstage, rugs, shoes for her, specials, super buys, Breville, Coach, Dyson, Fitbit, Frye, Hanky Panky, Jack Spade, Kate Spade, KitchenAid Pro Line, Le Creuset, Levi's, Locker Room by Lids, Marc Jacobs, Michele watches, Natori, Sam Edelman, Samsung watches, Shun, Stuart Weitzman, The North Face, Theory, Tumi, Vitamix, Wacoal, Wolford, Wüsthof, athletic clothing, shoes & accessories; designer jewelry/watches, designer sportswear, gift cards, jewelry trunk shows, previous purchases, select licensed depts., services, special orders, special purchases, tech watches; **PLUS, ONLINE ONLY**: baby gear, kids' shoes, Allen Edmonds, Brahmin, Birkenstock, Hurley, Johnston & Murphy, Merrell, RVCA, Tommy Bahama, toys. Cannot be combined with any savings pass/coupon, extra discount or credit offer except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash or applied as payment or credit to your account. Purchase must be \$25 or \$50 or more, exclusive of tax and delivery fees.

FREE SHIPPING

ONLINE & FREE RETURNS

Free shipping with \$99 purchase.

Exclusions apply; see macy.com/freereturns



Jamaica's debt stymies economic growth

By Dawn Plummer

Since the general election took place in Jamaica in February, 2016, Andrew Holness has not officially visited New York City in his capacity as prime minister of Jamaica, to address the Diaspora. Last Thursday evening, before the prime minister took stage to participate in the 71st United Nations General Assembly in the City, he attended a town hall meeting, at the Jamaica Performing Arts Center in Queens. Holness met with a largely exuberant crowd of supporters and concerned Jamaicans who spoke on adamant issues that are of major concern to them as Jamaicans abroad.

Founder and President of Team Jamaica Bickle, Irwin Clare welcomed Prime Minister Holness and his team. All protocols were observed and without much hesitation from the prime minister in his opening remarks, he reached out to the anxious but fairly calm audience, stating that the task ahead was for the new gen-

eration of Jamaican leaders to help move Jamaica forward for growth so that the nation could accomplish more.

The prime minister stated strongly that Jamaica can be transformed from a developing country to a developed country because the nation has made great strides, but faces the challenges however to sustain these strides. "We can't ask people to write our history, independence means that we take responsibilities. We have more than enough human capital to do what we must," Holness stated. The prime minister further reasoned that Jamaica is now managing its fiscal responsibilities better for the first time in 20 years and said for this, Jamaica will continue to work with the International Monetary Fund (IMF). The economic deficit has slowed down the growth of Jamaica's economy. He alluded to the 60 percent debt that the country owes. "The debt has been the biggest obstacle to the development of

the country," Holness added

Holness noted also that he has to find creative and innovative ways to address the fundamental issue such as crime, "we have to make sure that Jamaica is a place of choice to raise your family, do business and retire." In continuing his argument on crime, Holness said the government has to act in a decisive way and has aligned itself with the United States to help develop plans to eliminate crime.

The prime minister made reference also for the need for an alignment with the economic and the educational systems in Jamaica, enabling students to have a better grasp in their preparedness for the type of skills needed for the market place. When it comes to bureaucracy, the prime minister called for new measures of operation. "How do we get the public sector to support the private sector? ...when business that should take two days to be done takes 20," he added.



Jamaica's Prime Minister Andrew Holness address the townhall meeting in Queens. Jamaica Information Service

IT'S TIME. GET YOUR FLU SHOT NOW!

Influenza (Flu) is a viral infection. Flu symptoms include body aches, chills, and fever.

Flu is worse than a cold and lasts longer. Young children, pregnant women, older adults, and people with weak immune systems and long-term illnesses are at higher risk.

You can help prevent the flu by getting the flu vaccine every year. It is recommended that everyone six months of age and older get the flu shot. **Talk to your doctor or visit your local pharmacy to get your flu shot.**

This important message has been brought to you by MetroPlus Health Plan. Plan ahead.



SERVING NEW YORKERS FOR OVER 30 YEARS



MKT 16.172

AAA FAMILY DENTAL



**For More Information Visit Us At
www.bronxdentistny.com**

The Answer To All Your Dental Problems Is Complete Dental Care

**GOT IMPLANTS
DON'T KNOW WHAT TO DO NEXT
COME SEE US**

**Just Remodeled And Expanded With Brand New Office
Equipment And Modern Sterilization.
All Unions, Insurance And Medicaid Welcomed.
Four Doctors On Staff, Choose The One You Like.
Come And Check Us Out!!**



**Reasonable Fees Quality Dentistry
Dr. Serge Sandler, D.D.S.**

3366 Boston Road (2 Blocks North of Gun Hill Road)

(718) 547-5280

FREE CONSULTATION

• All Union & Insurance Plans Accepted

Local 1500, 338, 530, 1180, PBA, 1199, CSEA, DDS - Locals, Aetna, Met Life, Guardian,
DC-37, GHI, UFT, 237, Carpenters, Marble Workers, Blue Cross, NYNEX
and Many More

Medicaid, Fidelis, Metro Plus, New York Presbyterian, GHI HMO welcomed

- Natural Colored Fillings • Cosmetic Dentistry (bonding & laminates)
- Denture Repairs While You Wait • Replace Missing Teeth While You Wait

English, Russian & Spanish Spoken • Se Habla Español

First: Debate Democracy

By Marc Morial and Morris Pearl

Twenty-one times during the presidential primaries, candidates took the stage to debate issues important to the American people. Twenty-one times, they faced questions on foreign and domestic policy, on America's role in the world and on the philosophy each would bring to the Oval Office. And on none of those 21 occasions were they asked to debate the single most important challenge facing the country: the health of our American democracy.

On Sept. 26, the nominees for president of the United States will meet for what may be the most-watched debate in the history of the country. As moderator, Lester Holt has an obligation — indeed a patriotic duty — to demand answers to the most fundamental American question: Do you believe in the essential equality of each American and if so, what specifically are you going to do to ensure that each citizen has equal political power?

For the first time in more than a century, our democracy is narrowing. We are engaged in a battle for the soul of the country. We see it in Ferguson and Flint, in Baltimore and Chicago. We see it on Wall Street, in board rooms, in the halls of Congress.

This is a fight not only for equality under the law, but for equality in the hearts and minds and actions of every man woman and child in these United States. It is a fight for

opportunity not just in theory, or on paper, but in practice and in experience.

White supremacists have emerged from the shadows, gleefully claiming a prominent place on the American political stage. Racism has always been a thinly-veiled political strategy, but now those in power have tossed the veil aside. From voter id laws to registration restrictions to voter purges, those with power grab for even more.

And the money -- Oh, the money. Pouring from the pockets of billionaires to the coffers of SuperPACs. America's wealthiest citizens no longer even feel any pressure to hide their intentions. They want to own Washington, the public be damned.

The gap between the powerful and the powerless is widening into a yawning sinkhole that threatens to swallow the country whole.

Yes, we must first debate democracy itself. How will each of these nominees address questions of power and equality in America? How will they respond to the widening gaps between the rich and the poor, between black, brown and white, between the powerful and the powerless? How deep is their commitment to the great American experiment of democracy that began 240 years ago?

We are different from almost any other country in the world. We are not united by a common ethnic or religious herit-

Continued on Page 12

No one is indispensable in a democracy

By Oscar Arias Sanchez

In this column, two-time Costa Rican president and Nobel Peace Prize-winner Oscar Arias sets forth his reasons for not accepting the implicit and explicit invitation from large sections of society to run for president for a third time.

SAN JOSE, Sept. 20, 2016 (IPS) - I have put a great deal of thought into whether or not to return to politics. Groups from different political parties, and without party affiliation, have expressed their concern over the current situation in the country and have offered me their support. And the opinion polls indicate that I would have a chance at a third presidential term.

The support of so many people fills me with gratitude. There is no greater reward for me than feeling the confidence and trust of the Costa Rican people, because it is based on deeds and actions, on knowing me for over 45 years, and knowing that, with all my defects, I always say what I think and do what I say.

The approval of my first two administrations is a reflection of what we managed to do together. In the 1980s, we brought peace to a region crushed by war, and we thus put Costa Rica on the world map.

Ten years ago, we inserted our small country in the international economy, and we put it on the map again when the United Nations approved the Arms Trade Treaty, Costa Rica's biggest contribution to humanity in its entire history.

For many months I have weighed the contribution

"I hope that we learn that no party or social segment has a monopoly on honesty, patriotism, good intentions and love for Costa Rica."

that I can still make, serving Costa Rica once again, against the need to give a boost to the emergence of a new generation of Costa Rican leaders. And I'm not thinking about the next four years. I'm thinking about the next 40. I have enough strength and enough ideas to serve them again. But I also know I'm not indispensable. No one is indispensable in a democracy.

This is something I have said many times: one of the main obligations of a political leader is to foster new leadership. The future of a country depends on the continuous emergence of new cadres willing to take up the baton. Only tyrants cling to power.

Democrats, of whom I am one, understand the importance of stepping aside. I believe the next generations must be given space, and this is the main reason for not running again for president.

The second reason arises from the political ungovernability in Costa Rica. The opposition doesn't bother me; on the contrary, I have always believed that in a democracy if there is no opposition, it has to be created. I believe a good government requires someone on the other side of the

sidewalk, reminding it of its commitments and holding it accountable.

Unfortunately, there is a segment of the opposition in our country which, instead of demanding that the government in office make good on its promises, uses any tool to keep it from doing so. Rather than allowing it to implement the government plan that voters supported at the polls, they spend four years carrying out a continuous election campaign, standing in the way of progress in the direction that the people said they wanted.

On May 8, 2006, when my second government took office, I made the following appeal to Costa Ricans, which continues to apply today:

"I hope that we learn that no party or social segment has a monopoly on honesty, patriotism, good intentions and love for Costa Rica. I hope that we can understand that the responsible use of political power is much more than pointing things out, complaining, and hindering, and consists above all of engaging in dialogue, working together and building.

"I hope we will be able to tell the difference between adversaries and enemies; understand that willingness to compromise is not a sign of weakness, just as intransigence is not a sign of strength. I hope we can do away with the pettiness of our political debate, raise up our heads, look forward and think big."

The third and last reason that pushes me to make this

Continued on Page 12

Caribbean Life

Founded 1990 • Published by Community News Group
Corporate Headquarters: One MetroTech Center North, Suite 1001, Brooklyn, NY 11201

NEW YORK PRESS ASSOCIATION
NYPA

CEO: Les Goodstein
PRESIDENT & PUBLISHER: Jennifer Goodstein
ASSOCIATE PUBLISHER: Ralph D'Onofrio
EDITOR EMERITUS: Kenton Kirby
ASSOCIATE EDITOR: Kevin Williams

Contributing Writers: Azad Ali, Tangerine Clarke, Nelson King, Tequila Minsky, Vnette K. Pryce, George H. Whyte, Bert Wilkinson, Lloyd Kam Williams

GENERAL INFORMATION (718) 260-2500

This newspaper is not responsible for typographical errors in ads beyond the cost of the space occupied by the error. All rights reserved. Copyright © 2016 by Courier-Life, Inc., publishers. Caribbean Life is protected by Federal copyright law. Each issue of Caribbean Life is registered with the Library of Congress, Washington, D.C. The Caribbean Life, its advertisements, articles and photographs, may not be reproduced, either in whole or part, without permission in writing from the publisher except brief portions for purposes of review or commentary consistent with the law.

LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to the Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglocal.com. All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

Marcus Garvey family seeks justice

Dr. Marcus Garvey, New York surgeon and son of civil rights leader and Jamaica's first National Hero, the Rt. Hon Marcus Mosiah Garvey presented his case for justice for his father to the CARICOM Caucus of Ambassadors and embassy staff in Washington DC on Tuesday Sept. 6.

The meeting arranged by Dr. Goulda Downer, chair of the Caribbean-American Political Action (C-PAC) and was held at the Organization of American States (OAS) in Washington DC. During the meeting, the group learned first hand about the family's campaign to seek justice for Garvey through a posthumous presidential pardon and how the Caribbean, through our shared history as a region, can play a critical leadership role in this effort.

In speaking to the group, Dr. Garvey shared some of his father's visionary insights, which led him to be the civil rights icon he was. He also shared a brief history of the injustice his father experienced and why this pardon meant so much to him and his family.

The appeal for this pardon



Garvey at the OAS in front of his fathers statue with Dr Downer and the CARICOM Ambassadors and their staff

is on the grounds that Marcus Garvey was unjustly prosecuted. Garvey's charges and conviction effectively ended his political movement and eventually led to his deportation to Jamaica, his country of birth. The family, 93 years later, now seeks justice for Marcus Garvey with their campaign to have his charges exonerated.

The Garvey's legal team is asserting his conviction was a) Motivated by a desire on the part of the federal government to discredit, disrupt and destroy Garvey's civil rights movement; b) Executed through court surveillance and deception, with undercover agents posing as Garvey supporters and c) Aided by judicial proceedings that

have been condemned as factually unsound and politically motivated and racially motivated.

Caribbean leaders are asked to encourage citizens in all countries to sign the time-sensitive White House petition link at <https://wh.gov/iLvaQ> by Tuesday, Sept. 27, 2016. The immediate goal is to collect the 100,000 signatures by that

day and present them to the White House and in so doing insure a response from President Obama on this request. The website, www.Justice4-garvey.org provides additional information about the effort. Organizations and groups are also encouraged to complete and submit a sign-on letter which is housed at the site.



TAKE A BREAK FROM THE EXPECTED.

NEW YORK LOTTERY
SCRATCH-OFF
G A M E S



© 2016 New York Lottery. You must be 18 or older to purchase lottery tickets. Please play responsibly. For help with problem gambling, call 877-8-HOPE-NY or text HOPENY (467369). nylottery.ny.gov





Eye Specialists

Reich Center for Eye Care

Raymond Reich MD., Isaac Reich, MD.

Protect Your Precious Eyesight

THE SKILLS YOU NEED
THE WISE JUDGEMENT YOU WANT
THE NAME YOU TRUST



COMPREHENSIVE OPHTHALMOLOGY
MANAGEMENT AND TREATMENT OF ALL EYE DISORDERS



TEL: 718-332-6200

1575 E 19th STREET, 1ST FLOOR • BROOKLYN, NY 11230
FREE VALET PARKING • MOST INSURANCE PLANS ACCEPTED



Homeownership is important.

We're here to help homebuyers navigate the mortgage process and make buying a home affordable, even if you have little money for a downpayment, little or "less-than-perfect" credit history or have had a recent job change.

And, for a limited time, M&T is providing loan subsidies to homebuyers that can exceed \$10,000 in downpayment, closing cost and interest rate assistance in certain areas. To find out how M&T can help make homebuying easy and affordable, call 1-888-253-0993 or visit mtb.com/mortgage.

M&T Bank
Understanding what's important®

Equal Housing Lender. This is not a commitment to make a mortgage loan.
Subject to credit and property approval. ©2016 MGT Bank. Member FDIC. NMLS# 381076

OP-EDS

First: Debate Democracy

Continued from page 10

age, but rather by an idea. The strongest, wealthiest, most-diverse, most innovative country in the history of the world is held together by the promise of equality. It is the essence of our national purpose. However imperfect our process has been in realizing that equality, for most of our history we have lurched awkwardly toward a more perfect union, toward more political power shared among more people.

Until now.

Almost a quarter-century later, we still have not accomplished what we set out to do. It is long past time we did.

There are dozens of topics to tackle that will lay bare the candidates' commitment to our uniquely American promise. Whether Mr. Holt asks about

voting rights or gerrymandering, campaign contributions or executive powers, the nominees' answers will reveal their underlying commitment to equality, and to democracy itself.

Will they make the years ahead the best chapter in the American story, one defined by a national commitment to human dignity and justice that only true equality can realize? Or will they close the book forever on what could have been?

Marc Morial is president of the National Urban League. Morris Pearl is chair of the board of the Patriotic Millionaires. Please note this article originally appeared in Newsday. <http://www.newsday.com/opinion/democracy-should-be-at-center-of-clinton-trump-debate-1.12326641>.

No one is indispensable in a democracy

Continued from page 10

decision is that I think there are many ways to work for the people of Costa Rica. They say that someone who is only good at being president is not even good at that. That is, if you can only exert influence from the presidential seat, it will not be a strong influence.

I don't plan to retire. I will continue to express my opinions about the way things are going in the country, and I will continue to support the causes I believe in: I always defended what I consider is best for our people, and above all, for the less fortunate.

I will continue to tirelessly advocate the need for Costa Rica to approve educational reforms that make it possible to boost the quality of education in our primary and secondary schools and our universities, such as dual education, evaluation of teachers and ensuring that our young people receive the skills needed to compete in today's world.

I will continue to insist on the need

for Costa Rica to modernize its economy, invest in infrastructure, insert itself even more in the global markets, significantly bolster its competitiveness and rev up its engines of productivity, the best instrument to reduce inequalities. And I will continue defending democracy, peace and disarmament, because the small size of our country should never be the measure of its moral authority.

I have decided not to run for a third presidential term because I believe that the main problem we are facing is medium- to long-term. If we don't manage to elevate the quality of politics and increase interest in public service, if we fail to get the most capable, educated and honest people to participate in political life, the sustainability itself of our democratic system is at stake.

To preserve this way of life that we have enjoyed for years, we have to encourage young people to lay their hands on the helm of history.

DEAR HOME CARE PROFESSIONALS! YOU ARE INVITED BY OUR AGENCY!

HHA course in just 12 days

- High Salary
- Free training
- Immediate employment is offered for holders of PCA & HHA certificates
- Attention and support provided to each employee
- Working hours convenient for you
- Benefits, paid vacations
- Assistance for the elders to transfer to our agency, as well as transfer along with their home attendant

REAL CARE, INC.
Home Health Care Agency
2625 East 14 Street, Suite 220
Brooklyn, NY 11235

Real assistance for both the elder and the caregiver
718-645-0003 Brooklyn • 718-645-0004 Queens





**COVERAGE FROM
HOLDING HANDS TO
WEDDING BANDS**



**TO WHEN YOUR
WAIST EXPANDS.**

Whether you're starting out or settling down, EmblemHealth offers a choice of quality, affordable health insurance plans. With dental and vision benefits and a large network of primary care physicians and specialists, we're here to help you through thick and thin.

Health Plans. For Now, For Life.



Find your plan at emblemhealth.com



EmblemHealth®

DAILY NEWS
NYDAILYNEWS.COM

LOOKING FOR YOUR NEXT CAR?

Don't miss the Daily News Autos Marketplace
in next week's issue

AUTOS

DAILY NEWS
NYDAILYNEWS.COM
JANUARY 27 - FEBRUARY 9, 2016

AUTOS MARKETPLACE

<p>2014 Honda Pilot \$18,100.00, 36 mi., Auto, 6 cyl, A/C, p/s, p/b, buy for \$19,995</p> <p>See Our Ad on Page 4</p> <p>MAJORWORLD.COM 43-40 Northern Blvd. • Queens, NY 888-396-2567 • www.Majorworld.com</p>	<p>2016 Ford Fusion S Auto, 4cyl, fuel, power options, abs brakes, tech package</p> <p>See Our Ad on Page 2</p> <p>CITY WORLD FORD 3305 Boston Rd. • Bronx, NY 888-471-5530 • www.Cityworldford.com</p>
<p>2011 Infiniti G37 AWD Coupe Premium Pkg, 17k mi., #11117</p> <p>See Our Ad on Page 6</p> <p>COMPETITION INFINITI 601 Middle Country Rd. • St. James, NY 866-277-0712 • www.Competitioninfiniti.com</p>	<p>2016 Honda Civic LX \$17,990.00, Automatic</p> <p>See Our Ad on Page 8</p> <p>GARDEN STATE HONDA 584 Route 3 West • Clinton 225 River Drive • Passaic 973-777-1600 • Gardenstatehonda.com</p>
<p>2009 Nissan Rogue S AWD 35k #10205, 4cyl, auto, cd, keyless entry, 45k mi</p>	<p>2013 Hyundai Elantra Limited \$17,990.00, 20271, 544 mi, Black, leather, sunroof, cruise, Bluetooth, alloy wheels</p>

The Ultimate Car Shopper's Source

The Best of Caribbean Life.....



is just
a click away



Go to www.CaribbeanLifeNews.com
for the latest in Caribbean news, entertainment,
sports, business, viewpoints and more
Updated Every Weekday!

Caribbean Life

North America's Largest Caribbean Newspaper

PORTABELLA

EARLY FALL

SALE

SAVE UP TO

60% OFF

VALUE PRICE

SLIM FIT VESTED SUITS \$124.99 • 3 FOR \$275



BUY 1 SUIT
AT THE VALUE PRICE
GET 2 FREE

Or Buy 1 At Our Everyday Low Price

	Value	Everyday	NOW!
New Slim Fit.....	\$250	\$99 ⁹⁹	3 for \$250
New Vested Suits	\$275	\$124 ⁹⁹	3 for \$275
Luxury Wool	\$425	\$159 ⁹⁹	3 for \$425

SUITS \$59⁹⁹

group sales • weddings • special events
sweet sixteens • 24 hour alteration service

big & tall • boys



THE HOTTEST TRENDS AT 60% SAVINGS



SWEATERS
\$13.67
3 FOR \$30

JEANS
FROM \$14.99

CASUAL JACKETS
FROM \$19.99

THE HOTTEST BOOTS • JUST IN • FROM \$29.99



THE LARGEST SELECTION IN NEW YORK

SHOES

\$19.99 \$29.99 \$39.99

U.S. Polo • Clarks • Florsheim
Joseph Abboud • Phat Farm
Stacy Adams

PORTABELLA [facebook.com/portabellastores](https://www.facebook.com/portabellastores)
Portabellastores.com

BROOKLYN
503 Nostrand Ave.-Portabella
320 Livingston-Portabella
1671 Pitkin Ave.-Portabella
5205 5th Ave.-Portabella
423 Knickerbocker Ave.-Portabella
294 Utica Ave.-Portabella
1555 Flatbush Ave.-Portabella
851 Flatbush Ave.-Portabella
552 Nostrand Ave.- Fino
366 Fulton St.-Portabella
5007 Church Ave.-Fino
Kings Plaza Portabella

3056 Steinway St.-Portabella
164-08 Jamaica Ave.-Fino
3738 Junction Blvd.-Fino
Queens Center-Quails
Roosevelt Field Quails
NEW JERSEY
807 Broad St.-Portabella
Woodbridge Center-Quails
5516 Bergenline Ave.-Quails
Freehold Raceway Mall-Quails
Livingston Mall-Quails

BRONX
12-20 E. Fordham Rd.-Portabella
2887 3rd Ave.-Portabella

3449 Jerome Ave.-Portabella
2938 3rd Ave.-Fino
345 East Fordham Rd.-Fino
645 E. Tremont Ave.-Portabella
1498 Parkchester Ave.-Portabella
Bay Plaza Shopping Center-Portabella
13 South 4th Ave.-Mount Vernon
1498 Metropolitan Ave.-Portabella
2168 Bartow Ave.-Portabella

MANHATTAN
243 W. 125th St.-Portabella
617 W. 181 St.-Portabella
120 W. 125th St.-Fino
1405 St. Nicholas Ave.-Fino
Manhattan Mall-Portabella

All merchandise not in all stores. All savings off value prices. While quantities last.
Last call prices effective Thru September 30

St. Lucia makes a big pledge to solar power

The government of St. Lucia has a target of generating 35 percent of its electricity from renewable sources by 2020. This pristine island currently depends on dirty diesel generators for power, but has ambitious goals to revolutionize its economy with solar, wind, and geothermal energy. Solar represents the easiest attainable resource, and St. Lucia is already famous for its sunshine, which draws visitors from around the world.

To mark the start of its own renewable revolution the St. Lucia government has partnered with the nonprofit Solar Head of State to install solar panels on the public residence of the Governor-General, Government House. Solar Head of State's mission is to help world leaders to role-models in environmental stewardship by encouraging the adoption of solar PV on prominent government buildings. St. Lucia's officials first announced their intention to install the panels on Government House at the Paris COP21 Climate Conference in December 2015.

St. Lucia was among a group of 15 climate vulnerable countries which together became the first nations to ratify the Paris Agreement in April 2016. Officials recognize that reducing St. Lucia's emissions alone will not have a large impact

on climate change; Saint Lucia emits just 0.0015 percent fraction of global carbon emissions. But by leading on renewable energy the island can take a strong moral stance and showcase solutions for larger nations to follow. As a small island developing state (SIDS) St. Lucia is particularly vulnerable to climate change, facing damage from rising sea levels and increasingly strong and frequent tropical storms.

St. Lucia's recently appointed Minister with responsibility for Renewable Energy, Dr. Gale Rigobert, said, "The commitment of St. Lucia to transit from dependence on fossil fuels to more renewable sources of energy is demonstrated here by this project to install solar panels at the Governor General's official residence."

The plan will also help to reduce energy costs for citizens of St. Lucia which, like most island nations, suffers from astronomically high electricity costs that hinder economic development. The government, in collaboration with the local electricity utility LUCELEC, is currently completing the bidding process on its first utility scale installation, a 3MW solar PV facility that will power five to eight percent of the national energy demand.



Trans-continental Express Shippers has been serving the Jamaican and Caribbean community for over 30 years. During this time we prided ourselves on providing you with reliable and safe shipping to Jamaica and the Caribbean. As we grow and expand opportunities to service our community, we have decided to collaborate with Econocaribe Consolidators to enhance your shipping needs.

Econocaribe Consolidators has been in business since 1968 and providing reliable cargo transportation to Jamaica, the entire Caribbean and throughout the world. They are very well established and reputable organization with their own locations and long-term partners throughout the USA, Caribbean and the world. The merging of our operations with Econocaribe allows us the opportunity to enhance our systems, expand our reach and ultimately serve you better. We offer weekly service to Kingston and Montego Bay - Jamaica, Trinidad, Barbados, Guyana, Eastern and Western Caribbean and many other countries.

Our phones will remain the same 718-341-2900 and our new address effective immediately is 14746 176 Street, Jamaica, NY 11434 (at the back of the DMV off Rockaway Blvd). The same friendly staff you have been accustomed to will continue to service your needs, answer your calls, coordinate your pick-ups and keep your cargo moving.

Robert 'Bob' DeSouza

Gordon Bement

Econocaribe-Transcontinental

...stronger together

your shipping solution to the Caribbean

718-341-2900 or 718-244-SHIP (7447)

14746 176th Street, Queens New York 11434
(back of DMV off Rockaway Blvd.)



Winner of the President's "E" Award for Excellence for Exporting 1993
FMC LIC. #16318N www.econocaribe.com • 866-ECONO IT

Westbury Toyota

1121 Old Country Rd., Westbury, NY 11590

NY 11590

855-386-2113

WESTBURY TOYOTA'S
AUTUMN
SAVINGS
FESTIVAL

NEW 2016 TOYOTA COROLLA S Plus



\$109

(1)
(2)

per mo
36 mos lease
\$2,675 Down

Stk#N62268, Mod#1864, 4cyl, auto, alloys, Fog Lights, a/c, AM/FM/CD, pwr steer/brks/winds/lcks. MSRP \$21,125. \$2,784 Due at Signing.



NEW 2017 TOYOTA CAMRY SE

\$137

(1)
(2)

per mo
36 mos lease
\$2,600 Down

Stk#N70207, Mod#2546, 4cyl, auto, alloys, Fog Lights, a/c, AM/FM/CD, pwr steer/brks/winds/lcks. MSRP \$24,929. \$2,737 Due at Signing.



NEW 2016 TOYOTA RAV4 LE AWD

\$159

(1)
(2)

per mo
36 mos lease
\$3,250 Down

Stk#N63296, Mod#4432, 4cyl, auto, a/c, AM/FM/CD, pwr steer/brks/winds/lcks. MSRP \$27,005. \$3,409 Due at Signing.



NEW 2016 TOYOTA SIENNA LE FWD 8 Pass.

\$259

(1)
(2)

per mo
36 mos lease
\$2,950 Down

Stk#N63031, Mod#5338, 6cyl, auto, alloys, Fog Lights, a/c, AM/FM/CD, pwr steer/brks/winds/lcks. MSRP \$33,120. \$3,209 Due at Signing.

Many Toyota Certified and Pre-Owned Vehicles in stock



2.9% APR (4)
for 60 Months on Select
Toyota Certified Used Vehicles

- 12 Month/12,000 Mile Comprehensive Warranty
- 7-year/100,000 Mile Limited Power Train Warranty
- 8-year/100,000 Mile Factory Hybrid Battery Warranty
- 174-Point Quality Assurance Inspection For Hybrid Vehicles
- 1-year Roadside Assistance & CARFAX Vehicle History Report



Sales: 1121 Old Country Rd., Westbury, NY 11590 • 855-386-2113

Service: 115 Frost St., Westbury, NY 11590 • 855-407-5277

WestburyToyota.com



Price includes all costs to consumer except down pymt, tags, tax, title, dmv fees & \$75 doc fee, bank fee + 1st mo pymt. (1) Lease based on 12k mi per yr, 15¢ each add'l mi, Lessee resp for excess wear/tear/maint for qualified buyers. Due at signing: Down payment, tax, bank fee, \$0 sec dep waived by TFS, dealer fees, doc fee, 1st month payment & motor vehicle. Ttl pymts/Resid: '16 Corolla (\$2,675 down) \$3,924/\$13,098; '17 Camry (\$2,600 down) \$4,932/\$15,207; '16 RAV4 LE AWD (\$3,250 down) \$5,724/\$16,743; '16 Sienna (\$2,950 down) \$9,324/\$18,878. College grad/military rebates not incl. (2) Price incl: \$1000 (Corolla); \$500 (Camry) Lease Bonus cash. Lease Bonus cash through Toyota Financial Services. (4) Monthly payment for every \$1,000 financed is 2.9% - 60 months = \$17.92 Monthly payment for every \$1,000 financed is 1.9% - 36 months = \$28.16; 1.9% - 48 months = \$21.65; 1.9% - 60 months = \$17.48 for well qualified buyers. Not resp for typo errors. Photos for illus purp only. Must take immediate delivery from dealer stock. Offers expire 3 days after pub

DMV#7113040

Urgent care center opens fifth location in Brooklyn

By Alexandra Simon

Bushwick is the latest neighborhood to be served by an urgent care center. The new location opened in the underserved area on Sept. 21.

ModernMD Urgent Care has four other locations throughout the borough, providing quick and convenient care to neighborhoods that lack doctors. The new location on Knickerbocker Avenue is the result of directors noting the success of another ModernMD Urgent Care center in Williamsburg.

“As it is ModernMD’s mission to equalize access to high quality, affordable medical care, all of our centers are purposely located in federally designated primary care physician shortage areas,” said Melissa Cohen, vice president of marketing for ModernMD Urgent Care. “We choose to place our centers in areas that lack convenient and affordable care, where people are often forced to rely heavily on the emergency room for non-life threatening treatment, to offer the community a better option.”

The location has five patient rooms, a waiting room, and will be served by a doctor that also specializes in pediatrics and emergencies. Several other medical personnel that can conduct immediate care, blood testing, blood pressure, and x-rays will be on site also. The medical costs are cheaper than emergency room visits. An urgent care visit for an allergic reaction can cost just under \$100, whereas a hospital visit can foot a bill of \$345. Patients seeking care for non-emergency illnesses, should opt for these centers rather than hospital emergency rooms for affordability and faster care, says Cohen.

The emergency room is usually not the best option for patients who are looking for general day to day care. When a person visits the emergency room for non-emergencies, they will



Now open: Members of Modern MD Urgent Care staff, cutting a ribbon to celebrate the grand opening of their new location in Bushwick on Sept. 21.

Photo by Caleb Caldwell

likely wait a long time to be seen by a doctor, will definitely pay more for the services they received and may not even be covered by their insurance, as their care could have been provided in a more cost conscious setting such as an urgent care center.

Open seven days a week, Cohen says the center’s hours of availability benefits and accommodates locals in ways that a usual doctors office visit cannot.

“ModernMD offers medical care in the evening, on weekends and holidays, when primary care doctors are generally not practicing,” said Cohen. “We’re Brooklynites, we’re New Yorkers, and we understand that our patients lead

busy lives. That’s why we’re open late 7 days a week, to make medical care available when people need it most.”

Insured and noninsured patients can make walk-ins without appointments, and also choose the center for non-illness services, such as pre-employment physicals and tests, and testing for sexually transmitted diseases or infections. With brisker temperatures approaching, Cohen says the center is looking forward to treating many people.

“During sick season, we generally see around 60 patients a day in each of our centers. We can accommodate at least 75 patients daily, while keeping wait times short,” said Cohen.



Waiting room: The interior of the urgent care center has a spacious waiting area, equipped with a children’s play station.

Photo by Caleb Caldwell



A volunteer from FedEx cares stops for a photo with a student.

Hatnim Lee

Backpacks for Brownsville pupils

By Alexandra Simon

Young school kids at P.S. 156 in Brownsville started the school year with a gift from local volunteers on Sept. 8.

United Way of New York City and FedEx handed out over a thousand backpacks to happy students at ten lucky schools in Brooklyn for the first day of classes. The two companies teamed up for a back to school drive, giving the kids in the city’s much needed areas spanning new backpacks, with even more gifts inside them.

“The bags were filled with all the school essentials including colorful rulers, composition notebooks, scissors, and pencils,” said Nicole Gallant, a vice president for United Way of New York City. “All 10 recipient schools received more than 100 backpacks.”

The event was a special surprise for the school since being part of the organization’s initiative in 2014, and joining their ReadNYC literacy campaign earlier this year.

“This is the first time that P.S. 156 has been a recipient of United Way New York City’s back to school drive,” said Gallant. “The drive is an annual event serving our partner schools.”

FedEx Cares — the initiative launched by the shipping company — delivered the backpacks citywide exclusively for the organization free of charge.

United Way of New York City was established 76 years ago, prioritizing the education and livelihood of New Yorkers living in low-income areas.

P.S. 156 is located in one of Brooklyn’s low-income neighborhoods, with a large number of students not reading at grade-level. As a partner with United Way of New York City, the school aims to get their students to reading level with ReadNYC, to increase student literacy.

WHEN WAS YOUR LAST MAMMOGRAM OR PAP SMEAR?

Prevention and early detection can save your life.



The 9th Annual Edward S. Greenwald, MD, Breast and Cervical Screening Event

**Saturday, October 8, 2016
9:00 AM-1:00 PM**

- Breast exams and Pap smears for women 18 and older
- Mammograms for women 40 and older
- Women's health education and information
- Co-pays will apply for those with insurance
- All exams are free for women without insurance



To register, call 718-920-5906
Monday-Friday, 9:00 AM-5:00 PM
Walk-ins welcome

Hosted by Montefiore Einstein Center for Cancer Care, a proud participant in the American Cancer Society Making Strides Against Breast Cancer Walk on October 16, 2016.

All exams will take place at:
Einstein Campus
The Tower at Montefiore
Medical Park
1695 Eastchester Road
Bronx, New York 10461

Montefiore
Montefiore Einstein
Center for Cancer Care

LET OUR FAMILY HELP YOUR FAMILY IN YOUR TIME OF NEED



Exceptional Funeral Care At Affordable Prices

- 30-40% less than our competitors
- Cremation specialist - Simple cremation, simple charges
- Servicing families with cremation, burial or shipment
- A convenient on premise parking lot
- Prepayment plan for only \$25-\$50 a month



2009 MERMAID AVE. • BROOKLYN 11224 • 718.373.0880 • CONEYISLANDMEMORIALCHAPEL.COM

Inaugural ceremony celebrates men of color

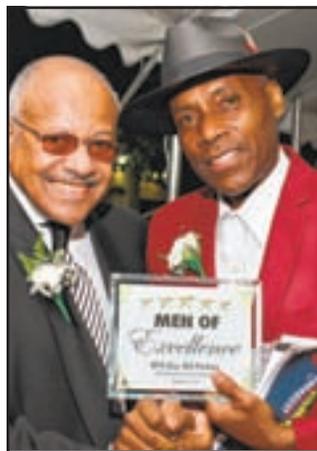
By Alexandra Simon

Hardworking men of color were celebrated in high style at a ceremony awarding and honoring men for their achievements on Sept. 17.

Some 200 women and men packed Restoration Plaza in Bedford-Stuyvesant for the inaugural Men of Excellence ceremony. The event — aimed to honor the hardworking and under-appreciated men of color in the community — awarded politicians, community leaders, business owners, entrepreneurs and fashion designers. For many who attended, it was a chance to see the inspiring men making moves in their communities, said one honoree.

“Something like this is really needed — to recognize those trying to make a difference in the world,” said Romel Brewster, fashion designer and an honoree. “We have to be the change we want, and the awards really highlight and put a spotlight on individuals making those changes.”

About 35 men, young and old, were awarded with Men of Excellence plaques. The ceremony fundraised for the J. Love



Bob Tate, left, and state Sen. Bill Perkins. Alonzo Boldin

School of Etiquette, a modeling agency for children.

Planners for the ceremony organized to make a difference to counter a negative perception attached to men of color and to show them that they are appreciated.

“Often our Hispanic and African-American men are demonized,” said Linda Cocochyna Ford. “There is another side of African-American life that isn’t publicized and celebrated, and those are the men



A few excellent men: From left, K.C. The Prince of Soul, DJ Hollywood, Malcolm McDaniel, and DJ Barry Blends, holding their Men of Excellence award, at the inaugural ceremony on Sept. 17 in Bedford-Stuyvesant. Alonzo Boldin

who are not looking for recognition — men of excellence.”

Brewster says being in the presence of men he also looks up to, given the climate

of police brutality — was an inspirational moment that will keep him motivated.

“It was a good event — the ambiance was nice,” said

Brewster. “Acknowledgement is what I liked about it. Acknowledging those who came before me, shows a transition and it shows me a path.”

Seriously, choosing a health plan is not easy. We work hard to make it easier.

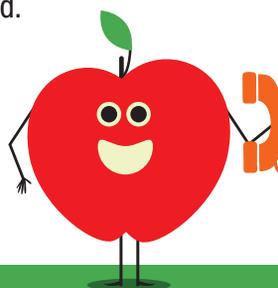


Our high quality and affordable Medicare Advantage and Long Term Care plan options include:

Medicare Advantage Plans Designed to meet the needs of individuals with Medicare and those with both Medicare and Medicaid. We have a variety of plan options and a large network of quality doctors and providers in the communities where you live.

Managed Long Term Care Plans Health and long term care services at home or in the community for those who are chronically ill or disabled.

Contact us for eligibility and enrollment.
info@agewellnewyork.com | agewellnewyork.com



We're here for your call.

Toll Free 1.866.586.8044
TTY/TDD 1.800.662.1220

AgeWell New York LLC is an HMO plan with a Medicare contract and a contract with the New York State Medicaid Program. Enrollment in AgeWell New York depends on contract renewal. Medicare beneficiaries may also enroll in AgeWell New York LLC through the CMS Medicare Online Enrollment Center located at www.medicare.gov. H4922_AWNY_4002_AS16_FILE & USE 04152016

ACCIDENT VICTIMS

AUTO ACCIDENTS • TRIPS AND FALLS • CONSTRUCTION INJURIES
FREE CONSULTATION • No Fee Unless Successful*



**WE HAVE OBTAINED
 MILLIONS OF DOLLARS
 ON BEHALF OF OUR CLIENTS**

Our Lawyers Will Come To You!

Home, Office or Hospital Visits
 Available At No Charge

WILLS & REAL ESTATE PERSONAL INJURY

Auto Accidents • Truck Accidents

Bus, Train, & Subway Accidents

No-Fault Cases

Spine & Neck Injuries

Slip & Fall • Pedestrian

Defective Products • Lead Poisoning

Schools & Playgrounds • Dog Bites



**Construction Accidents • Stairways
 Ladders • Scaffolds • Elevator/Escalator
 Injuries Burns • Improper Security •
 Machine Accidents • Workers' Comp
 MEDICAL MALPRACTICE/
 NURSING HOME INJURIES**



Wrongful Death • Misdiagnosis • Birth Related
 Cerebral Palsy

ARZE & MOLLIKA, LLP

Brooklyn:

35 Avenue U, Lower Level
 Brooklyn, NY 11223

718-996-5600

Manhattan:

39 Broadway, Suite 950
 New York, NY 10006

800-939-6881

*Past Results Do Not Guarantee Future Outcomes

**WITH FIVE CONVENIENT
BROOKLYN LOCATIONS**

**THERE'S A DOC
DOWN THE BLOCK!**



WILLIAMSBURG
68 Graham Ave



BUSHWICK
366 Knickerbocker Ave



BEDFORD-STUYVESANT
1248 Fulton St



CROWN HEIGHTS
436 Utica Ave



FLATBUSH
916 Flatbush Ave

646-604-8150

ModernMDuc.com

CARIBBEAN ROUNDUP

Continued from page 4

St. Vincent

St. Vincent and the Grenadines Prime Minister Dr. Ralph Gonsalves says he will not put any more funds into the cash-strapped regional airline, LIAT until the carrier improves its service.



Dr. Gonsalves recently led a delegation for talks with a management team, headed by acting chief executive officer Julie Refier-Jones after his administration wrote to the airline demanding talks over what is described as poor service.

The talks in Kingstown were aimed at resolving "LIAT's deteriorating service experienced by Vincentians."

In a statement following the talks, Gonsalves highlighted several challenges, including the lack of information on delays and cancellation of flights to the traveling public.

Gonsalves, who is chair of LIAT's shareholder governments said recently in Barbados, "the decision to shift the base had not been rescinded but the management has not carried out the decision and I would like to find out why."

Antigua and Barbuda, Dominica, Barbados and St. Vincent and the Grenadines are the shareholder governments of the airline.

LIAT recently requested Kingstown to release a further EC\$100,000 to help with its operations.

The statement from LIAT said the airline has agreed to review the schedule flights in and out of St. Vincent within one week to better serve the traveling public.

Suriname

The United Nations Committee on the Rights of the Child in Suriname will be reviewed later this month.

Suriname is one of the 196 States that have ratified the Conventions on the Rights of the Child and so is required to be reviewed regularly by the Committee of 18 independent experts.



Among the possible issues to be discussed between committee members

and a government from the Suriname area:

- * High number of child marriages;
 - * Steps to end violence, and corporal punishment in all sections;
 - * Discrimination against children and disabilities;
 - * Discrimination against indigenous and Maroo children and children in remote areas.
 - * Measures to meet the demand for mental health services for children;
 - * Measures to tackle child trafficking and child labor among children issues.
- The committee will issue its findings on Suriname and the delegation's report and replies, as well as information from civil society groups.

Trinidad

Trinidad and Tobago and the United States signed a Customs Mutual Assistance Agreement (CMAA) in Port of Spain last week to strengthen collaborative efforts by both countries to combat the scourge of illegal shipment of drugs, weapons and other contraband into their respective jurisdictions.



A statement issued by the United States Embassy said the agreement was signed by United States Ambassador John Estrada and Finance Minister Colm Imbert.

The embassy said the CMAA is an important part of the strong cooperative relationship between the two countries.

It said the agreement will allow "our governments to cooperate more effectively to track and interdict shipments of narcotics, illegal weapons and other contraband."

Under the CMAA, law enforcement agencies from Trinidad and Tobago and the United States will be able "to coordinate the investigation of complex money-laundering cases, and make it more difficult to hide ill-gotten gains by moving them across national boundaries."

The CMAA will also allow both countries to continue strengthening bilateral economic ties "through expediting trade procedures."

-Compiled by Azad Ali

**The source for
news in your
neighborhood:**

BROOKLYN DAILY.com



**BOOK YOUR
HOLIDAY PARTIES
NOW**

Weddings
Engagements
Showers
Holiday Parties
Corporate Events
Sweet 16s

Sirico's offers you a variety of Dinner, Cocktail, and Buffet options. We can create any theme for your occasion with unique LED lighting options & special decor packages.

8015/23 13th Avenue
Dyker Heights
Brooklyn, NY 11228
718-331-2900
www.siricos.net

Sirico's
CATERERS



Woman's charge overshadows town hall meet

By Nelson A. King

Supporters of the incumbent Unity Labor Party (ULP) administration in St. Vincent and the Grenadines had hoped that it would be another very successful and peaceful town hall meeting, as was always the case when Prime Minister Dr. Ralph E. Gonsalves visited New York on previous occasions.

But while many would argue that last Saturday night's town hall meeting at the Friends of Crown Heights Educational Center in Brooklyn, was again extremely successful, others, or most, would also say that it was very far from peaceful, and even downright disrespectful.

Additionally, many would venture to say that it was the most hostile and acrimonious town hall meeting that the prime minister or any member of his administration has ever encountered in the Big Apple.

Before Prime Minister Gonsalves' entry into the expansive hall, at about 7:30 pm, a handful of picketers, protesting the administration's rule, had gathered on the nearby streets. They were largely peaceful.



Prime Minister Ralph Gonsalves addresses town hall meeting in Brooklyn.

Photo by Nelson A. King

But the antagonism — some would say, “out of the blue” — erupted inside almost two hours after the Vincentian leader delivered his address in which he gave a general overview of his government's stewardship.

After Albert “Ziggy” Tannis, a former national cricketer, asked, during the question and answer segment, a question about the need for the gov-

ernment to issue “Certificate of Citizenship” to nationals, a young lady, giving her name as Miranda Wood, of the town of Layou, took to the microphone at the center of the hall.

Wood, who was, clearly, one of the protesters outside, at first donned very large, white-framed spectacles, as though to hide her identity. But she later removed them, when questioned by some members of the audience.

She said she was neither a supporter of the ULP or the main opposition New Democratic Party (NDP), but was a “no P” — no party — as Gonsalves alluded to earlier in his address.

While Wood's first question about whether Deputy Prime Minister Sir Louis Straker — who and his wife, Lady Linda, had attended the town hall meeting late — had renounced his United States citizenship was greeted with much objection from the ostensibly partisan audience, her second — more unexpected — claim was greeted with consternation, bewilderment, embarrassment,



A section of the audience at a town hall meeting of Vincentians at the Friends of Crown Heights Educational Center in Brooklyn.

Photo by Nelson A. King

outrage and antagonism primarily by ULP party supporters in the standing-room-only meeting.

“I'm here as ‘no P,’” Wood said. “I represent St. Vincent and the Grenadines...,” claiming she was sexually assaulted

“all over and over again,” without stating when, where and by whom.

As the cacophony sought to drown Wood out, one woman — who was later discovered to be Wood's friend and town native — was heard shouting:

Souvenir of slavery and its legacy

“Dream a World Anew” by the National Museum of African American History & Culture c.2016, Smithsonian Books \$40.00 / \$47.00 Canada 288 pages

By Terri Schlichenmeyer

There's so much you wish you'd kept.

Of course, you never thought of that when things were thrown out: your grandmother's favorite skirt, a poster your uncle hung on his wall, an autographed picture of a minor star from the 1920s. You'd cherish them today, but they're gone forever — or are they? In “Dream a World Anew” by the National Museum of African American History & Culture, you'll find those kinds of things — and more.

The new Smithsonian Museum began, in essence, with slavery.

In looking at the world's history, slavery was nothing new; it was even practiced in Africa in earlier centuries. This time, however — beginning with Portuguese slave ships in about 1440 — it would lead to

the largest forced migration of humans, ever: more than 12 million “Africans of enormous cultural diversity” were shackled, marched cross-country and transported across the Atlantic Ocean. The numbers were so high that, just three-and-a-half centuries after it began, “black people formed 20 percent of the population of the new United States.”

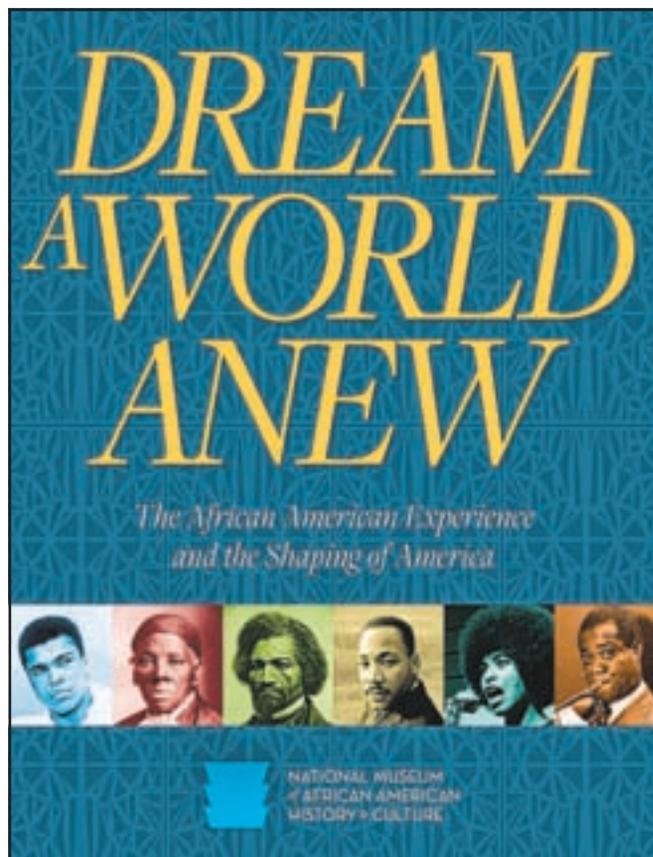
Those new citizens fought on behalf of America in the Revolutionary War and, because of the “chaos of war,” were often freed after service. Slaves, in fact, often found it easier to demand release then, a “First Emancipation” that didn't last long; by the early 1800s, the plantation system ensured that slavery continued.

Freed at the end of the Civil War, black citizens formed schools, started businesses, created products, and founded small towns, despite the onus of Southern sharecropping. Many migrated north, where discrimination still existed but Jim Crow laws weren't quite as burdensome as they were in the South and lynchings

weren't nearly as common. They fought the same battles alongside whites (or in racially-divided military companies) in other wars, then they came home to more discrimination — which ultimately, in part, led to a national fight for civil rights. And through the centuries, African Americans left a trail of culture: songs from Africa; unique dance “styles and techniques;” minstrelsy and vaudeville acts; music, literature, art, and poetry.

I have to admit: at first, I was a little disappointed in “Dream a World Anew.” What's inside — the narrative — seemed like everything I'd heard before. So I flipped the book over and started paging through it again...

While it's true that familiar names are everywhere in this book — Wheatley, Turner, Douglass, Truth, Tubman — readers will also be absolutely treated to stories and mini-biographies from regular people throughout history. The familiar names are rightfully here, but it's those everyday tales that I couldn't get enough of.



Book cover of “Dream a World Anew” by the National Museum of African American History & Culture

ENTERTAINMENT

FOR MORE ENTERTAINMENT, GO TO CARIBBEANLIFENEWS.COM/ENTERTAINMENT



Members of Black Violin Kev Marcus and Wil B. Photo by Brian Stollery

Black Violin's UNITY Tour

Brooklyn Center for the Performing Arts at Brooklyn College opens its 2016-17 season on Saturday, Oct. 29, 2016 at 8 pm with the return of three-time Amateur Night at the Apollo winners Black Violin.

Composed of classically trained violist and violinist Wil B. and Kev Marcus, these two combine their classical training and hip-hop influences to create a distinctive multi-genre sound that is often described as "classical boom."

"Through the message of Black Violin's music, we've spent the last 10 years working to encourage and empower people of all ages, ethnic and socioeconomic back-

Continued on Page 24

Big Drum documentary

By Alexandra Simon

Big sounds and big drums.

On formal occasions, sounds of drums beating might be heard on Union Island — one of the islands comprising the nation of St. Vincent and the Grenadines. Groups of people congregate with their instruments and play drums and sing songs passed down from their ancestors. It is a tradition that has been practiced since the early 1900's and one filmmaker is sharing the rich musical history of the islands drum-playing in his documentary film.

"The idea came to me when I left New York with my uncle for a memorial service for a relative," said Wayne Gomillion, filmmaker and creator of the film "Big Drum."

"I went with my cameras and equip-

Continued on Page 24



TAP, TAP, TAP

Chloé Arnold (left) with some of her tap dancers.

Tap ensemble heads to City College

International tap dance superstar Chloé Arnold is bringing her dynamic dance collective to the City College Center for the Arts (CCCA). Chloé Arnold's Apartment 33, a dream team of high-energy hoofers, will bring the world premiere of its magnetic tap dance show "Where Dreams Are Made" to Aaron Davis Hall at 7:30 pm on Friday, Sept. 30. The program is supported in part by the CUNY Dance Initiative (CDI), a City University of New York-wide residency program now in its third year.

A bright light in the tap field,

Arnold is known for her appearance on FOX's "So You Think You Can Dance" as the winner of the dance crew battle with her company Syn-copated Ladies, which brings female empowerment and sensuality to the tap genre, and her viral videos that have gotten the attention of Beyoncé and others. She has been a guest performer on ABC's "Dancing with the Stars" and NBC's "America's Got Talent." Arnold has choreographed for film, television and theater. She is also an accomplished actress who had a recurring role on the HBO

series Boardwalk Empire.

Chloé Arnold's Apartment 33 comprises talented dancers from around the world — both male and female — who have converged on New York City to follow their dreams in tap and introduce this fascinating art form to new audiences. The group is named after the home shared by Chloé and her sister Maud Arnold; Apartment 33 has served as not only a haven and creative safe space for these talented artists but even, at times, a place to stay.

Continued on Page 24

TOP OF THE CHARTS

TOP 10 SINGLES



- 1 **Cheap Thrills**
Sia Feat. Sean Paul
- 2 **Closer**
The Chainsmokers Feat. Daya
- 3 **Cold Water**
Major Lazor
- 4 **Send My Love**
Adele
- 5 **Treat You Better**
Shawn Mendes
- 6 **Heathens**
Twenty one pilots
- 7 **This is What You Came For**
Calvin Harris feat. Rihanna
- 8 **Ride**
twenty one pilots
- 9 **Can't Stop the Feeling!**
Justin Timberlake
- 10 **One Dance**
Drake Feat. WizKid & Kyla

TOP 10 ALBUMS



- 1 **Sinner**
Aaron Lewis
- 2 **Divine Feminine**
Mac Miller
- 3 **Hard II Love**
Usher
- 4 **Popstar**
Ghost
- 5 **The Very Next Thing**
Casting Crowns
- 6 **They Don't Know**
Jason Aldean
- 7 **Lemonade**
Beyonce
- 8 **Suicide Squad: The Album**
Soundtrack
- 9 **Mount Ninji & Da Nice Time Kid**
Die Antwoord
- 10 **Tidal Wave**
Taking Back Sunday



TAP DANCING

Continued from page 23

The group has performed at the DC Tap Festival, Taj Lounge, Tap City/Tap Forward and Broadway Underground: The Remix. The New York Times said of their performance at the Rhythm in Motion tap showcase, that, “In two emphatic interludes for her company, Apt. 33, Chloé Arnold took the driving beats of repetitive pop songs (Sean Paul’s ‘So Fine,’ Eminem’s ‘Not Afraid’) and found boundless possibilities within them.”

The group will perform a new show, choreographed by Arnold, that shares the personal stories of its eclectic members through song and dance.

“Chloé’s work in the tap dance world is amazing,” said CCCA Artistic Director David Covington. “She is taking tap to a new level — finding new avenues for tap, which translates into new audiences and new dance shows! She is driven by a terrific artistic sense, set

to the beat of her own two tap shoes. We are proud to be presenting this world premiere by ‘the leading lady of tap.’”

Tickets are \$15 general admission and \$10 for students and can be purchased online at <http://www.citycollegecenterforthearts.org/> or through the box office by telephone at (212) 650-6900 or in person (Tuesday through Friday from noon to 6 pm). Aaron Davis Hall is located on the campus of the City College of New York, at West 135th Street and Convent Avenue (129 Convent Avenue).

City College Center for the Arts can be followed on Twitter at @ccnyarts. For more information on Chloé Arnold’s Apartment 33, visit <http://www.apartment33.com/>.

The residency and performance of Chloé Arnold’s Apartment 33 at City College Center for the Arts is part of the CUNY Dance Initiative (CDI), which is supported by the Mertz Gilmore Foundation, New York



Members of the Chloe Arnold’s Apartment 33 tap ensemble.

Community Trust, Howard Gilman Foundation, Jerome Robbins Foundation, and Harkness Foundation for Dance. CDI is spearheaded and administered by Kupferberg Center for the Arts at Queens College. www.cuny.edu/danceinitiative.

Unity Tour

Continued from page 23

grounds to find what connects us, rather than shine a light on what divides us,” the duo stated in a recent announcement about their upcoming fall 2016 UNITY tour.

“This past year alone, we’ve played for nearly 100,000 students and over 125 public shows across the United States and Europe. We’ve taken this opportunity to spread a message that challenges the world’s view of what it means to rise above labels, be daring enough to follow their passion and most of all, be true to themselves. As black men living in America, we understand challenges and we also understand the power of ‘I can’t’, yet we decide to live by and promote the power of ‘I can.’ We realize that every opportunity to connect our diverse fans is an opportunity to break down the barriers that separate us, empower individuality, and encourage progress. Today, we are announcing our fall 2016 UNITY tour with concert dates throughout the United States for our most energetic and inspired shows yet.”

About Black Violin

Black Violin released their major label debut “Stereotypes” (featuring Black Thought of The Roots and MC Pharoahe Monch) on Universal Music which debut-

ed at #1 on the Billboard Classical Crossover Chart and #4 on the Billboard R&B Chart. The band has shared stages with top names including Kanye West, Aerosmith, and Tom Petty, and has creatively collaborated with the likes of Wu-Tang Clan, Wyclef Jean, and Alicia Keys. They are currently touring the U.S. and Europe, as well as composing the score for Fox’s new series, Pitch, which will premiere Fall of 2016.

Other noteworthy appearances include official NFL functions for three Superbowls, President Barack Obama’s Inauguration, Showtime at the Apollo (2005 winners), The Billboard Music Awards, The Ellen Show, The Wendy Williams Show, the Tavis Smiley Show, The Queen Latifah Show, NPR Morning Edition, and The Tonight Show with Jimmy Fallon.

Wil and Key place heavy emphasis on educational outreach and have performed for more than 100,000 students in North America and Europe in the past 12 months, including the featured musical act for the Blue Ribbon Festival at the Music Center in Los Angeles, where they performed for 19,000 fifth grade students from the Greater Los Angeles area over three days. The band is endorsed by Yamaha Music and has partnered with the National Association for Music Manufacturers (NAMM) to continue their advocacy for accessible music education.

Vincy drum culture

Continued from page 23

and other celebratory or mourning occasions. Gomillion did not intentionally set out to make a film, but upon landing on Union Island, he began capturing video of the locals singing and playing the drums, and decided to use the footage for a film that he could share with a broader audience. He pulled out his camera and recorded everything he saw, recording a total eight hours of film. He had no idea that he would be leaving the island making a film, but he knew it was a story he wanted to share after not understanding it for a long time.

“Big Drum” as he describes, focuses on an event of the same name. It is traditional drum playing, which began on Union Island in 1910 as a ceremonial gathering, in which participants dance and sing to the beat of the drums. The tradition is kept alive during weddings, funerals,



Filming culture: Filmmaker Wayne Gomillion poses with his camera that he used to shoot his debut documentary film, “Big Drum” at Brooklyn Information and Culture (BRIC) Studios in Downtown Brooklyn. Photo by Caleb Caldwell

Denzel reunites with Fuqua in Kurosawa classic

“The Magnificent Seven”
Excellent (4 stars)
Rated PG-13 for intense violence, smoking, profanity and suggestive material
Running time: 132 minutes
Distributor: Sony Pictures

By Kam Williams

Directed by the legendary Akira Kurosawa in 1954, “Seven Samurai” was a groundbreaking film which had a profound influence on the evolution of cinema for generations to come. Superficially, that seminal work merely reads like a martial arts epic set in 16th Century Japan. Yet, over the years, it has spawned a cottage industry of knockoffs trading in the picture’s novel narrative revolving around a rag-tag team of selfless heroes recruited in service of some lofty goal.

In 1960, “Seven Samurai” was remade as “The Magnificent Seven,” a sprawling



The town of Rose Creek employ protection from seven outlaws, bounty hunters, gamblers and hired guns - Sam Chisolm (Denzel Washington), Josh Farraday (Chris Pratt), Goodnight Robicheaux (Ethan Hawke), Jack Horne (Vincent D’Onofrio), Billy Rocks (Byung-Hun Lee), Vasquez (Manuel Garcia-Rulfo), and Red Harvest (Martin Sensmeier).

www.rottentomatoes.com

Western co-starring Steve McQueen, Yul Brynner, Charles Bronson, Eli Wallach, Robert Vaughn and James Coburn. Today, that classic has been

refreshed by Antoine Fuqua in an outing reuniting the director with Denzel Washington following successful collaborations on “The Equalizer” (2014)

and “Training Day” (2001) for which the latter won an Academy Award.

This incarnation of “The Magnificent Seven” does fea-

ture a few variations on the theme. For example, the picture’s dastardly bad guy is now an avaricious white man intent on seizing a mining town’s gold instead of a Mexican bandito simply staging a series of border raids. And the good guys enlisted to engage the greedy gringo are a politically-correct, rainbow coalition reflecting every ethnicity.

Otherwise, the essence of the original plot remains intact. As the film unfolds, we find the folks in the frontier settlement of Rose Creek living in fear of Bartholomew Bogue and his gang of marauders. Bogue is your stereotypical, bloodthirsty villain, straight out of central casting, played to perfection by Peter Sarsgaard.

It is established early on just how low the diabolical Bogue will stoop to achieve his evil ends, between murdering an innocent woman and burning the church to the ground. That makes the arrival of bounty hunter Sam Chisolm (Washington) all the more welcome by the time the exasperated and intimidated local yokels are at their collective wit’s end.

jazz
JAZZ.ORG

OCT 14-15, 7PM & 9:30PM
**ELIO VILAFRANCA’S
LETTERS TO
MOTHER AFRICA**

Elio Villafranca, Billy Harper, David Murray, Lewis Nash, and Vuyo Sotashe perform new music and classics by Louis Armstrong, Duke Ellington, and Randy Weston—all written with reverence to Africa

THE APPEL ROOM

jazz at lincoln center

venue frederick p. rose hall box office broadway at 60th st., ground fl. centercharge 212-721-6500 JAZZ.ORG @jazzdotorg

PHOTO BY FRANK STEWART

BASED ON THE THRILLER THAT SHOCKED THE WORLD

WHAT YOU SEE CAN HURT YOU

THE GIRL ON THE TRAIN

DREAMWORKS PICTURES AND RELIANCE ENTERTAINMENT PRESENT A MARC PLATT PRODUCTION A TATE TAYLOR FILM “THE GIRL ON THE TRAIN” EMILY BLUNT REBECCA FERGUSON HALEY BENNETT JUSTIN THEROUX LUKE EVANS ALLISON JANNEY EDGAR RAMIREZ LISA KUDROW MUSIC BY DANNY ELFMAN EXECUTIVE PRODUCER CELIA COSTAS PRODUCED BY MARC PLATT AND JARED LEBOFF BASED ON THE NOVEL BY PAULA HAWKINS SCREENPLAY BY ERIN CRESSIDA WILSON DIRECTED BY TATE TAYLOR A UNIVERSAL RELEASE

RESTRICTED R VIOLENCE, SEXUAL CONTENT, LANGUAGE AND DRUGS

Go to www.Caribbeanlifeneews.com for the latest in Caribbean news.

Formerly homeless woman talks overcoming in debut book

By Alexandra Simon

Facing abuse and teen pregnancy, Christina Richardson left home when she was 17 years old. Being homeless on and off for seven years, she trekked her way out of the New York City shelter system three years ago, and in her debut book titled “The Pleasure in the Pain” — she talks about her life.

“My story doesn’t start off unique,” said Christina Richardson, the formerly homeless author.

“I had my daughter at 17, so I left the house and went to my first homeless shelter with the father of my children. I was just so lost.”

Richardson titled her book for three parts that make up her story — the pain, the pleasure, and the painful pleasure. Those were feelings she experienced during homelessness, she said.

“I wanted to explain that even though what happened to me happened, there were things I could take from it,” said Richardson.

The Bronx-bred Richardson lived in every borough in New York City and not out of leisure or exploration. Richardson was one of many New Yorkers who bounced from shelter to shelter around the city. She struggled to pull herself out and feelings of depression stood in her way of freedom before she came to a realization that instability was not the life she wanted.

“I was really depressed and I wasn’t motivated. There were times I didn’t bathe — that’s how depressed I was,” said Richardson. “I was homeless five times and the fifth time I went in by myself and I said enough.”

Giving birth to two of her children in shelters, the mother of four eventually experienced a journey of acceptance that helped motivate her. Richardson discovered a substance abuse program where she had the opportunity to interact with women facing simi-



Picked herself up: Christina Richardson got herself out of homeless with determination. She talks about picking herself out of homelessness in her book, “The Pleasure in the Pain,” which compiles a series of poems, stories, and erotica.

Christina Richardson

lar issues to hers, which inspired her to come out of her shell.

“One day someone else inspired me to talk, and I knew I could express myself better through poetry,” said Richardson. “I do want my story told and this book reveals what I want people to understand.”

During the program, Richardson gained valuable therapy that would put her on the path to climb out of homelessness, along with the downtrodden mindset she observed from women in the shelters — the lack of motivation opened her eyes to the lose attitudes.

“The city has economic problems but women — I noticed that a lot were in abusive relationships or they didn’t have education,” said Richardson. “They were just stuck in their ways but they were comfortable, and seem like didn’t have anywhere to go and it was sad — I felt like I didn’t belong there, but some were okay with that.”

“I got bored, and I can’t be bored. Other than having children I had nothing else, but I have so much to offer,” said Richardson. “One day look in mirror and I said I don’t care what everyone else sees, what do I see? It was difficult — extremely difficult, but crying myself to sleep was harder.”

Richardson says although she was initially nervous about sharing her story, she feels she can provide insight to people who do not quite understand the struggles of people living with mental illness and homelessness.

“I want people to be understanding and be a little more mindful. There are people who have suffered but don’t settle,” said Richardson. “If I do one good thing with my life, that’s to raise my kids right and I want to live to see that.”

“The Pleasure in the Pain” can be bought on Amazon and CreateSpace.

Independent & Foreign Films

American Honey (R for graphic sexuality, frontal nudity, pervasive profanity and teen drug and alcohol abuse) Raunchy road saga revolving around a troubled runaway (Sasha Lane) who joins a team of door-to-door salesmen who party when not hawking magazine subscriptions while driving across the American Midwest. With Shia LaBeouf, Riley Keough and Arielle Holmes.

Among the Believers (Unrated) War on Terror expose’ chronicling the efforts of Pakistan’s infamous Red Mosque schools to raise a generation of Western-hating radical jihadists. (In English and Urdu with subtitles)

Clinton, Inc. (PG-13 for sexuality and mature themes) Adaptation of Daniel Halper’s best seller of the same name offering a behind-the-scenes account of Bill and Hillary Clinton’s maneuverings returning them to prominence after leaving the White House. Featuring commentary by Dick Morris, Rich Lowry and Ron Kessler.

Denial (PG-13 for mature themes and brief profanity) Courtroom drama recounting Deborah Lipstadt’s (Rachel



Kam’s Kapsules

By Kam Williams

Weisz) epic legal battle with notorious Holocaust denier David Irving (Timothy Spall) over whether or not Hitler and his minions really murdered millions in the gas chambers during World War II. With Tom Wilkinson, Andrew Scott and Jack Lowden.

Do Not Resist (Unrated) Domestic tranquility documentary examining the proliferation of militarized of policing across the United States.

Girl Asleep (Unrated) Coming-of-age dramedy about an ostracized social zero (Bethany Whitmore) whose fortunes change dramatically after being thrown a 15th birthday party by her concerned parents (Amber McMahon and Matthew Whittet). With Harrison Feldman, Imogen Archer and Eamon Farren.

Milton’s Secret (PG for mature

themes, adolescent issues and brief epithets) Family drama revolving around an 11-year-old (William Ainscough) who becomes the victim of a neighborhood bully (Percy Hynes White). Cast includes Michelle Rodriguez, Donald Sutherland, David Sutcliffe and Mia Kirshner.

Passage to Mars (Unrated) True tale reenacting the real-life, 2,000-mile trek undertaken across the Arctic’s frozen tundra by a half-dozen wannabe astronauts in anticipation of NASA’s first manned flight to Mars. Co-starring Zachary Quinto, Charlotte Rampling and Buzz Aldrin.

BIG BUDGET FILMS

Deepwater Horizon (PG-13 for intense action sequences, disturbing images and brief profanity) Disaster flick recreating the real-life events surrounding the 2010 explosion of the offshore oil rig in the Gulf of Mexico which claimed the lives of 11

crewmen and led to the worst crude oil spill in U.S. history. Co-starring Mark Wahlberg, Kate Hudson, Kurt Russell and John Malkovich.

Masterminds (PG-13 for sexuality, profanity, violence and crude humor) Crime caper, inspired by actual events, revolving around an armored car driver (Zach Galifianakis) duped by a flirtatious co-worker (Kristen Wiig) into participating in one of the biggest bank heists in American history. With Jason Sudeikis, Kate McKinnon, Leslie Jones and Owen Wilson.

Miss Peregrine’s Home for Peculiar Children (PG-13 for intense violence, peril and action sequences) Tim Burton directed this adaptation of Ransom Riggs’ best-selling children’s novel about a 16 year-old orphan (Asa Butterfield) who uncovers a terrifying reality when he travels to a Welsh orphanage located on a mysterious island. Cast includes Samuel L. Jackson, Eva Green, Chris O’Dowd, Dame Judi Dench, Allison Janney and Terence Stamp.

Celebrate Your Love in Paradise



718-372-4352

www.theparadisecateringhall.com



Capture the memories with beautiful settings like this.

Paradise just keeps getting better and better. And choosing the venue for your special occasions gets easier and easier, thanks to the **Paradise Catering Hall** (51 Avenue U, at the corner of West 11th Street; 718-372-4352).

Celebrating your special moments here means having the total attention and expertise of the staff focused exclusively on your affair.

But more than this, now is a wondrous time to discover or re-discover this exceptional catering hall. After a stunning re-modeling of their the grand ballroom, management recently spared no expense when they completely re-did the facility's grand lobby as well as the luxuriously appointed bridal suite, now done up with marble and granite accents for a look of timeless elegance.

They match the walls of marble and granite in the ballroom — which itself sports one of the largest chandeliers in all of Brooklyn — giving you just a brief inkling into what they have in store for you and your guests. Come and see the grandeur for yourself.

But this is only one reason to choose Paradise. Here, they accept only a single function at any one time. There's no splitting of the resources between two or three or even more affairs. When you book Paradise, you get the skills and expertise of every person there, on scene and behind the scenes to assure that your event runs flawlessly.

This sort of ultimate personalized attention starts the very minute you discover Paradise. At this facility, you don't deal with some salesman. You deal directly with one of the owners, Hercules, or his son, Mike. And why is this so essential?

Quite simply, they have a vested interest in making you happy, not just in making a sale. They know their business depends on word-of-mouth recommendations and on the special days yet to come in your life and the lives of your family. Thus, they will do everything in their power to be certain that the affair you have imagined is transformed into reality under the skilled hands of themselves and their staff. That's the secret of their longevity and of their success.

The lavish party room, which can be made intimate enough for parties of 100, or grand enough to host a spectacular of up to 400, is marked by a central chandelier that will take your breath away. It is the focal point for a magnificent space done up in sophisticated pinks and reds, with mirrored accents that lend a touch of infinity to the already expansive area.

The re-done, picture perfect bridal room is large, romantic and very feminine, accommodating up to 15 in easy comfort, with wall-to-wall mirrors.

Ideal photographic locales are assured in this world of environments, which also includes an intimate private garden area, a uniquely designed water fountain, as well as a host of fine, white wrought-iron work.

Can even Paradise become better? Of course it can. And they proved that when they totally renovated the large lobby area, adding a regal touch to this space, as well.

Whether it be the wedding, engagement party or any other affair, plan it at Paradise and the bottom line will put a very big smile on your face.

Our service is top flight, with the uniformed staff a longtime part of the Paradise family. These are full-time professionals who know their business; not weekend teens learning the trade.

And when it comes to the food, the chefs are world class. Whatever you can find in the cookbooks, they can serve at the table. They offer an added expertise in all manner of ethnic cooking. Add to that everything is cooked from scratch right on the premises to assure the highest in quality control.

Don't you want to celebrate those once-in-a-lifetime days in Paradise?

The catering office is open Tuesday through Sunday, 1 – 9 p.m. Note that the facilities are also available during the weekdays for all types of social meetings and functions.

For the further convenience of your guests, Paradise also can provide free valet parking.

Whether you're buying or selling a car, If You Can't Make It To Us,

CONVERTIBLES
33 IN-STOCK

COUPES
46 IN-STOCK

HATCHBACKS
25 IN-STOCK

MINIVANS
179 IN-STOCK

3,000

GET PRE-QUALIFIED IN SECONDS AT MAJORWORLD.COM



'15 NISSAN **VERSA**
BUY FOR: **\$7,495**
PLUS TAX & TAGS
Stk#22078, 11k mi.



'07 ACURA **MDX**
BUY FOR: **\$7,995**
PLUS TAX & TAGS
104k miles, Stk#10125



'13 TOYOTA **COROLLA**
BUY FOR: **\$7,995**
PLUS TAX & TAGS
48k miles, Stk#23027



'14 NISSAN **SENTRA**
BUY FOR: **\$7,995**
PLUS TAX & TAGS
4k miles, Stk#12691



'13 HONDA **CIVIC**
BUY FOR: **\$8,995**
PLUS TAX & TAGS
Stk#10323, 8k mi.



'13 NISSAN **ALTIMA**
BUY FOR: **\$8,995**
PLUS TAX & TAGS
27k miles, Stk#19051



'15 TOYOTA **COROLLA**
BUY FOR: **\$10,995**
PLUS TAX & TAGS
11k miles, Stk#22424



2014 HONDA **ACCORD**
BUY FOR: **\$11,995**
PLUS TAX & TAGS
Stk#22987, 33k mi.



'14 NISSAN **MAXIMA**
BUY FOR: **\$12,995**
PLUS TAX & TAGS
30k miles, Stk#18077



'15 NISSAN **ALTIMA**
BUY FOR: **\$12,995**
PLUS TAX & TAGS
Stk#20624, 7k mi.



'13 NISSAN **ROGUE**
BUY FOR: **\$12,995**
PLUS TAX & TAGS
22k miles, Stk#25503



'13 TOYOTA **SIENNA**
BUY FOR: **\$14,995**
PLUS TAX & TAGS
26k miles, Stk#11973



'12 JEEP **GR CHEROKEE**
BUY FOR: **\$16,995**
PLUS TAX & TAGS
20k miles, Stk#1934



'15 CHRYSLER **300 LTD**
BUY FOR: **\$16,995**
PLUS TAX & TAGS
23k miles, Stk#22238



'13 MERCEDES **C CLASS**
BUY FOR: **\$16,995**
PLUS TAX & TAGS
15k miles, Stk#245900



'13 FORD **EXPLORER**
BUY FOR: **\$17,888**
PLUS TAX & TAGS
27k miles, Stk#20434



'14 BMW **320X**
BUY FOR: **\$17,995**
PLUS TAX & TAGS
33k miles, Stk#22334



'14 HONDA **PILOT**
BUY FOR: **\$19,995**
PLUS TAX & TAGS
Auto, 6 cyl, A/C, p/s, p/b, 9k miles, Stk#10085

MAJORWORLD.COM

1-877-625-6766 43-40 NORTHERN BLVD. LONG ISLAND CITY, QUEENS, NY 11101

Prices include all costs to be paid by the consumer except for license, registration & taxes. Used vehicles have normal wear, tear & mileage, some may have scratches & dents. ††All applications will be accepted. Severity of credit situation may affect down payment, APR & terms. Bankruptcies and liens must be discharged. See dealer for details. Offers cannot be combined. NYC DCA#2003442, DMV#7117189. Publication date: 09/30/2016. Offers expire 48 hours after publication.

WE ARE SURE TO HAVE A CAR TO FIT YOUR BUDGET • EASY FINANCING! BEST CHANCE TO GET APPROVED IS HERE! ††

We'll Pick You Up. Call 877-625-6766 For Complimentary Pick Up.

SEDANS
1105 IN-STOCK

UNDER \$10,999
50 IN-STOCK

SUVs
720 IN-STOCK

TRUCKs
37 IN-STOCK

CARS STARTING AS LOW AS \$3,995!

*2008 Dodge Caliber, 91k mi, STK#17934

QUALITY PRE-OWNED CARS

READY TO DRIVE AWAY TODAY!

WITHOUT IMPACTING YOUR CREDIT SCORE!

 '14 HYUNDAI SONATA BUY FOR: \$8,995 PLUS TAX & TAGS 42k miles, Stk#17885	 '13 CHEVY MALIBU BUY FOR: \$8,995 PLUS TAX & TAGS 35k miles, Stk#8357	 '13 TOYOTA CAMRY BUY FOR: \$9,495 PLUS TAX & TAGS 25k miles, Stk#23408	 '14 FORD FUSION BUY FOR: \$9,995 PLUS TAX & TAGS 19k miles, Stk#22534	 '13 HONDA ACCORD BUY FOR: \$10,995 PLUS TAX & TAGS 34k miles, Stk#25637	 '14 TOYOTA CAMRY BUY FOR: \$10,995 PLUS TAX & TAGS 52k miles, Stk#21929
 '14 HONDA CRV BUY FOR: \$14,995 PLUS TAX & TAGS 33k miles, Stk#21947	 '13 TOYOTA RAV4 BUY FOR: \$14,995 PLUS TAX & TAGS 42k miles, Stk#24602	 '16 TOYOTA CAMRY BUY FOR: \$15,995 PLUS TAX & TAGS 6k miles, Stk#25763	 '15 HONDA ACCORD BUY FOR: \$15,995 PLUS TAX & TAGS 13k miles, Stk#25130	 '16 NISSAN ALTIMA BUY FOR: \$15,995 PLUS TAX & TAGS 5k miles, Stk#26503	 '14 NISSAN MURANO BUY FOR: \$16,995 PLUS TAX & TAGS 22k miles, Stk#23332
 '13 MERCEDES E CLASS BUY FOR: \$19,995 PLUS TAX & TAGS 52k miles, Stk#17256	 '12 MERCEDES ML-350 BUY FOR: \$22,995 PLUS TAX & TAGS 48k miles, Stk#18214	 '15 INFINITI Q50 BUY FOR: \$23,995 PLUS TAX & TAGS Stk#25528, 30k mi.	 '13 LEXUS GS350 BUY FOR: \$23,995 PLUS TAX & TAGS Stk#16079, 48k mi.	 '13 MERCEDES GL-450 BUY FOR: \$34,888 PLUS TAX & TAGS 45k miles, Stk#23210	 '14 BMW X6 BUY FOR: \$38,950 PLUS TAX & TAGS 18k miles, Stk#27249

TIRED OF YOUR CAR? WE'LL BUY IT FROM YOU!

Don't Make Your Next Payment Until You Speak To Us! 1-877-625-6766

43-40 NORTHERN BLVD. LONG ISLAND CITY, QUEENS, NY 11101



TAKE THE R M SUBWAY TO 46th ST STOP IN QUEENS

Prices include all costs to be paid by the consumer except for license, registration & taxes. Used vehicles have normal wear, tear & mileage, some may have scratches & dents. ††All applications will be accepted. Severity of credit situation may affect down payment, APR & terms. Bankruptcies and liens must be discharged. See dealer for details. Offers cannot be combined. NYC DCA#2003442, DMV#7117189. Publication date: 09/30/2016. Offers expire 48 hours after publication.

WE ARE SURE TO HAVE A CAR TO FIT YOUR BUDGET • EASY FINANCING! BEST CHANCE TO GET APPROVED IS HERE! ††

YOU ARE INVITED TO JOIN US ON NOVEMBER 17TH

Caribbean Life
Impact Awards

2016 Gala

Honoring
CARIBBEAN AMERICANS OF DISTINCTION

Partial list of 2016 Honorees

Tai Abrams	Cynthia Karaha
Darnell Benoit	Rev. R. Simone Lord
Patrick Buddington	Judith Lovell
Nikisha Carlini	E. Wayne McDonald
Nadia Dieudonne	Rev. Daimian McKintosh
Ricot Dupuy	Marlon Peterson
Khari Edwards	Pastor Anthony Quintyne
Jolander Headley	Angela Sealy
Det. Roxanne Joseph	Cindy Similien-Johnson
Lindiwe Kamau	Rawlston Williams

Thursday, November 17, 2016

Paradise Catering Hall

51 Ave. U (corner West 11th St.), Brooklyn, NY 11223

Valet Parking

COCKTAILS AT 5:30 PM – DINNER & PROGRAM AT 6:30 PM

To order your seats, please visit <http://www.caribbeanlifeneews.com/impactawards>
If you have any questions you can contact Jennifer Stern 718-260-8302
or email at jstern@cnglocal.com

LOSE 20-40 POUNDS IN 40 DAYS GUARANTEED!

- **No Hormones**
- **No Shots**
- **No Drugs**
- **No Surgery**
- **No Crazy Diets**

ALL NATURAL

DOCTOR SUPERVISED



Change Your Life!

39 lbs gone in 40 days!

Ultimate Fat Loss System

Dr. Melinda Keller
(718) 234-6212

5911 16 Ave., Brooklyn, NY 11204
www.weightlossbrooklyn.net

THE NEW SOUND OF BROOKLYN

The Community News Group is proud to introduce **BROOKLYN PAPER RADIO**. Join Brooklyn Paper Editor-in-Chief **Vince DiMiceli** and the New York Daily News' **Gersh Kuntzman** every Thursday at 4:45 for an hour of talk on topics Brooklynites hold dear.

Each show will feature in-studio guests and call-out segments, and can be listened to live or played anytime at your convenience.



SPONSORED BY



JOSEPH LICHTER, D.D.S.



VINCE DIMICELI

GERSH KUNTZMAN

LISTEN EVERY THURSDAY AT 4:45PM ON
BrooklynPaper.com/radio

SPECIAL!

18 Month CD

1.35%  APY*

Annual Percentage Yield (APY) is subject to change without notice. For CDs, the rate in effect when you make your deposit is guaranteed to maturity; there is a penalty for early withdrawal which may reduce earnings. Minimum opening balance to earn APYs shown above is \$20,000. For deposits \$500 to \$19,999 the APY is 0.25% lower than above. \$250,000 insurance on IRA accounts. All other accounts insured to \$250,000. Brooklyn Consumer Federation is a sponsor of Bay Ridge Federal Credit Union. Credit Union membership eligibility is required.

BAY RIDGE FEDERAL CREDIT UNION



www.brfcu.org

1750 86th St. • Brooklyn, NY • 718-680-2121
1609 Ave. Z • Brooklyn, NY • 718-934-6809



Adjusting the lighting around their work areas is one way for men and women to reduce computer-related eye strain.

Simple ways to fight eye fatigue

Eye strain affects people from all walks of life. Many professionals suffer as a result of too many hours spent staring at computer screens. The same can be said for children, who might spend hours doing homework on their computers before hitting the couch for a few spirited rounds of video games.

Whatever the cause of your eye strain, it's important that people recognize they are not defenseless against this common foe. But before you can combat eye strain, it's best to confirm that your vision troubles are the result of it and not something more serious. Eye doctors can provide such confirmation, but you can also be on the lookout for common symptoms of eye strain:

- Blurred or double vision
- Headache
- Increased sensitivity to light
- Feeling that you cannot keep your eyes open

How to address eye strain

If you remain uncertain about what is causing your vision troubles, consult your eye doctor. If eyestrain is the culprit, then there are some ways to remedy your problems:

Adjust lighting. Use a screen filter when staring at a computer screen. When you will be spending long hours at a desk, the Mayo Clinic suggests lighting your work area with a shaded light positioned in front of you — which can prevent light from shining directly into your eyes.

Take frequent breaks. When sitting at your desk, look away from your monitor. The Mayo Clinic notes that looking at something 20 feet away for 20 seconds every 20 minutes can provide the respite your eyes need.

Make yourself cry (artificially). Artificial tears, which are over-the-counter products that can be found at many pharmacies, can refresh dry eyes. But artificial tears also can be used to prevent eyes from drying out. Even if your eyes feel normal, a few drops of artificial tears can keep them lubricated and prevent the onset of eye strain.

Learn more about eye strain at www.aao.org.

Symptoms of eye strain

Perhaps the most common side effect of is how annoying it can feel. Professionals working at their desks, truck drivers spending long, uninterrupted hours on the road, and students working on schoolwork can attest that time tends to fly once they get in a zone. While landing in that zone can lead to increased productivity, the Mayo Clinic notes that the following are some symptoms that can pop up when eyes are overused:

- Sore, tired, burning, or itching eyes
- Abnormally watery eyes
- Abnormally dry eyes

Keep an eye out

Spot warning signs of childhood vision troubles

Adults know when they are beginning to experience trouble with their vision. In such instances, men and women will book appointments with their eye doctors to determine what's causing their problems. But whether it's a fear of eyeglasses or simply feeling their symptoms are normal, kids might be hesitant to tell their parents about any vision problems they're having. As a result, parents must learn to recognize certain warning signs that indicate their children are experiencing vision problems.

Vision problems in youngsters can be especially problematic, as many of the lessons kids learn in school still begin on a chalkboard. The following are some potential indicators that kids might be dealing with vision problems that require medical attention:

Reading habits: As youngsters learn to read, they might use their fingers to keep their place while they figure out the pronunciation of certain words. But kids eventually grow out of that habit. Kids who are still doing so long after they have learned to read may be having trouble seeing words on the page.

Viewing habits: Kids who sit too close to the television may be struggling to see what's



Parents must know the warning signs that indicate their children are experiencing vision problems — and require medical attention.

on the screen, as opposed to just being overexcited to see their favorite shows. Kids who prefer to watch programs on tablets they can hold as opposed to televisions may also make that choice because it's easier for them to see on their tablets than on the television.

Eye rubbing: Many kids, and even adults, rub their eyes when they are feeling fatigued. But kids who seem to rub their

eyes frequently and at times of the day when they should not be tired may be experiencing vision troubles.

Eye activity: Some kids begin to close one eye when reading, watching television, or attempting to read signs. That may be indicative of a refractive vision disorder, in which the eye struggles to focus, or refract, light correctly on the retina.

Help kids adapt to eyeglasses

Children's vision problems often become apparent when youngsters first enter school. Poor performance in the classroom may have little to do with a learning disability or a stubborn student, and a lot to do with poor vision.

Parents may find it challenging to acclimate a child to eyeglasses, but there are a few strategies to help make that transition go more smoothly:

Shop together: Children may be more receptive to eyeglasses if they get to choose those glasses. Kids should select various pairs of glasses they like and try them on.

Dispell fears of 'ugly' glasses: Lens and frame technology has transformed the look and feel of eyeglasses. Lenses may be thinner and less apparent than ever before. Eyeglass manufacturers have developed frames that are bendable or almost entirely invisible thanks to frameless lenses.

Present positive images of glasses-wearing role models: In addition to many celebrities, such as Tina Fey, Elle Fanning, Justin Timberlake, Joe Jonas, and Anne Hathaway, who frequently don eyeglasses, there are likely many people in your family or group of friends who wear

glasses, and kids often want to emulate their elders.

Choose the right time: Make sure a child is well rested and happy before she dons eyeglasses for the first time. Start with a few minutes per day and build up to wearing the glasses for the prescribed duration.

Point out benefits: Highlight activities that will be improved by better vision as they relate to your kids' interests. Perhaps glasses will make gaming easier. Point out to kids who love to read how much more comfortable they are now that they can see the words on the page more easily.



Early Detection of Breast Cancer at BRMI

BY DR. JOSEPH ABRAMS

October is National Breast Cancer Awareness Month. One of every eight women will be diagnosed with breast cancer in her lifetime, making breast cancer the most commonly diagnosed cancer in women, and the second leading cause of death among women. The aim of Breast Cancer Awareness Month is to promote screening as the most effective weapon in the fight against breast cancer.

Too many people wait until they experience symptoms, like a palpable lump or nipple discharge, before they get a mammogram. By then, the cancer may be more difficult to treat and cure. That's why it is so important to have a screening mammogram once a year. When breast cancer is detected through annual screening, the vast majority of women are cured.

Mammography is the primary modality used to detect breast cancer. The American Cancer Society and the American College of



Radiology recommend yearly mammography screening after the age of 40. Additionally, screening may include breast ultrasound in women with dense breasts, and breast MRI in women at increased risk for breast cancer (e.g., family history, genetic predisposition, past breast cancer).

Bay Ridge Medical Imaging (BRMI) is proud to offer 3D mam-

mography, a breakthrough technology in the diagnosis of breast cancer. This revolutionary procedure, also known as "tomosynthesis", enables BRMI radiologists to view the inside of the breast layer-by-layer using very low dose images. With the addition of 3D tomosynthesis to the traditional mammogram, BRMI improves breast cancer detection while de-

creasing the number of patients called back for additional testing.

When a suspicious abnormality is detected, BRMI performs breast biopsies to diagnose the abnormality as benign or malignant. Biopsies can be performed under ultrasound, mammogram, or MRI guidance. Often biopsies are performed

on the same day as imaging. In patients with biopsy-proven breast cancer, BRMI offers breast MRI and PET/CT for staging.

For your convenience we are open 7 days a week Mon.-Fri. 6am-11pm. We are open Sat 8-5pm and X-Rays only Saturday 9-11pm at 14th Ave. office. Sunday we are open 8-11pm.



Bay Ridge Medical Imaging
Visit us at brmi.org

BRMI @ 76th Street

7601 4th Ave., Brooklyn, NY 11209
Tel: 718-238-7000
Fax: 7718-238-7005

BRMI @ Narrows

9920 4th Ave., Brooklyn, NY 11209
Tel: 718-921-0333
Fax: 7718-921-0490

BRMI @ 5th Avenue

9020 5th Ave., Brooklyn, NY 11209
Tel: 718-880-3066
Fax: 718-880-3067

BRMI @ Sunset Park

6700-02 3rd Ave., Brooklyn, NY 11220
Tel: 718-880-3063
Fax: 7718-709-7645

BRMI @ Dyker Heights

7117 13th Ave., Brooklyn, NY 11228
Tel: 718-880-3060
Fax: 7718-232-5796

BRMI @ Boro Park

3802 14th Ave., Brooklyn, NY 11218
Tel: 718-854-5400
Fax: 7347-533-4042

BRMI @ Midwood

2005 Coney Island Ave., Brooklyn, NY 11223
Tel: 718-375-1300
Fax: 7718-375-1334

Dr. Alan P. Goldman: Treating And Relieving Arthritis Pain

There are a lot of people suffering with joint pain and arthritis, says **Dr. Alan P. Goldman**, a specialist in rheumatology (130 Brighton Beach Avenue, 718-946-7557), and they often believe that there is little that can be done to alleviate their pain.

They are wrong. There are many options available, Dr. Goldman says; the key is finding a physician who is knowledgeable in those treatment modalities.

As a rheumatologist, Dr. Goldman specializes in the treatment of arthritis; one of only a handful practicing in Brooklyn.

Rheumatoid arthritis is an inflammatory illness that causes joints to swell. Symptoms include morning stiffness and swelling, often in the hands, elbows, or wrists, he says. Perhaps because there are so few rheumatologists in the borough, when people experience these symptoms, they often "see a surgeon first," says Dr. Goldman. But this often doesn't make much sense, he explains.

"When you have stomach pains, you don't go to a surgeon before seeing a gastroenterologist," he explains. "When you have chest pains, you don't see a surgeon before seeing a cardiologist."

A surgeon is the expert to see when surgery is needed, he notes, and of course Dr. Goldman refers patients to surgeons when necessary. Still, Dr. Goldman believes that the majority of people who suffer with arthritis can be treated without surgery. Even those who suffer

enormously may find relief with Remicade IV infusion treatments, he says. "It has worked wonders."

Patients receive these treatments once every few months, and people who previously couldn't move well find that the "benefits are tremendous," he says. Those whose symptoms are less severe may find relief with pills or injections. This method has been used successfully for many years, says Dr. Goldman. And, "It still works."

When patients see Dr. Goldman they are assured of receiving expert evaluations. Dr. Goldman's office offers x-rays, and a number of in-office treatment procedures. Should patients need physical therapy, arrangements can be made for this, as well.

Dr. Goldman also recommends that people age 60 or older come in to be checked for osteoporosis. People who are thin or who smoke are especially at risk, he notes.

Dr. Goldman is a Harvard graduate who has studied at Bellevue Hospital-New York University Medical Center and Gouverneur Hospital in Manhattan. He is on staff at the New York Methodist Hospital, and he is a Fellow of the American College of Rheumatology, as well as a member of the American College of Physicians, Nassau County Medical Society, the New York State Medical Society, American Medical Association, and the New York Academy of Sciences.

**EXCLUSIVE NEW DIAGNOSTIC METHOD:
Musculoskeletal Ultrasound. Positive diagnosis of bursitis,
tendinitis, rotator cuff and menisceal tears without MRI!**

ARTHRITIS & FIBROMYALGIA

You Just Learn To Live With It, Right?

WRONG!

Dr. Alan P. Goldman

Board-Certified Arthritis Specialist

**Has The Latest
NON-SURGICAL Treatments:**

Treatments May Include Medicines, Injections & Other Therapies.

"Caring, Not Just Curing"

- Rheumatoid Arthritis
- Tendonitis
- Neck Pain
- Osteoarthritis
- Lyme Disease
- Shoulder Pain
- Bursitis
- Gout
- Lupus
- Carpal Tunnel Syndrome
- Low Back Pain
- Psoriasis Arthritis

New portable ultrasound technique from Israel!

Excellent for intractable tennis elbow and achilles tendinitis!

DR. ALAN P. GOLDMAN

718-946-7557

By Appointment Only

130 Brighton Beach Ave.

(Cor. Of Ocean Pkwy. & Brighton Beach Ave.)

Brooklyn, NY 11235

**FREE
Transportation
Available**

**Medicare
And Most Other
Insurance
Assignments
Accepted**

Alan P. Goldman, A.B. Cum Laude Harvard University; A.M., Harvard University; M.D.,

Albert Einstein College Of Medicine; Internal Medicine Training, N.Y.U. Bellevue; Rheumatology Fellowship - N.Y.U.;

Member, American College Of Physicians; Fellow, American College Of Rheumatology

Colon & Stomach Cancer Screening & Prevention

PREVENTION IS BETTER THAN CURE

**HAVE YOU EVER BEEN TESTED FOR COLON CANCER?
DO YOU HAVE HIGH BLOOD PRESSURE OR DIABETES?
DO YOU HAVE A FAMILY HISTORY OF THESE MEDICAL ISSUES?**

Call Us For An Evaluation or For a Second Opinion
Do Not Put It Off For Tomorrow

All Testing at One Office: (Blood Work, X-Ray, Sonogram, Colonoscopy & Bone Density)
Sunday Hours Available



DR. STEVEN C. TAWIL
Double Board-Certified Specialist In Internal Medicine & Gastroenterology

Has the latest **PAINLESS** techniques to diagnose and treat:

- Diabetes
- Stomach Ulcers
- Acid Reflux
- Arthritis
- Colon Polyps
- Hemorrhoids
- Stomach/Colon & Liver Disease
- Colitis
- High Cholesterol
- Total Medical Care
- Constipation / Diarrhea
- High Blood Pressure
- Hepatitis



DR. STEVEN C. TAWIL

718-946-7557

By Appointment Only

130 Brighton Beach Avenue

(Corner of Ocean Pkwy. & Brighton Beach Ave.)

Brooklyn, NY 11235



Dr. Steven C. Tawil, BS: Brandeis University, MD, Syracuse University, Board Certified in
Internal Medicine and Gastroenterology, Albert Einstein College of Medicine

Vision changes as you age



Not all vision problems are directly correlated to aging. Adults should speak with their eye doctors about any problems they may be having.

Vision naturally diminishes as we age, but not all vision changes are related to aging. Many natural changes are not severe and may only require a minor adjustment in prescription glasses or contact lenses. Improved lighting or bigger print may help remedy other issues, including blurry text.

However, certain conditions that people blame on getting older really may be hereditary or a byproduct of an illness. There's a difference between changes that are the result of aging and those that are not. Recognizing the differences can help individuals get the treatment necessary to prevent permanent eye damage.

Age-related changes

Difficulty seeing clearly for reading and close work is one of the most common age-related vision issues. This condition can begin as early as age 40 and worsen as a person gets older. Variation in the eyes' ability to focus properly

is called presbyopia, and it will worsen over time.

Other normal signs of aging include problems with glare from headlights or the sun. Lens changes in the eye can cause light to be scattered rather than focused on the retina. This leads to more glare. In dim conditions, a person may find he or she needs more light to see well. That's because muscles that control pupil size and reaction to light lose some strength.

Changes in color perception also may begin. The normally clear lens of the eye can discolor, making it difficult to distinguish between certain hues.

Conditions not directly tied to aging

Certain eye disorders may become more prevalent as a person gets older, but that does not mean they are a byproduct of aging. Macular degeneration, which causes spotty loss of detail or sudden and severe

loss of central vision, may occur. This condition is a result of damage to the macula, the central part of the retina responsible for detail, color and daylight vision.

Risk factors for macular degeneration include high cholesterol, diabetes, smoking, and untreated high blood pressure. Poor circulation to the retina is the most common cause of macular degeneration.

Glaucoma is another condition linked to aging. Glaucoma is caused by damage to the optic nerve by fluid pressure inside the eye. Patients with glaucoma typically do not exhibit early symptoms. Glaucoma is only detectable through routine vision examinations.

According to the Mayo Clinic, about half of all 65-year-old Americans have some degree of cataract formation in their eyes. People who have cataracts may think they're an unavoidable part of getting older. While aging

may increase the risk of getting cataracts, according to Lighthouse International its true cause is unknown. Other risks include long-term exposure to the sun's rays, high cholesterol, diabetes, smoking, and eye injury.

Illnesses like diabetes can affect eyesight in many different ways. Proper treatment

for diabetes and management of the condition can prevent a number of eye disorders.

Adults should not assume all vision changes are a direct result of getting older. Annual vision examinations by qualified eye doctors can pinpoint the cause of problems and find treatment options that are successful.

NEW YORK FIBROID TREATMENT CENTER OF SINAI DIAGNOSTICS CAN HELP YOU.

SUFFERING FROM HEAVY PERIODS DUE TO FIBROIDS?

STOP YOUR SUFFERING NOW!

Sinai Diagnostics is now offering non-surgical uterine Fibroid treatment. Outpatient UFE procedures are performed in the office, with minimal recovery time. Contact us for a consultation and let us help you be the best you can be. Don't let chronic pelvic

pain and anemia rule your life, take charge of your future. Our procedures do not require general anesthesia. Our board certified physicians are awaiting your phone call. Procedures are now covered by most insurance plans, including medicaid.



SINAI DIAGNOSTICS AND INTERVENTIONAL RADIOLOGY P.C.

2560 Ocean Avenue Brooklyn, NY 11229

718-615-4100



A better mammography at Bay Ridge Medical Imaging

BY CAMILLE SPERRAZZA

October is National Breast Cancer Awareness Month.

Incredibly, one out of every eight women will be diagnosed with breast cancer in her lifetime, says Dr. Joseph Abrams of Bay Ridge Medical Imaging.

“It is the second leading cause of cancer death among women, after lung cancer.”

Breast Cancer Awareness Month reminds us to go out and get that mammography.

“It’s the most effective weapon in the fight against breast cancer,” says the doctor.

Now there is a new modality that makes detection even more efficient.

Bay Ridge Medical Imaging is proud to offer this breakthrough technology — the three-dimensional mammography — at its 99th Street office. This revolutionary procedure, also known as tomosynthesis, enables the radiologists there to view the inside of the breast, layer-by-layer, getting a clear image of the tissue.

In the past, if the images seen on the screen were unclear, women might have been asked to undergo ultrasound testing or an MRI, so radiologists would have better images. While such diagnostic tools are still used and may be required, depending upon the circumstances, the 3D mammography images are so much clearer, it often reduces the need for additional testing.

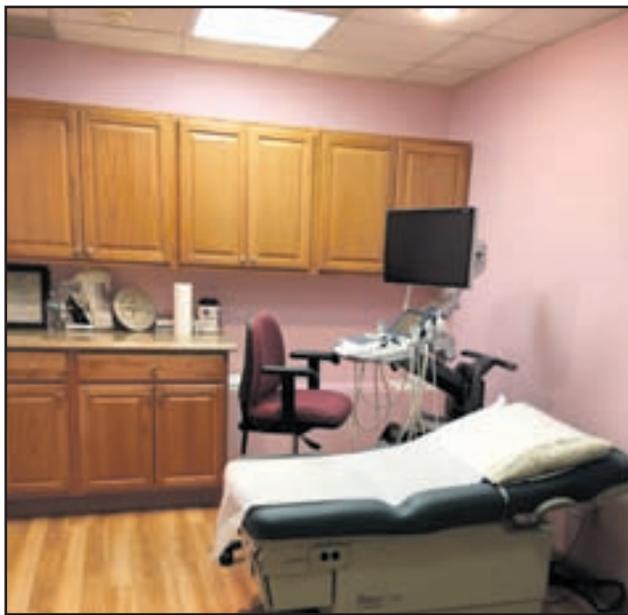
This particular machine — the G.E. SenoClare — “has 40 percent less radiation than other 3D-imaging machines on the market,” says Dr. Abrams. “We are the only facility in Brooklyn with this specific machine.”

Technologist Jaclyn Crimi has been using this technology since Bay Ridge Imaging obtained it in July.

“Women find the machine more comfortable because the panels are slightly more flexible,” she says.

The breast is still compressed, and the machine takes sweeping photos to get the 3D images. Knowing that these images provide doctors with a clearer picture of their breast tissue gives women some extra peace of mind, says Crimi.

The test is covered by



(From the top clockwise) Dr. Joseph Abrams checks the results. Jillian Linares, BRMI's Ultrasound Technologist. Dr. Abrams proudly presents the new SenoClare, a machine that can take a three-dimensional mammography.

Photos by Georgine Benvenuto

many insurance plans, including Medicare and GHI. If women don't participate in a plan that covers it, Bay Ridge Medical Imaging will accept the existing insurance plan, and charge an additional \$75 to use this ground-breaking technology.

The American Cancer Society and the American College of Radiology recommend yearly mammography screening after the age of 40, says Dr. Abrams. If there is a family history of breast cancer or ovarian cancer women may want to come in before then.

He notes that too many people wait until they see a lump or

experience discharge coming from the nipple before they decide to get a mammogram.

“By then, the cancer may be more difficult to treat and cure,” he says. By making it a point to obtain a mammogram once a year, breast cancer, if it exists, can be detected sooner. As a result, “the vast majority of women are cured,” he says.

Should something suspicious be detected, Bay Ridge Medical Imaging does biopsies on the premises. Minimally invasive needle biopsies can be performed, using ultrasound guidance and guidance obtained via MRIs, says the doctor. When necessary, a biopsy

can be performed on the same day as the mammogram.

Make no mistake about it: having annual mammography saves lives, says Dr. Abrams, who attended medical school and performed his residency at New York University. He completed a fellowship at Memorial Sloan Cancer Center, specializing in breast imaging and the detection and diagnosis of abnormalities.

Women are encouraged to make an appointment, and to bring family members and friends who may be remiss about getting there themselves.

About one percent of men

will be diagnosed with breast cancer, too.

Bay Ridge Medical Imaging [9920 Fourth Avenue between 99th and 100th streets in Bay Ridge, (718) 921-0333, www.brmi.org]. Additional locations: [7601 Fourth Avenue in Bay Ridge, (718) 238-7000; 7117 13th Avenue in Dyker Heights, (718) 880-3060; 6700-02 3 Avenue in Sunset Park, (718) 880-3063; 3802 14th Avenue in Boro Park (718) 854-5400; 9020 Fifth Avenue in Bay Ridge, (718) 880-3066; 2005 Coney Island Avenue in Midwood, (718) 375-1300]. Open Mondays through Fridays, 6 am-11 pm; Saturdays and Sundays, 8 am-11 pm.

Different conditions comprise low vision

Millions of people have significant visual impairments that can make daily life challenging. Although many vision problems are readily treated with corrective lenses, treating low vision may not be so simple.

“Low vision” is a term used to describe the inability to see clearly. Even after correcting for vision with glasses or contact lenses, many people still cannot see well and test at lower than 20-40 vision. The American Academy of Ophthalmology defines low vision as what happens if ordinary eyeglasses, contact lenses, or intraocular lens implants do not provide a person with clear vision.

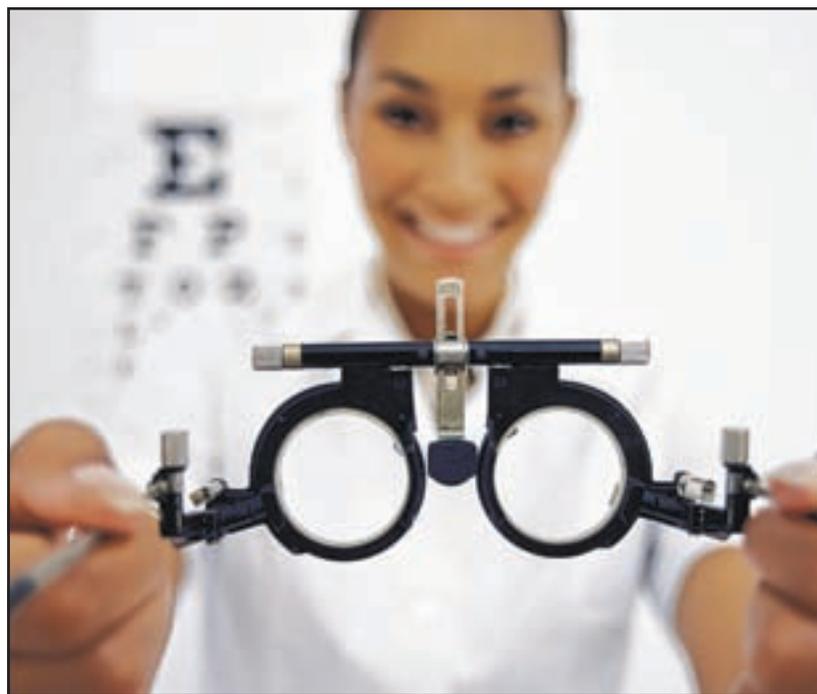
Anyone with reduced vision that is not corrected by some method of lenses or surgery is considered to have low vision or be visually impaired.

Low vision may cause slight vision loss or even blindness.

Causes of low vision

There are many factors that contribute to the onset of low vision, including disease, aging, injury, and heredity. The following are some of the more common causes of low vision.

Age-related macular degeneration: This is a common eye condition among people age 50 and older. In fact, it is the leading cause of vision loss in older adults, says the National Eye Institute. When a person has age-related macular degeneration, the macula — which is the most sensitive part of the retina responsible for fine-tuning images received by the eye — deteriorates and does not work properly. Though there might be some vision, im-



Only a doctor can determine the culprit behind vision loss.

ages won't be clear.

Cataracts: Cataracts are a clouding of the lens of the eye that usually de-

velops with aging. It may be present at birth or be the result of an injury to the eye. Depending on the severity of the cloudiness of the lens, vision can be impacted greatly. Cataracts may form as a result of long-term exposure to ultraviolet light, exposure to ionizing radiation, secondary effects of diseases such as diabetes, hypertension and advanced age, or trauma.

Glaucoma: When a person has glaucoma, eye damage occurs to his eye when there is a buildup of fluid pressure within the eye, also known as intraocular pressure. This pressure can damage the optic nerve and cause vi-

sual field loss, which over time might escalate to blindness. Glaucoma is often dubbed “the silent thief of sight,” because in most cases it progresses slowly and vision loss is not immediately apparent.

Diabetic retinopathy: Vision can fluctuate daily as a result of diabetes. Diabetic retinopathy can cause blood vessels in the retina to develop abnormal off-shoots that leak blood and interfere with vision, eventually causing severe damage to the retina.

Retinal detachment: This occurs when the retina separates from its underlying layer. The por-

tion that detaches may be rendered useless and cause total impairment of vision. Some retinas can be surgically reattached, and vision may be restored partially if surgery occurs promptly.

Aniridia: Aniridia occurs when the iris, which is responsible for controlling the diameter and size of the pupils and regulating the amount of light reaching the retina, fails to develop normally. If the iris is not functioning properly, extreme sensitivity to light and an inability to see clearly may result.

Treatment for low vision

Treatment cannot begin until your vision is assessed by a professional. An optometrist may conduct various vision acuity tests to determine what might be the cause of vision loss. Each type of low vision problem requires a different approach to treatment, so it's important to correctly diagnose the problem before beginning treatment.

Some treatment options for low vision may include specialized optical systems, video magnification, therapeutic filters, or special prescription glasses. There also may be the need to perform eye exercises that help maximize existing visual function. Individuals may have to use a combination of devices to find the ones that help the best.

ADVERTORIAL

BRIGHTON EYE

What's New In Cataract Surgery? A Lot!!

Millie R. Fell, MD, FACS
Clinical Assistant Professor
of Ophthalmology NYU

For years patients have asked me, “do you use laser in cataract surgery?” The answer has always been “no” until now! Our modern-day cataract surgery utilizes phacoemulsification or ultrasound to break up the cataract through an incision so small that no stitches are required. But now, I can say to patients that “yes, we can utilize a laser to do cataract surgery.”

We can now use a laser to make many of the steps in cataract surgery more precise. In very advanced cataracts the laser can be used to soften the cataract so that less energy is needed to remove it. Since this new technology is in the early stages of use, it is not yet known how much better it will make our results, already very good. In the future, I am sure that we will be utilizing the laser more often and that we will be getting closer to giving patients better and quicker glasses-free vision. Right now, the technology is still expensive and for most patients doing cataract surgery without the laser will yield excellent results. And, oh yes, we still have to make an incision into the eye and utilize phacoemulsification to get rid of the cataract.

When the cataract is removed, which is the natural lens of the eye, it has to be replaced by

a new lens or an implant. These implants remain in the eye for the lifetime of the patient and allow the patient to focus.

There are new implants now that correct astigmatism and some that allow patients to see far and near without glasses. Astigmatism has to do with the curvature of the cornea, the clear window in front of the eye. The astigmatic lenses work very well and now allow patients with large amounts of astigmatism to walk around without glasses. However, glasses for reading are still necessary. The multifocal lenses allow eligible patients to do mostly everything without glasses. However, in certain situations they still require a prescription for glasses. These lenses are new technology and thus are an out-of-pocket cost to patients. For those who find it difficult to pay for these lenses, I assure patients that after cataract surgery their vision will still improve as our techniques for cataract surgery are excellent. This is a great time in ophthalmology to have cataract surgery as our results are so good and usually the recovery of good sight is so quick. For more information about cataract surgery, call the office of Dr. Millie Fell at Brighton Eye 718-339-6868.

Visit our state-of-the-art facility located at 2025 Kings Hwy
718-339-6868 • www.brightoneye.com
 Most insurances accepted

BRIGHTON EYE • TAKING CARE OF BROOKLYN'S EYES FOR OVER 25 YEARS

ARE YOU A PARTICIPANT IN THE BLACKROCK RETIREMENT SAVINGS PLAN?

ATTORNEY ADVERTISING

Cohen Milstein Sellers & Toll PLLC is investigating BlackRock's management of its 401K plan.

If you worked for BlackRock and have or had a retirement account through BlackRock and wish to learn more about our investigation, please contact attorney Michelle Yau.

202-408-4600
 Email: myau@cohenmilstein.com

ALL INQUIRIES ARE CONFIDENTIAL

COHENMILSTEIN

Powerful Advocates. Meaningful Results.

COHEN MILSTEIN SELLERS & TOLL PLLC • 1100 NEW YORK AVE NW, FIFTH FLOOR, WASHINGTON, DC 20005 • WWW.COHENMILSTEIN.COM

TURN YOUR POWER ON

A Natural Approach To Living

Healthy & Pain Free

In the care of Dr. Vincent Adamo...

- BACK PAIN
- NECK PAIN
- FOOT, KNEE, HAND, SHOULDER PAIN
- HEADACHES
- SCOLIOSIS
- DIABETES
- FIBROMYALGIA
- ADD/ ADHD/ AUTISTIC DISORDER
- SPORTS INJURIES
- NUTRITION & LIFESTYLE EDUCATION

Most Insurance Plans Accepted

- ✓ All Major CC
- ✓ Military Discounts



LIVE HOLISTIC • DR. VINCENT ADAMO

Chiropractic & Holistic Care

446 Bay Ridge Parkway, Brooklyn, NY 11209

718-921-5483

www.youtube.com/vincentadamo • www.liveholistic.net



Eye Specialists

Reich Center for Eye Care

Raymond Reich MD., Isaac Reich, MD.

Protect Your Precious Eyesight

THE SKILLS YOU NEED
THE WISE JUDGEMENT YOU WANT
THE NAME YOU TRUST



COMPREHENSIVE OPHTHALMOLOGY
MANAGEMENT AND TREATMENT OF ALL EYE DISORDERS



TEL: 718-332-6200

1575 E 19th STREET, 1ST FLOOR • BROOKLYN, NY 11230

FREE VALET PARKING • MOST INSURANCE PLANS ACCEPTED



BROOKLYN MED



THE MEDICAL DIRECTORY FOR BROOKLYN

AUDIOLOGY

Liberty Hearing Centers

Specializing in Revolutionary Invisible Hearing Aid
Free Hearing Screenings
Bay Ridge: 9015 5 Ave.
Sheepshead Bay: 2204 Voorhies Ave.
Flatbush: 445 Lenox Road
1 (888) 337-5650

CHIROPRACTIC

Dr. Vincent Adamo - Live Holistic

Specializing in Spinal Correction & Pain Reduction
Most insurance plans accepted
446 Bay Ridge Parkway, Brooklyn, NY 11209
(718) 921-5483 • www.LiveHolistic.net

Dr. Melinda Keller - Brooklyn Spine Center

Specializing in Spinal Correction & Weight Loss
5911 16th Ave., Brooklyn, NY 11214
(718) 234-6212 • weightlossbrooklyn.net

DENTISTRY

Dr. Joseph Lichter - Cosmetic & Family Dental

1420 Ave. P, Brooklyn, NY 11229
(718) 339-7878 • www.JosephLichterDDS.com

Dr. Irina Yesina - Family Dental Care

602 Flatbush Ave., Brooklyn, NY 11225
(718) 778-7600

DERMATOLOGY

David E. Biro, MD, PhD, FAAD

Specialist in Mohs Micrographic Surgery,
Cosmetic Dermatology

9921 - 4 Avenue, Brooklyn, NY 11209
(718) 833-7616 • www.bayridgederm.com

INTERNAL MEDICINE

Brighton Beach Medical Group

Dr. Shapiro - Endocrinologist
Dr. Goldman - Rheumatologist
Dr. Tawil - Gastroenterologist
Dr. Dubroff - Cardiologist
130 Brighton Beach Ave, Brooklyn, NY 11235
(718) 438-3800 • www.vascularnyc.com

Dr. Natalie A. Marks, MD

Internal Medicine/Vascular Medicine
Specializing in Varicose Veins
960-50 Street, Brooklyn, NY 11219
(718) 438-3800 • www.vascularnyc.com

South Island Medical Assoc. PC

2398 Coney Island Ave, Brooklyn • (718) 627-1100
8918 Avenue L, Brooklyn • (718) 241-1234
1610 Ralph Avenue, Brooklyn • (718) 251-0530
17-31 Seagirt Blvd, Far Rockaway • (718) 471-5400
711 Seagirt Blvd, Far Rockaway • (718) 471-3900
9009 Rkway Bch Blvd, Rkway Bch • (718) 318-5400

Utica Medical Center

Dr. Pervaiz Iqbal
1135 Eastern Parkway, Brooklyn, NY 11213
718-756-1309

GASTROENTEROLOGY

Gastroenterology Associates of Brooklyn
Specializing in all digestive diseases & disorders

902 Quentin Rd., #701, Brooklyn, NY 11223
Other locations: Bay Ridge, Kings Hwy, Court St.
(718) 336-3900

MEMORY CENTER

The Memory Clinic

Dr. Valentin Bragin
3101 Ocean Parkway, Brooklyn, NY 11235

OPHTHALMOLOGY

Reich Eye Center

Dr. Raymond Reich, MD
1575 E. 19th St., Brooklyn, NY 11229
Other locations: Bay Ridge, Kings Hwy, Court St.
(718) 336-3900

PAIN MANAGEMENT

Dr. Alfredo Castillo, MD - Pain Relief Center

9731 Fourth Avenue, Brooklyn, NY 11209
(718) 966-8120 • brooklynpainreliefcenter.com

HealthQuest

Dr. Igor Stiler - Neurology

Alla Mavasheva - MRI Technologist
Dr. Russel Greenseid - Chiropractor
Dr. Nick Chapetta - Chiropractor
Dr. Daniel Wilen - Orthopedic Surgeon
Our comprehensive treatment program promotes
a fast, safe, return to health
3500 Nostrand Avenue, Brooklyn, New York
(718) 769-2521 • www.HQBK.com

RADIOLOGY

Marine Park Radiology

2270 Kimball Street, Brooklyn, NY
(718) 253-6616 • www.marineparkradiology.com

Sinai Diagnostics

2650 Ocean Avenue, Brooklyn, NY 11229
(718) 253-6616 • www.marineparkradiology.com

URGENT CARE

Modern MD Urgent Care

1248 Fulton Street (Bed-Stuy) • (646) 604-8130
68 Graham Avenue (Williamsburg) • (646) 604-8120
436 Utica Avenue (Crown Heights) • (646) 604-8150
916 Flatbush Ave (Flatbush/Ditmas Park) • (646) 604-8140
www.modernmduc.com

UROLOGY

New York Urologic Institute

2270 Kimball Street, Suite 101A, Brooklyn, NY 11234
107-15 Jamaica Avenue, New York 11418
2632 E 14th St., Brooklyn, NY 11235
(718) 878-3523 • www.nyui.org

VASCULAR

Dr. Enrico Ascher, M.D.- The Vascular Institute of NY

960-50 St., Brooklyn, NY 11219
(718) 438-3800 • www.vascularNYC.com

Vein Treatment Center

Dr. L. khitin, M. D., F.A.C.S
Cardiovascular Surgeon, Board Certified in general
and cardiothoracic surgery
406 15th St., Park Slope, Brooklyn
(212) 575-8346 • www.veinstretment.com

Enter Now

Cutest Pet Contest

sponsored by:



*We are looking for
New York City's Cutest Pet*

How does it work?

1. Visit CNG's online contest page
2. Upload a photo of your Pet
3. Readers vote for the cutest pet



The pet with the most votes wins!

To enter/vote and view prize details

www.cnglocal.com/cutestpet



ENTRIES AND VOTING CLOSES OCTOBER 14, 2016

SPORTS

FOR MORE SPORTS, GO TO CARIBBEANLIFENEWS.COM/SPORTS



Jamaican sprinter Usain Bolt.
Associated Press/ Ben Curtis

Bolt to open sports clinic

By Azad Ali

Olympic legend Usain Bolt has announced that he plans to open a sports clinic in Jamaica after retiring from the sport of track and field.

Last month, he closed off his Olympic career by securing a sweep of the sprint titles at the Rio (Brazil) Olympics for a third successive game.

Bolt says he wants to address injury concerns plaguing young athletes.

He said one of the things he is working towards is trying to open a sports

Continued on Page 42

Gayle reconsiders playing Test cricket

By Azad Ali

Hard-hitting Twenty20 opener Chris Gayle wants to return to Test cricket and is currently holding talks with the West Indies Cricket Board (WICB) to be included in any future Test team.

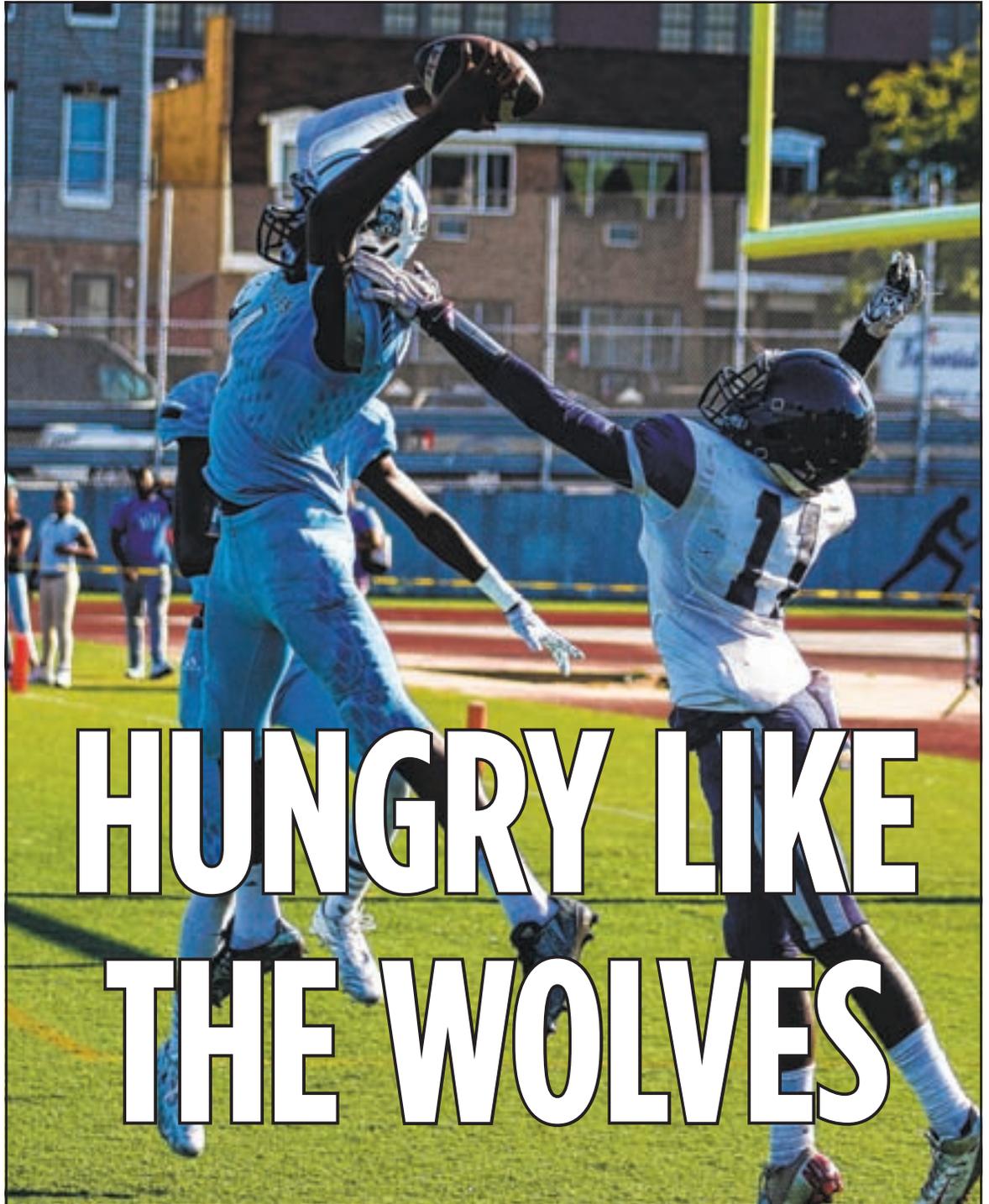
Jamaican Gayle, 36, a left-hander has played 103 Tests in his career but has not lived up in the longest format of the game in about two years.

He told reporters in India recently there is a possibility he could return and is in talks with the WICB.

Though Gayle has played in Tests, he has been a permanent fixture in the Twenty20 side and was at the forefront of the batting line-up that helped West Indies capture two of the last three ICC Twenty20 World Cups.

Gayle, who has played international cricket for the past 17 years, said West

Continued on Page 42



Intercepted: Grand Street's Nakai Payne intercepts a pass.

Photo by Caleb Caldwell

Grand Street football confident after consecutive wins

By Laura Amato

The plan was simple — convert on offense and hold strong on defense.

The Grand Street Campus football team held true to its plan on Sept. 23, grabbing a 19-12 victory over Midwood and handing the Hornets the squad's first loss this season.

The victory — the Wolves' second straight — was a far cry from the lopsided loss the team took in its season opener and, now, Grand Street is starting to get its confidence back.

"We're getting our Grand Street swagger back," said Wolves coach Brian Ellis. "We started out in week

one, and we had a lot of stuff going on. We didn't have that right swagger, but now we're starting to get it back, and the kids are playing well."

Midwood (2-1) got on the board first, scoring early in the second quarter as Tyshawn Young hit Matthew

Continued on Page 42

Continued from page 41

clinic in Jamaica.

The Jamaican superstar has set the 100 and 200m world records of 9.58 and 19.9 and 19.9 second in 2009.

Bolt, the world's fastest man of all time, is now turning to the IAAF World Championships in London next year before officially retiring from the sport at the age of 31.

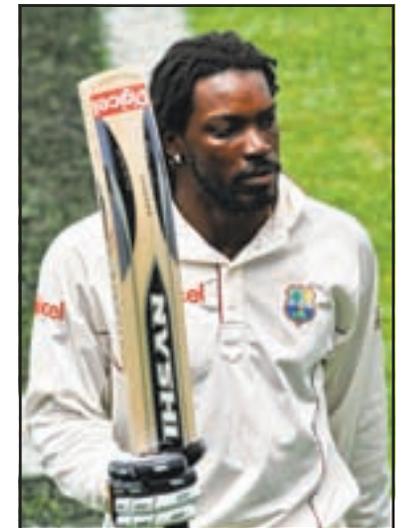
He is planning only to contest the 100m in London but says his coach has other ideas.

Test cricket

Continued from page 41

Indies had struggled with their concentration in Tests and as a result had become adept at the Twenty20 format where less concentration was required.

To be successful in Tests will actually take time, since it's a rebuilding process," he said.



West Indies batsman Chris Gayle. Associated Press / NZPA, Ross Setford

New batting coach

By Azad Ali

The West Indies Cricket Board (WICB) has appointed former Middlesex and Sussex batsman Toby Radford as batting coach for the United Arab Emirates (UAE) tour.

Radford will join the West Indies squad, which is already in the UAE, where they will play three ODIs, three Twenty20s and three Test matches against Pakistan starting later this month.

The WICB said Radford has been contracted just for this series.

Radford had left his job as coach at Glamorgan last December with one year remaining in his contract.



Out of his way: Jahquese Morris stiff arms a Midwood defender in Grand Street Campus's 19-13 victory on Sept. 23. Photo by Caleb Caldwell

Grand Street football confident after second-straight win

Continued from page 41

Thomas on a slant across the middle of the field, breaking through the Grand Street secondary with ease.

That's when the Wolves (2-1) woke up.

Senior quarterback Chris Mattocks sparked Grand Street on the ensuing drive — and the squad took the lead when Kyle Brisfere hauled in an eight-yard reception in the back corner of the end zone.

"I just felt like I was letting my team down," said Mattocks, who finished with 116 passing yards. "I know we need the ball to move the game, and that's what we were able to do. It felt amazing."

Grand Street, however, wasn't quite satisfied with a one-point cushion heading into the break. The Wolves defense made its presence known in the waning

minutes of the half, as senior safety Dale Morris picked off Young in the middle of the field and returned the ball 62 yards for a touchdown.

"I knew it was coming," Morris said. "They were doing it all game, and so I just jumped it and took it for six."

The Wolves added another touchdown — a 24-yard strike from Mattocks to Jahques Morris on fourth down — early in the third quarter, but Midwood was not about to go down without a fight.

The Hornets stung back on the squad's next drive, flying down the field quickly. Dontae McGruff just managed to get his feet down in bounds to score and, suddenly, Midwood was back within striking distance and down just seven points.

But the Grand Street defense held its own, staging a big-time stand on the Hornets' final drive of the game. Midwood came as close as the one-yard line,

but a false start pushed the Hornets back to the six — and the squad wasn't able to move the ball again, because Grand Street stuffed it at the line of scrimmage on each of its next four plays.

It was a difficult loss for the Hornets, but one the squad hopes to learn from quickly — particularly with Lincoln on the schedule for week four.

"The boys really didn't come out for moral victories," said Midwood coach Anthony Odita. "They really had their mind set on trying to come out with the win."

Grand Street, meanwhile, is finally starting to feel like the reigning champions and, after another solid showing on the field, the Wolves are determined to send a message to the rest of the city.

"Our demeanor's changed," Morris said. "We just want it more now. We've got something to prove to the city."

Nets vets determined to spark success

By Laura Amato

Brook Lopez first met Jeremy Lin at a Denny's during high school — or was it an International House of Pancakes? He can't quite remember.

The Nets center was competing in a tournament with his high-school squad, and the group was out for a late-night meal when Lopez realized Lin was sitting in the booth behind them.

The two didn't talk then, but even in that Denny's (or IHOP) Lopez was excited to see Lin, who already had a big-time basketball reputation. Now, nearly a decade later, the two are teammates, settling into leadership roles in Brooklyn as the Nets prepare for the upcoming season.

"I have a pretty positive outlook [on the season]," said Lopez during Nets media day on Sept. 26. "I know outside of our locker room and outside of ourselves, things aren't so high, but we've been getting a lot of work in and getting to know each other."

Lopez and Lin signed with the Nets as free agents earlier this summer. Between the two of them, they have seen just about everything you can on the hardwood. They know they're Brooklyn's de facto leaders this season — roles they are more than willing to take on.

"I definitely feel a much stronger responsibility for this leadership role that I didn't in my last two to three teams," Lin said. "But I've been telling my family and friends that's what I've known my whole life as a basketball player. That's what I'm comfortable with."

Of course, being a leader is a two-fold job.

The first is instructional. Brooklyn's training-camp roster this season includes five rookies — including former Lincoln star Isaiah Whitehead — and only seven players with more than three years of pro experience.

There's plenty of youth on this team, and both Lin and Lopez know they'll need to serve as on-court teachers as much as teammates during camp.

"A lot of it is going to fall on me and Brook to set the tone," Lin said. "Every day in workouts and even off the court — how we live and take care of our bodies."

The second part of the job is statistical. Lopez and Lin need to score and, more importantly, they need to work together to get to the basket. That may be what the two are most excited for — anxious to settle into an offense that will, in all likelihood, be built around the two of them. Lopez, in particular, can't wait to be on the receiving end of a Lin assist.



Too little, too late: Lincoln running back Naim Coakley got the Railsplitters on the board with a rushing touchdown in the fourth quarter, but couldn't help his squad notch a victory.

Photo by William Thomas

Passing game lands Erasmus a victory

By Laura Amato

Call 'em the flying Dutchmen.

The Erasmus Hall quarterback Oniel Stanbury really aired out the ball on Sept. 25, piloting the squad to a 24-6 victory over Lincoln. It was the first loss of the season for the Railsplitters and a big-time statement for an Erasmus Hall team that has built a reputation as a run-first offense over the last few seasons. This year, however, the Dutchmen are attacking by land and air.

"It's tremendous for us because we never get that," said Dutchmen coach Danny Landberg of Stanbury. "We never get the kind of quarterback to come here and be able to be that balance. He's doing a better job than I had hoped at the pace he's bringing."

Stanbury was an offensive force to be reckoned with, jump-starting the Dutchmen's (3-0) attack late in the first quarter when he connected with Aron Cruickshank for a 51-yard touchdown strike.

It was all Erasmus Hall needed to take control of the game.

"We knew, if we had a great week of practice, no one was going to be able to stop us," said Stanbury, who finished with 138 all-purpose yards. "When [Lincoln started] keying in on me, I've got to get it to my receivers. I know they can make the plays."

Stanbury added another touchdown — a four-yard run — in the waning minutes of the half to give Erasmus Hall a 12-0 cushion heading into the



Dual threat: Erasmus Hall quarterback Oniel Stanbury did it all against Lincoln on Sept. 24, sparking the Dutchmen's offense in the air and on the ground.

Photo by William Thomas

break. And Lincoln (2-1) didn't do much to help its own cause.

Refs whistled the Railsplitters for eight penalties in the first half — and two of those flags helped set up Dutchmen touchdowns.

"We had those issues in practice to be honest, and I told the guys, 'You play the way you practice,'" said Railsplitters coach Shawn O'Connor. "You can't win a game against a good team with this many penalties."

Lincoln had several chances to claw its way back into the game, but Eras-

mus Hall's defense held strong down the stretch. Herson Telsaint all but wrapped up the victory for the Dutchmen in the final minute of the third, picking off Lincoln quarterback Faruq Shittu in the end zone on fourth and goal. It was the second pick Shittu threw in the quarter.

You can't win a game against a good team with this many penalties.

"I was just well-conditioned," said Telsaint, who also chipped in 28 rushing yards. "I was playing the ball, and I saw him make the throw and just stepped in to get the pass."

Lincoln did get on the board late in the fourth quarter, but the squad knew it left points on the field — consistently coming up short against the Dutchmen's defense.

"That's our defense. Our defense is always the heart of our team," Landberg said. "If you can't score, you can't win."

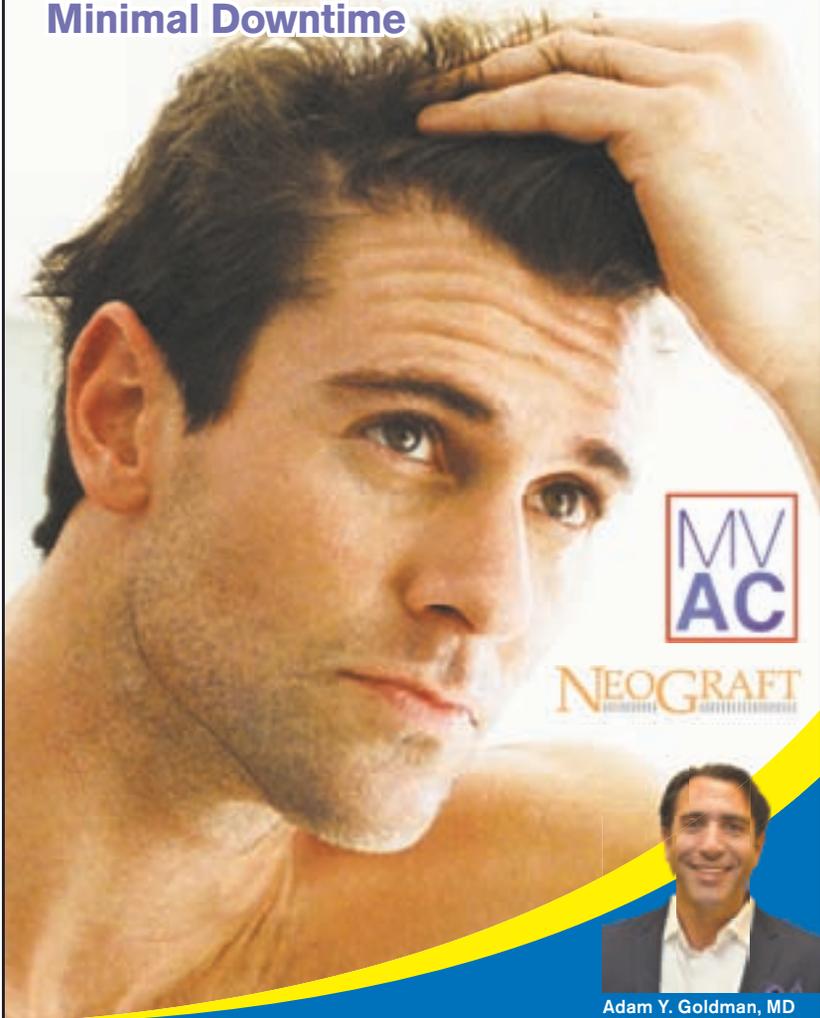
Erasmus Hall's offense tied a bow on the win with a pair of fourth-quarter touchdowns — runs by Cruickshank and Jean Claude Kesler — and these Dutchmen are confident the team can attack from any angle.

It's a major win for Erasmus Hall, but the Dutchmen squad isn't ready to relax. This team will continue to hit hard on defense and air it out on offense with one goal in mind — a championship.

"We've still got to be humble," said Telsaint. "We know we've got to be disciplined and then it's on to the next one."

LET US RESTORE YOUR CONFIDENCE!!!

- Medical Hair Restoration and Hair Transplants
- Natural Look
- No Staples
- No Scarring and Minimal Downtime



NEOGRAFT



Adam Y. Goldman, MD

CALL TODAY TO SCHEDULE A

FREE Consultation

at one of our offices

Financing available

METROPOLITAN VEIN & AESTHETIC CENTER

4915 Broadway, NY, NY 10034
750 McLean Ave, Yonkers, NY 10704
37-73 103rd St, Corona NY 11368

718-804-5452

nymetrovein.com

WAITING WON'T MAKE YOUR VARICOSE VEINS DISAPPEAR... BUT WE CAN!

Most advanced minimally invasive procedure performed in office. Patients able to return to work within one day. Relief of symptoms with excellent cosmetic results.



ALSO SPECIALIZE IN OTHER COSMETIC PROCEDURES

Coolsculpting • liposuction • scar removal • laser hair removal • Botox • laser skin care • and many more

CALL TODAY TO SCHEDULE A

FREE Consultation

at one of our offices

Financing available



Adam Y. Goldman, MD

4915 Broadway, NY, NY 10034
750 Mclean Ave, Yonkers, NY 10704
37-73 103rd St, Corona NY 11368

718-804-5452

nymetrovein.com

Most procedures covered by insurance

ARIES: Mar 21/Apr 20
Aries, certain feelings may not be easy to convey, but try to find the words this week. It's important to let your feelings be known, and others are waiting on you to speak up.

TAURUS: Apr 21/May 21
Taurus, coworkers respond favorably to a proposal you worked hard on. Allow this professional momentum to pay dividends outside of the office as well.

GEMINI: May 22/Jun 21
Gemini, mixed signals lead to a bit of confusion. It's nothing you can't handle if you backtrack and remedy the original situation, just provide yourself ample time to set things right.

CANCER: Jun 22/Jul 22
Be extra sensitive to the plights or concerns of others this week, Cancer. Some around you could benefit from some empathy and understanding.

LEO: Jul 23/Aug 23
Leo, now might be a great time to take a step back and enjoy a little breathing room. Look at things from a different perspective, and you might be amazed at your new outlook.

VIRGO: Aug 24/Sept 22
Virgo, many things in your life are vying for your attention. It's difficult to choose just one, but you will have to do so this week. If necessary, reach out to a friend for assistance.

LIBRA: Sept 23/Oct 23
Libra, your values and those of a loved one may clash from time to time. Some polite and intelligent discourse might be just what the doctor ordered this week.

SCORPIO: Oct 24/Nov 22
Reactions come swiftly and strongly this week, Scorpio. You either love or hate something, and things may be very black and white in your world in the days ahead.

SAGITTARIUS: Nov 23/Dec 21
Sagittarius, try to separate your personal life from your professional activities this week. This may require being a little more quiet and introspective than usual, but do your best.

CAPRICORN: Dec 22/Jan 20
Capricorn, let your feelings be heard if you feel underappreciated by someone close to you this week. Your loved one will appreciate your honesty and welcome your insight.

AQUARIUS: Jan 21/Feb 18
A meaningful conversation with the right person may occur this week, Aquarius. It could mean a step in the right direction for you and help to further your career.

PISCES: Feb 19/Mar 20
Pisces, your emotions are so strong this week that you may feel alienated from those closest to you. If so, make an effort to stay connected.

INDIAN PSYCHIC SPIRITUAL HEALER

Pandit: VARMA

Expert in Reading Open Book,
Palm Reading, Horoscope, Photo Reading,
Face Reading, Name & Date of Birth



ARE YOU SUFFERING FROM ANY OF THE FOLLOWING PROBLEMS?

- Black Magic
- Stop Divorce
- Reunite Lovers
- Court
- Evil Spirits & Bad Luck
- Business
- Work Problems
- Wife & Husband Pro
- Children Mistake
- Health Protection
- Drinking Problems
- House Protection
- Marriage Problems
- Sexual Problems
- Lottery & Success in Life

SPECIALIZED IN BRINGING LOVED ONES BACK

Master Removes **BLACK MAGIC**, Jadoo, Voodoo, Tona, Obeya, Witchcraft & Give 100% Lifelong Protection
I CAN HANDLE ANY KIND OF PROBLEMS

OPEN 7 DAYS

Call: 347-605-0855

465 FULTON ST., BROOKLYN, NY 11201 (Opposite the Gap Factory Store.)
TRANSIT: A, C, F, R, B25, B26, B41
AND RICHMOND HILL, QUEENS PRIVATE HOME



MR. SAIDOU

International
Spiritualist Medium
& Psychic
Over 40 yrs exp.
Bring back loved ones in the

Quickest Way, Stop Infidelity,
Business Success, Exams &
Career, Black Magic Specialist,
Clear Negativity, Bad Luck,
Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.

Call 516-206-8543
646-339-9948
www.spiritualsaidou.com

FREE READINGS BY PHONE

"GOD GIFTED"
BISHOP PHIL
• Life Readings
• Spiritual Awakening
• Open Roads to Love, Career

• Finances, Health, Immigrations
• Overseas Court Battles, Insurance Cases, Long & Overdue, PUJA & KARMA offerings.

866-915-4804
christianpsychicminister.com

VOODOO PRIEST & OBEAHMAN MR. BONGO

No Matter How Difficult Your Problem Is, I Have Supernatural Power to Solve Them. Over 40 Years Experience. I Command Hundreds of Spirits From the Cemeteries. Love, Court Cases, Unnatural Illness Specialist, etc.

Results In 7 Days
718-600-6735

PROFESSOR ABU SALAM

Mystical African Advisor & Healer.
20 Years of Experience Combined
Ancestors Powers & Black Magic.
Can help you solving all your issues — even the most difficult one.

Love specialist: Return of loved one in the quickest way — even hopeless case.
Black Magic: Release From Spell, Mystical Abuse, Protection, Good & Bad Luck, Family Issues, Court & Exam, Finances & Career, Gambling, Sexual Power, Etc...

7 DAYS RESULTS. BY APPT. ONLY
Call: 917-595-9916
116th St. MANHATTAN, NY
www.psychicsalam.com

Call
718.260.2555
To Advertise Here

SPIRITUAL ADVISOR HAITIAN VODOO PRIEST

Helps To Solve Your Problems & Bring You Good Luck

Saves Marriage & Reunite Loved Ones.

Stops:

- Domestic Violence • A Person From Harming You
- Stop Children From Disobeying Family • Divorce From Happening
- Children & Adults That Suffer From Depression

Helps Solve:

- Immigration Problems • Court Problems • Health Problems

Empower You:

- Will Help You Find A Job Or New Job • Will Help You Find Love
- Focus On Family & Work • Prepare You For Job Interview
- Will Help You Stay In New Job • Will help your Business Grow
- Will Help Your Partner Focus On Your Relationship

Help:

- Pregnancy Issues Or Miscarriage • Against Enemies
- If A Doctor Or Lawyer Can't Help You

Give Me A Call. With Spiritual Power We Can Help.

This Is Confidential & Appointment Only.

Houngan-Maxime

917-622-7607 or 718-826-2553

SRI GAYATHRI MATHA ASTROLOGY & PSYCHIC CENTER
MOST POWERFUL SPIRITUALIST FROM INDIA
PRIEST: BABA BHAIKAV
CALL: 16315696723

EXPERT IN PALM READ • FACE READ • HOROSCOPE
SPECIALIST IN DESTROY BLACK MAGIC • VUDOO
• EVIL SPIRIT • OBEAH • WITCHCRAFT • NEGATIVE ENERGY
• GIVES UNBREAKABLE PROTECTION TO YOUR LIFE

YOUR MEETING IS PRIVATE AND CONFIDENTIAL
[ARE YOU DISAPPOINTED MEETING SPIRITUALIST & PSYCHICS AND NOT GETTING SOLUTIONS?
THEN MEET GOD GIFTED SPIRITUAL PRIEST BABA BHAIKAV
TO GET PERMANENT SOLUTIONS TO ALL YOUR PROBLEMS]

GET SOLUTIONS & SUGGESTIONS FOR ANY PROBLEM LIKE:

- LOVE (Bring back loved one)
- SEXUAL
- EDUCATION
- FINANCIAL
- BUSINESS
- HEALTH
- DEPRESSION
- PROMOTION & JOB
- COURT CASES
- CHILDREN
- RELATIONSHIPS
- FAMILY PROBLEMS
- MARRIAGE

OPEN 7 DAYS: 10AM - 7PM
DON'T WAIT TOO LONG TO MAKE YOUR LIFE SUCCESSFUL
165TH STREET, JAMAICA AVENUE, NY 11432

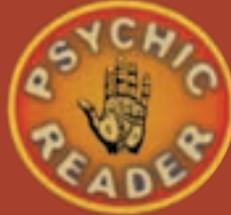
**BROOKLYN PSYCHIC CENTER
ASTOLOGER & SPIRITUALIST**

YOUNG & DYNAMIC TRADITIONAL READER

PSYCHIC L.K. SHARMA

SOLVES PROBLEMS IN

- Do You Have Problems in Family?
- Husband & Wife Disputes?
- Problems With Girlfriend or Boyfriend?
- Childless Couples or Depression?
- Evil Spirits or Black Magic?
- Sexual Problems or Sickness?
- Children Bad Habits or Misbehavior?
- Scary Dreams or Sleepness Nights?



100%
Protection Given

STOP WORRY! MEET ONCE & SEE CHANGES

ASK 1 QUESTION FREE ONE PHONE CALL CAN CHANGE YOUR LIFE
CALL NOW

9:00AM - 8:00PM
7 DAYS A WEEK

347-602-1917

OFFICE: 1311 Fulton St. BROOKLYN, NY 11216 (Nostrand Subway)
PRIVATE HOUSE: 107-57 125TH St. RICHMOND HILL, NY 11419

Yes, he's back from the shadow of death, the Jamaican born Obeah man and spiritual case worker.

MR. B

CALL 718-523-1426

Guaranteed success where others fail. Power to help in all walks of life. Calls your friends and enemies by name, without asking you a single word. A visit to this Obeah worker from Jamaica will be of immense value to you.

www.astrobhairav.com

ASTOLOGER & PSYCHIC MASTER : SURYA

YOU HAVE PROBLEMS I HAVE A SOLUTIONS

- BLACK MAGIC REMOVE * VOODOO
- SPIRITUAL HEALING * EVIL SPIRIT * LOVE
- PALM READING * COURT CASES * BUSINESS
- ENEMY * EX BACK * CHEATING PARTNER
- * SEXUAL PROBLEM * HEALTH & WEALTH
- * JOB * PERSONAL PROBLEMS ETC...

SPECIALIZED IN BRING THE LOVED ONCE BACK

347-839-8893
BRONX & BROOKLYN

WORLD FAMOUS INDIAN GOD GIFTED SPIRITUALIST

RAVI SHANKAR GURU JI

**MEET ONCE
100% EXPERT PANDITH**



EXPERT IN REMOVING PROBLEMS LIKE:
HEALTH, DEPRESSION,
BLOCKAGE, ENEMY PROBLEMS,
JEALOUSY, SEXUAL PROBLEMS,
& LOVED ONES



HE CAN HANDLE • REMOVE &
DESTROY BLACK MAGIC • VOODOO
• OBEY • WITCHCRAFT EVIL

LIFE IS TOO SHORT DON'T SUFFER

347-251-1533

103-02 LEFFERTS BLVD.
RICHMOND HILL, NY 11419

**Call
718-260-2555
To Advertise Here**

FREE SAMPLE READING

Call: 1-586-215-3838
ROSELLA Psychic Spiritu-
alist Solves all problems!
Love, Family, Business,
Health. Stops sadness!
Cleanses negativity.
Reunites lovers to stay.

Psychic Spiritual Healer & Advisor Sister Olga

God Gifted for Over 35
Yrs in Removing all
Problems of Life such
as Love Health
Finances Bad Luck &
Reuniting the
Separated, Etc.
One call will Truly
Convinced You!
Guarantees Results in
24 Hours Or Less!
Call Now for your
Free Reading!

954-882-3716

****REV. MILLER****

**SPELL BREAKER.
LOVE SPECIALIST.**
Can help you, no matter
what your problem!
Guaranteed Results
in 24 hrs!
1 FREE READING!

954-394-1061

SISTER DUBONG CALL NOW!

Results Immediate
Get Help Now!
1FREE QUESTION
347-461-9190
Listen:
kingandqueenradio.com

INDIAN ASTOLOGER, PSYCHIC SPIRITUAL HEALER



KRISHNA NANDA

REMOVE & DESTROYS

BLACK MAGIC, EVIL SPIRITS, BAD CURSE,
VOODOO, OBEAH, BAD LUCK,
JEALOUSY, BLOCKAGE & ALL EVILS

GIVES PROTECTION FOR HOUSE & JOB

Solves Problems: Health, Money, Job, Business, Love, Marriage, Depression, Court Cases, Sexual Negativity, Lottery Stress, Financial, Etc.

GIVES UNBREAKABLE PROTECTIONS

SPECIALIZED IN BRINGING LOVED ONES BACK

100% GUARANTEED RESULTS PRIVATE HOUSE

929-920-6312

119-14 107TH AVE. RICHMOND HILL, NY 11419



Mr MAROOF

Clairvoyant • Medium • Astrologer

Genuine Spiritual Healer

No matter what you problems

- Specialize in Relationship & Love
- Black Magic • Bad Luck • Business
- Job Exams • Divorce • Court Cases
- Sexual Problem • Marriage • Stop Enemy
- Immigration • Etc...

Seek help from Professor Maroof

You will get Result in 72 hours

100% Guaranteed

Call 508 656 7274 or 646 891 7809

SHEIKH MANSOUR

Supernatural gifted man who helps out both internal & external problems in MARRIAGE, LOVE, COURT, BUSINESS, LUCK, GAMBLING, PROTECTION FOREVER DEFEATING & DESTROYING ENEMIES, BREAKING SPELLS, HELPS HOPELESS.

EXPERT IN ALL OCCULTIST PROBLEMS. ONLY ONE VISIT WILL GIVE YOU JOYFUL. DON'T SUFFER IN SILENCE.

CALL HIM AND TRY YOUR CHANCE

347-261-0226

MR. HABIB SPIRITUALIST

Specialist in love, relationships, family problems, business, exams, career, jobs, Court case, bad luck, black magic, protection and more...Very Rapid Results



Call now
**646-361-6440 or
646-764-6939**
Results in 24 Hrs
100% Guaranteed

SHRI SANTOSHI MATA ASTOLOGER

PANDIT : SWAMY NARAYANA

ANY KIND OF BLACK MAGIC CAN BE REMOVED
ALL RELIGIONS ARE WELCOME (CALL FOR AN APPT.)

- .HEALTH
- .MARRIAGE
- .JOB
- .HUSBAND & WIFE
- .EDUCATION
- .DIVORCE



- .FINANCE/BUSINESS
- .REMOVE OF OBIYA
- .VOODO, EVIL SPIRIT
- .MOTHER KATTERY
- .SEXUAL PROBLEMS
- .ENIMIES & ETC

CAN SOLVE ALL KINDS OF PROBLEMS

347-445-8490

117-04 LIBERTY AVE. SOUTH RICHMOND HILL, NY 11419
INSIDE : (HENNA JEWELER'S & BOUTIQUE)

Are You
a Tutor?



Call us at
718.260.2555
to advertise
your services
in our
Educational
Services
Section

SHIVA DURGA INDIAN ASTROLOGER & PSYCHIC

PANDIT: YOGI



SPECIALIST IN BRINGING BACK LOVED ONES
Hope Is Life
If you have Problems, I have Solutions



DON'T MISS THE GOLDEN OPPORTUNITY

VEDIC PERMANENT SOLUTIONS & ADVICES

- BLACK MAGIC
- MARRIAGE
- EDUCATION
- EVIL SPIRITS
- FAMILY PROB
- COURT CASES
- EVIL EYE POWER
- LOTTERY
- SEXUAL PROB
- HEALTH • LOVE
- JOB • MONEY
- REUNITE LOVERS

929-218-8180

844 Flatbush Ave., 2nd Floor, Brooklyn, NY 11228
 (Inside Beauty Closet Hair Salon)
 Between Church Ave & Snyder Ave. Next to KFC

SPIRITUAL HEALER & ASTROLOGER

PANDITH: THULASI DASS

HOPE IS LIFE



IF YOU HAVE TROUBLES, I HAVE SOLUTIONS

100% REMOVAL OF BLACK MAGIC, BAD LUCK, VODOO, WITCHCRAFT, OBEYA, EVIL SPIRITS & GIVES HOLY SPIRIT PROTECTION

LOVE * FAMILY * CHILDREN PROBLEMS * HEALTH * JOB * MONEY * LUCK
 BIRTH STONES * DEPRESSION * ENEMY * SEXUAL PROBLEM * COURT CASES * ETC.

SPECIALIZED IN BRINGING LOVED ONES BACK

PRIVATE & CONFIDENTIAL

100% GUARANTEED RESULTS

929-393-9351

1843 NOSTRAND AVE. BROOKLYN, NY 11226 (BETWEEN AVE D & NEWKIRK AVE)
 (INSIDE LUCKY 99 CNETS & UP)

TRUSTED PSYCHIC, HEALER AND VEDIC ASTROLOGER

OM SHAKTHI ASTROLOGY

PANDIT SHANKAR

ALL RELIGIONS ARE WELCOME



Services of Pandit Ji: Your privacy is our promise
 HEALTH / LOVE / DIVORCE / BUSINESS / COURT CASE / HUSBAND-WIFE
 FINANCIAL PROBLEMS / SEXUAL PROBLEMS / MARRIAGE / SPIRITUAL
 SPECIAL POOJA MANY OTHER PROBLEMS PERTAINING

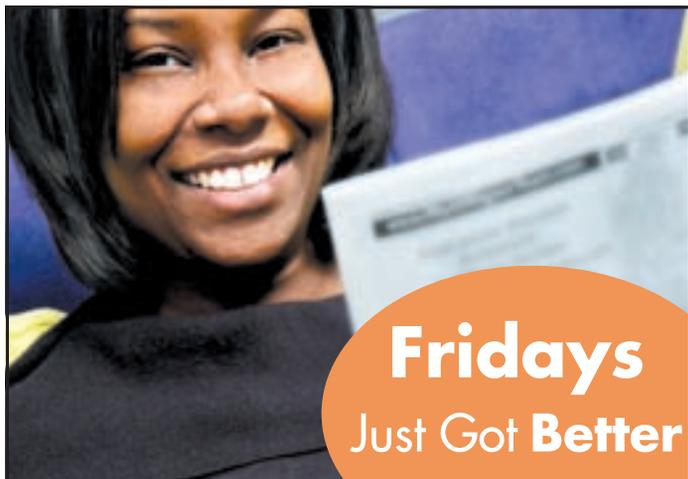
ARE YOU IN TROUBLE? DON'T GIVE UP-DON'T LOOSE HOPE

Nobody Can Break My Work. It's My Challenge

Removal of Black Magic, Evil Spirite, Voodoo, Obeah Curse & Bad Luck
 Special in Bringing Loved Ones Back & Vashikaran Specialist

929-393-7571

859 Flatbush Ave, Martense Street, Brooklyn, NY 11226



Fridays
 Just Got Better

Caribbean Life is now distributed every Friday

- Great Local Coverage**
- Great Coverage of the Caribbean**
- Great Columns**
- Great Sports Coverage**

More Weekend Coverage
More Entertainment Stories
 and Now Just in Time for the Weekend



Need to put some money in your pocket?

Sell your unwanted in our classifieds sections Today!

Try Real-Time Job Matching™ & get hired **fast.**

www.DreamJobsNYC.com

Caribbean community classifieds

To Advertise Call: 718-260-2555

► EMPLOYMENT To Place Your Ad Call 718-260-2555

► MEDICAL HELP WANTED

CERTIFIED HHA/PCA
 Immediate jobs available
 in all areas of NYC
 In Need of Live Ins
 Excellent Hourly Pay
 Paid Time Off
 Flexible Hours • Apply Today

MJHS
 HOME CARE SOLUTIONS

FREE Training Classes Avail.
Call 718-942-5888

We are an equal opportunity employer dedicated to a drug-free workplace. All training conducted by Bestcare, Inc. through approved NYS DOH Training Program and under contract with MJHS Home Care Solutions

HOME HEALTH AIDES WANTED
 Live-ins & hourly needed
 to work in Queens, Bronx,
 Brooklyn, NYC, &
 Nassau County

- Must be NYS licensed HHA
- Must have complete physical with PPD
- Must be eligible to work in the United States

718-897-3656
 allcityhealthcare@verizon.net



All Heart Homecare Agency
 New Patients Welcome

**Looking for New Hires
 HHA Home Health Aides**

Nights, Weekends & Overtime
 Paid vacation and Sick days • Benefits, Metrocard
 12 and 24 hour cases • Medical Ins. Avail
 Cases avail in Manhattan and Bronx
 We offer CDPAP Programs -
 → Great terms for your PA

888-461-4649
 260 W. 35th St., 7th FL • NY, NY 10001
 By Appointment

ABLE HEALTH CARE

HOME HEALTH AIDES!
EXCELLENT PAY & BENEFITS
EARN UP TO \$13.00/HOUR
 Aides needed in Brooklyn, Queens, Bronx
 Immediate work for HHAs w/certificates
PLUS \$1200 BONUS PROGRAM
FREE Training Classes
 Classes start soon in all areas!
 Call for complete schedule

Full Time, Part Time, Weekends
 All Shifts - All Locations
GREAT BENEFITS
 Health Insurance
 Vacation, Sick Pay, Personal Pay



ABLE
 Certified Home Health Agency

Brooklyn 718-947-3693 Queens 718-947-3673
 Nassau 516-634-2117 Suffolk 631-729-3364
 Bronx/Westchester 914-470-8929
 www.ablehealthcare.com

SCHAROME CARES

Now We Have CDPAP Plan.
 You Can Take Care of Your Family,
 Friend, or Neighbor.
No Certificate Needed

HHAs: Excellent Pay & Benefits!
Paid Time Off, Transit Benefits
& Medical Plan Options!

Immediate Jobs Full Time - Part Time
 Spanish, Creole, Chinese and Russian

Scharome Cares
Licensed Home Care Agency
 1729 E. 12 St., off Kings Hwy, Bklyn
 204 Parkside Ave, off Ocean Ave., Bklyn
 89-44 162nd Street, Queens
Call Today! Hiring Now!

718-434-0909

BEVERLY'S HOME CARE
 IS LOOKING FOR **RNS/LPNS**

Certified Home Health Aides | **FT/PT Positions available NOW!**

NYC/Nassau County
EXCELLENT PAY!!!
 Please Call Mon-Fri, 9AM-5PM

718.459.5592 **Beverly's**
 Home Health Care, Inc.

PUBLISHER'S NOTICE

All employment advertised herein is subject to section 296 of the human rights law, which makes it illegal to advertise any preference, limitation or discrimination because of race, color, creed, national origin, disability, marital status, sex, age, sexual orientation, or arrest conviction record, or intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

Certified Home Health Aides

Great Place to Work!
 Immediate FT & PT Positions available.
 Work in our Assisted Living Facility or in the Community.

Competitive Salary • Paid Vacation • Sick Days • Holidays
 Overtime • Free Health Insurance • Referral Bonuses
Visit us at www.CentralAssistedLiving.com

You will need: Valid HHA/PCA Certificate • Two References
 Proof of eligibility work in the US • Social Security Card • Up to Date Physical
Call for Appointment! 718-471-7700
 Ask for Myrtha or Liliya



1509 Central Avenue
Far Rockaway, NY 11691
 Subway-A-Direction:
 To Mott Ave, Far Rockaway
 Bus-Q22-Direction:
 Far Rockaway-Beach 21St/Mott Ave.

**A Licensed Home Care Agency
 Looking for
 Certified HHA's/PCA's**

- Bx, Bklyn, Queens, NYC, SI, Nassau
- Weekday, Weekends
- On-call • Live-in's
- Weekly Salary
- Direct Deposit
- Refer-A-Friend Bonus
- Special Need for Spanish, Polish, Hungarian & Hindu Speaking HHAs/PCAs
- Free Health Insurance
- Transit Benefits



WHITE GLOVE COMMUNITY CARE, INC.
 Call Human Resources
718-828-2666 ext. 204

**To Advertise Here
 Call 718-260-2555
 OR
 Fax 718-260-2549**

► **MEDICAL HELP WANTED**

ATTENTION!

HOME HEALTH AIDES NEEDED ASAP!!!!

**Immediate Job Opportunities Available
Brooklyn • Bronx • Queens • Manhattan
and Staten Island**

Bilingual Certified Home Health Aides Wanted!!!!

Russian • Spanish • Chinese • Italian • Greek • Creole

All Cases Start at \$11/Hour

**Flexible Schedule ★ Excellent Salary ★ Medical Insurance
Referral Bonus ★ Weekly Pay**

Benefits: Paid Holidays ★ Vacation ★ Sick Days ★ Direct Deposit

We are a growing company that provides extraordinary opportunities for those who are interested in providing outstanding care for our clients.

IDEAL HOME HEALTH



**Come Join
Our Family!**
Please call us now at:
718-517-2424

14 Cass Place (Ground Level) Brooklyn, NY 11235 Entrance from Cass Place & Brighton 11th St.
Email: lperez@idealhh.com



NOW HIRING HHAs

Are you a certified HHA? Looking for a great job with great pay, flexible schedule, and benefits?

Don't Wait...Call Now!!

- \$\$Great Pay\$\$ • Weekly Pay • Flexible Schedules
- Direct Deposit • Medical Insurance • Paid In-service
- Paid Vacation & Sick Days • Special Rates for Live-Ins
- CNA Transition Available • HHA Training Available

Join us at our Open Houses!

Call now for more information 718-271-1744

Monday-Friday 9am-4pm at the following locations:

- 144 West John St Hicksville NY
- 1 South Ocean Ave Patchogue NY, Suite 214
- 108-18 Queens Blvd, 6th Fl, Ofc # 4, Forest Hills, NY
- 1370 Broadway, Suite 533, NY
- 1267 57th St, Brooklyn, NY
- 5221 Broadway, 2nd flr, Bronx, NY

jobs@preferredhcn.com

Medical Assistant
Candidates must have at least 3 years. experience, references & car. For busy, private Cardiology office. F/T Good salary.

**Fax resume to:
718-714-9360**



RN'S WANTED FOR SCHOOL NURSING

- Work Available in ALL 5 Boroughs
- Per Diem • PT & FT Cases
- 2+ Years Experience Required
- Competitive Pay

Contact Gina
516-326-2020 Ext. 1331



**Advertise
Your
Job
Opening
In Our
HELP
WANTED
SECTION
Call
(718)
260
2555**

**Certified HHAs or PCAs
GET HIRED NOW!!!
ALL 5 BOROUGHES!**
MANY CASES AVAILABLE...IMMEDIATE WORK... TOP \$\$\$
NO CERTIFICATE? NO PROBLEM!
Ask about our CDPAP program!

WANT TO GET CERTIFIED?
JOIN OUR FREE* ON-SITE HHA TRAINING
CALL FOR DATES FOR OUR NEXT SESSION
CLASSES ARE FILLING UP! SIGN UP NOW!
Call 718-979-2929 ext. 310
*student is required to cover \$100 for books and supplies.
Call now...get hired...get paid!

- Starting at \$10.00/hr • \$15.00/hr for Overtime
- Live-In Cases Starting at \$130 a day
- Health Benefits
- Wellness Plan

946 McDonald Ave, Bklyn
Ph: 646-699-1425
54-06 Myrtle Ave, Ridgewood
Ph: 646-699-1431
391 E. 149th St., Ste 314, Bronx
Ph 646-699-1437

**\$250
Sign-On
BONUS**
Live-ins only

EDISON HOME HEALTH CARE

EOE
Ask About Our Refer A Friend Program

Carelink Inc.
Home Care Agency
Lic. by NYC D.O.H.

**Hiring Experienced
Certified HHA's**

**For All 5 Boros
& Nassau Area
Immediate Hire +
Special Rates for
Live-Ins**

- Health Insurance Available
- 3 Months Home Care Experience a Must

**Call For Appointment
Mon-Fri 10AM-4PM
718-488-8300 or 516-358-1999
Or email: Carelink1@hotmail.com**

CERTIFIED HHA'S
\$1000 BONUS
SEIU 1199 UNION W/BENEFITS
HOLIDAY PAY UP TO \$20/HR
UP TO 3 WKS PAID VACATION

family home care services
brooklyn & queens
718-907-4705

**HHA/LIVE-IN
PT/FT
IMMEDIATE OPENINGS
AVAILABLE!**

Home Care Live-in Aides Needed for immediate placement. Excellent rates, vacation, medical benefits

**Sign-On & Referral Bonus
For Live-In \$200
Daily Rate for Live-In \$160**

**Phone: (516) 837-3388
Fax: (516) 887-6102
employment22@saracompanions.com**

**CHHA / CNA / RN / LPN
Park Avenue Home Care
QUEENS / LONG ISLAND
ALL Shifts / Hourly and Live-in
OPEN HOUSE THURS. 10/6/16
FROM 9AM - 3PM
118-35 Queens Blvd, Suite 400
Forest Hills 11375**

**Must have active cert/license
and 6 months experience
Call 212-221-7275**

PCAs, HHAs, CNAs NEEDED!

WE ARE HIRING:

- Personal Care Aides (PCAs) • Home Health Aides (HHAs)
- Cert Nursing Assistants (CNAs)
- 2 years experience, Valid INS Work Authorization, 2 professional references needed.

We fingerprint all employees & drug test
Shifts: Daytime, Overnight, 24 hour livein
Live-in (\$148.80-\$223 per day), Live-out (\$11- \$12 per hour)
Paid Vacation, Training, Overtime and Healthcare

212-321-0217

► MEDICAL HELP WANTED

► MEDICAL HELP WANTED

► MEDICAL HELP WANTED

► MEDICAL HELP WANTED

► HELP WANTED

► HELP WANTED

► HELP WANTED

HHA's, PCA's Wanted



FC CARE
of New York, Inc.

\$250
BONUS
for LIVE-IN's

**MEDICAL INS., SHORT TERM DISABILITY,
TRANSIT BENEFITS, VACATION PAY & MUCH MORE!**

BRONX
718-364-7260
2488 Grand Concourse, Suite #329 • Bronx, NY 10458

QUEENS 718-478-1454 91-31 Queens Blvd., Suite #409, Elmhurst, NY 11373	BROOKLYN 718-675-6200 833 Flatbush Ave. (on Linden Blvd.) Brooklyn, NY 11226
---	---

COMPANIONS PLUS HOMECARE

NOW HIRING 
HHA's, PCA's & LPN's
Live In & Hourly Shifts Available
Bilingual A Plus

TO SCHEDULE AN APPOINTMENT
QUEENS/NASSAU/SUFFOLK
CALL: **516.334.6830**
BROOKLYN/BRONX/MANHATTAN
CALL: **929.298.2240**

DIRECT CARE PROFESSIONAL STAFF

Needed for group home in Canarsie, Brooklyn. F/T, P/T, & per diem positions available. Experience working with developmentally disabled preferred/ will train. Drivers preferred. (NYS license).

**Interested applicants
Fax Resume to:
718-934-2669 Attn: Nick
or Email: nick@asbm.org**

DRIVER WANTED

with Van & Commercial Plates for Independent Contract Work. Lots of Work for Exp. Driver. Helper OK.
**CALL PETER:
718-965-1300**

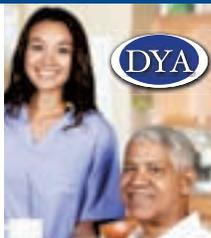
HOME HEALTH AIDES TOP SALARIES

- Up to \$16.50 per hour
- Up to \$210 per shift for Live In's

GENEROUS SIGN ON BONUS

Must Be Certified HHA

BILINGUAL A PLUS



David York Agency Home Healthcare
Brooklyn Office | Call 718-376-7755

School Bus Mini Van Drivers Wanted

Bring Special Needs Children To & From School. Easy within Brooklyn Routes, \$535 per week to start, \$1,000 Sign on Bonus, 401K Plan, Health Benefits, Paid Holidays, Earn \$30 - \$40 per Day Extra for available middle of the day work. Must have CDL Class CP or BP License. We Are Very Employee Friendly, Please Bring Copy of this Ad & Apply in Person

**Monday thru Friday 10AM to 5PM at
5015 Bay Parkway Brooklyn NY 11230
off the corner of Mc Donald Avenue**

► **JOB INFORMATION**

Letitia James Warns Consumers About Classified Ads
Toll numbers may be a direct line to trouble. Classified ads are intended to help people by facilitating communication and advertising available services; however, some of the hotlines & service numbers in classifieds actually hurt the people who rely on them by cheating them of their hard-earned dollars. "Most newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. In some instances, ads initially advertise calls to a local number, but then direct callers to a second number starting with one of the paid exchanges. "Consumers must also question the legitimacy of vague classifieds because they too could be a scam. Before responding to an ad, consumers should verify the source of all information & always be wary about sending money or signing a contract with an unknown party."
**Office of the
Public Advocate**

You Can Make a Difference

Home Health Aides & Nurses Aides

Help and Care for Children & People with
Developmental Disabilities



Positions Available in Many
Great Group Home Programs

Bronx | Manhattan | Queens | Brooklyn | Staten Island

HS degree & HHA, NA or HA Certificate Required
- Top Benefits -



TemPositionsHealthCare.com | 212-916-0840 EOE

► SECURITY HELP WANTED

► SECURITY HELP WANTED

SECURITY POSITIONS

Site Supervisors
Armed Guards
Fire Safety Directors
Security Officers
**MEDICAL, DENTAL
AND 401K OFFERED**
**WALK-INS WELCOME:
Monday -- Friday
9:30 AM -- 5 PM**
US Security Associates Inc.
1560 Broadway- Suite 1209
New York, NY 10036
CALL 212-391-6957

ARMORED TRUCK DRIVER CDL CLASS A, B, C

Queens Location
Must be Available
Any Day and Time
Polygraph/ Drug Test
Required

Call MANU 10AM-2PM
MON THRU FRI.
718-458-4000

\$\$ DRIVERS \$\$ WANTED

Full or Part Time
Without Cars. Busy
Brooklyn Car Service.
TLC License A Must.
Call 917-213-4730

Live-in's Needed

Non-medical Home Care Agency
seeks Experienced Caregivers

All jobs are on Staten Island
Must have weekend availability.
References & eligibility to work in US is a
must. Car & certification a plus!

To Inquire go to :
www.homeinstead.com/219 or call
718-477-1266

► HELP WANTED

► HELP WANTED

WAIT STAFF BARTENDERS HOSTESS

Needed for busy B'klyn
Catering Hall. Must be 18+
CALL MON-FRI 1-5 PM
718-252-4614

► **MERCHANDISE FOR SALE**

► **MERCHANDISE FOR SALE**

To Advertise Here Call 718-260-2555 OR Fax 718-260-2549



Start Your Career

With A Job That's Right For You!

Try Real-Time Job Matching™ & get hired fast.

www.DreamJobsNYC.com

3' X 5' OUTDOOR FLAGS

TRUMP HILLARY MARINES

NAVY • AIR FORCE • ARMY • COAST GUARD

MAP

HAGSTROM
5 BOROS
ATLAS
FINAL EDITION

ORDER ANY NOW • ONLY \$24.95 EACH

1-800-327-7992

MISC.

PEOPLE SEEKING JOBS

CHURCH ORGANIST
Seeks a Position!
 Can ONLY play music with written music. I DO NOT play by ear.
718-916-6730

TUTORS

99% PASSING RATE
 Improvement Guaranteed
 Licensed Math Instructor
 All Levels Maths, incl GED,
 NY State Regents, College
 courses etc. Individualized
 attention. Fax service for
 Exams & Home Work
edmon101@aol.com
1-347-267-7385

CHILD CARE SERVICES

LULLABY PRE-SCHOOL
****DAY CARE****
24 Hrs/7 Days a Week
 Infants, Toddlers, Older
 & Special Ed Children.
 After School Avail. All Govt
 Prgrms, HRA. Pick-up avail.
718-531-1624 or
917-331-6033

MERCHANDISE WANTED

\$WANTED\$ CASH PAID
 for Pre-1980 COMIC
 BOOKS & Star Wars Ac-
 tion Figures. Original Com-
 ic Art-
 Sports Cards & Auto-
 graphed Memorabilia-
 1990's MagictheGathering
 Call WILL: 7800-242-6130?
 buying@getcashforcom-
 ics.com

FURNITURE

FURNITURE LIQUIDATION
 New in Box w/warranty
 Bedrooms,
 Sofa's and Dining
 Up to 60% MSRP
Call Now:
718-499-4499

PUBLIC NOTICES

QUIET TITLE
 I, Matthew-Hamilton:
 Christopher Jr. age of
 majority, the only lawful
 entitlement holder, of the
 intellectual private
 property, evidenced by
 the Authenticated security
 issued by the Department
 of State, issued pursuant
 to CHXIV, state of Sept.
 15, 1789, 1 stat.-68-
 69:22 USC 2657;22 USC
 2651a; 5USC 301:28
 USC 1733 et. seq; 8 USC
 1433(F); RULE 44
 FEDERAL RULES OF
 CIVIL PROCEDURE.
 I claim All rights to all
 property mistaken from
 me, Matthew-Hamilton:
 Christopher Jr; waiver-
 from the beginning with
 God, as my witness, I
 Matthew, a true man of
 God, acknowledge all
 blessings given by God;
 repent all transgressions
 against God; and waive
 all claims without God.

LEGAL

LEGAL

South Carolina (Probate Court) Richland County Judicial Center. In the matter for guardianship for Pearlene Fields case 2015 GC40 00171, Nathan Moore you are hereby summoned an require to answer a petition filed in probate court in Columbia SC byi Roxanne M Scott for guardianship for Pearlene Fields.To file notice and or otherwise respond to this action you must notify Richland County Probate Court, at Richland County Judicial Center, PO box 192, Columbia SC 29202. Do you accept this petition and summons in this matter or do you exercise your rights to nominate Roxanne M Scott as guardian or do you waive your rights. You have 30 days to answer this petition.

LEGAL

Notice is hereby given that an on-premise license, #TBA has been applied for by Bayne Capital Inc. d/b/a The Watershed to sell beer, wine and liquor at retail in an on premises establishment. For on premises consumption under the ABC law at 517 Court Street Brooklyn NY 11213.



Need a Hand?
Check out our Handyman Section
To get The Help You've been Waiting For!

REAL ESTATE

REAL ESTATE NOTICES

PUBLISHER'S NOTICE
 All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination because of race, color, religion, sex, handicap, familial status, sexual orientation or national origin, or intention to make any such preference, limitation or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

BROOKLYN APT. UNFURNISHED

BklynCllg area/LuxryHiRise acrss Target-FltshAv-H&I super huge L shape studio all nu.pool/dm 3104757071

EAST FLATBUSH, 3 Bdrm apt, private house, newly renovated kitchen, wood floors, near public transportation, no pets. Owner **347-439-7975**

E.N.Y/BUSHWICK: Newly Renovated Spacious 2 Bdrm. Near Shopping & Transportation. \$1,900/mo. OWNER: 917-346-7996

BROOKLYN ROOM UNFURN

EAST FLATBUSH: Very Clean, Unfurnished Rooms. Near Shops, Transportation. \$180/wk. OWNER: 718-909-5129

BROOKLYN CONDO FOR SALE

CANARSIE (East 80th St.) 2 BR, 2 Bath, Garage, Private Parking, Patio, 1st Floor. **\$330,000**
Leon: 917-640-4706
Unique Homes RE: 718-941-1390

BROOKLYN HOUSE FOR SALE

CANARSIE/EAST FLATBUSH 2 Family. 4 Bedroom, Basement. Lot: 163 X 55 6-9 Units can be built on property **GREAT INVESTMENT!**
AGENT: 917-733-7230

SELLING:
GET A FREE HOME MARKET ANALYSIS & SEE HOW MUCH YOUR HOUSE IS WORTH.

BUYING:
LOW DOWN PAYMENT & NO CLOSING COSTS.

RENTING OR EVICTIONS

CALL TODAY:
718-810-4911

REAL ESTATE NOTICES

BROOKLYN ROOM FURN

All Local Areas
 Pvt Entry, Bath, Cooking
 1 Person \$125wk/ up
 2 Person \$150wk/ up
 Studios \$900mo/ up
AGENT
212-697-3598
LANDLORDS:
List your rental FREE

Canarsie
 Large Beautiful Rm
 Convenient location
 Close to train & buses - \$180/wk
OWNER
718-812-1001

EAST NEW YORK: Rooms for Rent. Non-Smoking. Call **917-459-3790**

BROOKLYN CO-OP FOR SALE

BklynCllg area/LuxryHiRise acrss Target-FltshAv-H&I super huge L shape studio all nu.pool/dm 3104757071

LONG ISLAND HOUSE FOR SALE

WESTBURY, Large det 4 bdrm, 4 bath split, hdwd flrs, 2 car gar, 3% down. Broker **917-361-5914**

OFFICE FOR SHARE

FLATBUSH (Church Ave)
 Suitable for Client Meetings, Office Work.
718-856-4698

BROOKLYN HOUSE FOR SALE

FLORIDA HOUSE FOR SALE

FLORIDA HOMES & CONDOS
NOW STARTING AT \$69,900 NO QUALIFYING
No Credit? Bad Credit? NO PROBLEM!
516-775-8700
Florida AAA Action Realty Inc.

MORTGAGES

Now is the perfect time to buy your first home.

Buying a home may seem overwhelming—especially for a first-time homebuyer. That's why we offer special first-time buyer advantages like: Low Down Payments; Zero Point Option; Reasonable Qualifying Guidelines; SONYMA Loans; Fixed and Adjustable Rate Loans available on 1-4 Family Homes, Condos and Co-ops. Call today.

Tony Peluso (NMLS #: 1173871)
516-535-8227
apeluso@astoriabank.com
astoriabank.com
1-800-537-4888

ASTORIA BANK

* First-time homebuyers only. Income limits and location restrictions may apply.

Make it your year... ..to own your own home!



The State of New York Mortgage Agency offers:

- Affordable mortgage products for first-time homebuyers
- Down payment assistance
- Funds to buy a home and finance repairs
- Special programs for veterans

1-800-382-HOME(4663)
www.sonyma.org

REAL ESTATE AUCTIONS

AUCTION REAL PROPERTY TAX FORECLOSURES DUTCHESS COUNTY. Selling properties October 12 @ 11AM. The Poughkeepsie Grand Hotel, Poughkeepsie. 800-243-0061 AAR, Inc. & HAR, Inc. Free brochure: www.NYSAUCTIONS.com

CATSKILL MOUNTAIN LAKE LOT 14 acres WAS \$79,900, NOW \$69,900! Beautiful lake, 2 hrs NY City! Private gated community! Terms avail! Call **888-905-8847**

VACATION HOME FOR RENT

OCEAN CITY, MARYLAND. Best selection of affordable rentals. Full/ partial weeks. Call for FREE brochure. Open daily. Holiday Resort Services. 1-800-638-2102. Online reservations: www.holidayoc.com

NYS LOTS & ACREAGE

FARM ESTATE LIQUIDATION! 7 hilltop acres from 6 to 30 to tracts from \$19,900! Gorgeous views, streams,ponds, woods, fields! Quiet country setting! Financing avail! **888-701-7509** NewYork-LandandLakes.com

LENDER ORDERED FARM SALE! 39 acres WAS \$119,999, NOW \$89,900! Catskill Mtns, stunning hilltop setting less than 3 hrs NY City! Woods,awesome views, great deer hunting! EZ financing. **888-479-3394**

LOTS AND ACREAGE

Land Bargains **SCHOHARIE CO.**, 95.7 acres, fields/woods \$129,000. **OTSEGO CO.**, 30.7 acres, views \$85,000. **RENSSELAER CO., RT. 7;** 27.6 acres fields/woods \$75,000. Owner Financing **www.helderbergrealty.com** (518) 861-6541

ATTORNEYS

REAL ESTATE Attorney. Buy/Sell/Mortgage Problems. Attorney & Real Estate Bkr. **PROBATE/CRIMINAL/BUSINESS-** Richard H. Lovell, P.C., Cross Bay, Ozone Park, NY 11417 718 835-9300 LovellLaw-newyork@gmail.com

TRUCKING

A MAN WITH A VAN & TRUCK Will Do Any Job
 Deliveries/ Rubbish Removal/ Apt Clean Outs
Call Rudy
917-558-7315

AUTOS WANTED

Donate your car to Wheels For Wishes, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call (855) 376-9474

SERV. & AUTO

▶ AUTOS WANTED
▶ AUTOS WANTED
▶ HANDYMAN
▶ HANDYMAN

DONATE YOUR CAR

Wheels For Wishes

Make-A-Wish®
Metro New York

WheelsForWishes.org
Call: (917) 336-1254

*Car Donor Foundation aka Wheels For Wishes. It does not operate on property or financial information. All work subject to approval.

CASC Corp.

BOILERS AND APPLIANCE REPAIRS

Appliance Sick? Call us Quick!

Washing Machines • Dryers • Dishwashers
Refrigerators • Ice-Machines • Stoves
Convecovens • Central Heating • Ventilation
• Air Conditioners

Expert Boiler & Hot Water Heater Repairs

"Don't Throw it Away, We Will Fix it Today"
All Work Guaranteed

718-773-1111 • 917-287-5027

Commemorate your loved one with an Obituary Notice in your local community newspapers.

Let us help you create a beautiful, personalized and lasting memory.

Call for details **718.260.2555** **Caribbean Life**

HERE'S MY CARD To Place Your Ad Call 718-260-2555

AUTO LEASING



HELPING HAND AUTO LEASING

"THE CAR YOU WANT AT THE PRICE YOU DESERVE"

SPECIALIZING IN ALL FOREIGN AND DOMESTIC LEASE/FINANCE - NEW/PRE-OWNED

BAD CREDIT • NO CREDIT NO PROBLEM

JOSEPH TRINCILLA
917-337-6050

HELPINGHANDAUTOASSIST.COM
HELPINGHANDASSIST@gmail.com

CONSTRUCTION

(718) 941-3902

UNIVERSAL CONSTRUCTION & CARPENTRY CORP.

Lic. #HIC 1436395 & HIS 1074418
Special Rigger Lic.: 6485

COMMERCIAL & RESIDENTIAL WATERPROOFING OUR SPECIALTY

- Steam Cleaning • Pointing
- Brick Work • Cement Work • Painting
- Brownstone • Roofing

Serving All Boros Fully Insured FREE Estimates

FURN. REUPHOLSTERY

Perfect Touch Decorators

Expert Reupholstery All Furniture

AMAZING SPECIAL!
Kitchen Seats **\$55**
Including Vinyl (pullover)

Verticals/Mini Blinds • Cushions Refilled
Recaning • Slipcovers - Plastic & Fabric
FREE Shop-at-Home Estimates
Quality Service Over 30 Years Experience

718-263-8383

CARPET CLEANING



TRUE CLEAN

CARPET & UPHOLSTERY CLEANING SPECIALIST

Carpet Cleaning	Upholstery Cleaning
1 Room \$50	1 Sofa \$99
1 Hallway \$40	1 Love Seat \$79
1 Step \$3	1 Recliner \$69

718-276-1702
Commercial & Residential

DEMOLITION

COMPLETE RUBBISH REMOVAL

Residential & Commercial Clean-Up

Anything & Everything

Basements • Attics • Garages • Yards • Apts
Estates • Furniture & Appliances Removed
Stores • Warehouse • Fire Debris

WE DO INTERIOR DEMOLITION

Fully Insured "NO JOB TOO BIG OR TOO SMALL"

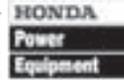
Call Jose **917-560-6569**

MACHINERY & EQUIPMENT

"POWER WHEN YOU REALLY NEED IT"

WATER PUMPS and GENERATORS

RENTALS SALES SERVICE



LAPIETRA MACHINERY & EQUIPMENT, INC.
5320 3rd Ave., Brooklyn, NY 11220 (54th St.)
800-942-9950

ROOFING



KW Construction & Renovation Inc

Yonkers Lic. #5056
Westchester Lic #: WC-22361-H09
Lic# 1395520

WATERPROOFING & ROOFING

ALL KINDS OF ROOFS

- Steam Cleaning • Brick Pointing • Masonry Work
- Scaffold Work • Bathroom/Kitchen/Tile • Sidewalks
- Stucco • Painting • Sheetrock Work • Siding/Gutter

NOBODY CAN BEAT OUR PRICES!

30 Years Experience
We can help you remove all kinds of violations

EMERGENCY SERVICE

FREE ESTIMATES FULLY INSURED LICENSED BONDED

3363 Olinville Ave. Bronx, NY 10467
AHMED: 718-652-6444/Cell: 917-567-2143
kwtristate@yahoo.com

EXTERMINATOR

ONE HOUR PEST CONTROL



STOP LIVING WITH ROACHES & MICE

Monthly Roach Service\$39.99
Monthly Mice Service.....\$39.99
Monthly Mice & Roach Service.....\$49.99

STUDIOS, 1,2,3 BEDROOM APARTMENTS **CALL 212.289.0400**
917.662.0017

MOVERS

SUPERIOR MOVING

All Types of Moving

Reliable
Dependable
Reasonable Rates



Free Estimates
We Do Rubbish Removal

718-339-8888

CONSTRUCTION



NEW HEIGHTS CONSTRUCTION LLC

- Siding • Roofing • Fences
- Kitchens • Painting • Baths
- Basements • Decks • Doors
- Awning • Brick Pointing
- Concrete Stucco

WINTER SPECIAL ON SEAMLESS GUTTERS & LEADERS

NYC License #1191201
FREE ESTIMATES

VISIT OUR ONLINE SHOWROOM
www.newheightsconstructionllc.com

800-525-5102
718-767-0044

EXTERMINATOR

BED BUGS

ACTION EXTERMINATOR

212-465-7524

10% Discount if you ask for Charles

PLUMBING & HEATING

CNJ PLUMBING INC.

24/7 EMERGENCY SERVICE

FREE Estimates Lic. & Ins.

- Plumbing Repairs
- Hot Water Heater Repairs & Installation
- Boiler Repairs & Installation
- Sewer & Drain Cleaning
- Boiler Inspection
- Drain Video Inspection

Over **25 YEARS** Experience!

Residential & Commercial
917-837-5771
WWW.CNJPLUMBINGINC.COM

LIC. #2071

More Classifieds online at www.CaribbeanLifeNews.com

ATTORNEY

LOW
FLAT FEE

BANKRUPTCY

FREE
CONSULTATION

CONSUMER BANKRUPTCY

- CHAPTER 7 & 13
- ELIMINATE CREDIT CARD DEBT
- STOP CREDITORS HARASSMENT
- STOP FORECLOSURE
- STOP GARNISHMENT

DENRICK W. COOPER, ESQ

718-479-9500

CooperLegal@aol.com
207-23 Hillside Ave.
Queens Village N.Y. 11427
WE ARE A DEBT RELIEF AGENCY

ATTORNEY

**SOLVE JAMAICAN
LEGAL ISSUES IN NEW YORK
AT NO EXTRA COST**



MEET HERE™



DONE HERE™

- ★ PROPERTY ★
- ★ BUSINESS ★
- ★ PROBATE ★
- ★ DIVORCE ★
- ★ PERSONAL INJURY ★



ALIMI BANJOKO

Registered Foreign Legal Consultant

NY, CA, & ONTARIO

BARRISTER- England & Wales & ATTORNEY-AT-LAW- Jamaica

718-385-5300

OFFICE: 5306 Church Avenue, Brooklyn, New York 11203

Website: www.banjokolaw.com

Email: ab@banjokolaw.com

ATTORNEY

NEED A LAWYER?
Call the Law Offices of
CARL C. BELGRAVE

**Divorce
Immigration
Bankruptcy**

General Civil Litigation

- Personal Injury/Wrongful Death
- Medical Malpractice

**Employment Discrimination/Sexual Harassment
Landlord-Tenant/Real Estate
Guardianship/Wills/Estates
Criminal Law**

Weekend Hours Available by Appointment



718-522-3033

26 Court Street • Suite 1710
Brooklyn, NY 11242
carlbelgravelaw.com

All Major Credit Cards Accepted

ATTORNEY

**JOAN FORRESTER
ATTORNEY AT LAW**

Over 15 Years of Legal Experience
(also a graduate of the University of the West Indies)

Real Estate Closing • Landlord and Tenant • Foreclosure
Defense • Stop Sale • Loan Modification • Immigration
Family Law • Divorce • Criminal (inc. DWI & Domestic
Violence) • Bankruptcy • Wills & Probate of Estate

Tel: 718-658-3200

147-24 Hillside Ave 1st FL., Jamaica, NY 11435

ATTORNEY

**Social Security/
SSI Disability**

Convenient to all Boroughs
and Long Island

- **NO FEE unless successful**
- **Over 40 years experience**
- **Personal and Friendly Service**

Michael Schoffman

26 Court Street • 718-852-0900

ATTORNEY

www.mlaronlaw.com • michael@mlaronlaw.com

- FALSE ARRESTS
- ACCIDENTS
- CRIMINAL DEFENSE
- POLICE BRUTALITY
- PERSONAL INJURY
- TRAFFIC VIOLATIONS



**LAW OFFICE OF
MICHAEL J. LARSON, P.C.**

401 Broadway, Suite 806, New York, NY 10013

Free Consultation • 212-528-0886

Email: Michael@mlaronlaw.com • www.mlaronlaw.com

No fee on false arrest or personal injury cases unless you recover

ATTORNEY



LEVINE AND WISS, PLLC

Attorneys at Law

ALL TYPES OF ACCIDENTS AND INJURIES.

- AUTO ACCIDENTS
- MOTORCYCLE ACCIDENTS
- SLIP/TRIP & FALL



- CONSTRUCTION ACCIDENTS
- ALL OTHER TYPES OF INJURY CASES
- WRONGFUL DEATH CASES

Proud to announce the opening of our newest location in Brooklyn.

**Featured in Verdict Search & Top NY Verdicts
2009-2015**

Se Habla Español

1-888 GOT HURT (468-4878) • 718-575-2222

455 UTICA AVENUE BROOKLYN, NY 11203

ATTORNEY

Foreclosure Prevention

ALICE A. NICHOLSON
Attorney At Law

aliceanicholsonlaw@gmail.com
C. 347-526-6068
T 800-323-3034 | F 800-323-3034
26 Court Street, Suite 1307
Brooklyn, NY 11242

ATTORNEY

INJURED?



- ✓ Accidents
- ✓ Slip and Fall
- ✓ Construction Accidents
- ✓ Medical Malpractice
- ✓ Nursing Home Abuse
- ✓ Dog Bites
- ✓ Defective Products

Call Now: 212-393-9130

NO WIN NO FEE
www.Fight4Injury.com

Feiner & Lavy, P.C.,
Attorneys at Law
325 Broadway Suite 401 • NY, NY 10007

عبرית, Español Attorney Advertisement

IMMIGRATION

IMMIGRATION LAWYER
212-571-9200



FREE CONSULTATION

- ✓ Green Card ✓ Visa
- ✓ Deportation
- ✓ Immigration & Criminal Matters
- ✓ Green Card & Divorce
- ✓ Waivers

Feiner & Lavy, P.C., Attorneys at Law
325 Broadway Suite 401 • NY, NY 10007
www.FNLPC.com

عبریت, Español, Attorney Advertisement

ATTORNEY

OLADEJI O. BOLAJI ESQ.
OLADEJI O. BOLAJI & ASSOCIATES



YOUR ONE STOP LEGAL LEGAL CENTER
Real Estate • Immigration • Religious Law
Wills • Divorce • Business Incorporation
Change Of Name • Personal Injury

91-16 Sutphin Boulevard Suite 202, Jamaica, NY 11435
TEL 718-298-5251 FAX 718-298-5279 WEB oladejibolajilaw.com

DIVORCE

UNITED BUSINESS SERVICE

***Divorce \$299** + court fee

no spouse signature required. no court appearance required.

Immigration \$150 up
Tax ID \$180

*the individual providing assistance to you is not an attorney licensed to practice law or accredited by the board of immigration appeals to provide representation to you before the bureau of citizenship and immigration authorities and may not give legal advice or accept fees for legal advice.

3618 Church Ave. Brooklyn NY 11203

718-941-5100 • nysdivorcehelp.com

ATTORNEY

FREE CONSULTATION



- Divorce
- Immigration
- Accident
- Landlord/Tenant

Sunday and evening appt.
Call Attorney Abraham Chananashvili
Tel. 646-704-1062
Conveniently located in Brooklyn, NY 11234



DIVORCE

ABSOLUTE DIVORCE



Starting at **\$279** + court fees

Hablamos Español • RUSH SERVICE AVAILABLE

212-504-2985
www.absolutedivorceinc.com
80 Broad Street, 5th Floor, NY, NY 10004

All major credit cards accepted.
Must bring in this ad for \$279 Special

ATTORNEY

Law Office of Lola Oni

\$80 Consultations

Let Us Be Your Strength!



- Immigration
- Landlord/Tenant
- Real Estate
- Family Law: custody, child support
- Criminal - And more

718-375-6800
1850 Flatbush Ave., 2nd Floor (between Ave. K & L)

Advertise your business card here.
Call us at:
718.260.2555



Call

718.260.2555

..to advertise your business in our **Classified Section** and get..

Real Results!

LEARN TO EARN! EDUCATION & CAREER TRAINING

HHA/PCA FREE Training Classes

Train to become a NYS Certified Home Health Aide in just 16 days
 Call today to register for upcoming classes!
 Jobs available upon successful completion
 In Need of Live Ins
 Excellent Pay and Flexible Hours

MJHS®
HOME CARE SOLUTIONS

Call 718-942-5888

We are an equal opportunity employer dedicated to a drug-free workplace.
 All training conducted by Bestcare, Inc. through approved NYS DOH Training
 Program and under contract with MJHS Home Care Solutions

ACCESS CAREERS, BROOKLYN

TRAINING & ONSITE JOB PLACEMENT ASSISTANCE

- Nurse Aide (CNA)..... \$800
- Patient Care Tech \$950
- EKG & Phlebotomy \$950
- Physical Therapy Aide..... \$999
- Pharmacy Tech..... \$999
- Medical Billing & Coding..... \$999
- Medical Assistant \$2,750
- HHA \$600
- CPR (BLS)..... \$90

Call Now: 866-488-6510
www.AccessCareers.Edu
25 Elm Place, #201, Brooklyn, NY 11201

• Licensed by NYSED • NO High School/GED Required
 • Onsite State & National Examination

FREE 15-week job training program for homeless & low-income women

First Step Program

Computer Training - Microsoft Word, Excel, PowerPoint, Outlook
 Internet Research • Resume Writing • Interviewing Skills
 Job Placement Assistance • Self-Esteem Building
 2 Month Internship • Case Management • Typing
 Literacy Building • Mentoring • Yoga & Meditation
 Support Groups • Empowerment

GED not required • New class starting soon!

FREE Continental Breakfast & Metrocards Provided

For more information, please call (212) 776-2074

coalition for the homeless **CWE JtBO**

UNIVERSAL EMERGENCY CARE TRAINING INC.

emslife.com

Become an EMT

Meet Required Certification for Fire Dept,
 Private Ambulance Companies or Educational
 Advancement in the Medical Field.
 Day, Evening & Weekend Classes
 Start Oct. 1st

**Additional Training: CPR/AED, First Aid, EKG,
 Bloodborne Pathogen, CPR in Schools**

Now Accepting Registration

196 State Street Brooklyn New York 11201
Call for more information 718-855-7366

CPR/BLS

\$70

347-303-0346

DAISLEY INSTITUTE WILL TRAIN YOU & HELP YOU FIND JOBS AS:

**NURSE AIDE
 HOME HEALTH AIDE
 PCT, EKG & PHLEBOTOMY
 RN & LPN REVIEW**

French/ Creole Speaking Welcome

MORNING, EVENING & WKEND CLASSES

CALL: 718-467-8497
 229 EMPIRE BLVD, BROOKLYN

HHA/CNA/EKG/Phlebotomy

Job Placement Assistance Available

Start Dates for Next Classes

HHA Day 10/24/16 Wk/End 12/3/16	CPR 10/8/16	CNA Day 10/24/16 (Wk/End) 10/8/16
------------------------------------	-----------------------	--------------------------------------

Pre-Registration Going On Now
 State Board Exam on Premises for CNA Class
 Call Today To Register-Class Fills Quickly

718-206-1750

www.NYIHC.com
 New York Institute of Healthcare Careers, Inc.
 89-44 162nd Street, Jamaica NY 11432
 (Side of Applebees/Verizon on 162nd Street)
 Lic. by NYSED

Bulkan's Educational Institute Training School

- **HHA - Home Health Aide**
 Receive 4 Certificates upon Graduation
 (HHA) (PCA) (Hospice Cert.) (OSHA)
- **CNA- Nurses Aide**
 State Board Testing on Premises
- **EKG/ Phlebotomy Tech**
- **Patient Care Technician**
 (CNA-EKG Phlebotomy) (NHA Testing Center)

DAY, EVENING WEEKEND CLASSES

- No GED/ High School Diploma needed
- Job Placement Assistant • Payment Plans available
- We accept all major credit cards

1467 Nostrand Ave, 2nd Fl., Brooklyn, NY 11226
 Corner of Church Ave. & Nostrand Ave.
Tel: 718-624-7800
 www.bulkanschool.com

AMER MED CAREER TRAINING CTR

MEDICAL ASST MEDICAL LAB TECH

CNA - \$895 • NURSE TECH/PCT - \$795

EKG & PHLEBOTOMY

PHARMACY TECH: PHYSICAL THERAPY AIDE

718-657-1562
 OR 718-526-3626

EZ Pymnt Plan/Placement Assist Avail
 Lic. by NYS Education Dept.

Note: National Exam, State Board Exam & CPR on site

WE'RE HIRING!

Tuition Assistance • Jobs • Training

NATIONAL GUARD

1-800-60-GUARD • NATIONALGUARD.com

BABY NURSE CLASS

- Best Newborn Care class in the industry!
- Hospital Instructors & Full Certification!
- Includes Infant CPR

Become a Baby Nurse Today! \$300

ABSOLUTE BEST CARE, INC.

Get your Certificate in one day
 Baby Nurse is non-medical & known as a Newborn Care Specialist

212-481-5705 • 732-972-4090

Call 718.260.2555 To Advertise Here

Call us at
 718.260.2555
 to advertise your
 services in our
EDUCATIONAL SERVICES SECTION

DreamJobs NYC

Start Your Career

With A Job That's Right For You!

Try Real-Time Job Matching™ & get hired fast.

www.DreamJobsNYC.com

PROFESSIONAL DEGREES & CAREERS IN THE HEALTH SCIENCES

You want to change lives and change the world as a health care professional. We want to provide you with an advanced education and help make that dream a reality. So take the first step in your career at our Graduate School of Health & Natural Sciences Open House and learn more about the below Health Science programs that have been offered at Mercy College for more than 20 years.

**OPEN HOUSE • Oct. 6, 5 - 7p.m.
Dobbs Ferry Campus**

- Communication Disorders
- Nursing Administration
- Nursing Education
- Occupational Therapy
- Physical Therapy
- Physician Assistant

**MERCY
COLLEGE**

FOR THOSE WITH A PASSION TO GET AHEAD

mercy.edu/bt
1.877.mercy.go

DOBBS FERRY • MANHATTAN • BRONX • YORKTOWN HEIGHTS • ONLINE