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## ICE raids protest

Demonstrators demand that officials stop raids and end death by deportation. See story on page 3.

Photo by Tequila Minsky

# STATE KILLED RODNEY

## Inquiry concludes conspiracy to assassinate Guyanese politician

By Bert Wilkinson

Guyana's government is expected to absorb serious political flak whenever it lays before parliament the findings of a report of a commission of inquiry into the June 1980 bombing death of a world renowned Guyanese historian and fiery opposition politician.

Dr. Walter Rodney, 37, the author of "How Europe Underdeveloped Africa" and a string of other highly acclaimed academic publications was killed when a bomb exploded in his lap while he and his quantity surveyor brother, Donald,

were driving near the city's main jailhouse.

At the time, the opposition, multiracial Working People's Alliance (WPA) party that Rodney had helped found with other rebel academics and politicians, was on a verbally violent collision course with the then administration of Prime Minister Forbes Burnham.

Fed up with economic and other hardships in the country at the time and determined to stop the promulgation of the controversial 1980 constitution that would convert Burnham from head of government

Continued on Page 6

## Union petitions Cuomo on CUNY funding

By Nelson A. King

District Council 37 (DC 37), the city's largest municipal union, is circulating a petition urging New Yorkers to force Gov. Andrew Cuomo and State legislators to "properly fund" the City University of

New York (CUNY).

"Please tell Gov. Cuomo and the state legislature, I stand with CUNY workers and urge you to acknowledge the sacrifice and commitment they have made to ensure a first-rate education for tens

of thousands of New Yorkers. Fully fund CUNY," the petition reads.

DC 37 noted that, each year, CUNY "provides a path to upward mobility for tens of thousands of New Yorkers

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President David Granger (center) briefing reporters at the Guyana Permanent Mission to the UN in NYC. Delegation from left: VP, Minister of Foreign Affairs, Carl Greenidge, and Permanent Representative of Guyana to the UN, George Talbot.

Photo by Tangerine Clarke

## Prez Granger meets with Ban Ki Moon

By Tangerine Clarke

President David Granger met with UN Secretary General Ban Ki Moon at the UN Headquarters, on Friday, during the 50th Anniversary of the signing of the Geneva agreement to resolve the controversy over the frontier between Guyana and Venezuela – and later stated that he is satisfied with the progress being made at the United Nations to bring an end to the ongoing conflict.

Immediately after meeting with the secretary general, Granger who was accompanied by VP, Minister of Foreign Affairs, Carl Greenidge and Guyana's Permanent Representative to the UN, George Talbot, told the media gathered at the Guyana Mission to the UN, that he met the Ban ki Moon to report on the state of the Guyana Venezuela controversy, and to receive the SG's assessment and progress towards a peaceful settlement.

Granger noted that in less than 100 days Guyana will be celebrating its 50th year of independence, and blamed neighboring Venezuela for obstructing Guyana's economic development, dissuaded foreign investors from coming into Guyana's territory.

He added that in October 2015, Venezuela's Ambassador to Ottawa threatened a Canadian petroleum vessel with military aggression demanding that drilling in Guyana's Mazaruni River be halted.

"Guyana has cooperated fully with the UN process authorized under the Geneva agreement, and the only recourse is a peaceful settlement to this dispute," adding, "for 50 years now it has been the UN Secretary General's responsibility to seek a peaceful resolution, and over the last 10 months in particular, we have expressed our satisfaction at the role Ban Ki Moon has played. He has been fully engaged," said the politician.

# 'Die-In' calls for end to ICE raids

By Tequila Minsky

The constant cold rain didn't dampen the resolve of immigrant rights advocates Tuesday afternoon rallying outside of the Federal Building in Manhattan to protest raids that wreak fear and panic in immigrant communities across the country. Faith leaders and affected immigrants were among those voicing their concerns.

Huddled under umbrellas, demonstrators held signs that read: No human is illegal, Don't separate families. A young son with his father held the sign that read: Grant TPS (Temporary Protective Status) now.

One sign, on a black cut-out in the shape of a tombstone reads: "End Death by Deportation." This refers to 83 deportees who were murdered after their deportations to El Salvador, Guatemala and Honduras.

Participants of the "die-in" want to bring attention to the human cost of deporting refugees back to their home countries where they face violence and even death.

Steven Choi, executive director of the New York Immigration Coalition (NYIC), a leading sponsor of the action says, "Mass deportation of individuals fleeing violence is not a viable solution and we are disappointed that the Obama administration once again has taken this enforcement heavy route in 2016."

In late December, Homeland Security (DHS) and Immigration (ICE) stepped up apprehension and deportation of people who had crossed the southern border after May 1, 2014.

By Jan. 8 almost half of mostly mothers and children detained only days before were deported. NYIC states while that recent ICE raids of Central Americans haven't impacted



At the "die-in" outside of the Federal Building, demonstrators drew attention to the 83 deportees murdered after their deportations to their home countries of El Salvador, Guatemala, and Honduras.

Photo by Tequila Minsky

New York State yet, ICE operations have been ramping up enforcement of priorities that have led to detention of community members in New York.

The protest in the rain, held on National Day of Action against Immigration Raids, started with a prayer by faith leaders continuing with comments from community members and those impacted by the pressure of these raids.

The call of the demonstrators was for Obama to stop the deportations.

"The ICE raids has had a chilling effect on all immigrant communities throughout New York City," said Aracelis Lucero, executive director of Masa. "In the Mexican community, families are paralyzed by fear. This is

why we are here today to call attention to these raids and to tell President Obama to end them now."

Victoria Daza, an organizer with the Long Island DREAM Coalition said, "Since the beginning of the New Year, the announcement of nationwide ICE raids has struck fear into several communities living on Long Island.

ICE's regional office in New York has stated that they are not targeting families, however this is simply not what the experience of many of the parents, children, and students we work with demonstrates."

Demonstrators continued their actions by — dying — laying on the wet pavement to make their point.

## Sir Hilary: Reparative justice needed

By Nelson A. King

At a time when Harvard University finds itself debating the ways controversial history is remembered on campus, Caribbean historian Sir Hilary M. Beckles says the best way to deal with a thorny past is confronting it head on, according to reports.

"There's no point in burying the legacy and memories," said Sir Hilary in delivering the keynote address, at Harvard Law School, on reparative justice for Caribbean countries that facilitated the slave trade.

He was joined by other Harvard professors on the panel in the Law School's Ames courtroom, reported on Tuesday The Harvard Crimson, America's oldest continuously published daily college newspaper.

"Let us bring everything to the sur-

face and find a way forward through all of this," said Sir Hilary, who is also Vice Chancellor of the University of the West Indies (UWI), at the Ivy League law school, considered among the leading law schools in the United States and the world.

The Crimson — which is proud of its legacy of alumni active in journalism, business, public service and politics — noted that the Caribbean played an integral role in the international slave trade during the 18th and 19th centuries.

Beckles said "the West will be on trial" until it amends for the role its former colonies played in facilitating slavery.

As chairman of the Caribbean Community (CARICOM) Reparations Committee, founded by Caribbean national governments in 2013 to establish a case for reparations to nations in the region,

Beckles referenced a 10-point plan he has developed alongside a commission of inquiry to best "formulate a strategy for reparative justice to move the society forward," the Crimson said.

"Reparative justice is not about black people standing on the street corners expecting charities from white folks," Beckles said. "This is about building of bridges across lines of moral justice."

He called on Western world leaders to atone for their countries' wrongdoing by investing in housing, education, healthcare, social justice, and infrastructure development in the Caribbean countries, the Crimson said.

Specifically, it said Beckles urged United States President Barack Obama to use his global influence to push the world towards increased reparative justice.

### Caribbean

CARICOM leaders have accepted a proposal from Trinidad and Tobago's Prime Minister Dr. Keith Rowley to amend the Treaty of Chaguaramas to incorporate the Council for National Security and Law Enforcement (CON-SLE) as an organ of CARICOM and the Implementation Agency for Crime and Security (IMPACS) as an institution of CARICOM.

The proposals were put forward on the final day of the 27th Inter-Sessional CARICOM Heads of Government meeting in Placencia, Belize.

Rowley, who has responsibility for security in the CARICOM quasi-cabinet, also made a presentation with recommendations relating to Citizens by Investments.



This is according to a statement from the Office of the Prime Minister, in Port of Spain. The conference took place between Feb. 16-17, 2016.

CARICOM leaders accepted that all member states wishing to maintain citizenship by investments should utilize the services of the Joint Regional Communications Center, to provide the necessary expertise and resources in the design and implementation of a more robust system of background checks for vetting individuals applying for economic citizenship.

### Antigua

Antigua and Barbuda Opposition leader Harold Lovell said his United Progressive Party (UPP) intends to challenge in court the process used by the government to approve more than 800 passports under the Citizenship by Investment Program (CIP) which he claimed is illegal.

Lovell said during the recent budget debate said, "I am putting all those persons who have had any transaction with the CIP Unit on notice that they have been operating unlawfully without the benefit of a board, which was set up by the statue. They must understand that all they have done is illegal."

He alleged the government has failed to conduct the program in accordance with the regulations that were to take effect from September 2014.

Lovell who is a senator said all transactions after this date are null and void.

He said cabinet is doing the work that the law specifies should be done by the board.

The UPP leader also noted that the government has also failed to provide the bi-annual reports of the CIP which



## US, Cuba move closer

U.S. Secretary of Transportation Anthony Foxx (left) and his Cuban counterpart Adel Izquierdo signed an agreement Feb. 16 in Havana to restore commercial flights between the two countries. In the last year, four U.S. cabinet secretaries have visited Cuba. See story on page 14.

Inter Press Service / Jorge Luis Baños

are stipulated in the act.

He said the government was in office for almost two years and they have failed to tell the public how much money has been placed in the National Development Fund.

### Barbados

Barbados is beefing up security at all ports and will be fingerprinting every that person entering and leaving the island.

The move was recently announced by Chief Immigration Officer Erine Griffith, who said fingerprinting will start from April 1, 2016, and before year-end facial scans of all passengers would be introduced.

Law enforcement officials have welcomed the move saying it was in the works for some time.

Boyce said the development would assist law enforcement in the region "and at the same time allow us to make some positive identifications."



### Guyana

Minister of Health Dr. George Norton has revealed that another case of the dreaded Zika virus has been detected in Guyana.

It is understood that a 16-year-old teenager from Eccles, East Bank Demerara has been detected with the mosquito-borne virus.

Dr. Norton said the Ministry of

Health is taking every step to ensure that the spread of the virus remains under control.

He said the first case of the Zika was detected a month ago in Guyana.

The health minister explained that the presence of the virus was confirmed by the Caribbean Public Health Agency (CARPHA) in Trinidad and Tobago.

He told the National Assembly that the agency also revealed that the sample came from a 27-year-old female, whose address is listed as Rosehall, Corentyne. The woman was said to have the symptoms of fever, body rash and pain.

Trinidad and Tobago has also recorded its first Zika virus case, that of a 61-year-old woman, according to Health Minister Terrence Deyalsingh.



### Grenada

Grenada Tourism and Aviation Minister Yolande Bain-Horford will lead a three-member delegation to Trinidad and Tobago for talks with officials of Caribbean Airlines on increasing passenger airlift to the island.

A government statement said that, since late last year, direct flights from Canada and the United States have been significantly affected because of the airline's decision to



reroute its flights through Trinidad.

"The intention of the meeting is to renegotiate with Caribbean Airlines to increase direct regional and international flights to Grenada," the statement said, adding that, Bain-Horford will also hold talks with her counterpart Shamfa Cudjoe "on collaborative civil aviation and tourism efforts."

### St. Kitts

The Kitts and Nevis government has been criticized for failure to investigate allegations of corruption in the former Denzil Douglas administration.

The issue was raised recently on Winn FM's inside the News Program by former cabinet minister Dwyer Astaphan who hosted the program.

He said the Team Unity coalition had promised in opposition to conduct several investigations, including one into the Sugar Industry Diversification Foundation (SIDF).

Astaphan said the Team Unity government had promised they were going to bring the SIDF under the scrutiny of the parliament and it is a year and nothing has been done.

"We have not seen any investigation into the Small Enterprise Assistance Fund. We have not seen any investigation into La Valley, into White Gate and into a number of other things. We



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# CUNY funding



New York Governor Andrew Cuomo. Associated Press / David Goldman, File

Continued from cover

from all backgrounds,” adding that “enrollment is up at CUNY, where its employees go to work every day to create a first-rate education environment.

“From maintenance workers and housekeepers to college assistants and clerical workers, the women and men are committed to opening the door to opportunity for students in a world-class institution,” said the union, stating that more than 10,000 CUNY workers that it represents have gone seven years without a raise.

“With frozen wages, the more than 7,000 workers who make less than \$15 an hour struggle to make ends meet,” it continued. “Gov. Cuomo recently excluded these workers from a minimum wage increase he has proposed for state workers. And he has proposed a state budget that could slash support for CUNY by more than \$500 million.”

Mayor Bill de Blasio has objected to the governor’s proposed cuts, openly expressing displeasure.

“There are two things in the budget that are not fair to New York City, that will be harmful to New York City, that will set us back, and will particularly set back our students at CUNY,” he said at a recent news conference.

Barbara Bowen, president of the faculty and staff union, said of CUNY’s finances, “It’s just a constant, con-

stant austerity, even though we’re way past the recession.”

But Cuomo appeared to soften his tone, saying on NY1 that this was only the beginning of a budgetary discussion that would take months, according to the New York Times.

“At the end of the day, there will be no cut to CUNY,” Cuomo said. “I want to see more money at CUNY at the end of the day, and more money in the classroom.”

Cuomo spokeswoman Dani Lever said in a statement that the state wished to redirect savings from “bureaucratic costs” to academics, and that it needed the city’s cooperation to do so.

# Assassination plot investigated

Continued from cover

to executive head of state, Rodney did his best to mobilize the masses against Burnham. The two sides had also persistently threatened each other.

At public rallies, Rodney would talk about the need for a revolution to topple a man he had commonly referred to as a dictator. Burnham on the other hand had bragged about whose “sword is sharper” and was determined not to be humiliated by a much small political outfit.

The situation reached a head on a cool Friday night in June 1980 when a bomb, concealed in a two-way radio exploded in the car Rodney brothers were in, killing Walter instantly and maiming his brother.

The WPA immediately blamed Burnham and the state apparatus, the military included, for his death and wasted no time in pointing a finger at the Burnham administration.

In later years, the party would admit that it was stockpiling arms and ammunition to confront Burnham and the state apparatus that it was using to allegedly harass the WPA. It also has conceded that it did make contact with an army sergeant to build a CB radio network to be used for political underground activities.

Local intelligence sources have consistently indicated that the bomb was intended for the state vehicle normally

used by Burnham.

That soldier, Sgt. Gregory Smith, was apparently functioning either as a double agent for the state or as Smith himself had written in a book, was contracted to make the bomb for Rodney at his request. He alleges that Rodney misunderstood instructions as to how to use the device, blew himself up and died by misadventure.

But the report by the commission, handed to the administration of David Granger in the past week, has placed blame for Rodney’s death squarely at the feet of Burnham, the state apparatus and the then governing People’s National Congress (PNC).

“Given the manner in which the country was run coupled with the threats issued by Prime Minister Burnham to the members of the WPA and the evidence of witness Mr. Robert Allan Gates, we conclude that Burnham knew of the plan and was part of the conspiracy to assassinate Walter Rodney,” the three-person commission of prominent lawyers from the Caribbean said in its 155-page report.

Apparently distracted by debate of the recently approved 2016 budget and republic day activities this week, authorities have not yet reacted to calls from the opposition, Rodney family members and civic groups to release the report but it is expected to be debated by legislators in the coming days.

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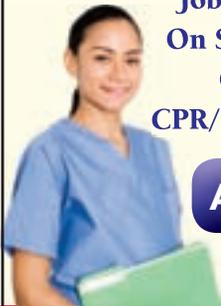
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# CARIBBEAN ROUNDUP

Continued from page 4

cannot see up to date Social Security financial statement," the former minister said.

Astaphan said there are people in positions under the former government who are now in key positions, people who were close to the former leadership, whose behavior, which was seriously and repeatedly complained about by the Team Unity leadership.

"You have to ask what has changed," Astaphan said.

## St. Lucia

The International Monetary Fund (IMF) says the St. Lucian government economy has returned to growth after experiencing a recession in 2012 and close to zero growth in 2013.

The Washington-based financial institution said that the growth was based on strong tourism inflows and lower oil prices and that growth domestic product (GDP) reached 0.5 per cent in 2014.

The IMF said that despite moderate economic recovery, unemployment rose to 24.4 percent in 2014. It said youth unemployment, in particular, reached 41.8 per cent.

The IMF said the February 2015 decision by the Eastern Caribbean Currency Union (ECCU) Monetary Council to lower the minimum saving deposit interest rate from three to two percent, effective May 2015 "alleviated pressures on bank profitability and allowed some easing of monetary conditions while the exchange rate, which is pegged to the U.S. dollar, appreciated by three percent as of September 2015 in real effective terms from a year ago".

The financial institution said it is encouraging the St Lucian authorities to preserve with their efforts to improve the fiscal position, revive bank intermediation and push ahead with the reform agenda.

## Turks and Caicos Islands

A delegation of Turks and Caicos (TCI) gaming and government officials recently visited Jamaica to hold discussions with Jamaica's Betting, Gaming, and Lotteries Commission (BGLC) to

assist the British territory in finalizing its gaming policy, reformation of its gaming laws and the crafting of regulations.

The team from the TCI, including the permanent secretary with responsibility for gaming in the Ministry of Tourism, Environment, Culture and Heritage, Desiree Lewis, along with the heads of the Gaming Inspectorate, was on a three-day visit.

Lewis in an interview with Jamaica Information Service News (JIS) during the meeting, held at the BGLC office in King-



ston, hailed Jamaica as a leader in the regulation of the gaming industry in the English-speaking Caribbean, noting that this is the reason it was important to seek discussions with the Jamaican stakeholders.

She said this would help to strengthen and modernize the legislation, noting that the TCI is undergoing a reform of its Gaming Inspectorate.

The Deputy Chief Gaming Inspector, Wayne Higgs, explained that the TCI has been experiencing challenges with illegally operated gaming houses and is seeking ways to eradicate the practice and have better governance of the industry.

Chairman of the BGLC, Gary Peart said the visit by the TCI justifies the investments the Commission has made in trying to achieve international standards in the regulation of the gaming industry.

## Trinidad

The Japan Embassy in Trinidad and Tobago has issued a travel advisory to all its nationals proposing to visit the country, following the murder of Japanese national Asami Nagakiya whose body was found under a tree at the Queen's Park Savannah, Port of Spain on Ash Wednesday.



The advisory titled "Safety precautions during visits in Trinidad and Tobago, is dated Feb. 11, 2016."

The advisory noted that the rate of violent crime in T&T has increased over the last few years and urged all visitors to be vigilant. — compiled by Azad Ali



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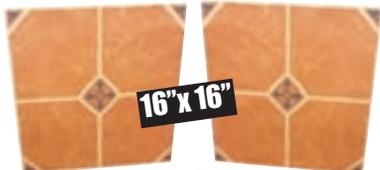
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# 'Crimmigration' and its importance to our society

By Olivier Roche, attorney-at-law

"Crimmigration" is the marriage of Criminal and Immigration Law. "Crimmigration" is important to our community because many criminal convictions and certain non-criminal convictions may have serious adverse consequences for aliens (green card holders); non-aliens and individuals in unlawful status in the United States of America.

Adverse consequences include but are not limited to: loss of immigration status; bar to re-entry; denial of naturalization and detention and or removal from the United States of America. Sadly and far too often, aliens; non-aliens and individuals in unlawful status, in the hands of criminal defense attorneys who are not well versed in immigration law, routinely accept plea-bargains that have dire immigration consequences. Furthermore, these life-changing consequences are not conveyed or explained to those at peril.

What follows afterward is a world-wind of litigation in Immigration Court that puts more emotional, mental, physical and financial stress on the alien or non-alien and his or her family. This nightmare scenario may often times be avoided

outright or mitigated if the alien or non-alien facing criminal charges retains an attorney that is well versed in both criminal and immigration law. An attorney who practices "Crimmigration" has a full understanding of the interconnection between Immigration and Criminal Law.

There are many benefits of hiring an attorney that practices both Criminal and Immigration law. Some of the benefits are: 1) fully protecting your rights with respect to both criminal and immigration; 2) streamlined representation by one attorney and 3) cost-effective representation by retaining one attorney.

Aliens, non-aliens and individuals in unlawful status are more vulnerable than United States citizens when it comes to the effects of criminal and certain non-criminal convictions. This group of individuals must consider the ramification of any plea-bargain on their immigration status and future here in the United States.

The content of this article is intended for general information purposes only, and is not legal advice. Those seeking specific legal advice should contact Olivier Roche Esq., at 718-812-0648

# Building a pipeline to success in central Brooklyn

By MEC President Rudolph Crew and Brooklyn Borough President Eric L. Adams

Almost 53 years ago, Medgar Evers, the civil rights activist who led the movement to desegregate the University of Mississippi, died at the hands of an assassin as he fought for basic rights, including the right to a fair and equal opportunity at a decent education. The selfless determination of Medgar Evers and Martin Luther King, Jr., along with numerous unsung heroes, helped pave the way for a more just and equal society.

Yet more than a half-century later, this fight continues in the classrooms and on the streets surrounding a college in central Brooklyn bearing Medgar Evers' name.

Medgar Evers College (MEC), part of the City University of New York, is a college of the community, serving students from local schools, many of whom are the first in their families to pursue higher education. However, the vast majority of students enrolled at MEC arrive without proficiency in English and math skills critically needed to complete their college coursework. They are starting off behind the curve, forced to enroll in remedial classes designed to bring them up to speed, churning a vicious cycle that wastes limited financial aid and has a profound impact on students' confidence. Many students

**We must ensure that students get the support they need to master their coursework from year to year and the confidence needed to survive and thrive on their chosen college and career paths.**

lose motivation, fail to complete coursework, and eventually drop out.

For too long, K-12 education has operated in isolation from college, with the assumption that the market will sort out the students who are destined for college. In a borough that has experienced the fundamental shifts that Brooklyn has, this isolation has left too many children behind, ultimately contributing to a cycle of poverty and lack of opportunity for thousands of families.

It is long overdue that we look holistically beyond improving one student, one class, one grade, or one school. Why not change the very orientation of education so that higher educational institutions are working with school communities from kindergarten onward? We must ensure that students get the support they need to master their coursework from year to year and the confidence needed to survive and thrive on their chosen college and career paths.

At Medgar Evers College, we are doing just that through the Brooklyn Pipeline Program, a comprehensive effort to help students from more than 80 local elementary, middle, and high schools succeed in college and then a career. What started on Martin Luther King, Jr. Day two years ago as our sketch on a cocktail napkin has evolved into a full-fledged vision. The Pipeline concept is predicated on the belief that all children are able to learn if you give them the time and resources necessary for them to catch up and connect the otherwise disjointed parts of a student's educational experience.

In practice, the Pipeline offers a robust set of programming for students, parents, teachers, and school leaders. In summer of 2014, we launched our first Summer Institute, a six-week science and arts enrichment program that has served over 1,000 local middle school students to date. During the school year, we host Fridays at the College, a five week program held throughout the year for high school and middle school students requiring additional support in reading, writing, and math. Last week, we re-launched Computer Science Saturday, a six-week program dedicated to teaching students the basic principles of computer science and coding.

Over 300 parents have attended the Pipeline's Par-

**Continued on Page 12**

## Caribbean Life

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# Unimpressive credentials for presidential duty

The sorry state in which the Republican Party finds itself this presidential election year, rather than improving as the campaign grinds on, is getting even sorrier. The withdrawal a few days ago of Jeb Bush from among the GOP aspirants meant things had formally taken a turn for the worse, as far as there being in the scrum an “establishment” foil to the noxious presence of the likes of Donald Trump and Ted Cruz. Not that Bush was ever any solid prospect for such a role, anyway. That the party’s heavy hitters would turn to someone carrying the Bush name, after the very forgettable tenure of George W, as their white knight to the rescue, is a measure of the GOP’s dire straits in its hunt for a viable contender.

Truth be told, the Republicans had better watch out, that this ultra-democratic, debate-laden routine they’ve opted for in recent cycles — a sort of “Y’all come” hootenanny, with a busload of presidential wannabes — doesn’t settle in as their long-term bête noir. It’s a format that has

given prominence and “front-runner” status to a guy who, the possibility of his being the eventual nominee is the party hierarchy’s worst nightmare. Earlier in the free-for-all when South Carolina’s Lindsey Graham was still in the mix, he was asked if he would support a Trump candidacy. He probably would, Graham said, “But Hillary Clinton would beat him like a drum.”

Beyond some Republicans’ concerns about the embarrassment and horror of Trump being the party’s standard bearer come November is concern in the overall electorate (minus the sickos, of course) about Trump actually getting elected — the embarrassment and horror here at home and, globally, the plunge by this country into “laughingstock” territory that would result.

As doomsday scenarios go, there really isn’t a whole lot of distance between Trump and Cruz who, at this stage, seem to be the preferred choices among the GOP’s primary and caucus voters. One character is a foul-mouthed clown who has no business being around

## Viewpoint

By Les Slater

presidential or any other level of elective-office politics. The other is an obnoxious upstart who seems determined to have his name etched in infamy as hawk of the most bilious of extremist right-wing babble. As we’ve said here before, Trump, whose recurring xenophobic and other beyond-the-pale utterances should have occasioned his exclusion from the GOP process, if the party had the testicular fortitude to act, is in unrestrained victory-lap mode, breast-beating over the box into which he has placed GOP bosses with his threat of an independent run if they balk at playing his game. And with Cruz, even given the GOP’s unmistakable conservative colors, there’s no way that the party establishment would believe his brand of extremist hysteria renders him electable.

One shouldn’t dismiss

out of hand the theory that Obama’s having been twice elected president, initially as a freshman senator, was a significant motivating factor in some unlikely candidates joining this 2016 GOP field. Cruz reasoning that if an African American could get elected, he certainly can, is very easy to imagine. Likewise Marco Rubio who is now seen as the third entrant, with Trump and Cruz, of Republican voters’ top tier. While the “distinguishing” marker for Cruz in his first-term Senate stint has been how committed he is to obstructionism and indifference to doing the people’s business, the conspicuous feature so far in the Senate career of Rubio, also a freshman, is how much he has been AWOL from Senate business. The temerity of holders of shabby records like those two running for president lends weight to the contention that Obama’s election triumphs set off strange, incomprehensible buzzing in the heads of some daffy political players.

The three “mouseketeers” who now supposedly lead

the GOP assault to re-take the White House are by no means breaking new ground, in terms of the party offering up questionable stock as presidential prospects. John McCain in 2008 looked and sounded quite clueless as to the proportions of and effective fix for a looming financial meltdown, and demonstrated deeply flawed judgment in promoting Sarah Palin as a presidential stand-in. Despite the governorship of Massachusetts and a business career in his resume, what we gleaned most from Mitt Romney in 2012 was how lacking in conviction he was, as he tumbled across the ideological spectrum, trying to be all things to all folk.

There’s been a definite nose-dive, however, in what now looks to be the best the GOP will be offering for voters’ consideration this year. If the “cream” that has floated to the top isn’t about to change going forward in this campaign, you wonder how long the current intra-party candidate selection process will stand.

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# OP-EDS

## Education

Continued from page 10

ent Academy, a program designed to help parents support their children's studies. Our monthly Leadership Seminar brings together local school principals to learn about new educational tools, curricula, and techniques that can help improve instruction and school management.

We have already seen some early success. In fall 2013, nearly 86 percent of MEC freshmen required some remedial coursework. In just the year and a half since Pipeline programming began, that number has dropped by nearly 20 percent.

By breaking down the institutional barriers between schools and replacing the K-12 structure we have relied on for too long with a kindergarten through career model, we can narrow the gap between the creators and the consumers, the rich and the poor, and those

who feel a sense of belonging in college and those who do not.

Some may question what business a local college has in the academic performance of K-12 students. In fact, it is explicitly our responsibility to be concerned about student performance in kindergarten, first grade, and onward. Once students get to college, there just aren't sufficient time or resources to catch the genie of illiteracy once it's out of the bottle.

The Pipeline approach is a pathway to possibility for thousands of families in Brooklyn. It may even be a replicable model for other challenged communities in our city.

As we commemorate the achievements and contributions by black Americans this month, we recognize that there is much work to be done in ensuring access to opportunity for all Americans. Yet in building on the legacy of Medgar Evers, we can innovate as we educate, seizing on the opportunity each day to shift the trajectory of an entire community.

Go to [www.Caribbeanlifeneews.com](http://www.Caribbeanlifeneews.com) for the latest in Caribbean news, entertainment, sports, business, viewpoints and more.



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# CARICOM seeks solutions to corresponding banking issues



CARICOM heads at Belize Summit.

Government of Antigua

By Nelson A. King

Antigua and Barbuda Prime Minister Gaston Browne has called for a coordinated strategy in tackling the region's corresponding banking issues.

Browne told the Caribbean Community (CARICOM) Heads of Government Summit in Belize on Monday that the "existential threat posed to the financial stability of CARICOM by the loss to 'corresponding banking' must be tackled through" this strategy.

The Antiguan leader made the comment while leading his colleagues on the agenda item, "Tackling the continuing threat of withdrawal of corresponding banking services from member states: Elaborating a CARICOM agenda."

It was the first issue discussed in the first business session of the 27th Inter-Sessional Meeting of the CARICOM Heads of Government, held at the picturesque Placencia, Belize, according to an Antigua and Barbuda government statement.

It said the issue of the threat of withdrawal of corresponding banking services brought to the fore the related problems in "de-risking" and its consequences.

According to the statement, de-risking refers to the occurrence of financial institutions terminating or restricting business relationships with clients or categories of customers to avoid, rather than manage, risk through risk-approaches.

"Small states like those in the

Caribbean have been negatively affected by recent 'de-risking' policies implemented by international banks, with particularly damaging consequences on correspondent banking relationships," the statement said.

Browne said "de-risking," therefore, results in CARICOM-member states "being delinked from the international payment system."

"This means that the approach of de-linking will impact negatively on investment, trade and remittances," he said, adding that it "may

even result in difficulties purchasing basic goods such as food and medicines."

Browne said this is exacerbated by the unilateral classifications by countries and states within the U.S. of "our member states as tax heavens."

"This unfair stigmatization on member states must be fought collectively by CARICOM Member States," Browne said, describing the situation as "tantamount to an economic blockage."

As a consequence, he said "we need to work cooperatively

to address this urgent matter."

The Antiguan prime minister outlined a menu of varied recommendations emanating from the Committee of Finance Ministers, which he chaired in Belize on Monday.

Key recommendations included the chairman, Belize Prime Minister Dean Barrow, writing to U.S. President Barack Obama seeking clarification on the nature of the issue "that is giving rise to the heightened risk aversion towards Caribbean traction by U.S. regulatory authorities."

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# Obama, Raúl Castro to launch new era with historic visit

By Patricia Grogg

HAVANA, Feb 23 2016 (IPS) - U.S. President Barack Obama and his Cuban counterpart Raúl Castro will go down in history as two statesmen who managed to overcome more than half a century of hostility to bring back together two neighbouring countries with too many shared interests to remain at loggerheads.

When Obama visits Havana on March 21-22, it will be the fourth time he sees Castro in person. But it will be the first time a U.S. president is a guest of the Cuban government since 1928.

In December 2013, they shook hands for the first time in South Africa during the funeral of former president Nelson Mandela. At the time, few imagined that there would be further, less incidental, meetings – let alone that diplomatic ties would be restored and Obama would make an official visit to Cuba.

But diplomats from the two

countries had been working behind the scenes since June 2013, with Canada and Pope Francis brokering the efforts, before the two governments surprised the world on Dec. 17, 2014 with the announcement of the decision to reestablish the ties broken off on Jan. 3, 1961.

In 2015 they met on Apr. 11 in Panama, during the Summit of the Americas, and later on Sep. 29 in New York, at the United Nations Conference on Sustainable Development. The latter was the first time the presidents of the two countries met in the United States since the 1959 revolution in Cuba.

In this Caribbean island nation, just 90 miles off the coast of the state of Florida, Obama will find people who admire him – and people who don't.

Several generations of Cubans have grown up with the anti-imperialist rhetoric according to which the United States is the source of all

evil. And although it has been toned down in the last few years, there is still a great deal of scepticism regarding Washington's "good intentions" with respect to the thaw, or incomprehension as to why the former "enemy" is now a friend.

Independent journalist Miriam Leiva, of the internal opposition, said Obama's visit is very important. "The Cuban people will receive his message directly. Besides, he's coming with results; his measures have brought benefits such as an increase in remittances, which improve the lives of many people, not just of those who receive them directly," she told IPS.

The United States is the main destination of Cuban immigrants, and as a result it is the biggest source of money sent back home to families in Cuba. According to official U.S. figures, nearly two million people of Cuban origin live in that country. Of that total, 1.1



The image of U.S. President Barack Obama on a TV screen in Havana, announcing the restoration of diplomatic ties with Cuba, on Dec. 17, 2014. Now Obama can be seen in person by the people of Havana, when he visits the country March 21-22. Inter Press Service / Jorge Luis Baños

million were born in Cuba and 851,000 were born in the U.S.

This explains why migration was the only issue that brought the two countries to the negotiating table – although not without tension – regularly for years. In these talks, Cuba complained that the 1966 Cuban Adjustment Act, which grants Cuban immigrants U.S. residency one year and a day after reaching the country, encouraged illegal immigration to the U.S.

Issues of mutual interest and possible cooperation were discussed in the first contact

made to outline the roadmap for the thaw – led by U.S. Assistant Secretary of State for Western Hemisphere Affairs Roberta Jacobson, and Josefina Vidal, director general of the Cuban foreign ministry's U.S. Division.

The agenda for the normalisation of bilateral ties includes human rights, telecommunications, the fight against drug trafficking, environmental protection, prevention of natural disasters, and combating epidemics, among other areas of mutual interest and possible bilateral cooperation.



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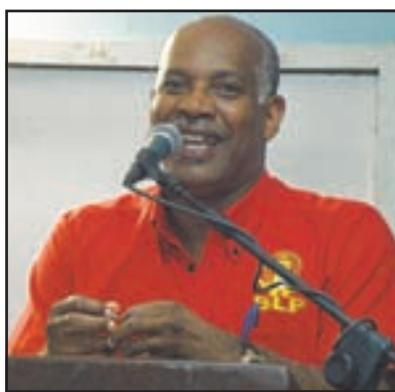
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# Fingerprinting coming to Barbados ports



Former Attorney General Dale Marshall says Barbadians should not be fingerprinted at the island's ports.

Photo by George Alleyne

# Port of Spain mayor resigns amid protest

By Azad Ali

Embattled Port of Spain, Trinidad and Tobago Mayor Raymond Tim Kee has resigned his post following condemnation and protests over his comments about women's "lewd" and "vulgar" carnival behavior.

His comments were in response to questions about the discovery of the body of Japanese visitor Asami Nagakiya at the Queen's Park Savannah, clad in a bikini costume on Ash Wednesday during a press conference.

Unaware that the 30-year-old pianist was strangled to death (before the autopsy was performed) Tim Kee told reporters that women had a responsibility to ensure they were not abused.

He also referred to a previous statement he made about "vulgarity" and "lewdness" displayed by some women during carnival.

Several women rights activists, politicians and other groups called on the mayor to resign and staged a protest march outside his office at City Hall in Port of Spain condemning his statement saying he was linking it to the Japanese murder.

Focusing on the rights of Barbadians, who he noted are entitled to return home, Marshall told the Barbados Today epaper, "A Barbadian citizen has the right to enter his homeland and is not subject to deportation from his homeland.

"His / her entry into Barbados must of necessity be unconditional. If a Barbadian citizen turns up at a port of entry in Barbados with a Barbados passport, he / she must be allowed to enter."

He said that demanding fingerprints of a Barbadian as a condition of that person entering Barbados, "is an infringement of that person's constitutional rights."

Trade unionist and General Secretary of the Unity Workers Union, Caswell Franklyn, said, "If you put that in place for visitors, go right ahead."

But the veteran union leader made clear that this must not apply to people of the island. "I am a Barbadian. I have a right to come to Barbados without any hindrance. Nobody should be bothering me and giving me any conditions for me to come into Barbados."

On the other hand, Assistant Com-

missioner of Police, Erwin Boyce, told the Daily Nation newspaper that he welcomed the new measure.

"It is definitely a positive move and I don't see it otherwise, given the movement of people from all over the world... These things are important in responding to criminal threats."

Tourism executive and former Hotel and Tourism Association President, Colin Jordan, supported the new measure, observing that from a security standpoint, the world has changed since the 9/11 terrorist attacks on the United States.

Jordan is however concerned that the fingerprinting and facial scanning procedures could become cumbersome and affect the easy entry and exit of tourists, who are so vital to the Barbadian economy.

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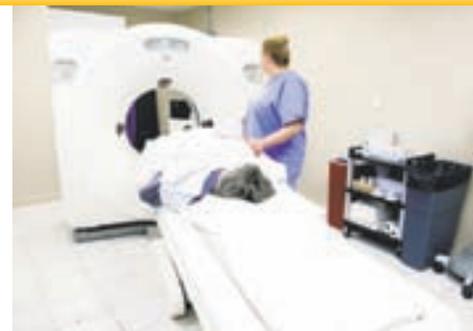
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# More than a myth Belafonte lives his legacy

By Vinette K. Pryce

Depending on the prism an individual looks through to define Harry Belafonte, any number of definitions could apply to his legacy and storied creative and humanitarian career.

A Hollywood movie star, three-time Grammy award winning singer, television's Emmy Award winner, theater's Tony prestigious honoree, philanthropist, World War II veteran who volunteered to fight with the U.S. Navy, the fact he was tall, dark and handsome and child of the Caribbean only begins to describe the Harlem-born achiever who consistently aims higher and in the process maintains dignity and admiration from a grateful population most.

Acclaimed the first international King of Calypso, Belafonte's trove runs the gamut encompassing a wide array of achievements.

Harry was born Harold George Belanfant, Jr. March 1, 1927 at Lying-in Hospital in Harlem. His mother Melvine was born in Jamaica, the child of a white, Scottish mother.

His father Harold George Belanfant, Sr., was also born in Jamaica, the child of a Black mother and Dutch Jewish father.

From 1932 to 1940, he lived with his grandmother in Jamaica.

After returning to Harlem, he attended public schools eventually graduating from George Washington High School.

Like many of his peers, afterwards he enlisted in the U.S. navy during the war.

He often attributes his political beliefs to the example set by his mentor Paul Robeson, a singer, actor and political advocate.

Reportedly, Robeson opposed not only racial prejudice in the United States, but also western colonialism in Africa.

Among some of the statements Robeson made that resonated with Belafonte is that: "Artists are the gate-keepers of truth."

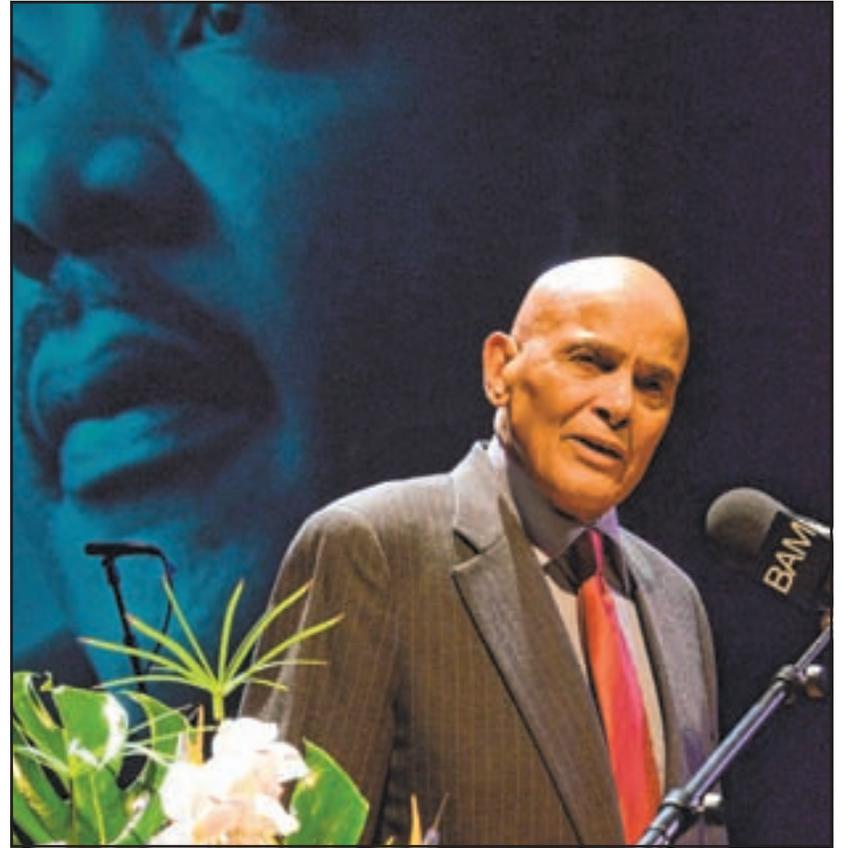
Perhaps that telling statement inscribed a sense of purpose then after his stint in the military working as a janitor's assistant. He had secured the position in order to be near creative talents that rehearsed in a Harlem building.

He was admired by some of the actors, musicians and singers there and through the generosity of one of them was rewarded with tickets to attend a performance by the American Negro Theater.

Impressed by the showcase of the all-Black performers, Belafonte decided then and there his life's path would be acting, performing and being among the creative artists associated with theater.

It was there that Belafonte met Sidney Poitier, another son of the Caribbean.

Together with the Cat Island, Bahamian, Belafonte honed a career while sharing the passion of singing and acting.



Harry Belafonte.

At the same venue they met Tony Curtis, Marlon Brando, Bea Arthur, Walter Matthau and a long list of talented artists.

Eventually, Belafonte started his career in music as a club singer. That initiative he said was to fund his way through acting classes.

The first time he appeared in front of an audience, he was backed by the Charlie Parker band, which included Charlie Parker, Max Roach and jazz trumpeter Miles Davis.

His upward spiral as a performer has been well documented and punctuated by the numerous awards he has received.

Among the films he has starred are: Otto Preminger's hit musical "Carmen Jones" (1954) "Islands in the Sun" (1957) and Robert Wise's "Odds Against Tomorrow" (1959).

In the early 1970s Belafonte appeared in more films among which are two with Poitier: "Buck & The Preacher" (1972) and "Uptown Saturday Night" (1974).

Ten years later, Belafonte produced and scored the musical film "Beat Street" one of the premiere films to deal with the rise of hip-hop culture. After a hiatus during the 80s, in 1995, Belafonte appeared with John Travolta, starring in "White Man's Burden" a major film addressing race.

Simultaneous to his singing and acting career, he was dubbed the "King of Calypso."

Crowned by an international record buying audience, he was bestowed with

the royal title for popularizing the Caribbean musical style and for introducing it to an international audience in the 1950s. Although he half-heartedly embraced the title because he said he was never voted with Trinidad & Tobago's calypso monarch contestants who vie for the coronation in the twin island, from Europe to the Americas, he was the undisputed ruler of the genre.

One of the reasons was that his breakthrough album "Calypso" in 1956 emerged the first million selling album by a single artist.

It was also the first million-selling album ever in England.

The album lasted 58 weeks in the top 10 and 99 weeks on the U.S. charts.

Even now, the album is listed number four on Billboard's all-time "Top 100 Album" chart for having spent 31 weeks at number one.

That trailblazing accomplishment spawned future tabulation of record sales and also launched the annual Grammy Awards which has since rewarded excellence and top music recorders in the music industry.

On the release he sang the "Banana Boat Song," an infectious tune more popularly known as "Day-O."

The first widely-released single became his "signature" song and decades later in 1997 became the wake-up call for the astronauts on the Space Shuttle Atlantis in outer space.



Workers unearth the remains of former slave, Pierre Toussaint, who is the first African American proposed for sainthood, Nov. 1, 1990. Toussaint is considered the founder of Catholic Charities because he helped the needy for 66 years before formal services for aid existed.

Associated Press / Steve Freeman, File

## First Haitian lay person buried at St. Patrick's Cathedral

By Vinette K. Pryce

Haitians more than most nationals in the Caribbean, can claim a myriad of historical trailblazing feats. The first in the region to win independence from their French colonizers in 1803, they are also the proud pioneers and model for every Black nation throughout the entire world to follow.

While much of the revolutionary feats of Toussaint L'Ouverture against France's strongman Napoleon Bonaparte have been documented not much is known about a slave who was born a decade before America's independence.

Born July 25, 1766, Pierre Toussaint emerged the first non-clergyman to be buried in the crypt at St. Patrick's Cathedral.

Initially known only as Pierre, he adopted his last name in honor of the national hero — Toussaint — who revolutionized Haiti.

How he was able to be distinguished with burial rites normally reserved for bishops and cardinals of the Roman Catholic Archdiocese of New York, should be required reading for all students regardless of religious affiliation.

The first layperson to be buried in the crypt below the main altar of the auspicious cathedral located at Fifth Avenue was reared as a Roman Catholic.

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# Rosaline October celebrates 92 years in fine style



Ninety-two-year-old, Rosalind October sitting, surrounded by Desiree, Rose, Pamela, Ivor and Margaret. Backrow: Edward (partly hidden) and Godfrey. Missing are Michael, Hugh, Magic, and Shawn.  
Photo by Tangerine Clarke

By Tangerine Clarke

Rosaline October is the owner of the oldest run restaurant and liquor bar on Regent Street in Georgetown, Guyana. And despite living in Brooklyn, this senior citizen is not daunted by the thousands of miles she has to travel to take care of business in her homeland.

But what is most amazing is that on Feb. 6, a cold winter's night, the youthful senior citizen arrived in her Sunday best to celebrate her 92nd birthday, a historic milestone for this noblewoman who birthed 16 children.

The blaring music that filled the dance hall did not disturb the grandmother, of more than 40 grandchildren. Instead, the great-grandmother got on the dance floor with her 15th-born daughter, with the same name to show off her dance moves.

"Today is a day of thankfulness. God has allowed our matriarch four scores, plus 10, plus two," said daughter Rosaline October-Edun, after show-



Rosalind October (left) with daughter Rosalind October-Edun on the dance floor.

casing her mom whom she said she is passionate about.

"It is a privilege being an offspring of this sophisticated woman who is known for her quietness, contentment, even-spiritedness, and most of all, her compassion."

October-Edun said despite her mother's diagnoses that

limit her in some ways, she is doing great.

"She is a mother who has always put her children before herself. It is because of her strong shoulders that her grandchildren and great-grandchildren are able to show success," she added.

"I am reminded of the African proverb, 'It takes a village...' Villagers, thank you for helping us lift our matriarch! Oh happy day! We give thanks for this, the 92nd year of our mother's life," said her daughter.

Margaret October the 12th child born to October, shared great memories of her and siblings growing up in Georgetown, and praised her mom for always ensuring her girls looked beautiful. "Our hair was always neatly braided."

"My mom was a disciplinarian, and she instilled in us, the importance of gaining an education," said Margret who added that ever though her mom gave birth to 16 children, she still took care of the neigh-

borhood kids. "She cooked in a big pot so that everyone could eat." Margaret is now a mother of six children.

Ten, who are all grownup now surrounds mother October who outlived six children. Like Godfrey, the eldest son / second child, remembers every Sunday his mother cooked a delicious pot of soup because anyone wanted a taste of mother Rose's food.

"She was a hard-working woman, and I was her right-hand child who helped her in the business. My mom was a miracle worker, as soon as she gave birth, within two days she

was back on her feet working. She is a strong person, a godly, kind person and wonderful to everyone," said Godfrey.

"She lived to enjoy her 92nd birthday because of her close-knit family. Anytime she becomes ill, we all drop what we were doing and run to her side," he said.

Godfrey October recalled Rosaline's short stay in a nursing home where she had gone to recoup after an illness. Amazed at how quickly she healed, Godfrey said, "It was a miracle, even the staff of the nursing home too, said they had never experienced such a quick recovery."

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## How to handle an old 401

Upon making the transition to a new job or retiring, many people are unsure about what to do with their 401(k) or other retirement plans linked to their employer. Handling this transition can be costly, and many men and women might benefit from the advice of a professional financial advisor to help them navigate these waters without breaking the bank.

Some men and women may think they're forced to cash out their retirement accounts when moving on to new companies. But, depending on a person's age, that's a potentially costly option that can incur heavy penalties. Fortunately, cashing out is not the only option men and women have as they try to figure out what

to do with their retirement accounts after retiring or moving on to new companies.

### Keep the money with your former employer

Some employers allow former employees to keep their retirement savings in their plans. This allows men and women to avoid early withdrawal penalties and lets them continue to defer paying taxes on retirement savings accounts until they reach retirement age and need to start withdrawing money. Another benefit to keeping money in an employer retirement plan even after you leave the company is it protects you if there are rollover restrictions governing any additional accounts you might have transferred the money

into.

Employers who do allow former employees to keep their money in retirement plans likely included certain language in those plans that govern how the account is managed after employees leave the company. For example, former employees may no longer be able to contribute to the plan or take out plan loans. In addition, when the time comes to withdraw money, you may or may not be allowed to make partial withdrawals from accounts linked to former employers. Read the fine print to determine if keeping the plan with a former employer makes the most sense for you.

### Rollover into your new employer's retirement plan

Some people have the option to rollover a 401(k) from a previous employer

into their new employer's plan. But not all companies allow this. If you are allowed to do so, this can make the transition that much easier while still allowing tax-deferred growth on your assets. In addition, if you can rollover into your new employer's plan, you may be allowed to take out loans based on the amount of your combined plan instead of just loans against new contributions. Rollover and plan loan eligibility should be confirmed with your new employer.

Before rolling over money into your new employer's plan, confirm your investment options under the new plan. If they pale in comparison to an IRA, you might want to rollover your retirement assets into an IRA that offers more investment options.



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# Queens political legend Barbara Clark dies at 76

By **Laura Andrews**

A Southeast Queens community mourns the loss of one of its Democratic-political legends, Assemblywoman Barbara Clark, who died at age 76 of natural causes on Feb. 22 at her home in Queens, NY.

For nearly three decades, Clark a political advocate, was known for her nonstop push for academic expansion and improvement in academic venues. She was vice-chair of the National Conference of State Legislators' Education, Labor and Job Training Committee, a member of the NCSL's Human Service Committee and the Education Commission of States.

"The Honorable Barbara Clark was a public servant who served her community in the New York State Assembly," stated Leroy Gadsden, president of the NAACP in Jamaica. "Assemblywoman Clark advocated for many different issues and causes in the best interest of our community," he added in a prepared statement.

"Her service represented a true care and love for her community. She was a relentless advocate for a free-quality



From left, Queens resident, State Senator Leroy Comrie and Assemblywoman Barbara Clark.

Photo by Laura Andrews

public education for everyone; and the rights and needs of our beloved senior citizens." Expressing the profound sad-

ness of the recognized politically-savvy communities Clark represented in the New York State Assembly District

33., which comprised the 33rd Assembly District, Gadsden added, "Assemblywoman Clark loved her community and she

loved the NAACP."

Political leaders throughout New York State hailed Clark as dedicated, a champion of education and a legend. "She was a great public servant and will be missed," stated Gov. Cuomo to one media outlet about Clark who served in the Assembly as assistant majority whip and on standing committees focused on Children and Families, Education and Environmental Conservation.

On Twitter and Facebook, Clark's constituents expressed their condolence for the long-time Queens Democrat whose representation, included: Bellerose, Cambria Heights, Hollis, and St. Albans. On Facebook, the Honorable Cheree A. Buggs shared a photograph with the lawmaker.

Although a team player, Clark cut her own swath in the political arena by voting against Marriage Equality and insisting her community receive the requisite respect.

Clark was born on June 12, 1939 in West Virginia. She was married to Thomas Clark. From this union, there are four adult children and two grandchildren.

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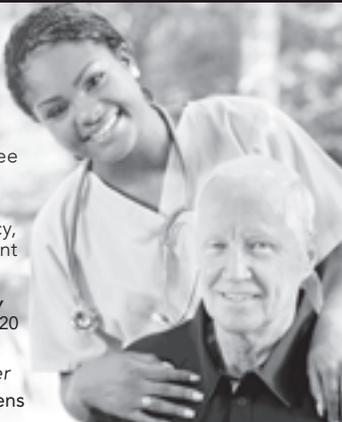
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## BOOK RE VIEW

# Challenges of an Alzheimer's caretaker

"Before I Forget" by B. Smith & Dan Gasby with Michael Shnayerson, foreword by Rudolph T anzi, PhD  
c.2016, Harmony Books  
\$25.00 / \$33.00 Canada  
322 pages

By Terri Schlichenmeyer

You can't remember what you came into the room for.

That happens with disturbing frequency. Forgetting your glasses, losing your keys, it really bothers you because you're not sure if it's a normal part of aging or something else. And in the new book "Before I Forget" by B. Smith & Dan Gasby with Michael Shnayerson, the worry isn't yours alone.

For most of her life, B. Smith was a whirlwind of activity. She was a model, and had her own line of household goods, TV shows, and restaurants she co-owned with her husband, Dan Gasby. She was known for her sense of style and her elegance.

And then, a few years ago, something uncharacteristic began to happen: the woman who was put together, inside and out, began to display emotional outbursts, use inappropriate language, and her fashion sense faltered. Her memory faded until it frightened the couple and they sought help.

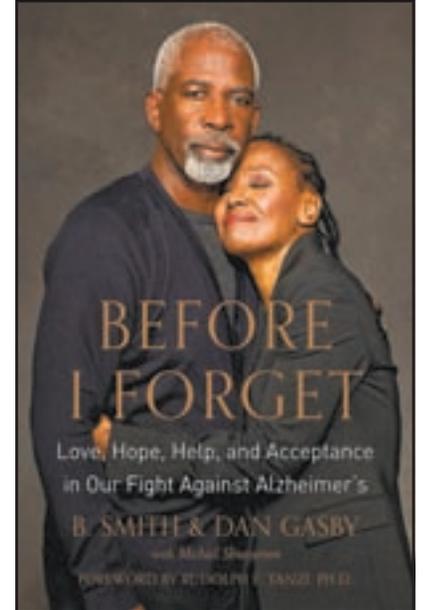
Smith, as it turned out, had mild-stage Alzheimer's.

A take-charge kind of guy, Gasby did his research.

"Some 5.2 million Americans are living with Alzheimer's," he says; half a million people die of it every year. Perhaps due to higher rates of diabetes and heart disease, it hits the black community the hardest: by age 85, "half of all African Americans have it."

Knowing the facts can be empowering, but they don't make dealing with the disease any easier. Smith lost things constantly; "hoarded" clothing, to Gasby's irritation; and, though she was previously fastidious, ignored sloppiness. She shut family out physically and friends, emotionally. Long-ago recollections were sharp, but her short-term memory was all but lost.

When things got worse and Smith was inadvertently put in a dangerous situation, the family found expert



Book cover of "Before I Forget" by B. Smith and Dan Gasby with Michael Shnayerson.

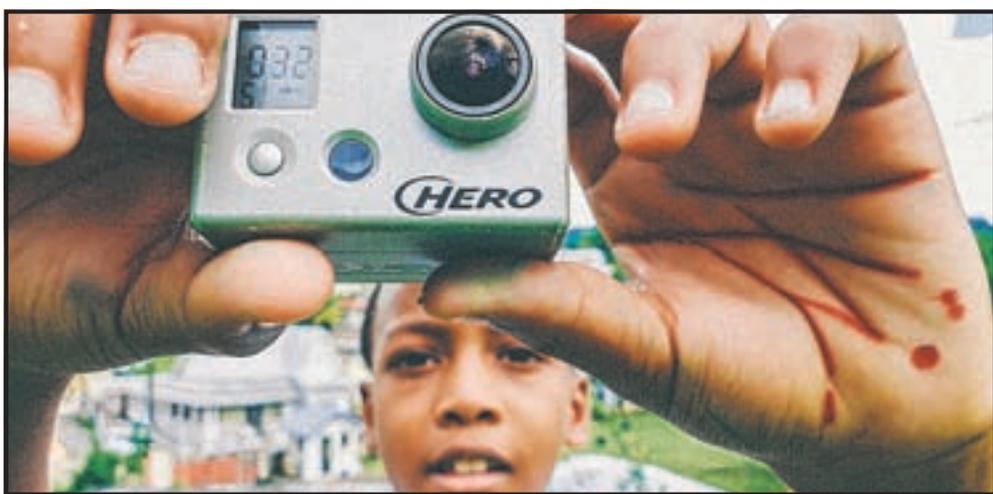
advice, only to learn that there was little they could do. Alzheimer's has no cure. It can barely be "managed." They would just have to deal with the day-to-day challenges and learn to cope...

Of his wife, and their plans one day, author Dan Gasby says, "She sits...at the breakfast table, the love of my life, waiting quietly for me to tell her what to do."

Is there a sentence more heart-breaking than that? I don't think so, and you'd be likewise hard-pressed to find a book that will affect you more than "Before I Forget."

Would you blame anyone if you saw a pity-party in this book? Probably not, but there's no whining in Gasby's words, nor will you find "poor me" in what B. Smith contributes (with Michael Shnayerson). Instead, there's resignation here; a we'll-get-through-this wrapped in a love story that gets more and more poignant as the story progresses. Gasby, who is fierce about Alzheimer's education, also offers up-to-date information and advice on what worked for him and Smith, and what doesn't.

Without being a spoiler, there is no happy ending to this book, save but the sheer love that makes it soar. If you're an Alzheimer's caretaker, or are facing the disease yourself, you absolutely will want this memoir. "Before I Forget" is a book you never will...



# 'Art Connect' sheds positive light on Laventille

By Alley Olivier

No matter where you are in the world, there is always a neighborhood, section, or block in a particular place that carries some sort of bad reputation.

In Brooklyn, some might say Brownsville or Flatbush but in Trinidad and Tobago that place is known to be Laventille. Instead of focusing on the violence and sadness, filmmaker and director Miquel Galofre felt personally

obligated to highlight a beam of light on children participating in a project titled "Art Connect" created by Wendell McShine.

"What was supposed to be a three-week project with a five minute video ended up being a year project with a feature documentary," Galofre said in an email.

Galofre's documentary, titled "Art Connect," focuses on eight out of the 40 children participat-

ing in the arts connect program. The children were connected to artists dedicated to education and social change, creating visual art, music, and even mini-documentaries of their home lives with GoPro cameras.

"My favorite moment in the film is probably the GoPro footage that the students filmed by themselves. It gave us an access that is priceless and it showed how open and engaged with the

"Art Connect" follows eight children in violent-stricken Laventille, highlighting the power of art.

project they were," Galofre said.

In collaboration with BAMcinematek and the Caribbean Film Academy, "Art Connect" will screen at BAM's Rose Cinemas March 15 as part of the quarterly Caribbean Film series.

"To quote one of the young men in the film, 'Art is a picture of life.' To see these Trinidadian youths lives transform on screen is amazing. We're ecstatic to finally be able to present this documentary to Brooklyn and New York City audiences," Justen Blaize, co-founder of The Caribbean Film Academy, said in a statement.

Galofre hopes audiences will look at the struggles of these teenagers as an international topic and realize how instrumental art can be to change a negative to a positive.

"To talk, to share your concerns, to open yourself and to

get a passion can really completely change your life," he said.

"Art Connect" will not be a one-and-done type of documentary. Galofre intends on shooting a follow-up documentary of the children's lives 10 years after their participation in the program.

The showing of the film will be preceded by a showing of "Auntie" a short film by Bajan filmmaker Lisa Harewood exploring the concept of barrels and "barrel children" — children shuffled between homes in the Caribbean and America.

Tickets are available on BAM's website.

Caribbean Film Series at BAM [30 Lafayette Ave. between Ashland Place and St. Felix Street in Boerum Hill, (718) 636-4100, bam.org] March 15, 7:30 pm. \$14.

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Georgetown kitchen still pictured

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# CAMP

CNG

GUIDE





Children are often happier and healthier when they have frequent and varied opportunities for experiences in the out-of-doors.

# The natural gifts of camp

BY RICHARD LOUV

Every summer, when I was in junior high and high school, my buddy Pete Sebring would disappear for a few weeks to a camp in the mountains west of Colorado Springs. I resented it. For me, those humid July weeks back in Kansas dragged, and then Pete would come home telling tales of adventure — as if he had been to some alpine Oz.

As it turns out, that camp shaped Pete in ways neither of us realized at the time. He credits his summers in Colorado with giving him a foundation for success and longevity — more than three decades — as a teacher.

“The camp encouraged me to invent activities, such as pioneering, survival hikes and overnights, and identifying native plants of central Colorado,” he says.

“Once while picking ground plums, which tasted like raw green beans, we uncovered an ancient hunting site full of arrowheads, charcoal, and flint chips. I also encountered brown bears, coyotes, pumas, and wolves — one white and one black. Only the kids with me believed me.”

I was one of those who didn’t believe that Pete had encountered wolves. This morning, I checked the history: The Colorado Department of Resources reports that, while wolves were, by official measure, eradicated in the 1930s, “there have been sporadic reports of wolves in Colorado over the decades” — none confirmed. They may have been wolf-hybrids or dogs or, just maybe, wolves.

“Their night howls were long, sonorous, and unnerving,” Pete recalls.

One more reason I wished I could have gone to summer camp with him.

Still, during those years, I had my own adventures — a free-range childhood spent fishing and chasing snakes and building forts in the woods. Those experiences shaped my life every bit as much as Pete’s time at camp shaped his.

Today, too few children and young people have either experience — free-range or camp. In my book, “*Last Child in the Woods*,” I describe how young people can likely tell you about the Amazon rain forest, but they’ll likely be hard pressed to describe the

last time they explored the woods in solitude or lay in a field listening to the wind and watching the clouds move. Nature is becoming an abstraction, something to watch on the flip-down television screen from the back seat of a minivan.

In 2005, “*Generation M: Media in the Lives of Eight- to Eighteen-Year-Olds*,” conducted by the Kaiser Family Foundation, revealed that children are plugged into some kind of electronic medium an average of five-and-a-half hours a day, “the equivalent of a full-time job, and more time than they spend doing anything else besides sleeping.”

One reason kids aren’t going outside as much is parental fear. News and entertainment media have conditioned us to believe that life outside the front door is far more dangerous than it actually is, at least from stranger-danger. Nonetheless, this fear is unlikely to go away, which is one of the reasons parents are likely to value camps even more in the future than they do today. Risk is always a part of life, but camps can offer parents the reassurance that

their children will be safe as they receive the gifts of nature.

The physical benefits are obvious; others are more subtle but no less important.

For example, research shows that nature experiences significantly reduce children’s stress. Free play in natural areas enhances children’s cognitive flexibility, problem-solving ability, creativity, self-esteem, and self-discipline.

Effects of attention deficit disorder are reduced when children have regular access to the out-of-doors. Studies of outdoor-education programs geared toward troubled youth — especially those diagnosed with mental-health problems — show a clear therapeutic value.

Children are simply happier and healthier when they have frequent and varied opportunities for experiences in the out-of-doors.

*Richard Louv is the author of “Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder.”*

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# Ready, set, camp

## 6-point guide to finding the right camp for your child

**Y**ou are considering a summer camp, but how to choose? There's a camp that is ideally suited for every child, providing a summer of growth and fun whether your child attends a day or overnight camp, a specialized or traditional camp. With a little help from the camp professionals at the American Camp Association, here's some sound advice that helps parents sort through the choices and benefits that camp delivers. As spring approaches, parents and children can look forward to planning for the future — a future that includes the opportunities for exploration and discovery that arrives with summer camp.

### 1

#### HOW TO DECIDE WHEN YOUR CHILD IS READY FOR CAMP

Children are ready for new experiences at different stages. Parents know their children best and these questions can help gauge whether this is the summer your child will start camp:

**What is your child's age, and what is your perception of his readiness level?** Children under 7 who have not had overnight experiences may do better with a day camp as their first camp experience. If you think your child might not be ready for an overnight camp experience, consider the day camp experience to prepare him for future overnight camp.

**How did your child become interested in**

**camp?** Does your child talk about camp on a sustained basis? How much persuasion is necessary from you?

**Has your child had positive overnight experiences away from home?** Visiting relatives or friends? Were these separations easy or difficult?

**What does your child expect to do at camp?** Learning about the camp experience ahead of time allows you to create positive expectations.

**Are you able to share consistent and positive messages about camp?** Your confidence in a positive experience will be contagious.

## A CAMP FOR EVERY CHILD – THE PERFECT FIT

Camp can last for just a few days or stretch to all summer long. It's well worth the trouble to investigate the variety of choices offered by camps before your child packs a backpack. These questions help you consider the options:

### Near or far?

Where do you want your child to go to camp? Locally or far away? While each camp experience has something unique to offer your child, this is an opportunity for families to assess what they value for their campers.

### Benefits of camp nearby

- Easier to evaluate and visit
- Friends and family are likely familiar with camp

- Minimal travel costs
- Likely contact with classmates or children from same region

### Benefits of camp far away

- More choices
- Different experiences, different geography, e.g., mountains or oceans — even different languages
- Promotes independence, particularly for early and late adolescent campers
- Diversity of campers
- Chance for family to visit and vacation at close of camp

## 3

## SESSION LENGTH OFFERS ANOTHER CHOICE

Camps offer widely varying options to help parents and children reach their goals for summer fun and exploration. Talking with your child about the goals you both share helps determine which choice is right for you.

### Benefits of short sessions (one–three weeks)

- First-time or younger campers have a chance to learn new skills
- Bonds develop with other campers and staff
- Great exposure to camp experience with less expense
- Minimizes homesickness

### Benefits of longer sessions (four–12 weeks)

- Strong sense of belonging to camp community
- Chance to learn new skills
- Development of specialized skills
- Multiple opportunities for learning and enrichment
- Lifelong friendships
- Opportunities to contribute to camp culture

## 4

## BOYS ONLY, GIRLS ONLY, OR CO-ED?

Now may be the opportunity to explore the choices and benefits of all boys, all girls, or co-ed camps.

### Benefits of single-sex camps

- Breaking gender stereotypes — girls interact with women in position of authority and boys interact with men who act as nurturers
- More opportunities to “be yourself” without impressing or competing with the opposite sex
- Camp philosophy may be tuned into gender strengths and weaknesses
- Brother or sister camps may share activities

### Benefits of co-ed camps

- Breaking gender stereotypes — girls interact with women in positions of authority and boys interact with men who act as nurturers
- Mirrors and prepares campers for everyday living in a co-ed world
- Allows families with a boy and a girl to attend the same camp

## A CAMP FOR EVERY CHILD – TRADITIONAL, SPECIALTY, AND SPECIAL NEEDS

Choices abound when it comes to camp programs. One may highlight a wide variety of activities geared to campers of all ages and skill levels, others, because of their setting and expertise, may concentrate on one or two activities while providing traditional activities as well. Parents of children with special needs are pleased to learn about the range of camp activities that help kids be kids first.

### Benefits of traditional camps

- Wide variety of activities
- Chance for campers to try new activities
- Exposure to more campers and staff at varying ac-

tivities

### Benefits of specialty camps

- One or two specialized activities (often combined with traditional offerings)
- Expectation for increased proficiency during camping session
- Deepens knowledge and skill in particular area of interest or ability

### Benefits of special-needs camps

- Activities geared to campers' abilities
- Knowledgeable staff with expertise to understand campers' strengths and challenges

mp!

## 6

## THE VALUE OF CAMP FOR EVERY CHILD

What happens when you make the decision to choose camp? You open up a world of discovery and learning for your child, a world that values children for who they are and who they will become. Camp gives each child a world of good.

*For nearly 100 years, the American Camp Association has been serving the camp community and families considering camp. Visit [www.CampParents.org](http://www.CampParents.org), to learn more about the camp experience, search the Find a Camp database, and explore the world of child and youth development. For more information about child development and the camp experience, visit [www.CampParents.org](http://www.CampParents.org) or call (800) 428-CAMP (2267).*

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# Keeping camp costs budget friendly

## AMERICAN CAMP ASSOCIATION

Camp is a life-changing experience — one that's possible for every child and every budget. Even though the experience is priceless, paying for it doesn't have to be!

"I'm a great believer that you don't have to go to the most expensive camp to have a great camp experience," said Phil Lilienthal, former camp director of Camp Winnebago in Maine and Global Camps Africa CEO. If you're dealing with an experienced and caring staff of camp counselors, "you can have a program in a parking lot, and it can be great," he said.

Parents looking for budget-friendly camps should keep the following in mind:

- The American Camp Association community generates a projected \$216 million annually for camp scholarships. Don't be afraid to call the camp director and ask if financial assistance is available.

- Contact your area's local office of the American Camp Association. Visit [www.ACacamps.org/about/](http://www.ACacamps.org/about/)

contactus to find your local office.

- Check with your church or synagogue.
- Get in touch with social services groups in your community.
- Visit individual camp websites.

Most clearly outline whether or not they offer financial assistance for their campers.

Assistance is also available from the government. Inquire into whether the camp participates in income-eligible subsidy programs, for instance through Title XX.

### For day camps:

- A Dependent Care Flexible Spending Account allows parents to be reimbursed on a pre-tax basis for child care or adult dependent care expenses for qualified dependents that are necessary to allow parents to work, look for work, or to attend school full time. Visit the Federal Student Aid website for more information.

- In certain circumstances, day care expenses, including transportation by a care provider, may be con-

sidered dependent care services and paid with pre-tax dollars. Visit the Internal Revenue Service website for more information.

- Child and Dependent Care Tax Credit: The IRS allows an income tax credit of up to \$6,000 of dependent care expenses if you have two or more dependents (up to \$3,000 for one dependent). The amount of the credit is based on your adjusted gross income and applies only to your federal taxes. This applies to qualifying day camp expenses.

*The American Camp Association is a national organization; 10,000 members strong, it is actively working with more than 2,700 camps. It is committed to collaborating with those who believe in quality camp and outdoor experiences for children, youth, and adults. For more information, visit [www.ACacamps.org](http://www.ACacamps.org).*

*Originally published in the March 2014 Camp e-News. Reprinted with permission of the American Camp Association. ©2014 American Camping Association, Inc.*

## Help foster children's self-esteem

Camp is a time to develop new skills, have fun, gain independence, and experience new wonders, but the camping experience is also one of the first times that many children will be away from home for an extended period.

In order to lead a more happy and productive camp life, children need to develop a positive self-image, the feeling that "I am somebody," before they go to the first day of camp, and that's your job as the parent.

The following ideas can help foster self-esteem in children:

**Level with children.** Don't talk down to a young person; instead, put yourself at eye level with a child. It can often minimize a problem, as well as make the child feel equal.

**Let children make decisions.** For example, early participation in health care decisions such as, "Do you want liquid medicine or tablets?" lessens a child's feeling of powerlessness, and can foster an intelligent consumer attitude in children.

**Value rules.** The purpose of rules is to help people get along with each other and, in turn, feel good about themselves. The best rules are written during calm times with the participation of the child.

**Show the child you understand.** Share your childhood memories. Children need to know that their parents had trouble learning things, too. By showing understanding, you will help your child become more confident.

**Develop your own self-esteem.** Parents need to feel valued and self-confident before they can help their children develop self-esteem.



Sit down and talk with your child, making sure to listen and let him voice his feelings.



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# The long-lasting benefits of camp

## AMERICAN CAMP ASSOCIATION

Camp has become a part of the fabric of America — conjuring special memories of hiking, swimming, friendships, and adventure for generations.

When children go to camp, they'll likely come home gushing about the lifelong friends they've made, and the exciting adventures they had. What they probably won't tell you about are the life lessons camp has given them — those skills that, if nurtured at home after camp, translate into a lasting self-confidence, an awareness of the importance of kindness, and a greater comfort in voicing their opinions.

For more than 150 years, camp has been changing lives — allowing all children to feel successful, especially those who may struggle with traditional educational settings.

Camp is full of fun and excitement, but it is so much more — developing children who are better equipped to lead in the 21st century with skills such as independence, empathy, the ability to work as part of a team, and a broader world view:

- Camp is a safe and nurturing environment that enhances social skills. Camp is for everyone, so children and youth have the opportunity to meet and interact with peers from outside their school environment.

- Camp supplements traditional education. Camps use intentional programming to create a balance of experiential learning opportunities that are physical, emotional, and social.

- Camp provides experiences that promote self-confidence and future academic growth. American Camp Association independent research shows

that parents and camp staff, as well as the campers themselves, report significant growth in several areas, including leadership, independence, social comfort, and values and decisions.

- Camp encourages a respect and love of nature. Children are able to learn about the natural world. Camp also gives them a chance to “unplug.” More and more experts are advocating the value of time spent in nature for children — and camp is a perfect place to do that.

- Camp provides the opportunity to stay physically active. It is the ultimate outdoor experience with programs that offer physical activities and sports that enhance health and teach self-confidence.

Camp is a natural extension of the classroom. Research indicates that by participating in strategically planned, structured summer experiences, children reduce summer learning loss. Camp challenges children, keeps them engaged, develops creativity and their talents, and expands their horizons.

*The American Camp Association is a national organization; 9,000 members strong, it is actively working with more than 2,700 camps. It is committed to collaborating with those who believe in quality camp and outdoor experiences for children, youth, and adults. The Association provides advocacy and evidence-based education and professional development, and is the only national accrediting body for the organized camp experience. For more, visit [www.ACAcamps.org](http://www.ACAcamps.org).*

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**Some signs to look for:**

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No babbling by 12 months.

No words by 16 months.



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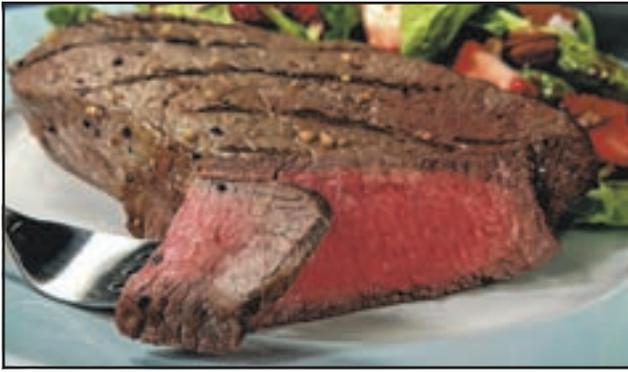
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Studies have shown that a diet high in red meat increases a person's risk for colorectal cancer.

# Colorectal cancer

Know the symptoms and causes of disease

**A**s men and women know full well, cancer does not discriminate. Few and far between are those whose lives have not been touched by cancer in one form or another. Be it a personal battle with the disease or a connection via a friend, family member, coworker, or other acquaintance, nearly everyone can cite someone in their life who has battled a form of cancer.

According to the Centers for Disease Control and Prevention, among cancers that affect both men and women, colorectal cancer is the second leading cause of cancer deaths in the United States, claiming the lives of more than 50,000 men and women in 2007. In Canada, a country with roughly one-tenth the population of the United States, the Canadian Cancer Society reported that colorectal cancer was expected to claim the lives of nearly 9,000 Canadians in 2011.

Such figures illustrate the importance men and women must place on educating themselves about colorectal cancer and its symptoms and potential risk factors. First, however, it helps to understand just what colorectal cancer is and why it is so deadly:

## What is colorectal cancer?

Colorectal cancer is cancer that starts in either the colon or the rectum, which make up the large intestine. Often referred to as colon cancer, colorectal cancer can begin anywhere in the large intestine and the majority of colorectal cancers begin as abnormal growths called polyps that develop inside the colon or rectum and become cancers over a long period of time.

## Who gets colorectal cancer?

Colorectal cancer does not discriminate. In fact, of the roughly 53,000 cases of colorectal cancers reported to the U.S. Department of Health and Human Services in 2007, there was a nearly equal split of cases between men and women, with men accounting slightly less than 800 more cases than women over that time.



Men and women must educate themselves about colorectal cancer and its symptoms and potential risk factors.

## Reduce risk of colorectal cancer

**C**olorectal cancer is the third most commonly diagnosed cancer in both the United States and Canada. So say the American Cancer Society and the Canadian Cancer Society, who project nearly 60,000 Americans and Canadians will lose their lives to colorectal cancer in 2014 alone.

Though many risk factors for colorectal cancer, including age, heredity and racial and ethnic background, are beyond an individual's control, that does not mean people are helpless to reduce their risk for this potentially deadly disease. Maintaining or adopting a healthy lifestyle can reduce a person's risk of developing various cancers, and colorectal cancer is no exception. The following are a few ways adults can reduce their chance of developing colorectal cancer.

### Get screened

As is the case with many cancer treatments, colorectal cancer treatments are much more effective when cancer is detected and treated early. Colorectal cancer screenings help find polyps before they become cancerous. In addition, people may not immediately associate symptoms of colorectal cancer with the disease, instead thinking such symptoms are indicative of a less serious illness or condition. Screenings can not only determine if those symptoms are a result of colorectal cancer but also find colorectal cancer before such symptoms even develop. Screenings and screening guidelines vary depending on the individual, as people

with a higher than average risk for the disease may be told to start receiving annual screenings before they turn 50, which is the age when people are told to receive such screenings regardless of their backgrounds.

### Reconsider diet

Adopting a healthier diet is another way many men and women can reduce their risk for colorectal cancer. Red meat is a great source of many nutrients, including protein, iron and zinc. But studies have shown that a diet high in red meat increases a person's risk for colorectal cancer, which may be due to chemicals known as nitrites forming when meat is digested or processed. In addition, the CCS notes that red meat contains higher amounts of heme iron than white meat. That's significant, as heme iron has been shown to cause damage to the innermost layer of the colon wall, which is known as the mucosa. A diet without much red or processed meats, which are those preserved by curing, smoking or salting, can lower one's risk for colorectal cancer.

### Cut back on alcohol

The International Agency on Cancer Research notes that there is sufficient evidence linking alcohol consumption to colorectal cancer. Men and women who excessively consume alcohol may be at greater risk of colorectal cancer because such consumers tend to have low levels of folic acid in the body. Numerous studies have

*Continued on page 3*

## Are there known causes of colorectal cancer?

Despite its prevalence, colorectal cancer can rarely be traced to a specific cause. According to the CDC, roughly 75 percent of colorectal cancers occur in people with no known risk factors. However, the following may increase a person's risk of developing colorectal cancer:

- A personal or family history of colorectal polyps or colorectal cancer
- Inflammatory bowel disease, such as ulcerative colitis or Crohn's disease

In a very small percentage of colorectal cancer cases, the cause is linked to a genetic syndrome such as familial adenomatous polyposis or hereditary non-polyposis colorectal cancer, also known as Lynch syndrome.

## Are there symptoms of colorectal cancer?

Both colorectal polyps and colorectal cancer don't always cause symptoms. This is especially true initially, when people could be living with polyps or cancer and not even know it. Such is the reason screenings for colorectal cancer, which should occur regularly when men and women reach age 50 are so important. But in some cases, the following symptoms may appear:

- Blood in or on your stool
- Persistent stomach pain or aches
- Inexplicable weight loss

Though causes of colorectal cancer aren't always known, studies have shown exercise and maintaining a healthy weight can decrease risk. More information is available at [www.cdc.gov/cancer/colorectal](http://www.cdc.gov/cancer/colorectal).

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## FOCUS ON *Health*

# Foods that help fight cancer

No single food or ingredient can prevent people from getting cancer, but research has shown a link between excess body fat and various cancers. A poor diet that's high in fat can contribute to excess body fat, which the American Institute for Cancer Research has linked to higher risks for developing cancers of the esophagus, pancreas, colon and rectum, and gallbladder, among others.

The Institute notes that research on foods that fight cancer is ongoing, but the following are some of the foods that can play a role in cancer prevention:

### Apples

Apples are a good source of fiber, which can help men and women lower their cancer risk. Dietary fiber can increase feelings of fullness, which reduces the likelihood that people will overeat. Men and women who do not overeat are less likely to accumulate the excess body fat that increases their risk for various cancers.

In addition, apples' dietary fiber contains pectin, a polysaccharide that bacteria in the stomach can use to produce compounds that protect colon cells.

### Broccoli

Broccoli is a cruciferous vegetable, and nearly all cruciferous vegetables, which get their name because their four-petal flowers resemble a cross, or crucifer, are great sources of vitamin C. Broccoli also is a great source of the B vitamin folate as well as potassium.

The Institute notes that studies have shown folate helps to maintain healthy DNA and keep cancer-promoting genes

inactive. But men and women should speak with their physicians regarding how much folate to include in their diets, as animal studies have suggested that high amounts of folate may promote development of certain types of cancer, including colon cancer.

### Cranberries

Like apples, cranberries are high in dietary fiber and vitamin C. Diets high in foods containing vitamin C have been linked to a reduced risk for cancer of the esophagus. In addition, studies have shown that vitamin C protects cells' DNA by trapping free radicals, which can damage the body, and inhibiting the formation of substances called carcinogens, which are capable of causing cancer in living tissue.

### Legumes

Legumes include kidney and black beans, yellow split peas, and red lentils. Dry beans and peas are great sources of fiber and good sources of protein, and each also make excellent sources of folate.

In addition to their ability to contribute to the protection of colon cells, legumes also contain various phytochemicals, which researchers feel may decrease chronic inflammation, a risk factor for many cancers. In addition, these phytochemicals may increase the self-destruction of cancer cells.

There are no magic foods that can guarantee men and women won't one day develop cancer, but there are many foods that research has shown are capable of reducing a person's risk of developing this potentially deadly disease. More information on cancer-fighting foods is available at [www.aicr.org](http://www.aicr.org).

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## RISK

*Continued from page 1*

linked low levels of folate to a higher risk of colorectal cancer, and one study that examined the effects of folate deficiency on mice concluded that folate deficiency increased DNA damage by decreasing the expression of two genes involved in DNA damage by decreasing the expression of two genes involved in DNA repair. When consuming alcohol, men should stick to no more than two drinks per day while women who are not pregnant should limit their alcohol intake to one drink per day.

**Reduce exposure cancer-causing toxins.** Meat that is barbecued,

fried, broiled, or cooked to well done can produce heterocyclic amines, or HCAs, and polycyclic aromatic hydrocarbons, or PAHs, both of which have been found to cause changes in DNA that may increase cancer risk. According to the National Cancer Institute, HCAs form when amino acids, sugars, and creatine react at high temperatures, such as those necessary when frying foods or grilling over an open flame. PAHs, which also can be found in cigarette smoke and car exhaust fumes, form when fat and juices from meat grilled directly over an open fire drip onto the fire and cause flames. To reduce exposure, avoid prolonged cooking times and direct exposure of meat to an open flame.

## Dr. Alan P. Goldman: Treating And Relieving Arthritis Pain

There are a lot of people suffering with joint pain and arthritis, says **Dr. Alan P. Goldman**, a specialist in rheumatology (130 Brighton Beach Avenue, 718-946-7557), and they often believe that there is little that can be done to alleviate their pain.

They are wrong. There are many options available, Dr. Goldman says; the key is finding a physician who is knowledgeable in those treatment modalities.

As a rheumatologist, Dr. Goldman specializes in the treatment of arthritis; one of only a handful practicing in Brooklyn.

Rheumatoid arthritis is an inflammatory illness that causes joints to swell. Symptoms include morning stiffness and swelling, often in the hands, elbows, or wrists, he says. Perhaps because there are so few rheumatologists in the borough, when people experience these symptoms, they often "see a surgeon first," says Dr. Goldman. But this often doesn't make much sense, he explains.

"When you have stomach pains, you don't go to a surgeon before seeing a gastroenterologist," he explains. "When you have chest pains, you don't see a surgeon before seeing a cardiologist."

A surgeon is the expert to see when surgery is needed, he notes, and of course Dr. Goldman refers patients to surgeons when necessary. Still, Dr. Goldman believes that the majority of people who suffer with arthritis can be treated without surgery. Even those who suffer

enormously may find relief with Remicade IV infusion treatments, he says. "It has worked wonders."

Patients receive these treatments once every few months, and people who previously couldn't move well find that the "benefits are tremendous," he says. Those whose symptoms are less severe may find relief with pills or injections. This method has been used successfully for many years, says Dr. Goldman. And, "It still works."

When patients see Dr. Goldman they are assured of receiving expert evaluations. Dr. Goldman's office offers x-rays, and a number of in-office treatment procedures. Should patients need physical therapy, arrangements can be made for this, as well.

Dr. Goldman also recommends that people age 60 or older come in to be checked for osteoporosis. People who are thin or who smoke are especially at risk, he notes.

Dr. Goldman is a Harvard graduate who has studied at Bellevue Hospital-New York University Medical Center and Gouverneur Hospital in Manhattan. He is on staff at the New York Methodist Hospital, and he is a Fellow of the American College of Rheumatology, as well as a member of the American College of Physicians, Nassau County Medical Society, the New York State Medical Society, American Medical Association, and the New York Academy of Sciences.

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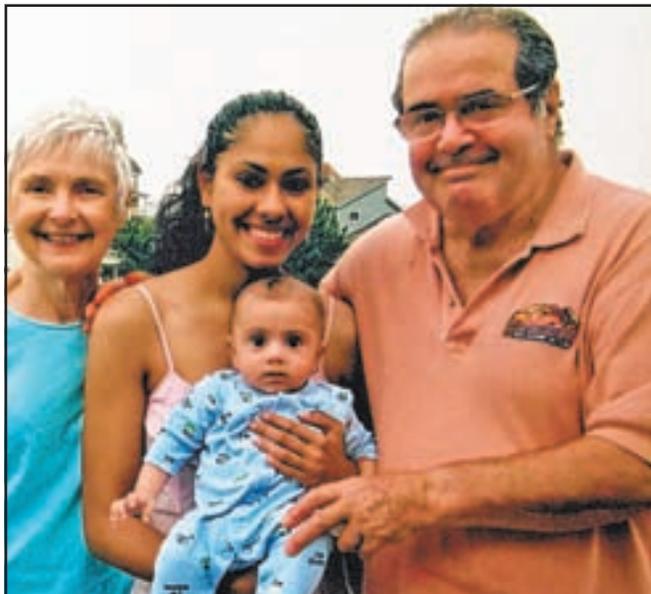
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Albert Einstein College Of Medicine; Internal Medicine Training, N.Y.U. Bellevue; Rheumatology Fellowship - N.Y.U.;  
Member, American College Of Physicians; Fellow, American College Of Rheumatology

# Judge not: Conservatives can be liberal



## Inside Life

By Vinette K. Pryce



Trinidad & Tobago born Adele Scalia with Justice Antonin Scalia and family. Adele's Facebook

With politics, not everything is always black or white.

For instance, take the cases of Republican conservatives former Supreme Court Justice Antonin Scalia and former Republican House Speaker John Boehner.

Both avowed for their rigid stance against gun control, abortion rights, death penalty, same-sex marriage, universal health care and almost all things proposed by the President Barack Obama administration, they also seem to be color-blind when it comes to family matters.

The two conservative Republicans approved the marriage of their off-springs to non-white Caribbean nationals.

The longest justice to serve on the Supreme Court, Justice Scalia is the first Italian-American appointed to the Supreme Court.

More than that, he is the son of immigrants and despite his rulings on immigration reforms, approved the marriage of one of his five sons Christopher to Trincity, Trinidad & Tobago immigrant Adele.

They married July 2010 and together are parents of two biracial children.

Christopher is a writer.

He is an associate professor of English at the University of Virginia.

According to reports he has worked in public relations and contributes articles to The Weekly Standard and Crisis Magazine: A Voice for the Faithful Catholic Laity.

His 2015 op-ed for The Wall Street Journal, "Conservatives, Please Stop Trashing the Liberal arts" allegedly made the case for conservative politicians to advocate a liberal arts education rather than to deride it.

On Feb. 13, 2016 Adele Scalia posted a picture of the American flag outside the Supreme Court at half mast.

The bereaved step-daughter also posted a family photo of the 79-year-old conservative,

her step mother Maureen and son.

Reputed for providing tough arguments against undocumented immigrants, abortion, homosexuality, gun control, affirmative action and a long list of issues considered worthy of revision, Justice Scalia is also acclaimed for being a staunch supporter of family values.

The father of nine children and more than 30 grandchildren he allegedly subscribed to the values his Sicilian immigrant parents imposed with Roman Catholic teachings.

"We had our own culture," Scalia said.

"The first thing you've got to teach your kids is what my parents used to tell me all the time: 'You're not everybody else. We have our own standards and they aren't the standards of the world in all respects, and the sooner you

learn that the better."

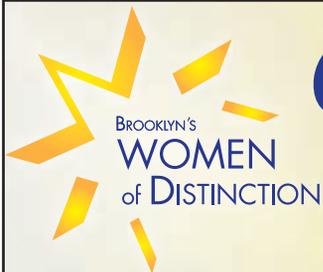
During an affirmative action case last year when the Supreme Court heard arguments about race-based admissions, Scalia argued that African-Americans are under-achievers.

He reportedly said Blacks

are mediocre and only do well in mediocre schools.

He expanded his argument saying that African-American students might fare better in a "slower-track school" rather than more competitive colleges.

*Catch You On The Inside!*



## Congratulations to Brooklyn's 2016 Women of Distinction

### HONOREES

Regina Andriolo, Esq.	Lenore Friedman	Ingrid P. Lewis-Martin	Yvonne Riley-Tepie
Anna Becker	Bonnii Gargano	Dr. Amy Lipnicki	Bazah Roohi
Nancy Colt	Laura Glazier-Smith	Diane Marino	Carmen Gloria Rosario-Olmedo
Sybil DeVeaux	Lynn Harris	Maria Teresa Nitti	Dawn Simon
Audrey Doorn	Nataly Isikli	Angelika Pisakhova	Stephanie Thompson
Pamela Esposito-Amery	Michele Jerry, LCSW	Chinita Pointer	Hafida Torres
Nancy Falco	Dr. Sandra Johnson	Beareather Reddy	Shirley Young

Our Honorees will be celebrated in a Keepsake Publication May 20, 2016

To congratulate and thank Brooklyn's Women of Distinction, please call Jennifer Stern at 718-260-8302 or email [jstern@cnglocal.com](mailto:jstern@cnglocal.com)

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Our Keynote Speaker

### Ophira Eisenberg

Ophira Eisenberg is a standup comic, writer, and host of NPR's hit trivia comedy show, Ask Me Another. She has appeared on The Late Late Show, The Today Show, Comedy Central, and VH-1.



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# ENTERTAINMENT

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Kimon Baptiste (right) with AK Couture owner and designer Zulema George (left) and Kimmystic.Clo New York liaison Camille De Freitas.

Photo by Nelson A. King

## Vincy designer wows NY

By Nelson A. King

Top Vincentian fashion designer, Kimon Baptiste, says she has received “excellent” response to her “Kimmystic. Clo” label in her maiden “Pop-up Shop” in Brooklyn, New York last Saturday.

“The response was excellent,” said Baptiste in an exclusive interview with Caribbean Life at AK Couture Boutique and Beauty Bar on Church Avenue in Brooklyn, where she conducted her first “Pop-up Shop” or “Trunk Show” in the Big Apple. At a “Pop-up Shop” or “Trunk Show,” the public can view, buy or place an order of a particular merchandise.

“I’m so grateful,” added Baptiste, who has taken the nation and some Caribbean islands by storm with her unique designs and fashions. “Caribbean peo-

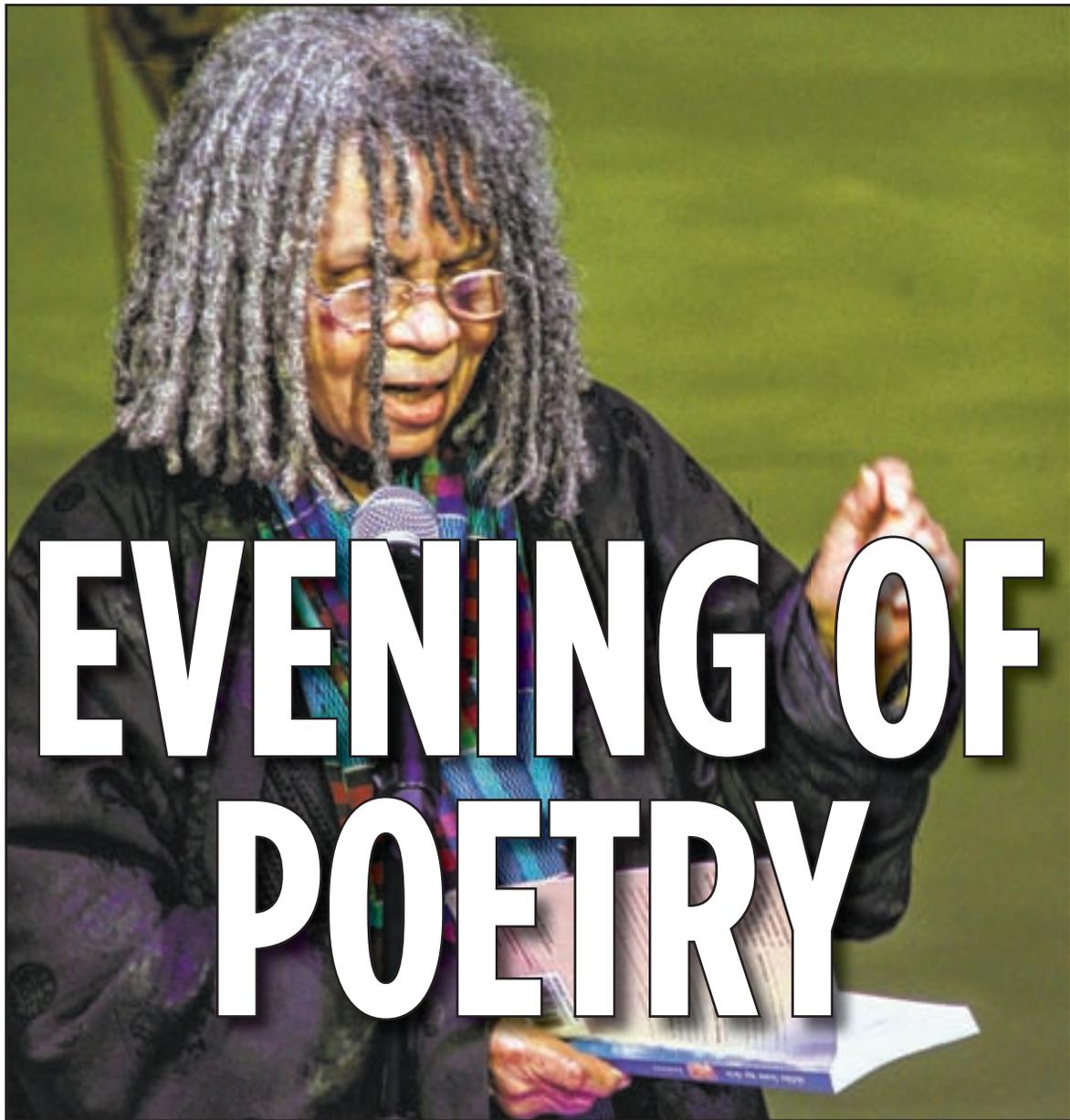
Continued on Page 44

## Singer of the year

The year has just begun and soulful multi-talented singer Nefatari has been deemed by music fans and insiders as the next “It” face of music. This indubious honor undoubtedly stems from her numerous achievement at such a young age, from proudly being the first Caribbean artist to perform at the Essence Music Festival, to background singer for Lindsay Lohan, gracing the pages of Vogue and Glamour, Nefatari embodies the definition of a star.

After a whirlwind 2015, Nefatari has

Continued on Page 44



# EVENING OF POETRY

Special guest poet Sonia Sanchez reads from her poetry collections “Shake Loose My Skin” and “Homegirls with Handgrenades.”

Photo by Tequila Minsky

## Sonia Sanchez delivers at BRIC House

By Tequila Minsky

Poetry lovers filled to standing room BRIC House’s performance space last week for the Stoop Series event “We Be Darker Than Blue.” Performance poet Mahogany L. Browne guided a full program of word-art which culminating with featured guest Sonia Sanchez.

There were many openers.

Before the poetry, Dr. Chip Thomas, and local artist, filmmaker and poet Jess X Chen briefly discussed their mural collaborations in

Kingston, New York and the Navaho Nation, Arizona.

A new collaborative mural by the two, installed at BRIC, was inaugurated that evening.

Inspired by Frida Kahlo’s “Two Fridas,” the mural portrays a poetic sisterhood spanning two generations of Black woman.

Peering from behind BRIC’s ground floor café counter is the image of Sonia Sanchez, pen in one hand, holding with the other, the hand of poet Mahogany L. Browne

who holds a copy of Sanchez’s book of poems “I’ve Been A Woman.” A ring of light, like religious iconography, frames the subjects’ faces.

Photographer Thomas was also moved by the documentary “Bad-DDD Sonia Sanchez,” upon seeing Sonia’s old notebooks in which she wrote and edited poems.

Both a doctor to the Navaho and a photographer, Thomas is inspired by French artist JR whose super-size black and white photo murals

Continued on Page 44

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## Have a party to remember at Sirico's

BY CAMILLE SPERRAZZA

When you've got 90 years of experience, you know how to throw awesome parties.

Their grandparents may have started Sirico's Catering, but two cousins, Hercules and Jim Sirico, are the ones that keep these parties going every night.

### Weddings

A bit overwhelmed with all to be done? Your life just got easier because everything you need is coordinated by Sirico's in-house wedding planner who directs the process.

**Ceremony:** Want to get married here? Say the word, and the planner will say, "I do."

**Food:** They get it. It's got to be good. With customized menus for every taste and budget, it will be. Guests enjoy drinks and food in a separate room for the cocktail hour, then make their way to another for dinner and dancing. Of course, there's a lovely bridal suite for the bridal party.

**Music:** The house DJ is young, hip, gets the party started, and keeps it moving all night long.

**Pictures:** Photos and videos will be treasured for a lifetime, so Sirico's works with proven photographers and videographers who make sure special moments are captured. The beautiful gardens and active fireplace in the lobby make perfect backdrops.

**Decorations:** Lighting sets the mood and atmosphere, so color-coordinate your event with an LED lighting package. It can match your wedding colors. Or, reach for the stars with specialized effects that include an image of a bright blue

sky. Sirico's has it all covered with chair draperies and sashes, too.

### Sweet 16s

Busy moms can relax because Sirico's party planner has your back.

Your daughter's party starts in the Entourage Room where the guest of honor can wait with friends before the introductions begin.

**Tropical Bar:** Say aloha to the place where teens enjoy drinks that include virgin pina colodas, strawberry daiquiris, and frozen sensations.

**Food:** A buffet loaded with fun food, customize designed to taste. Among the offerings: taco stations, a mashed potato bar, and sliders. For dessert, there's an ice cream sundae bar, candy tables, and Sirico's famous chocolate fountain.

**Decorations:** Select from in-house designs and decorations, tailored to teens. Balloon center pieces are always a hit.

### Other parties

Every special occasion calls for unique needs, and Sirico's accommodates them all. Whether it's an anniversary, retirement, Communion, Confirmation, corporate event, or other special occasion, Sirico's is the place to be.

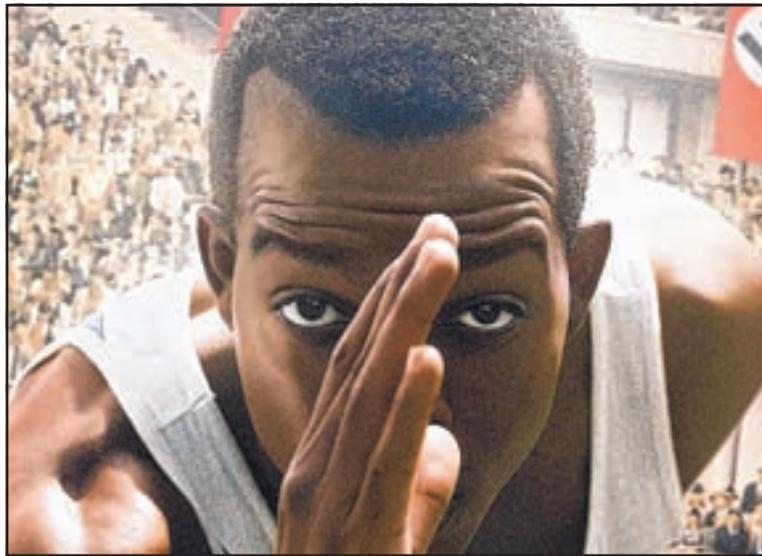
There are party rooms that can accommodate up to 100, 200, and 300 people. Valet parking and a parking lot make it convenient for all guests.

Let's get this party started.

*Sirico's Caterer's [8023 13th Ave. between 80th and 81st streets in Dyker Heights, (718) 331-2900, [www.siricos.net](http://www.siricos.net)]. Open Tuesdays through Sundays, from 1:30 to 9:30 pm.*

# Jesse Owens' triumphs at 1936 Berlin Olympics

"Race"  
Excellent (4 stars)  
Rated PG-13 for profanity, mature themes and ethnic slurs  
In english and German with subtitles  
Running time: 134 minutes  
Distributor: Focus Features



Stephan James as Jesse Owens in the biopic "Race." Rottentomatoes

By Kam Williams

Jesse Owens (Stephan James) is famous for winning four gold medals at the 1936 Olympics staged in Berlin. The and track and field events in which he competed included the 100-meter dash, the 200-meter dash, the long jump and the 4 x 100-meter relay race.

What makes Owens' feat remarkable is that he had to overcome not only racism at home but the prejudice he encountered in Germany which had

embraced Nazi notions about whites being a master race. So, not only did he have to deal with discrimination in the States but prejudice on the part of Adolf Hitler (Adrian Zwickler).

Directed by Stephen Hopkins (Lost in Space), "Race" is

a character-driven biopic which has much more to offer than an account of Jesse's historic assault on the record books. For, in addition to recreating the tension surrounding each of the contests, the picture devotes considerable time to fleshing out the

protagonist's personality.

As the film unfolds, we learn about Jesse's humble roots in Cleveland, and that he was the first of his family's 10 children to attend college. When he left for Ohio State, he already had a baby (Yvanna-Rose Leblanc) with Ruth Solomon (Shanice Banton), the childhood sweetheart he would eventually wed and remain married to until his death in 1980.

At the university, Jesse forged a close relationship with his track coach, Larry Snyder (Jason Sudeikis), who also served as something of a surrogate father. And when his confidence was being undermined by bigoted officials on the U.S. Olympic Committee, Snyder decided to

pay his own way to accompany his promising protege to the games in Berlin.

There, Jesse was shaken to be greeted with the N-word. He was equally shocked to see signs in stores declaring "No Jews or dogs allowed." Nevertheless, he managed to block out the madness all around him while concentrating on performing in the Olympic stadium to the best of his ability.

Jesse's prevailing over Aryan athletes infuriated Hitler who refused to shake his hand, as was the proper protocol, at least with white gold medal-winners. Despite pressure from the Fuhrer and his henchman Joseph Goebbels (Barnaby Metschurat) to follow suit in the snub, German long jumper Carl "Luz" Long (David Cross) went out of his way to embrace the champion ostracized on account of his skin color. (Postscript: The two remained friends until Carl perished while fighting on the front lines in World War II).

## Independent & Foreign Films

Backtrack (R for profanity, violence and disturbing images) Psychological thriller about a shrink (Adrien Brody) who starts questioning his own sanity after discovering that his patients are ghosts. With Robin McLeavy, Bruce Spence and Jenni Baird.

The Bounce Back (PG-13 for profanity, sexuality and brief drug use) Romance drama about a relationship expert (Shemar Moore) who falls head-over-heels for a fellow love guru (Nadine Velazquez) while on a publicity tour for his new book. Cast includes Kali Hawk, Michael Beach and Vanessa Bell Calloway.

Crouching Tiger, Hidden Dragon: Sword of Destiny (PG-13 for violence and brief partial nudity) Michelle Yeoh reprises her role as a martial arts warrior in this tale of redemption revolving around a search for a legendary sword. Co-starring Donnie Yen, Jason Scott Lee, Harry Shum, Jr. and Roger Yuan.

Marguerite & Julien (Unrated) Tale of forbidden love about an aristocratic brother (Jeremie Elkaim) and sister (Anais Demoustier) who find themselves ostracized by polite society when their incestuous affair comes to light. Featuring Frederic Pierrot, Aurelia Petit and Catherine Mouchet. (In French with subtitles)

A Strange Course of Events (Unrat-



### Kam's Kapsules

By Kam Williams

ed) Prodigal Son drama about a melancholy, middle-aged dreamer (Ori Pfeffer) who returns home to Haifa to reconcile with the estranged father (Moni Moshonov) he blamed for all his life failures. With Michaela Eshet, Bethany Gorenberg and Maya Dagan. (In Hebrew with subtitles)

Tricked (Unrated) Tale of passion and betrayal revolving around a real estate tycoon (Peter Blok) whose 50th birthday party thrown by his wife (Ricky Koole) is ruined by his backstabbing business partners (Jochum ten Haaf and Pieter Tddens) and news that one of his mistresses (Sallie Harmsen and Gaitte Jansen) is pregnant. Supporting cast includes Robert de Hoog, Carolien Spoor and Ronald van Elderen. (In Dutch and English with subtitles)

Who's Driving Doug (Unrated) RJ Mitte plays the title character in this unlikely-buddies drama as a nerdy college student who embarks on a very eventful road trip with a slacker (Ray William Johnson) and a cute classmate (Paloma Kwiatkowski) he has a crush on. With Daphne Zuniga, Shanti Lowry and Alix Elizabeth Gitter.

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## TOP OF THE CHARTS

### TOP 10 SINGLES



- 1 **Love Yourself**  
Justin Bieber
- 2 **Stressed Out**  
twenty one pilots
- 3 **Sorry**  
Justin Bieber
- 4 **Hello**  
Adele
- 5 **Stitches**  
Shawn Mendes
- 6 **In the Night**  
The Weeknd
- 7 **Roses**  
The Chainsmokers feat. Rozes
- 8 **My House**  
Flo Rida
- 9 **Same Old Love**  
Selena Gomez
- 10 **Work**  
Rihanna Feat. Drake

### TOP 10 ALBUMS



- 1 **25**  
Adele
- 2 **Traveller**  
Chris Stapleton
- 3 **Purpose**  
Justin Bieber
- 4 **1989**  
Taylor Swift
- 5 **To Pimp a Butterfly**  
Kendrick Lamar
- 6 **EVOL**  
Future
- 7 **Deadpool**  
Soundtrack
- 8 **ANTI**  
Rihanna
- 9 **A Head of Dreams**  
Coldplay
- 10 **Beauty Behind the...**  
The Weeknd



# Poetry at BRIC

Continued from page 41

— sometimes many stories high — have appeared and for several recent years intrigued New Yorkers.

Dr. Thomas has covered the walls of 20 structures in the Arizona desert — homes, abandoned buildings, and roadside stands with his own local-imaged supersize photos.

The theme of the community open mic poetry evening was “Intergenerational Black Sisterhood.” Accompanied by her creative partner DJ Jive Poetic, Browne introduced several local female poets who read, as well as Browne and poet / visual artist Jess X Chen.

From Philadelphia, special performing guest spoken word artist Ursula Rucker used Philly soul, hip-hop, and new jazz as she combined social awareness with womanhood, black culture, and love. Physically engaging the audience — with a bit of coaching — she got them to “keep the beat” as she performed.

Ending the high-energy evening, Sanchez graced the performance space. She started with a poem by Gwendolyn Brooks from “SOS-Calling all Black People, a Black Arts Read-

er,” an anthology that Sanchez co-edited. She then performed poems from her own collections “Shake Loose My Skin” and “Homegirls with Handgrenades.”

This event is part of BRIC’s free monthly poetry slam series hosted by Mahogany L. Browne with Brooklyn-based poets who respond to city culture and national issues. The next two slams at BRIC are March 2 and April 6.

It was also part of BRIC’s free weekly Stoop Series — every Tuesday — of artistic performances, presentations, participatory activities and conversations exploring music, visual art, film, media, storytelling, and comedy.

“Join us on the stoop for free, drop-in programming, Tuesday nights at 7 pm” reads BRIC’s hand-out. BRIC House is at 647 Fulton St. at Rockwell Place.

Upcoming events at BRIC: 3/1, Gallim Dance; 3/8 Drink & Draw with House of Larreon; 3/15 New Music/Old Science (Anatomy Theater); 3/22 Question Bridge w/ Bayete Ross Smith; 3/29 Breaking the Glass Ceiling: A Conversation with Women Executives in the Music Industry; 4/5 Kavita Shah.



Combining social awareness with womanhood, black culture, and love, Ursula Rucker uses Philly soul, hip-hop, and new jazz as a spoken word artist. Photo by Tequila Minsky

## Nefatari



Singer Nefatari.

Continued from page 41

received yet again a musical nod and distinction among some of the powerhouses in this business. The latest honor bestowed upon the multi-talented songbird is a nomination for Singer of the Year by 2016 IrieJam Online Award alongside winner of Season 5 of NBC’s reality TV singing competition *The Voice*, the incomparable Tessane Chin, singer / songwriter and actress Alaine amid other distinguished names.

Considered the premiere source for Caribbean broadcasting in the North East diaspora, Irie Jam is omnipresent in all facets of the urban and Caribbean Community. “It was a huge surprise when I found out I was nominated for Irie Jam Radio’s Female Singer of the Year. I’m a fan of all of the other female artists that are nominated, so it was very humbling. My team and I have been working very hard for the past year to get opportunities like this, so I am thankful,” stated a humble and jubilant Nefatari.

Although her hard work and

dedication has been previously recognized by the prestigious Underground Music Award and MIA Award, Nefatari has not rested on those laurels. With many projects ahead, Nefatari has been hard at work writing and recording new music. For the month ahead she looks forward to releasing a video for her song “Queen of Queens” which will be featured on her EP slated for release later in the year. “I’m excited for the video to come out. The song has been building a buzz for the past couple months and my fans have been asking to see me so here I come,” she said. Video Chemistry directed the video which was shot in several locations around New York.

## Vincy fashion designer

Continued from page 41

ple came out and supported the brand [Kimmystic.Clo]. It’s very good.

“Today, was a kind of a dream come true,” continued Baptiste, whose designed outfits have won the “Best Evening Wear” in the Miss St. Vincent and the Grenadines Pageant in Vincy Mas for the past seven years. “I always wanted this [‘Pop-up Shop’] to happen, and Zulema George, owner and designer of AK Couture Boutique and Beauty Bar made it happen for me.”

Baptiste, who owns the Kimmystic.Clo Boutique at the Y deLima building in Kingstown, the Vincentian capital, and teaches clothing, textile and fashion, since last September, at the Girls High School in Kingstown, also complimented her New York liaison, Camille De Freitas, “in making today a reality.”

With excellent response on Saturday, Baptiste, who “groomed and chaperoned” Miss St. Vincent and the Grenadines for the past three

years, said the Kimmystic. Clo label will now be sold at AK Couture Boutique and Beauty Bar, 4516 Church Ave., Brooklyn, between 45th and 46th Street. Interested persons can call AK Couture at (347) 492-2522, or De Freitas at (347) 598-7398.

Baptiste, who designed the gowns for Miss Anguilla and Miss St. Lucia last year and Miss Caravel this year, was named the “Island Designer” of St. Vincent and the Grenadines at the 2008 Caribbean Fashion Awards. Her highly sought-after, glamorous, non-traditional evening gowns are also distributed, with the Kimmystic. Clo label, in St. Lucia, St. Kitts and Anguilla.

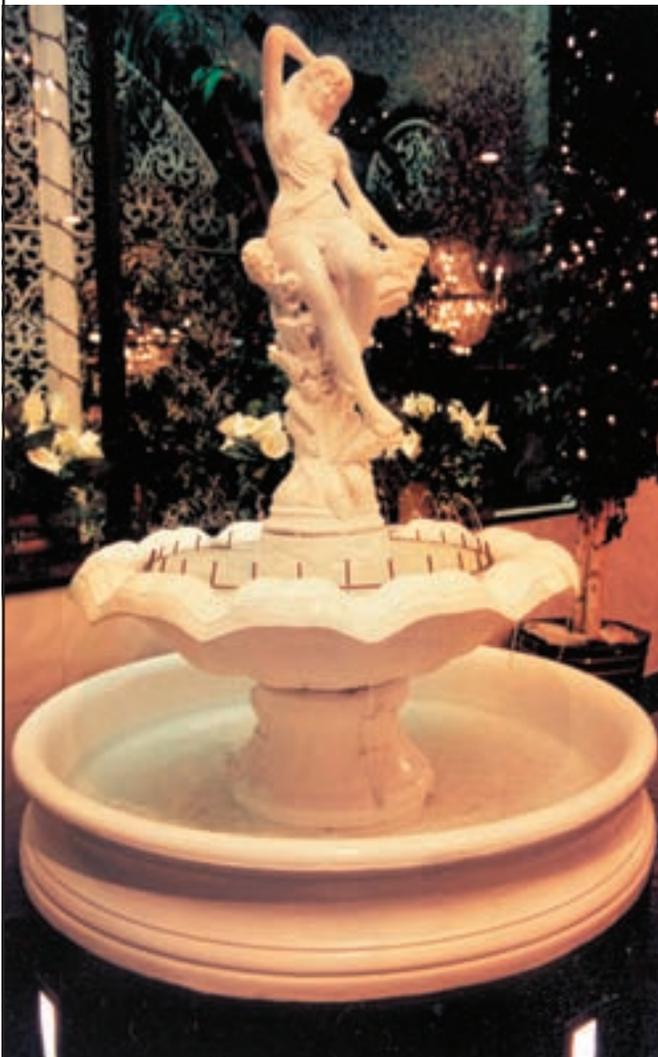
The Cave Hill, University of the West Indies Bachelor of Science degree graduate in Management and Psychology said she has been “intimately involved” in the fashion industry for over 16 years, “designing and sewing every piece of clothing neatly and flawlessly — from the fabric selection to the finished product.”

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Quite simply, they have a vested interest in making you happy, not just in making a sale. They know their business depends on word-of-mouth recommendations and on the special days yet to come in your life and the lives of your family. Thus, they will do everything in their power to be certain that the affair you have imagined is transformed into reality under the skilled hands of themselves and their staff. That's the secret of their longevity and of their success.

The lavish party room, which can be made intimate enough for parties of 100, or grand enough to host a spectacular of up to 400, is marked by a central chandelier that will take your breath away. It is the focal point for a magnificent space done up in sophisticated pinks and reds, with mirrored accents that lend a touch of infinity to the already expansive area.

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#### TOP ICC TEST STANDINGS

1. Australia
2. India
3. South Africa
4. Pakistan
5. England
6. New Zealand
7. Sri Lanka
8. West Indies
9. Bangladesh
10. Zimbabwe

#### TOP ODI STANDINGS

1. Australia
2. New Zealand
3. India
4. South Africa
5. Sri Lanka
6. England
7. Bangladesh
8. Pakistan
9. West Indies

#### TOP TWENTY 20 STANDINGS

1. India
2. South Africa
3. West Indies
4. New Zealand
5. Sri Lanka
6. Pakistan
7. England
8. Australia

#### ICC TOP TEST RANKING PLAYERS

1. Steve Smith (Australia)
2. Joe Root (England)
3. Kane Williamson (New Zealand)
4. Hami Shamlal (South Africa)
5. David Warner (Australia)
6. Younis Khan (Pakistan)
7. Abde Villiers (South Africa)
8. Angelo Mathews (Sri Lanka)

New Zealand's Brendon McCullum bats in his last innings for his team against Australia on the third day of the second international cricket test match at Hagley Park Oval in Christchurch, New Zealand, Monday, Feb. 22, 2016.

Ross Setford / SNPA via Associated Press

# Brendon McCullum breaks Sir Vivian's record

By George H. Whyte

Brendon McCullum blasted the fastest Test century in the history of the game surpassing Sir Vivian Richards' record of 30 years. In 1986 against Eng-

land, Richards scored a century after hitting 56 balls. McCullum scored his century in 54 balls at Christ Church, New Zealand against Australia.

McCullum got two chances on

32 and 39 and he then raced away scoring 82 runs off 48 balls and gaining his century in another 6 balls. New Zealand were all out for 370 runs with McCullum scoring 145 runs from 79 balls.



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# SPORTS

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West Indies Chris Gayle waves his bat after scoring 50 runs while batting against New Zealand during their Cricket World Cup quarterfinal match in Wellington, New Zealand, Saturday, March 21, 2015.

Associated Press / Ross Setford, File

## Cricket stars in the dark

By Azad Ali

Several West Indies cricket stars maybe overlooked for the Tri-Nation tournament in June following an announcement by the West Indies Cricket Board that only players who participated in the recent Regional Super50 would be eligible for selection.

Left-hand opener Chris Gayle, all-rounders Andre Fletcher and Darren Sammy, along with batsman Lendl Simmons all missed the Super50 series,

Continued on Page 48

## Test cricketer dies in T&T

By Azad Ali

The world's oldest Test cricketer, Andy Ganteaume has died at the age of 95.

The Trinidad and Tobago and West Indies batsman, who played just one Test, closed his "innings" at his home on Wednesday in Santa Margarita, a few miles from the City of Port of Spain. He was ailing for some time now.

In his only Test innings, Ganteaume hit a remarkable 112, in the second Test of the 1948 Home Series against England at the Queen's Park Oval, Port

Continued on Page 48



# TOUGH BATTLE AHEAD

FC Barcelona's Lionel Messi, left, duels for the ball against Espanyol's Alvaro Gonzalez, during a Copa del Rey soccer match at RCDE stadium in Barcelona, Spain, Wednesday, Jan. 13, 2016. Messi has committed to playing in the Copa America tournament.

Associated Press / Manu Fernandez, File

## US faces Colombia, Costa Rica, Paraguay

By Ronald Blum

NEW YORK (AP) — The United States will play Colombia, Costa Rica and Paraguay in what appears to be a difficult first-round group in the Centennial Copa America.

In the opener of a special 16-nation tournament whose business deals

led to indictments against a slew of top soccer executives on corruption charges, the Americans play the Colombians on June 3 at Santa Clara, California. The U.S. meets regional rival Costa Rica four days later at Chicago, then closes Group A play against Paraguay at Philadelphia on

June 11.

To U.S. coach Jurgen Klinsmann, the daunting group that emerged from Sunday night's draw at the Manhattan Center reminds him of the 2014 World Cup in Brazil, where the U.S. opened with a 2-1 win over

Continued on Page 48

Continued from page 47

which ended last month, due to their commitments with the Australian Big Bash.

All four players were part of the West Indies campaign last year's World Cup in Australia and New Zealand.

WICB chief executive officer Michael Muirhead said only the "best available eligible players will be selected" for the upcoming series.

"The potential for this tournament is tremendous, and in keeping with the Board's policy on selection, this pool of players will form the platform from which the West Indies One-Day International final team is selected for international and home series," he said in a media release.

West Indies are set to face South African and Australia in the Caribbean in June.

The WICB had warned recently that participation in the Regional Super50 would serve as the criteria for selection.

## Gordon

Continued from page 47

of Spain.

He shared an opening partnership of 143 with George Carew, who also made a century in the drawn match.

In addition to his one Test, Ganteaume also played 50 first class games, scoring 2785 runs at an average of 34, with five centuries.

Following his playing career, he also served as a selector and West Indies team manager. He made his cricket debut at the age of 19.

When Ganteaume turned 95 last month, the West Indies Cricket Board (WICB) hailed the landmark by labeling the former cricketer a "stalwart" and "patriot," citing his contribution to the game.

He was the recipient of the Humming Bird medal (Gold) in 2010 Trinidad and Tobago Independence anniversary celebrations.



Andrew Gordon Ganteaume.  
Trinidad & Tobago Express



An opening ceremony kicks off the 2016 Copa America Centenario official draw Sunday, Feb. 21, 2016, in New York. The United States will play Colombia, Costa Rica and Paraguay in the first round of the Centennial Copa America, a special 16-nation tournament whose business deals led to the indictment of a slew of top soccer executives on corruption charges.

Associated Press / Craig Ruttle

# SOCCER TO GET BOOST IN US

Continued from page 47

Ghana, tied Portugal 2-2 and lost to Germany 1-0, good enough to finish second. The Americans were eliminated with a 2-1 extra-time loss to Belgium in the round of 16.

"It's doable. We had a similar kind of scenario in Brazil, and we went through," Klinsmann said. "First or second with that group is both tremendously fine."

Other groups are:

B\_Brazil, Ecuador, Haiti, Peru

C\_Jamaica, Mexico, Uruguay, Venezuela

D\_Argentina, Bolivia, Chile, Panama

Colombia went 3-0 in its group at the World Cup and was knocked out by Brazil in the quarterfinals. Ranked eighth in the world, Colombia has a player pool that includes stars James Rodriguez and Jackson Martinez.

"We know we start right on our toes with the opening whistle in Santa Clara," Klinsmann said.

In a famous match during the group stage of the 1994 World Cup, the U.S. upset the Colombians 2-1 at the Rose Bowl, a result that led 10 days later to the murder of Andres Escobar, a 27-year-old Colombian defender who had deflected a pass from John Harkes into his net for an own goal.

Two years ago, Colombia beat the

U.S. 2-1 in an exhibition in London.

"One of the toughest groups because of the history of all the teams involved," Colombia coach Jose Pekerman said.

Costa Rica is ranked 31st, second in the North and Central America and Caribbean region behind Mexico, which is 22nd. The U.S. is 32nd, and Paraguay is 42nd.

The top two teams in each of four groups advance to the quarterfinals of the tournament, which will be played at 10 U.S. venues from June 3-26. The semifinals are in Houston and Chicago, and the championship is at East Rutherford, New Jersey.

If the U.S. tops its group, it would play the second-place team from Group B at Seattle. If the Americans finish second, they would play the Group B winner at East Rutherford.

"We have to learn how to win knockout games," Klinsmann said. "No better way to start it than a Copa America."

Argentina's Lionel Messi, a five-time world player of the year, already has committed to playing in the tournament. Organizers also hope it will include top stars such as Brazil's Neymar, Uruguay's Luis Suarez and Chile's Alexis Sanchez.

"This will give the game again a huge boost in the United States," Klinsmann said.

The U.S. is coming off a mediocre 2015, when it was eliminated by Jamaica in the semifinals of the CONCACAF Gold Cup. That forced the Americans into a playoff for a berth in the 2017 Confederations Cup, a match they lost to Mexico.

The tournament was planned to commemorate the 100th anniversary of the first Copa America, South America's championship, and federal prosecutors alleged a company formed to buy the Centennial Copa America's marketing rights agreed to pay \$110 million in bribes to South American soccer officials.

The last three presidents of soccer's governing bodies for South America and the CONCACAF region have been indicted, including former CONCACAF President Jeffrey Webb, who agreed to plead guilty. The corruption probe led FIFA President Sepp Blatter to announce his resignation last spring, just days after he was elected to a fifth term. His successor is due to be chosen Friday by a special FIFA Congress.

Following the initial indictments in May, the U.S. Soccer Federation refused to host the tournament until the previous business agreements were terminated.

**ARIES: Mar 21/Apr 20**  
A desire to experience thrills and sensory enjoyment is building within you, Aries. You may find yourself drawn to anything that seems risky or out of character.

**TAURUS: Apr 21/May 21**  
Taurus, you are accustomed to doing everything by the book, but you may be tempted to try something new in the near future. Just be sure not to throw all caution to the wind.

**GEMINI: May 22/Jun 21**  
Your schedule this week may be so hectic that others can't decipher your plans, Gemini. Try to keep those closest to you abreast of your activities in the week ahead.

**CANCER: Jun 22/Jul 22**  
Circumstances at work that are beyond your control dominate your thoughts this week, Cancer. Don't stress out too much and keep a positive attitude.

**LEO: Jul 23/Aug 23**  
Relationship dynamics have changed for the better, Leo. Make the most of this positive turn of events and make sure your partner does the same.

**VIRGO: Aug 24/Sept 22**  
Your energy levels reach peaks and valleys this week, Virgo. Do your best to make the most of those moments when your energy levels are at their highest.

**LIBRA: Sept 23/Oct 23**  
Even your wildest fantasies may not seem so outlandish to you this week, Libra. If you can think it up, you can probably make it happen with a little effort.

**SCORPIO: Oct 24/Nov 22**  
Scorpio, you may find yourself doing things that would normally be out of your comfort zone. This can be a positive change in the right direction.

**SAGITTARIUS: Nov 23/Dec 21**  
Sagittarius, daydream a little this week, but make sure it doesn't consume all of your energy. Keep your desires in check and weigh the pros and cons of each idea before going forward.

**CAPRICORN: Dec 22/Jan 20**  
Capricorn, finding the right balance is a worthy goal this week. Make a concerted effort to give ample time to all the people and things that matter to you.

**AQUARIUS: Jan 21/Feb 18**  
Aquarius, time may not be on your side, but somehow you will find a way to make due. Whenever possible, farm out some of your work or responsibilities to others.

**PISCES: Feb 19/Mar 20**  
Your creative efforts will not go to waste, Pisces. Someone will recognize your talents and ask you to collaborate on an important project.

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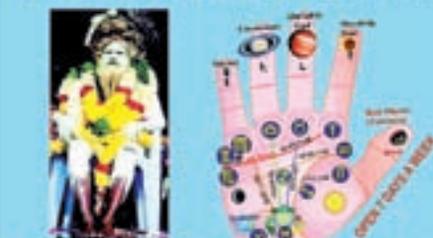
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## LEGAL

### NOTICE OF SALE

SUPREME COURT COUNTY OF KINGS, CASTLE PEAK 2012-1 LOAN TRUST MORTGAGE BACKED NOTES, SERIES 2012-1, BY U.S. BANK NATIONAL ASSOCIATION, AS INDENTURE TRUSTEE, Plaintiff, vs. PACIANO PINEDA, ET AL., Defendant(s).

Pursuant to a Judgment of Foreclosure and Sale duly filed on July 07, 2014 and the Order Ratifying Judgment of Foreclosure and Sale filed December 9, 2015, I, the undersigned Referee will sell at public auction at the Kings County Supreme Court, Room 224, 360 Adams Street, Brooklyn, NY on March 10, 2016 at 2:30 p.m., premises known as 9 Fanchon Place, Brooklyn, NY. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of New York, Block 3483 and Lot 17. Approximate amount of judgment is \$704,202.08 plus interest and costs. Premises will be sold

## LEGAL

subject to provisions of filed Judgment Index # 2030/07.

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, the Mortgagee's attorney, or the Referee. Marc Held, Esq., Referee Peter T. Roach & Associates, P.C., 125 Michael Drive, Suite 105, Syosset, New York 11791, Attorneys for Plaintiff

## LEGAL

### PUBLIC NOTICE:

Celco Partnership and its controlled affiliates doing business as Verizon Wireless (Verizon Wireless) is proposing to install roof-top wireless telecommunications antennas on a building that reaches an overall height of 43 feet above ground level at 233 Eldert Street, Brooklyn, Kings County, NY 11207.

Public comments regarding potential effects from the site on historic properties may be submitted within 30 days from the date of this publication to: Joseph Schuchman, E2PM, 87 Hibernia Avenue, Rockaway, NJ 07866, by email to: [joseph.schuchman@e2pm.com](mailto:joseph.schuchman@e2pm.com), or phone: (973) 299-5200. Please refer to E2PM Tracking Number P-16-02-04.

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