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Obama open to Immigration deal

By Nelson A. King

President Barack Obama has hinted that he may accept a deal offering undocumented Caribbean and other immigrants legal status rather than full citizenship.

"If the speaker (of the House of Representatives) proposes something that says right away: Folks aren't being deported, families aren't being separated, we're able to attract top young students to provide the skills or start businesses here and then there's a regular process of citizenship, I'm not sure how wide the divide ends up being," said Obama in a CNN interview on Friday.

"What I'm encouraged by is the fact that Mr. Boehner and others seem to recognize our country will be stronger if we are able to resolve this issue in a way where, you know, kids, for example, who have grown up here and for all practical purposes are Americans but don't have the right papers are not being punished," he added.

"The question is, is there more that we can do in this legislation that gets both Democratic and Republican support, but solves these broader problems, including strengthening borders and making sure that we have a legal immigration system that works better than it currently does," he continued.

"I think the principle that we don't want two classes of people in America is a principle that a lot of people agree with, not just me and not just Democrats," he said.

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RALLY TO SAVE T&T CHURCH



Dancers from the Continuum Dance Project open formal proceedings at the launch of the Hayes Court Restoration Project and Fund.
Photo courtesy of Hayes Court Restoration Project

Plans to raise TT \$24M for restoration project

By Kingsley Doyle

Friday Jan. 10 marked the launch of the Hayes Court Restoration Project and Fund at a private cocktail reception held on the restoration site in Port of Spain, Trinidad, where an historic, dilapidated and unoccupied residence of the Anglican bishop of Port of Spain will be remodeled with an overarching vision to preserve a monumental part of the twin-island state's cultural and religious history, the planners disclosed.

The launch also signalled the beginning of on-going efforts to attract public and private sector funding to raise the TT \$24.1M needed to successfully execute the restoration.

The evening's proceedings opened with an engaging piece of Caribbean contemporary movement by the Trinidad and Tobago-based dance company, Continuum Dance Project, after which a retired bishop, the Rt. Reverend Rawle Douglin, offered the blessing followed by a sobering speech by the current prelate, Bishop Berkley who emphasized the significance of preserving Hayes Court as a heritage site.

He went on to highlight some of the

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THE NEWS FROM BACK HOME

Bahamas

Bahamas is the wealthiest Caribbean country according to the World Bank. In the 2014 World Development Report, the World Bank used each country's Gross National Income (GNI) to measure its wealth.

According to Investopedia's website, GNI is the sum of a nation's gross domestic product (GDP) plus net income received from overseas.

Trinidad and Tobago's GNI was US\$14,400 while the Bahamas placed first with US\$21,280. St. Kitts placed third with US\$13,330 and Antigua and Barbuda fourth with US\$12,640.



Dominica

Dominica is seeking assistance from the International Atomic Energy Agency in helping it determine the cause of an increase in the number of cancer cases on the island.

Chief Medical Officer Dr. David Johnson said the island is a member of the international organization and "they have a program organized for other countries and we have made a request and hopefully in 2014 we will be embarking on developing a comprehensive cancer prevention program."

He said climate change and its effects on the health of the population would also be a major issue for health authorities in the New Year.

"Climate change is another big issue for us, you have seen what is happening, the effects of climate change in terms of our infrastructure but there are also significant effects with regards to climate change on health."



He said these effects relate to the spread of disease including dengue fever "and certain respiratory illnesses."

"In 2014 that is something we will be focusing on and we are working very closely with the World Meteorological Organization (WMO) based in Geneva and we have made some contacts with that organization ...and looking at benefitting in terms of some of the assistance available in improving or mitigating the effects of climate change on health as it relates to those diseases, dengue



Reclaiming their heritage

Students pose for a photo by a mural of Rastafarian founding father Leonard P. Howell in Tredgar Park, Jamaica. The town of Tredgar Park is below a hilltop known as "Pinnacle" where Rastafarians lay claim to what they say is a sacred site where Howell once led a flourishing community in the 1940s. Ruins where Howell's house once stood were declared a national heritage site by the government last year. See story on page 4.

AP Photo/David McFadden

leptospirosis and viral disease," he added.

Guyana

Panama-based Copa Airline has announced the commencement of their service to Guyana starting in July this year.

The Guyana route will begin operations with flights twice weekly, on Tuesdays and Fridays, to Panama City, Panama, and passengers would have the leisure of booking connecting flights to a number of other destinations such as Montreal, Canada, Fort Lauderdale, Florida and New York.

Sales Manager of Copa Airlines, Guillermo Gomez, in making the announcement at a press conference, said that "as a member of Copa Airlines and speaking on behalf of the entire company, we are very glad that Guyana will become one of our most important achievements in 2014, the 30th country on our network and our 68th destination."

Several steps had to be taken to encourage Copa Airlines to begin operations in Guyana and settling



the visa arrangements posed one of the major issues, Minister of Foreign Affairs Carolyn Rodrigues-Birkett pointed out.

Jamaica

Former Prime Minister P.J. Patterson is disagreeing with a proposal from the main opposition Jamaica Labor Party (JLP) that Jamaica should establish its own final court of appeal.

Recently, the JLP's spokesman on Justice, Senator Alexander Williams, suggested that instead of using the Caribbean Court of Justice (CCJ) as the final appellate Court, Jamaica should establish a domestic court as its final court of appeal.

He said this would be an additional court, superior to the existing Jamaican Court of Appeal. This development would take Jamaica out of the realm of the UK-based Privy Council, while not acceding to the CCJ as an alternative.

Patterson responded: "The former administration under then Prime Minister (Bruce) Golding did a study and prepared a posi-



tion which I have had the opportunity of seeing. The arguments advanced for a final court seemed to me to be weak, tenuous and unconvincing."

St. Lucia

Four men are due to re-appear in court this month charged with the murder of 62-year-old Roger Pratt, an English-born national, who along with his wife were attacked on their yacht in Vieux Fort.

Police said Richie Kern, 21, Kervin Deveaux, 31, Fannis Joseph, 21 and Jeromine Jones, 21, appeared before a magistrate in the Second District Court last month charged with robbery and committing murder.

Police Commissioner Vernon Francois said that a "very professional investigation was carried out by some of his more experienced investigators, who were ably supported by some members of the public."

"As we do in practically every case, we rely on the support of the public and that certainly came

through in this particular case. We wish to commend the officers and commend St. Lucia for the effort they put in this particular case," he said.

Earlier, a government statement said that Pratt had died of asphyxia secondary to blunt force trauma during the attack on January 17 and that his wife, Margaret, who was also injured, had been discharged from hospital.

St. Vincent

Prime Minister Dr. Ralph Gonsalves has announced an increase in the excise tax on gasoline as he insisted that the government's fiscal policy for 2014 will continue to be a mixture of prudence, patience and enterprise.

Gonsalves, delivering the budget statement recently in the wake of the devastating Christmas floods that have left EC\$330 million (One EC dollar= US\$0.37 cents) in losses and damages, also announced lower a gasoline price and increased diesel price as part of the government's regular review of the retail prices of these fuels.

Parliament on Dec. 9, 2013 approved the Estimates of Revenue and Expenditure for 2014 totaling EC\$911.57 million and Prime Minister Gonsalves said that the Christmas Eve floods have "altered profoundly the immediate socio-economic context of the 2014 budget."

"This budget is aimed at strengthening our socio-economic base for recovery and reconstruction after a natural disaster in a context of on-going global economic uncertainty and downside risks," Gonsalves told Parliament.

He said that preliminary estimates from the natural disaster, which left nine people dead and three others missing, tells "a horrendous story" as far as loss and damage to infrastructure and agriculture is concerned.

The World Bank has estimated the damages and losses at EC\$291.4 million or 15 per cent of gross domestic product GDP, but Gonsalves, however, said that the World Bank's figure underestimates the damage to agriculture by nearly EC\$5 million and does not include damage assessment to the forest.



Continued on Page 16

A call for national unity

By Nelson A. King

As Grenadians in the United States celebrate their 40th anniversary of political independence, Ambassador to the United Nations, Dr. Dennis Antoine, has urged nationals to heed Prime Minister Dr. Keith Mitchell's call for national unity.

In his Independence Message, Antoine said adherence to the call is the "main ingredient for progress and prosperity."

"Our history would show that in the 40 years of nationhood, progress was best achieved in the periods when unity prevailed," said Antoine, a former ambassador to the United States and the Organization of American States (OAS).

"All Grenadians at home and in the Diaspora are encouraged to contribute to the collective effort to achieve sustainable development in Grenada," he added. "Grenadians are encouraged to take advantage of the opportunities wherever they live to improve their situations."

The envoy said "strong" Grenadian American communities in New York and elsewhere "benefit Grenada positively," adding that the contributions of Americans with Grenadian heritage to American society is "well recorded from Malcolm X to Brooklyn Councilmember Jumaane Williams, and the large number of Americans with Grenadian heritage contributing to the U.S. prosperity in religion, education, health care, medicine and other professions."

Antoine also said that the contributions made to Grenada by Grenadians and friends of the "Spice Isle" in the U.S. and in other countries "remain vital to our development."

He said while Grenada has encountered "many obstacles and challenges" over the years, the country has "sustained its



Grenada's Ambassador to the United Nations, Dr. Dennis Antoine, addressing "Caribbean Solidarity Night" on Friday night at Holy Cross Roman Catholic Church auditorium on Church Avenue in Brooklyn, New York.

Photo by Nelson King

autonomy and continues to move forward.

"Many milestones have been achieved; consequently, the commemoration of 40 years of self-determination provides an occasion for reflection and giving thanks to all who have sacrificed and contributed for the national good," the diplomat said.

"At this moment in our history, our efforts should transcend special or personal interest, and remain focused on how citizens of Grenada, Carriacou and Petit Martinique, as a maturing society, has managed to stand proud for 40 years," he added.

"We have promoted stability and forged continued progress, with the commitment today for 'Uniting our People and Restoring Hope for a Brighter Tomorrow,'" he continued, referring to the Independence theme.

As the responsibility of governance and nation-building is being passed on to another generation, Antoine urged that the values and history, "which have brought us thus far," be passed on.

"This vision calls for abandoning old negative stereotypes and embracing

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Quake U.S.A. performs at Caribbean Solidarity Night at Holy Cross Church's auditorium in Brooklyn.

Photo by Nelson A. King

Grenadians in 'Big Apple' celebrate 40th Anniversary

By Nelson A. King

A very enthusiastic crowd of intergenerational Grenadians have joined in the celebration of Grenada's 40th anniversary of political independence in Brooklyn, where the majority of expatriates in the tri-state area reside.

The inaugural event, a "Social Evening", at Holy Cross Church's auditorium in Brooklyn, launched a

series of activities to commemorate this significant milestone in the Spice Isle's history.

The evening brought together Grenadians from all walks of life in Brooklyn, other New York City boroughs and other states.

"The first event was one which brought attention to the strengths of the parishes of Grenada, Carriacou and Petit Martinique," Grenada's

new United Nations Ambassador, Dr. Dennis Antoine, told Caribbean Life.

Antoine, a former Grenada ambassador to the United States and the Washington-based Organization of American States (OAS), noted that nationals "competed with pride to show which part of Grenada has contributed most" to the island's development.

"Like St. Andrews, every

village, community and parish in Grenada, Carriacou and Petit Martinique contributes to its (island's) uniqueness," he added.

"What I am totally pleased about in the events which I have attended, there are expressions of pride and patriotism," he said, disclosing that the other events he attended was the "Youth Festival" and "Caribbean

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Independence message from the PM

It is with great honor that I bring you greetings on the 40th anniversary of the independence of Grenada, Carriacou and Petite Martinique.

We pray that your series of activities in commemoration will be of much success, and the occasions will fill all of our compatriots with pride and joy.

Throughout our history we have been cognizant of the very significant role the Grenadian Diaspora community has played in the development of our nation.

Your service to country will continue to be an inspiration to all of us here at



Grenada Prime Minister Dr. Keith Mitchell.

AP Photo/Miraflores Press; Francisco Batista; HO

home.

On this the 40th anniversary of our nation's Independence, we are eternally

grateful to God for guiding us through the years.

We are proud that in spite of some turbulent years, Grenada has emerged as a stable democracy, and a society where the rights of the individual are respected.

We have come this far because the foundation was laid by the framers of our constitution. I am of the view that this current generation firmly believes that for us to live out the true meaning of our independence, the 40th-year mark is a good time to start with the type of constitutional reforms that will reassert

our independence.

It is in that spirit that the government has recently instituted a constitution review commission. We are determined to build on the foundation that was set by the Father of Independence, Sir Eric Mathew Gairy.

Through 40 years, we have much for which to be thankful. We have made tremendous strides in the development of all sectors of our national life-in particular our human resources.

Our people have more exposure in education than they did 40 years ago-thanks to the advent and take off of technology.

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Rastafarians lay claim to historic Jamaica hilltop

By David McFadden

KINGSTON, Jamaica (AP) — Rastafarians rallied Thursday in Jamaica's capital to lay claim to a hilltop site where a founding father of the spiritual movement led a flourishing community in the 1940s before it was destroyed by British colonial authorities.

About 100 people wearing the faith's colors of red, green and gold recited poetry, smoked marijuana and discussed recent efforts to prevent a housing developer from building on a rocky hilltop dubbed "Pinnacle."

Leonard P. Howell founded the group's first self-sustaining settlement there more than 70 years ago, and the site in St. Catherine parish is considered sacred to Rastafarians.

About 4,500 people once lived in the community, but it was razed in 1954, setting off years of persecution by



In this Jan. 4, 2014 photo, the ruins of a stone house where Rastafarian founding father Leonard P. Howell resided in the 1940s in Sligoville, Jamaica.

AP Photo/David McFadden

the state. For decades, Rasta adherents were treated as second-class citizens in Jamaica and other Caribbean islands.

The ruins of Howell's house were declared a national heritage site last year by Jamaica. But island courts say adjoining

lots are owned by St. Jago Hills Development Ltd.

Donisha Prendergast, the eldest granddaughter of reggae icon Bob Marley, said Pinnacle is hugely significant for Rastafarian culture. She said negotiations with the govern-

ment and the developer are making progress but she and others remain watchful.

"The battle is not over and we're not comfortable with where things stand," Prendergast said.

Three Rastafarian groups met with developers and government officials this week to discuss the dispute. The Ministry of Youth and Culture says the developer has agreed not to build on five lots adjoining the ruins for now and is open to negotiations on the future of the land.

A melding of Old Testament teachings and Pan-Africanism, Rastafari emerged in colonial-era Jamaica in the 1930s out of anger over the oppression of blacks. Its message was spread around the globe in the 1970s by Jamaican music stars like Marley, Peter Tosh and Burning Spear.

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Grenada celebrations

Continued from Page 3

Solidarity Night", at the same venue.

Antoine said the "exuberant display of Grenadian symbols and colors, and the burst of eagerness in several generations of Grenadians to celebrate" were demonstrated at these events.

He said Grenadian culture and nationalism are "alive and well" in Brooklyn, adding that, when he sees very young children, of Grenadian parentage, born in the U.S., display awareness of Grenada's history, values and culture, "it is truly a good feeling."

Besides the "Social Evening", "Youth Festival" and "Caribbean Solidarity Night", a calypso competition took place at Tropical Paradise Ballroom, also in Brooklyn. Veteran calypsonian Val Adams, a former New York Independence Calypso Monarch, was adjudged the new Independence Calypso King.

On Saturday night, a "Youth Fete" took place at Plenty's Paradise in Brooklyn, and the Annual Anniversary



Bronx-based City South Steel Orchestra of Antigua and Barbuda.
Photo by Nelson A. King


Church Service was held on Sunday afternoon at Beulah Church of the Nazarene in Brooklyn.

Other independence activities in Brooklyn this week included a "Senior Tea Party" and a flag raising ceremony at Brooklyn Borough Hall; and the grand Independence Ball, on Sat., Feb. 8, at Grand Prospect Hall in Brooklyn, at which Prime Minister Dr. Keith Mitchell will be the featured speaker.

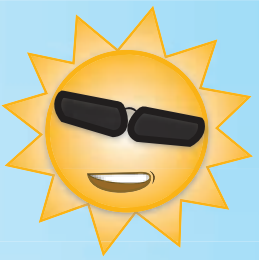
Grenadian and several Caribbean groups displayed their cultural attires showcased

their talent at the "Caribbean Solidarity Night" before diplomats from the respective countries.

The performers included the St. Lucia Folkloric Association; Barbadian poet Aja; Jamaica's Braata Productions; Antigua and Barbuda's City South Steel Orchestra of the Bronx; Dominica's New Jersey-based "Know Your Culture"; Carriacou drummer; Beliee's Garifuna Spiritual Society; the United Vincie Cultural Group of Brooklyn; and Grenada's Quake, U.S.A.



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Fund to restore historic building in Trinidad

Continued from cover

church's strategic plans to diversify the functionality of the space to include heritage activities such as tours and the establishment of a mini-museum.

Guests were then treated to a "Rest-Oration" oratory by traditional mas character and master Pierrot Grenade, Felix Edinborough, who used word-play to issue a call to take action, thereby ending the rhetoric about restoration.

The program culminated with tours of the termite-ridden and deteriorating residence led by members of the Citizens for Conservation, during which pledges were accepted.

The Hayes Court Restoration Committee and members of the Anglican clergy and diocesan staff played host to a humble group of specially invited guests including the High Commissioner for the United Kingdom (of Great Britain

and Northern Ireland), His Excellency Arthur Snell, accompanied by his wife; the ambassador of the Federal Republic of Germany, His Excellency Stefan Karl Herbert Schlüter; the Minister of National Diversity and Social Integration, the Hon. Rodger Samuel; CEO and Managing Director of the Trinidad and Tobago Mortgage Finance Company, Ingrid Lashley; CEO and Managing Director (Caribbean) of the Pan-American Life Insurance Company of Trinidad and Tobago, Miguel Sierra; Group General Counsel/Corporate Secretary of the Republic Bank, Jacqueline Quamina; architect and President of Citizens for Conservation, Rudylynn De Four-Roberts; curatorial expert and director at Heritage Development Consultants, Claire Broadbridge; and historian and artist, Adrian Camps-Campin.

Hayes Court is one of the



Bishop Berkley emphasizes the importance of preserving Hayes Court as a heritage site in inspiring pride and appreciation for our rich cultural heritage.

Photo courtesy of Hayes Court Restoration Project and Fund

Magnificent Seven buildings, which were listed by the Organization of American States as an historic district on the Register of Monuments of the Greater Caribbean. Standing along the western edge of the Queen's Park Savannah, Hayes Court is a bastion of cultural heritage and religious history.

Originally conceived and traditionally used as the residence of the Anglican bishops of Trinidad and Tobago since 1910.

Relief from deportation is critical

Continued from cover

Obama said that under his immigration reform plan, illegal Caribbean and other immigrants would still have to go through "a very long process of earning citizenship" by learning English, paying back taxes and going "to the back of the line."

Late last week, Speaker John A. Boehner and other House Republicans released a statement on the immigration overhaul that would not include the pathway to citizenship but would regularize the status of illegal Caribbean and other immigrants.

During his State of the Union address, Obama urged Congress to enact immigration reform that will allow the more than 10 million immigrants without legal status, including Caribbean nationals, to apply for temporary legal status and, eventually, United States citizenship.

His address was welcomed by Rep. Yvette D. Clarke, a Brooklyn Democrat

of Jamaican parentage, who had written to the president on several occasions, urging him to suspend deportation of Caribbean immigrants.

"A policy of comprehensive immigration reform will also support our economy by preventing the exploitation of workers who lack legal status despite, in some instances, living in the United States for almost their entire lives," Clarke, who represents the 9th Congressional District, told Caribbean Life.

"With legal status and an opportunity for citizenship, these workers will finally have the ability to benefit from the rights guaranteed to American laborers, and thus become full participants in our civil society," she added.

Ahead of his State of the Union address, Clarke had again written to the president Obama to stop deporting Caribbean and other immigrants.

In a joint letter with Arizona Congressman Raúl M. Grijalva, Clarke, appealed to

the president to "respond to the crisis of deportation in the undocumented community".

"As your administration nears an astounding 2 million deportations, we write again to reiterate our initial request and inquire into additional steps the White House can take to provide relief to the millions of 'Americans in Waiting', who live and work among us," they said.

"There is a great urgency to secure avenues for humanitarian relief for the millions of families that are currently suffering under the fear of detention and deportation and being subject to widespread violations of labor and civil rights," they added. "Embracing administrative solutions to provide categorical relief from deportation is critical to alleviate suffering today."

Clarke also told Caribbean Life that the continued deportation of Caribbean immigrants who lack legal status has separated many families across the nation.

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Heart disease prevention

To The Editor:

February is American Heart Month. It reminds all Americans that promotion of heart health is the most critical prevention tool we have available today in cardiovascular medicine, according to Valentin Fuster, MD, PhD of Mount Sinai Heart, a global leader in the field of cardiology for more than three decades.

Dr. Fuster serves as director of Mount Sinai Heart and Physician-in-Chief of The Mount Sinai Hospital. He is the next Editor-in-Chief of the Journal of the American College of Cardiology (JACC), past president of the American Heart Association and the World Heart Federation.

The world-renowned cardiologist shares his heart disease prevention expertise

To help prevent heart disease, the number-one killer of people around the globe, Dr. Fuster is urging all adults to do just three things daily to prevent cardiovascular disease. In addition, Dr. Fuster has three top recommendations for parents on how to protect their child's heart from heart disease and its biggest culprit -- obesity.

For adults the "Top 3 Tips for Preventing Heart Disease" include:

1. Exercise Daily

Men and women need to stay active daily. Physical activity and aerobic exercise for at least 30 minutes a day needs to part of your every day routine. This

may include exercising at the gym, brisk walking, bicycling, or swimming. Find an exercise activity that you love and do it daily.

2. Eat Healthy

Making healthy nutritional choices daily is vital for your health. A diet rich in colorful fruits and vegetables, and water, should be part of a daily heart healthy diet. Everyone should avoid food with excessive fat, sugar, and salt. Also, limit soft drinks and fast food consumption.

3. Avoid Tobacco Smoke

Smoking tobacco leads to heart disease. Cigarette smoke narrows and damages the arteries of the body. It is important that you do not smoke or stop smoking. Also, everyone needs to reduce their exposure to second-hand smoke which research shows is associated with coronary artery calcification, a build-up of calcium in the heart's arteries which indicates heart disease.

For parents of children the "Top 3 Tips for Preventing Heart Disease" include:

1. Start Early

Parents need to start heart disease prevention early for their children, especially for the prevention of the serious risk factor of obesity, when your child is 3-5 years old. Ensure the child has heart healthy eating habits and

Continued on Page 13

What You Wearin' Tomorrow?

By Donovan Vassell

"What you wearing?"

Growing up in New York City was a terrific experience! When I think back to my days as a child, there are a few memories that I easily and frequently recall that bring a precious smile to my face. Of the many, was the notable "Field Fun Day" in June at my middle school in Hollis. See, as a child in New York City, I attended two private schools in Queens before my parents eventually felt the cost of my education was becoming a burden and relocated us to Long Island for the free public school system. So like many private schools, there was a strict school uniform policy that kept us students in line. But, all year long my friends and I would wait for that one day a year where the glee in our voices would blurt out, "So what you wearing tomorrow?" At which we would run home and dash all of our clothes on the bed including the Christmas gifts, birthday presents and any other donations we may have collected at some point during the year that could only be seen on weekends by family and neighborhood friends, not the school friends.

At a young age, it never dawned on me the impact of wearing a school uniform would have on my education and the difficult transition to the public school system for

There is no room for the feelings of inferiority that come with not having the latest style of clothing and brand name sneaker within the classroom.

middle and high school. What this caused was anxiety, fear, angst and many other feelings that hindered how I learned in the public school setting. So as we enter a new regime in the Board of Education, it's time that New York City instituted a mandatory school uniform policy for all of its public schools. Similar to the many West Indian/Caribbean countries that mandate every school to wear a uniform.

Instituting a mandatory school uniform policy will have several positive effects on the educational experience of many of NYC's youth. A uniform policy levels the playing field. Kids are no longer concerned with the "haves and the have nots". The economic and social status of each child does not exist because each child will be similarly attired with little to no variation. The financial strain of purchasing new sets of clothing will also be extensively lessened if school uniforms become the norm. In a 1997 NY

Times article by Tamar Lewin, it was found that many parents rather opt for school uniforms because they are a cheaper and viable option.

There is no room for the feelings of inferiority that come with not having the latest style of clothing and brand name sneaker within the classroom. These material objects have often led to violence and crime in schools. According to Daniel Gursky's article in Education Digest, there was a 36% drop in school crime in a California school district.

Once kids are able to separate material items from the educational process, the focus will then shift to actual learning environment. According to Seunghee Han of the International Journal of Education Policy and Leadership, Elementary and middle schools have a lower incidence of problematic behaviors by their students when a mandatory uniform policy is in place.

Let us begin to unify our students in public schools where we can eliminate any fear, anxiety or doubt by establishing a mandatory uniform policy for all New York City Public schools. The positive atmosphere amongst students that no longer focuses on clothing, will carry New York City children to the necessary level to compete with other states that have seen the positive results of a mandatory uniform policy.

Caribbean Life

Founded 1990 • Published by Community Newspaper Group
Corporate Headquarters: One MetroTech Center North, Suite 1001, Brooklyn, NY 11201

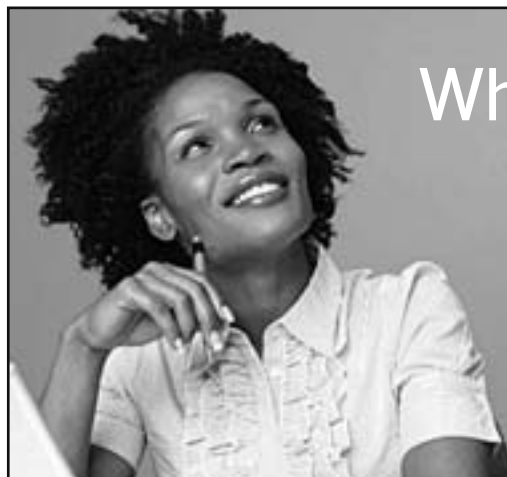
NEW YORK PRESS ASSOCIATION
NYPA

PUBLISHER: Clifford Luster
ASSOCIATE PUBLISHER: Ralph D'Onofrio
EDITOR-IN-CHIEF: Kenton Kirby
ASSOCIATE EDITOR: Kevin Williams

Contributing Writers: Azad Ali, Roderick J. Broome, Fabian Burrell, Tangerine Clarke, Robert Elkin, Patrick Horne, Nelson King, Donna Lamb, Tequila Minsky, Vinette K. Pryce, George H. Whyte, Bert Wilkinson, Lloyd Kam Williams

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What's on your mind?

LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, **1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbean-life@cnglocal.com** All letters, including those submitted via e-mail, **MUST** be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will **NOT** be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

Right-wingers' high-octane hate surpasses all else

They jumped all over Governor Andrew Cuomo a few weeks ago when, during a radio interview, he took aim on the purveyors of far-right political extremism, saying they “have no place in New York” because “that’s not who New Yorkers are.” It was a sampling of typical over-speak, always possible when folks sound off on the holders of views diametrically opposed to their own. Conservative Republican reaction to Cuomo’s blast was likewise over the top, crowing about how much of a boost this was for the cause in New York. Even as we acknowledge, though, that no one sector owns the patent on smash-mouth thrashing of the other(s), they have a yen, on the right, for employing “scorched earth” methods of heaping damnation on rivals that leaves no doubt they’re without equal in this regard.

We, to whom New York is home, tend to look askance at any attempts to inject in these parts some of the more off-putting ways of the hinterland. Case in point: An advertisement for a New York radio station which trumpets the station as New York’s means of access to Rush Limbaugh. Talk about anachronism! Touting the likes of

Limbaugh in New York suggests disconnect writ large. Limbaugh, who is perhaps unchallenged as the right’s ultimate face of revulsion for “ordinary people.” The very one whose take on President Obama introducing that gallant, decorated serviceman at last week’s State of the Union, was that Obama wanted to show Americans an example of what George Bush’s war policies had wrought...the sort of routinely tasteless utterance that ensures the right’s place as “winners” in the practice of cesspool politics. And, as we’ve unyieldingly maintained here, that putrid stuff issuing from the right has come with more craven indifference than ever before in the age of Obama.

We thought the biliousness that characterized the attack style reserved for the Clinton presidency had taken right-wing screamers into uncharted negative territory. For having been so presumptuous as to interrupt the Reagan wave in 1992, before an expected 16 years of Reagan and Bush senior, Clinton was naturally a marked man. Small wonder that when came even a far-fetched impeachment opportunity, the Republican hard right defied public opinion, party elders and the

Viewpoint

By Les Slater

logic of impeachment trial head counting and proceeded with the farce. Little did we know that “You ain’t seen nothing yet” was so applicable for a few years down the road.

It’s savagery, pure and simple, what the right earmarks non-stop for President Obama. They were highly incensed that Clinton had become president, that he had had the nerve to discount long-standing taboos and placed persons of color in cabinet and other high-level positions, unprecedented in Washington. But barring, for instance, the occasional nut job who might blow smoke for this or that, Clinton’s executive orders didn’t ignite a backlash of impeachment threats, talk of his approximating king or dictator dimensions and all the rest, as has been rained upon this president. Simply because a sizeable enough slice of the population remains appalled that the country could have so elevated an African American in 2008. Some of us

dared hope that once the cacophony about making him a one-termer was silenced in 2012, a modicum of civility would manifest itself. Not a chance. The obsession with delegitimizing the Obama presidency, lacking reason as it does, isn’t about to go away. Insensitivity-wise, Governor Cuomo’s taunt of their type can’t hold a candle to those hate missiles the enraged, embittered mob daily launches in the president’s direction.

We had some warning in summer 2009 that this avalanche of sick behavior was ready and waiting. Under the guise of opposition to the president’s healthcare initiative, party honchos and confederates across the land rolled out a precursor to the drumbeat of unrestrained animosity that was to come. There was nary an attempt to sugarcoat how racially inspired the ugliness was. In stark relief was exposed the myth some had tried to promote, that an overwhelming mass of Americans had emerged the preceding November from a lingering darkness of racially defined compartmentalization. The appearance on the scene of a Tea Party ethos gave formal stamp to the movement to pull America back from any flir-

tation with a new enlightenment. “Hell no,” they came out to say in the summer of 2009, and have continued to say it since.

Mindful though we are that within the state and even the city of New York there exist pockets of such race-driven reaction, we’re entitled, in New York, to feel immense pride about not being, overall, any bastion of the blind hate fueling anti-Obama sentiment. That’s even as we try to ignore the embarrassing presence here of a Donald Trump whose true colors could no longer be masked (if ever they were) once there was a person of color in the White House. Trump clones in our midst notwithstanding, we appreciate the governor’s declared non-preference for those types in these parts.

A curious pass it is that we’ve reached in this country. The very action that supposedly demonstrated our admirably entering a state of adulthood has come to dramatize how stuck we are in the muddled past. There’s no disputing whence comes the clamor to resist real forward movement. And participants in that backward-looking crusade, along with kindred spirits, have long forfeited any right to call out Cuomo or anyone else.

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A new start for Stop-and-Frisk

A few years ago, a group of young football players stopped by to see me. I thought it was strange when they asked my female assistant to step out of the room. I later learned it was because they were ashamed and embarrassed to show how much the NYPD's stop and frisk policy has brought these physically strong young men to the point of tears. I recall one young man asking with watery eyes, "Why is this happening to us?"

This meeting impacted me because I dedicated my life to ensuring that no innocent child should ever have to come in contact with a person with a gun. This belief does not change if the person is a criminal in blue jeans or a police officer in a blue uniform. Sadly, for the last 12 years, this important law enforcement concept has been turned on its head, when the NYPD embraced a policy that targeted innocent children of color and conducted a stop and frisk initiative that caused over a million innocent children to be approached by people with guns.

Today, I am confident that our



Borough President

Eric Adams

City's recent decision to comply with the ruling of Judge Shira A. Scheindlin of the Federal District Court in Manhattan, who ruled the NYPD's stop and frisk policy to be unconstitutional, and to reform the misuse of this tactic will result in better policing and safer streets for all. This announcement in essence states our families can be safe without our children being disgraced.

Let's be clear: we are not ending the ability of New York's Finest to police our communities. Our top priority is keeping New Yorkers safe; that has been my mission as an elected official and as a 22-year veteran of the New York City Police Department.

Stop and frisk is an important tool that, when used correctly, helps to keep our streets safe by allowing police to stop someone that they have reasonable suspicion to believe has committed

or is about to commit a crime. When properly used, this practice is wholly constitutional, as established in the 1968 Supreme Court decision *Terry v. Ohio*.

Let's be clear: we are not ending the ability of New York's Finest to police our communities. Our top priority is keeping New Yorkers safe.

As we've seen (and in many cases, experienced), this useful tool has been unconstitutionally abused in recent years. It's the perversion of the tool that's been the problem; it has been used not just to stop those the NYPD deems reasonably suspicious, but to instill fear in an entire segment of our population, pitting

them against the men and women sworn to protect them.

New reforms will right this wrong. One such protection is the appointment of a temporary federal monitor to review the NYPD's compliance with the Constitution. We give our police officers a power that even the president does not have — the right to take away a citizen's freedom. They should accordingly have more oversight than any other agency; this monitor and the new NYPD inspector general will accomplish that. Additionally, increased and improved training and policies regarding bias-based profiling will reduce the abuse of stop and frisk by tackling entrenched injustices in the current practice.

Alienating our communities — especially our young black and Latino men — does not equate with safe streets. When you estrange a group of citizens, you lower the number of those engaged who would otherwise be reporting crimes and working with local law enforcement; those estranged could be helping to save lives.

A positive and productive partnership between police and the community, along with the effective and constitutional application of tactics like stop and frisk, is the formula to protect Brooklynites.

We cannot abandon proactive policing, but we must approach it in a way that is lawful, respectful and compassionate, as Police Commissioner Bill Bratton has said. Stop and frisk is one tool to achieve this, as are efforts like gun buyback programs, Operation Crew Cut and cross-agency initiatives to improve our communities that are hurting. Hurt people hurt people; the sooner we address these wounds, the healthier and safer our city will be.

Our young people ought to have the instinct to trust a blue uniform, instead of to instinctively run away from it. I look forward to the day when our young people walking down the block — in Brownsville, in Brighton Beach, in Boerum Hill — see a police officer, they smile and say, "Hello, Officer." That will be a signal that says we've bridged the gap.

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Prevention

Continued from Page 10

exercise is part of child's daily routine.

2. Provide Good Nutrition

Parents need to introduce daily healthy food and snack options to their children early including colorful fruits, vegetables, and water. Avoid giving children access to food with excessive fat, sugar, and salt. Also, limit soft drinks and fast food consumption. Eating and preparing dinner together with your children can instill and ensure good eating habits for the entire family.

3. Reduce Sedentary Lifestyle

Make sure to play with your child to encourage their

physical activity. Encourage daily aerobic activities such as walking, bicycling, skating, and swimming. Also, limit the child's television watching and playing on the computer.

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The System includes approximately 6,600 primary and specialty care physicians, 12-minority-

owned free-standing ambulatory surgery centers, over 45 ambulatory practices throughout the five boroughs of New York City, Westchester, and Long Island, as well as 31 affiliated community health centers. Physicians are affiliated with the Icahn School of Medicine at Mount Sinai, which is ranked among the top 20 medical schools both in National Institutes of Health funding and by U.S. News & World Report. For more information, visit <http://www.mountsinai.org/>.

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WESTCHESTER CREEK LONG TERM CONTROL PLAN PUBLIC KICK-OFF MEETING

Wednesday, February 26, 2014

JHS 125 Henry Hudson

1111 Pugsley Avenue, 1st Floor, Bronx NY 10472

6:00pm to 8:00pm

DEP will provide a brief presentation at 6:30pm.

As part of the Long Term Control Program (LTCP), DEP is developing comprehensive evaluations of long term solutions to reduce combined sewer overflows (CSOs) and improve water quality in New York City's waterbodies and waterways. The goal of each LTCP is to identify appropriate CSO controls necessary to achieve waterbody-specific water quality standards, consistent with the Federal CSO Policy and the water quality goals of the Clean Water Act.

At the meeting, an overview of watershed characteristics and water quality conditions will be provided. In addition, staff from the New York City Department of Environmental Protection (DEP) will present on proposed efforts to reduce CSOs for Westchester Creek. Citizens will learn how they can be a part of the public participation process. DEP seeks information and involvement of local citizens in developing this plan.

HOW TO GET INVOLVED?

DEP and DEC staff will be available to answer any questions you may have.

To RSVP, please email ltcp@dep.nyc.gov or call DEP's Community Affairs Office at (718) 595-3496.

For more information on DEP's CSO program, please visit our LTCP Program website at www.nyc.gov/dep/ltcp or follow us on Facebook: www.Facebook.com/NYCWATER.



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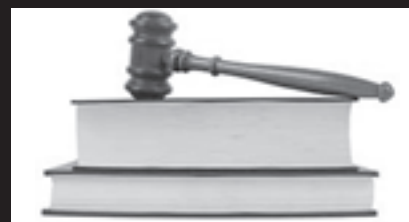


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How To Avoid Risky Back Surgery With A Breakthrough Non Surgical Treatment And Get Out Of Pain Fast

Here's how the newest breakthrough non-surgical back pain and sciatica treatment may end your pain and solve your herniated, bulging or degenerated disc pain problems...

You may be thinking "What IS going to happen to me if I can't find a solution to my back pain or leg pain?" The answer to your question starts out hopeful. I'll just go to my doctor and he will take care of me. He will know what to do. But then something very odd happens to you. You discover your primary care physician is not really well equipped to handle that job. He or she is very busy treating infections, diabetes, heart conditions and the like, which they are very well equipped to handle. This is very apparent with your resulting drug prescription for Soma muscle relaxers and Norco, Neurontin or any other of the various prescribed pain medications. You then take the drugs soon to feel strangely like you're not altogether "there" or you immediately are sick, feel nausea and vomit the drugs as fast as you swallowed them. When you get sick of that (pardon the pun! I couldn't resist), you go back to your doctor looking for another more appealing treatment. This time it's physical therapy. The thing you already can't do!! You already can't bend over, twist, lift things, and now they want you to do more of it with a bunch of other back pain sufferers! Gimme a break. Now, you're really had it. You try the chiropractor and either you feel better for a little while only to have the pain return, or worse nothing happens at all. Or even worse than that, after your treatment you have **MORE** pain (not because chiropractic does not work..your condition is just too deteriorated or severe). Then you try acupuncture because you read in a magazine it could help pain. You then realize sticking a bunch of needles in you will not magically remove the bulging disc that is smashing your nerve and causing you pain. You try massage as you read on the internet massage may help alleviate back pain...only to be disappointed. You're now beginning to feel desperate. Back to your primary care doctor to tell him about your adventures hoping he will have a different answer this time. He does.



"We can inject pain drugs through a big needle into your spine." You cringe in fear and reluctantly agree at this point. "NOW I will be fixed." Or at least that's what you've been led to believe. You have either no pain relief, some pain relief, a whole lot of pain relief or it makes you have more pain. The second pain shot (oh, yes there will be a second and a third) is usually less effective or not at all and requires another one. You come to the realization that pain shots will not fix the disc bulge or herniation still smashing your delicate nerves causing you pain. Finally, your doctor recommends you see a "Specialist" (Back Surgeon) and he can do risky surgery. If you've read the latest article in the Journal Of American Medical Association*, you will see surgery patients and non surgery patients turned out the same! Why even do the surgery? Risk of paralysis, death, infections, more pain. No thanks. So. Back to the question. What are YOU going to do if you are stuck between serious back pain or leg pain or surgery? **Great News! A new extremely effective non surgical new back pain treatment is now available in Brooklyn.** If you are suffering from back pain or leg pain,

having pain at the belt line, fire down your legs, numb legs, feet or toes or feel like a knife is stuck in your back you owe to yourself to check out this new procedure.

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Yes! I am very confident, but I can't help EVERYBODY. You see, there's

a very small percentage of folks we can't help. Here's what a couple applicants said after I told them both I couldn't help them:

"I was treated very well by the staff. The doctors actually listened to me and I thought they would rush me out of the office but didn't, despite the fact I wasn't a candidate. The exam I had was very thorough, more so than any doctor I have seen yet. The doctor explained things to me that no one else ever has."
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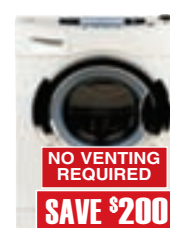


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CARIBBEAN ROUNDUP

Continued from page 2

He told lawmakers that the Food and Agricultural Organization (FAO) estimates the damage and loss to the agricultural sector at EC\$8.4 million, and to forestry at EC\$24 million.

He said the increase in the tax is not expected to have any "immediate, significant upward impact" on the piece of fuel at the pump, as prices have been trending downwards in recent months.

In the case of gasoline, the entire 50 cents can be accommodated by the lower price of the fuel, which has moved from EC\$14.08 to EC\$13.95 per gallon.

However, the price per gallon of diesel has increased from EC\$13.32 to EC\$13.67.

Guyana

Guyana police are investigating the circumstances surrounding the recent murder of well-known fashion designer Trevor Rose.

The police report that Rose and a female companion were heading up the East Bank Demerara recently when they were accosted by a man who exited another vehicle and started shooting at Rose.

Two other persons were injured in the shooting.

Police later said that they recovered one 9mm pistol and 19 rounds at the scene.

The female person received a gunshot wound to the buttocks, while the driver Trevor Newinkiri sustained a wound to his left shoulder.

Newinkiri drove to the Georgetown Public Hospital where Rose, 32, was pronounced dead.

St. Vincent

Four people, including a national residing in Trinidad and Tobago, were killed in vehicular accidents in St. Vincent recently, according to police.

While the authorities have not yet released the names of any of the victims of the accidents, they said two others have been hospitalized.

The police said that a St. Vincent and the Grenadines national, who had returned home for the Christmas holidays, died when the vehicle in which she was travelling plunged over a hillside in Coulls Hill in western St. Vincent recently.

Less than 24 hours later, three people were killed when their vehicle crashed in Maroon Hill, a community in the interior of the island.

The weekend deaths bring to five, the number of people who have died in road incidents so far this year.

Kenson James, an 11-year-old student of

New Adelphi died at the Diamonds Health Centre on January 7 after he was struck by a vehicle, police said.

Trinidad

Prime Minister Kamla Persad Bissessar has broken her silence on the multi-million dollar drug bust in the United States that allegedly involves products from a leading manufacturer in Trinidad and Tobago.

"Every nation in the world has issues with narco-trafficking and therefore it's (about) our response now. We learn every day," she told reporters recently as she attended the launch of the National Week of Prayer.

"The matter is under investigation. It is sensitive and it would be inappropriate to comment on it at this time.

"I think with this being such a sensitive matter, information should be shared on a need to know basis. Therefore, this blanket in terms of sharing information is on lock down; I think it's a good strategy because we've seen in the past where leakages could lead to compromising of the investigation," Persad-Bissessar added.

U.S. Federal officials announced that they had found 732 pounds of cocaine last Dec. 20 concealed in cans of fruit juice at the Port of Norfolk in Virginia.

Investigators estimate the cocaine had a wholesale value of about US\$12 million and a street value of up to US\$100 million.

Officials from the Drug Enforcement Agency (DEA) are in Trinidad conducting investigations into the matter and the local beverage manufacturer, SM Jaleel & Co Ltd, whose products have been used in the shipment of the drugs, has distanced itself from the shipment.

Prime Minister Persad Bissessar said she does not believe the island's international trade reputation would be negatively impacted as a result of the drug bust.

"We were able through allies to bust this container of goods, unfortunately with a Trinidad and Tobago name on it. We still don't know if it was something done here or elsewhere; that is under investigation. The shipment may have left Trinidad and Tobago, but what transpired after that is still sensitive and still under investigation," she said.

Trade Minister Vasant Bharath said a multi-million dollar scanner to examine import containers - purchased through a Chinese grant - is now being installed at the port of Port of Spain.

He said that three scanners that were to be acquired through the United States last year were delayed because of regulatory issues that had to be approved by the U.S. Senate.

Compiled by Azad Ali

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The Dinesh Sharma interview with Kam Williams on Obama

Kam Williams: Hi Dinesh, thanks for the interview.

Dinesh Sharma: Any time. It's very nice of you to conduct this interview. You reviewed my earlier book and the new book, "The Global Obama." So, I really appreciate it.

KW: What interested you in writing another book about Obama?

DS: Well, first, Barack H. Obama is a landmark presidential figure as the first black, multiracial, multicultural president from Hawaii and the Pacific. In the first book, Barack Obama in Hawaii and Indonesia, as you know, I documented, with ethnographic interviews, the childhood and adolescence of this history-making president. The idea was to show that the childhood of a historical leader speaks to the historical times and, in turn, shapes the future in some important ways. When

I lectured around the world for the first book, I realized that he was more popular abroad than at home. I had known that from some of the early surveys by the Pew Research Center and The Economist. But when I toured throughout Europe, Asia and Africa, this was really brought home to me. So I wanted to do a book on that trend and try to explore some of the reasons for this finding. Given that no author has an expertise in all areas of the world, I decided to make this an edited book, with help from friends who span the globe. In the new book, we have covered five continents and more than 20 countries.

KW: Was it a harder sell, since the President's bloom has fallen off the rose, at least domestically?

DS: It wasn't a hard sell with the publishers or the reviewers. Most reviewers got the purpose of the

project right away and supported it. In fact, the book is part of a series that is headed by James MacGregor Burns, who wrote the classic book on leadership and coined the term "transformational leadership," Georgia Sorensen, who worked in the Carter administration, and Ron Riggio, a professor of leadership at Claremont McKenna College. Given that Obama is a relevant historical figure despite the negative polling trends domestically, he has many more admirers than detractors at home and abroad. In fact, the publisher wanted us to focus on his leadership style within a cross-cultural context, which is the theme of the new book.

KW: How do you explain his enduring popularity overseas?

DS: I think it has partly to do with his international biography and global moorings in almost all continents-



-Africa, Asia, Europe and the US, of course. Professor Ali A. Mazrui calls him "the child of three continents." But if you include his Irish or European ancestry from his mother's side of the family, he may be called "the man of four continents" or the global president, a symbol of the changing times.

KW: What were you most surprised to learn about him in the course of your preparing this book?

DS: When I prepared the manuscript, the sheer enormity of the challenges the U.S. faces abroad were mind-boggling. It became clear to me that the job of managing all of these con-

flicts simultaneously is, indeed, very difficult, especially, if the U.S. wants to remain the global leader in the 21st Century. That's why China does not necessarily want to be in the position of a global superpower. The other BRIC countries, Russia, India and Brazil, are not anywhere near being global superpowers. Countries around the world expect the U.S. to deliver, be engaged, and respond to their needs. Presidential leadership is a really tough job, does come not easily. "To those much is given, much is expected," to paraphrase President Kennedy.

KW: What has been your most special moment in your visits to the White House?

DS: Hard to say, but I think watching the President in the East Room when he hosts some of the sports teams, stars from the NBA, WNBA, and NFL, after they have won a championship. Obama is a sports aficionado! You can really observe that when he's around athletes. He gets a kick out of it. His inner-jock self comes out and his language

Continued on Page 52

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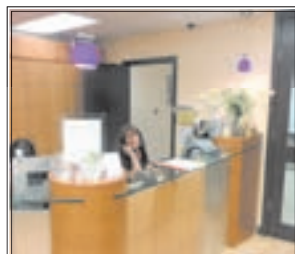
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Older drivers have to reassess driving abilities

For many older drivers, driving is more than getting from point A to point B. Getting behind the wheel allows older drivers to remain independent, as well as mobile. But as a person ages, his risk of injury on the road increases, according to the Centers for Disease Control and Prevention. Older adults and their family members need to make plans for handing dwindling skills behind the wheel and the point in time when it is no longer safe for a loved one to continue driving.

In rural and suburban communities, driving is a necessity for independent living. With limited resources available for older individuals to get around, seniors may hold onto the notion of driving

longer than is safe and practical. The National Highway Traffic Safety Administration says that in 2009 alone, 5,288 people age 65 and older were killed and 187,000 were injured in traffic accidents. Older people are involved in around 15 percent of all traffic accidents in a typical year.

Getting older doesn't mean it's time for you or a loved one to turn in your license just yet. There are ways people can come together to make the driving experience go smoothly, and it often begins with an honest conversation.

- Let a loved one know you are on his side. Make sure the first topic of conversation is that it is not your intention to take away the keys of the car. Indicate that you want to

work together to help keep this person behind the wheel as long as possible. Being open and honest about intentions may eliminate arguments or animosity.

- Figure out safe ways to keep your loved one driving. This may include identifying a new car with upgraded safety features, such as brighter headlights, a back-up camera, and a better safety record. Enroll together in a driving safety course to brush up on driving skills.

- Go for a "test drive." Family members can ride along with an older driver to get a better sense of his ability behind the wheel. If drivers have too many close calls, frequently get lost in familiar places, exhibit slower response

times, or are easily distracted, this should be a wake-up call and the loved one should intervene.

- Schedule a vision and hearing exam. Driving abilities can be affected by poor vision and hearing, both common side effects of getting older. Getting a senior a new eyeglass prescription or a better hearing aid may make all the difference in his driving ability.

- Review prescriptions and over-the-counter medications. Many seniors take a bevy of different medications, and the side effects to these drugs could impact their driving abilities. If medications cause drowsiness or dizziness, speak with your loved one's physi-

cian about a possible alternative treatment that might make driving safer.

- Be honest. If an older driver is no longer safe behind the wheel of his automobile, it is important to involve other family members and make a joint decision to remove driving privileges. Have other solutions available, such as senior busing or courtesy vans, so your loved one doesn't feel he will be confined to the house.

Driving is a sensitive subject for older drivers who see being able to get behind the wheel as an opportunity to maintain their independence. But individuals need to be honest with themselves to remain safe on the road.

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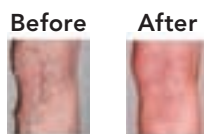
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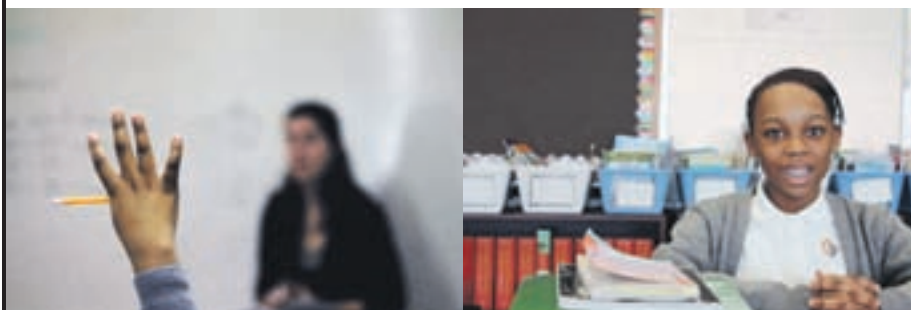
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Probiotics can improve more than just stomach health

(StatePoint) If you're familiar with probiotics, you probably know that these "good bacteria," found in such foods as yogurt and pickles, are associated with good digestive health. But the health benefits of probiotics are more extensive than just improving digestion. Experts now say that paying attention to your probiotic intake, including the use of probiotic supplements, can potentially help you achieve better health -- from developing a stronger immune system to reducing stress.

"Probiotics have formed a vital part of Mediterranean and Middle Eastern diets for thousands of years and are credited, in part, for the remarkably low rates of chronic, age-related diseases that prevail in those regions," says Michael A. Smith, M.D., senior health scientist with Life Extension in Fort Lauderdale, Fla., and host of Healthy Talk on www.RadioMD.com.

GUT HEALTH

The human gastrointestinal system has the all-important job of

HEALTH

digesting food and absorbing nutrients. If it fails at this, you'll quickly become malnourished. These tasks are managed mostly by bacteria and not by your own body. Foods and supplements that replenish important bacteria are called probiotics.

Additionally, probiotics are said to ease inflammation by decreasing production of inflammatory proteins called cytokines.

IMMUNITY

Your gut system is exposed to lots of dangerous bacteria, molds and fungi. A vast majority of your immune defenses are right there in the gut. Probiotics can help keep these critical defenses functioning properly.

STRESS MANAGEMENT

Have you ever experienced "butterflies" in your stomach? This sensation isn't just "in your head."

The gut contains over 100 million neurons. One particular nerve, the vagus nerve, communicates directly with your brain. When you're stressed, your digestive system suffers as a result. But new research shows that probiotics can potentially alleviate these symptoms.

Though more research is needed in this area, scientists are uncovering new ways that your mind is connected to your gut.

REAPING THE BENEFITS

Start by incorporating more probiotics into your diet. Sources include yogurt, sour pickles, certain soft cheeses and miso soup. While these foods do supply a small dose of beneficial bacteria, Smith says that if you're not already doing so, you should consider supplementing your diet with probiotic supplements or foods with added probiotics.

"Thanks to new research and the emerging field of pharmabiotics, you can increase your intake with a broad spectrum of probiotic products, as well," says Smith.



Paying attention to your probiotic intake can potentially help you achieve better health. (c) Monticello - Shutterstock

Remember, not all probiotics are created equal -- there are many strains and preparations on the market. One of the complications many commercial probiotics face is their inability to overcome hurdles in the digestive tract before hitting their target area, which can limit their beneficial effect. Additionally, some supplements only provide one

type of bacteria. It's important to get clinically effective strains in whatever product you choose. To learn more, visit www.Lef.org/FlorAssist or call toll-free, 1-855-870-0682.

An improper balance of good-to-bad bacteria can wreak havoc throughout the body. But by being proactive about probiotics, you can better achieve optimal health.

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BROOKLYN NETS FAN OF THE WEEK



Photo by Arthur De Gaeta

Sammy Mozed, Prospect Park South

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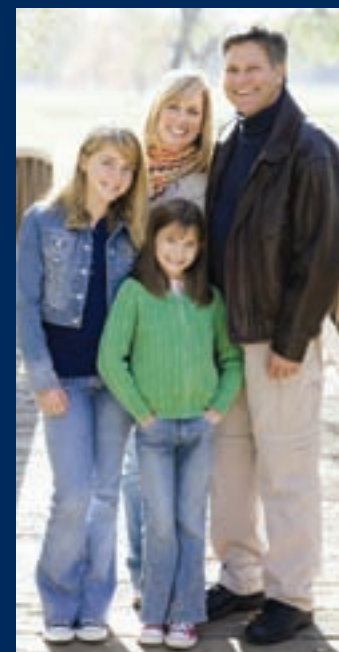
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Grenada progress

Continued from Page 3

ing the new realities of going up and forward together with our CARICOM (Caribbean Community) partners,” he said.

“After 40 years of nation-building, the need for respectful, intergenerational communication and mentoring can assist in sustaining the gains we have made,” he added, stating that the theme of this year’s celebration “bodes well at this period of our development.”

Antoine congratulated the Grenada New York Independence Celebration Committee and all who have contributed to planning and coordinating Grenada independence festivities in the New York and neighboring states.

“I encourage everyone in the Grenadian American community to participate in all activities and help promote and share all the positive aspects of Grenadian culture among all gen-

erations of Grenadians,” he said.

“And may God bless Grenada and America so that our people will grow in strength and unity to ben-

**And may God
bless Grenada
and America so
that our people
will grow in
strength and unity
to benefit our
nations.**

efit our nations, because strong independence facilitates productive interdependence,” he added.

A very enthusiastic crowd of intergenerational Grenadians have joined in the celebration of Grenada’s 40th anniversary of political independence in Brooklyn, New York, where the majority of Grenadians in the tri-state area reside.

The inaugural event, a “Social Evening,” at Holy Cross Roman Catholic

Church’s auditorium in Brooklyn, launched a series of activities to commemorate this significant milestone.

The evening brought together Grenadians from all walks of life in Brooklyn, other New York City boroughs and other states.

In addition to the “Social Evening,” in the last week, there have been a “Youth Festival,” “Caribbean Solidarity Night,” calypso competition, “Youth Fete” and the Annual Anniversary Church Service.

Other independence activities this week include a “Senior Tea Party” and a flag raising ceremony at Brooklyn Borough Hall; and the grand Independence Ball and Awards Ceremony on Saturday, at Grand Prospect Hall in Brooklyn, at which Prime Minister Mitchell will be the featured speaker.

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LatAm leaders declare region a 'zone of peace'

By Peter Orsi

HAVANA (AP) — Leaders from across Latin America and the Caribbean signed a resolution declaring the region a “zone of peace” Wednesday, pledging to resolve their disputes as respectful neighbors without the use of arms.

The joint declaration came on the final day of a summit of Western Hemisphere nations minus the United States and Canada. The grouping, conceived as a vehicle for regional integration independent of Washington's influence, was born in 2011.

The 33 nations gathered in Havana committed to nonintervention in each other's internal affairs, to cultivate cooperation and friendship and to respect “the inalienable right of



Leaders from across Latin America and the Caribbean signed a resolution declaring the region a “zone of peace” on Wednesday; pledging to resolve their disputes as respectful neighbors without the use of arms.

AP Photo/Adalberto Roque; Pool

every state to choose its political, economic, social and cultural system,” Cuban President Raul Castro said,

reading from the text of the resolution.

The language was an apparent allusion to

Havana's longtime exclusion from the Organization of American States due to its
Continued on Page 52

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Make a statement with a watch from Jewelers on Third

By Camille Sperrazza

What fashion statement does your watch make about you?

With so many people using cellphones to tell time, watches are now primarily used to provide others with a glimpse of your lifestyle, says Miyer Shalomov, owner of Jewelers on Third.

If your watch doesn't send the right message, perhaps it's time for a new one.

Jewelers on Third, opened since September of last year, offers an array of possibilities, for men and women — and pricing is affordable.

Consumers will recognize brands such as Burberry, Michael Kors, Citizens, Tommy Hilfiger, Tommy Bahama, Kenneth Cole, Fossil, Bulova, and Caravelle.

Go for a classic look with names like Seiko and Invicta.

Or, tell the world you are an active go-getter, with a Casio G-Shock.

"All watches are 100 percent authentic, brand new with tags and full manufacturer's warranty," assures Shalomov.

Want to make a statement with color? There are some watches with deep blue faces, emerald green faces, orange and brown faces. It's not unusual to color-coordinate these with the outfit you wear.

There are watches so vibrant, they make the entire outfit. Some have brilliant bands the same hue as the



Jewelers on Third, between 74th Street and Bay Ridge Parkway in Bay Ridge, has been open since September of last year, and offers an array of watches for men and women — and pricing is affordable. Handmade necklace from Italy and many more items to choose from. Owner Miyer Shalomov holds a Rolex at Jewelers on Third in Bay Ridge.

Photos by Elizabeth Graham

watch faces. Some are adorned with diamonds. Others look more like bracelets. Some display the time in ways you may never have imagined. And what could be more appropriate for Valentine's Day than one with a heart in the middle of the watch face?

So what type of watch does the watch jeweler wear? Shalomov says he enjoys wearing a Cartier or a Breitling, which may reveal a bit about his profession and pro-

fessionalism. He is a graduate of The Gemological Institute of America, a prestigious school that teaches its students about diamonds and colored stones. Through research, gem identification, and diamond grading, the institute helps set and maintain standards that are used to evaluate gemstones. It is also a resource for the trade and the public.

Of his time there, Shalomov says, "I went to learn about the diamond trade. I

came out loving the watch trade."

He spent more than two years working at Diamonds International, one of the largest jeweler retailers in the world.

"I learned about diamonds, but I wanted to go into business for myself so I could grow," he says.

He knew that he wanted to focus on watches because that was his niche, he says.

"I have always had a thing for them."

He found the ideal

location on Third Avenue, renovated the place, and decided to do business with, "good, reliable manufacturers," he says.

In addition to watches, the shop carries jewelry — rings, necklaces, bracelets, and other fashionable pieces.

"We take pride in customer satisfaction," Shalomov says. "We offer personable service to our customers."

That service is the same whether you choose to shop at the

store, over the telephone, or contact them via the Internet, he notes.

If you didn't get what you wanted for the holidays, it's not too late to buy yourself a present.

Jewelers on Third pays top price for gold.

Jewelers on Third [7415 Third Ave. between 74th Street and Bay Ridge Parkway in Bay Ridge, (718) 491-0770, www.Diamond-WatchCorp.com]. Open Mondays through Saturdays, 10 am–6 pm.



Imagine 59 years of happy occasions at the Glen Terrace

BY CAMILLE SPERRAZZA

The Glen Terrace, Brooklyn's premier catering hall, has done more than imagine it — it has been making wedding dreams come to life for 59 years.

The catering hall has flourished because owner Richard Marrone is committed to providing patrons with personalized service and excellent food, all at fair prices.

It's also still around because the business was willing to reinvent itself a bit, adjusting to the community's diverse needs by introducing a Caribbean menu. Today, 99 percent of its guests choose that menu which features selections such as curried chicken, curried goat, oxtail, fried plantains, and cod fish cake — all wonderful flavors of the Caribbean that many of its patrons adore.

Traditional fare is available, too. There are American and Italian menus that offer carved meats, anti-



pasto, and pasta. The catering hall can also plan a personalized menu. No matter what type of cuisine is chosen, guests will be delighted because, "Good food is always emphasized," says Marrone. "That's what's most important." The experienced kitchen staff uses only the freshest and finest ingredients available. Glen Terrace's long-standing reputation has been built on it.

While the menus have been modified, one thing that hasn't changed over the years is this: There are no computers at Glen Terrace. Imagine that. Many of us can't. But at the Glen Terrace, "We still do things the old fashioned way," says Marrone. They depend upon the human brain.

"There are people at the Glen Terrace who know everything that's going on at



all times," he says. These people are: Marrone, his son, Richard Jr.; and managers Anthony Roitero, Danny Roitero, and Mario Martin. Computers can crash, losing information — but there are no such concerns here. These guys know everything.

And they do it all, too.

"We act as wedding consultants," Marrone says, planning events, and overseeing every aspect of their

parties, assuring they are flawless. If you're looking for a photographer or a florist, they can recommend dependable people in the business; people they have worked with for years.

The Glen Terrace is the oldest establishment on Avenue N. Its history dates back to 1955 when Marrone's father, Pat, decided he would open a catering business. It didn't take long before

Brooklynites began celebrating weddings, anniversaries, birthdays, church functions, and other special events here. Guests were so happy, word-of-mouth spread, and many members of the same families returned to get married here.

The Glen Terrace can accommodate parties of 50 to 300 people. Like its menu, the rooms are diverse, too. There's a Victorian Room upstairs for patrons who prefer that style. Then there are more modern rooms located on the lower floors, if you prefer that type of setting.

If there's a wedding in your future, you are welcome to tour the facility to see the beautiful banquet and bridal rooms for yourself.

The Glen Terrace [5313 Avenue N between E. 53rd and E. 54th streets in Old Mill Basin, (718) 252-4614]. Open every day, except Tuesday. Call from 1 to 5 pm, or from 7 to 9 pm.

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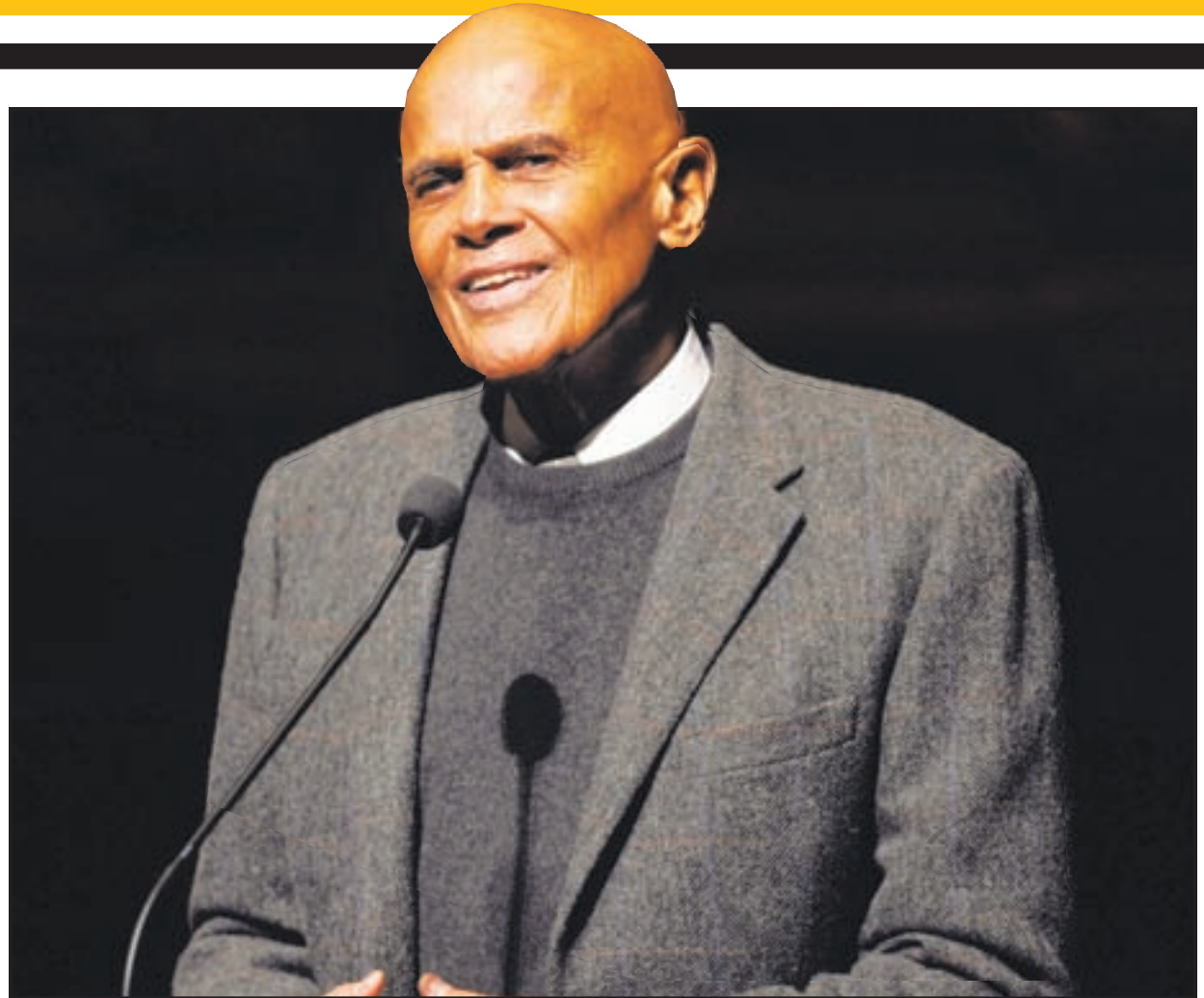
while many came to our shores to pursue their own measure of freedom, hundreds of thousands arrived in chains. Through centuries of struggle, and through the toil of generations, African Americans have claimed rights long denied. During National African American History Month, we honor the men and women at the heart of this journey -- from engineers of the Underground Railroad to educators who answered a free people's call for a free mind, from patriots who proved that valor knows no color to demonstrators who gathered on the battlefields of justice and marched our Nation toward a brighter day.

As we pay tribute to the heroes, sung and unsung, of African-American history, we recall the inner strength that sustained millions in bondage. We remember the courage that led activists to defy lynch mobs and register their neighbors to vote. And we carry forward the unyielding hope that guided a movement as it bent the arc of the moral universe toward justice. Even while we seek to dull the scars of slavery and legalized discrimination, we hold fast to the values gained through centuries of trial and suffering. Every American can draw strength from the story of hard-won progress, which not only defines the African-American experience, but also lies at the heart of our Nation as a whole. This story affirms that freedom is a gift from God, but it must be secured by His people here on earth. It inspires a new generation of leaders, and it teaches us all that when we come together in common purpose, we can right the wrongs of history and make our world anew.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim February 2014 as National African American History Month. I call upon public officials, educators, librarians, and all the people of the United States to observe this month with appropriate programs, ceremonies, and activities.

BARACK OBAMA

— President of the United States of America



Activist and entertainer Harry Belafonte gives the keynote address for the Rev. Dr. Martin Luther King Jr. Symposium at Hill Auditorium on the University of Michigan campus.
AP Photo/The Ann Arbor News, Melanie Maxwell

MORE THAN 'DAY-0'

Belafonte's legacy is a lasting one

By Vinette K. Pryce

One year and one month ago when the Brooklyn Academy of Music celebrated the life of Dr. Martin Luther King Jr., with its "Come Share The Dream" annual, the occasion coincided with the second inauguration ceremonies for the 44th U.S. leader of the United States,

President Barack Obama. The second largest national attraction invited actor/activist and Harry Belafonte to keynote the New York event. Those who packed into BAM received a double-dose of cultural and historic treat as the Washington D.C. beamed live broadcast of the swearing-in ceremony. Afterwards,

a live message from Belafonte retraced decades of Civil Rights struggle and achievement that on that date witnessed the second such inauguration of the first, African-American president elected in the United States.

Belafonte's poignant keynote, punc-

Continued on Page 39

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JEAN- LÉON DESTINE

Tribute to a legendary
choreographer

By Amun

As part of the 92nd St. Y's "Friday at Noon" series, "Homage to a Legendary Choreographer: Jean-Léon Destiné, Tribute to a Master" was presented on Friday, Jan. 24.

Destiné died one year ago at the age of 94, and the program marked the one-year anniversary of his death. Valerie Rochon, dancer, dance teacher, historian and archivist directed the production.

The program began with an opening song by Yatande Sanon accompanied by erumming. It was followed by archival film of Mr. Destiné speaking and dancing.

Jean-Léon Destiné was known

for explaining his dance and music and giving a bit of Haitian history along with it. He always wanted his audience to understand the context and meaning of his dance and choreography and to know something about the land of his birth. One would always come away from a Destiné concert with a greater understanding of the Haitian culture.

Carlo Destiné, son of Jean-Léon Destiné, gave his reflections of his father and his work as an artist, a father and a man. Jean-Léon Destiné is considered the father of Haitian professional dance. He first

Continued on Page 39

'Ruddy' documents the street scenes

By Toni Dubois

In celebration of Black History Month, caribBEING collaborated once again with Brooklyn Museum's Target First Saturdays series on Feb. 1 presented Jamaican-born, Brooklyn-based street photographer, Radcliffe "Ruddy" Roye. The evening was set to explore artistic contributions and influences from the African-Caribbean Diaspora.

Roye, who specializes in editorial and environmental portraits, was featured in the NY Times and the New Yorker and more recently named one of Complex Magazine's 50 Greatest Street Photographers. He calls himself the Instagram activist and has committed himself to social justice.

With his uncanny skill of capturing the perfect soul-touching image, this Jamaican artist manages to convey the emotional depth and plight of the dispossessed and the forgotten. He

makes the invisible painfully there in the faces of the viewers.

Roye who is often busy traveling back and forth to his native home or documenting his neighborhood, discussed the photos taken over the years with his iPhone and the stories behind them. Afterwards he conducted a hands-on camera phone workshop where the audience were paired off in twos and took pictures. A discussion was held afterwards where participants spoke about their likes and dislikes about the pictures they took which allowed them to tell the story behind the photograph.

His original plans was to become a teacher but when he returned home from his first stint in the U.S., he thought that working as a writer and teaching were the jobs for him. "After finding writing for a newspaper somewhat disheartening, I began photographing the stories I would have

normally been writing, showcasing instead a visual rendition or version of the same story. These seemed to go further in terms of getting a response in what I would describe as a corrupt society. I stayed with photography because it seemed to garner a more immediate response from society," said Roye.

He is intuitive and real, honestly and truly cares about the forgotten man. His goal is to change, live and document and to make sure their stories are told.

Asked what we can look forward to in terms of his work, he said, "Someone I once knew said that photography does not change anything. My life as a photographer is spent in the pursuit of proving them wrong. I hope to do one very big project this year looking at the underclass and class. I also want to turn my lens on poverty and how it is being waged in America."

LITERARY PROGRAMS

This year, to celebrate Black History Month, the Center for Black Literature at Medgar Evers College (MEC), CUNY, will present a host of informative and inspiring events celebrating 10 years of honoring the literature of people of the African diaspora.

As part of the college's programs, the center will sponsor two exciting literary events: "Harlem Nocturne: Illuminating Women Artist" on Feb. 19, and -- under the college's Black History Month theme "Reclaiming Our Ancestral Legacy through Courage, Strength, and Fortitude" -- a discussion with Retha Powers, author of "Bartlett's Familiar Black Quotations," on Feb. 26. Both events are free and open to the public.

"Harlem Nocturne: Illu-

minating Women Artists" features Columbia University professor and author Farah Jasmine Griffin, who will discuss her book Harlem Nocturne: Women Artists and Progressive Politics During World War II.

This year, Harlem Nocturne focuses on the lives of novelist Ann Petry, dancer Pearl Primus, and musician Mary Lou Williams, who all came from different backgrounds and integrated various art forms in their work, and left an indelible mark on Black culture.

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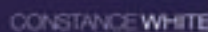
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Trinidadian activist Stokely Carmichael

By Nelson A. King

Stokely Carmichael, also known as Kwame Ture, was born on June 29, 1941 and died on Nov. 15, 1998.

Carmichael was a Trinidadian-American black activist, who was very active in the 1960s American Civil Rights Movement.

Growing up in the United States from the age of 11, he graduated from Howard University and rose to prominence in the civil rights and Black Power movements, first as a leader of the Student Nonviolent Coordinating Committee (SNCC) and later as the "Honorary Prime Minister" of the Black Panther Party.

Born in Port-of-Spain, the Trinidad and Tobago capital, Carmichael moved to Harlem in 1952 to rejoin his parents, who had migrated when he was only two years old, and had left him with his grandmother and two aunts. He had three sisters.

As a boy, Carmichael attended Tranquility School in Trinidad until his parents were able to send for him.

His mother, Mabel R. Carmichael, was a stewardess for a steamship line, and his father, Adolphus, was a carpenter who also worked as a taxi driver.

The reunited Carmichael family eventually left Harlem to live in Morris Park in the East Bronx, at that time an aging neighborhood of primarily Jewish and Italian immigrants and descendants.

Carmichael attended the elite, selective Bronx High School of Science, with entrance based on academic performance.

After graduation in 1960, Carmichael enrolled at Howard University, a historically black university in Washington, D.C..

His professors included Sterling Brown, Nathan



Kwame Ture, once known as Stokely Carmichael, smiles as he attends a news conference in the Harlem.

AP Photo/Mark Lennihan

Hare and Toni Morrison, a writer and poet who later won the Nobel Prize.

He graduated with a degree in philosophy in 1964 and was offered a full graduate scholarship to Harvard University, but Carmichael turned it down.

While at Howard, Carmichael joined the Nonviolent Action Group (NAG), the Howard campus affiliate of SNCC activists.

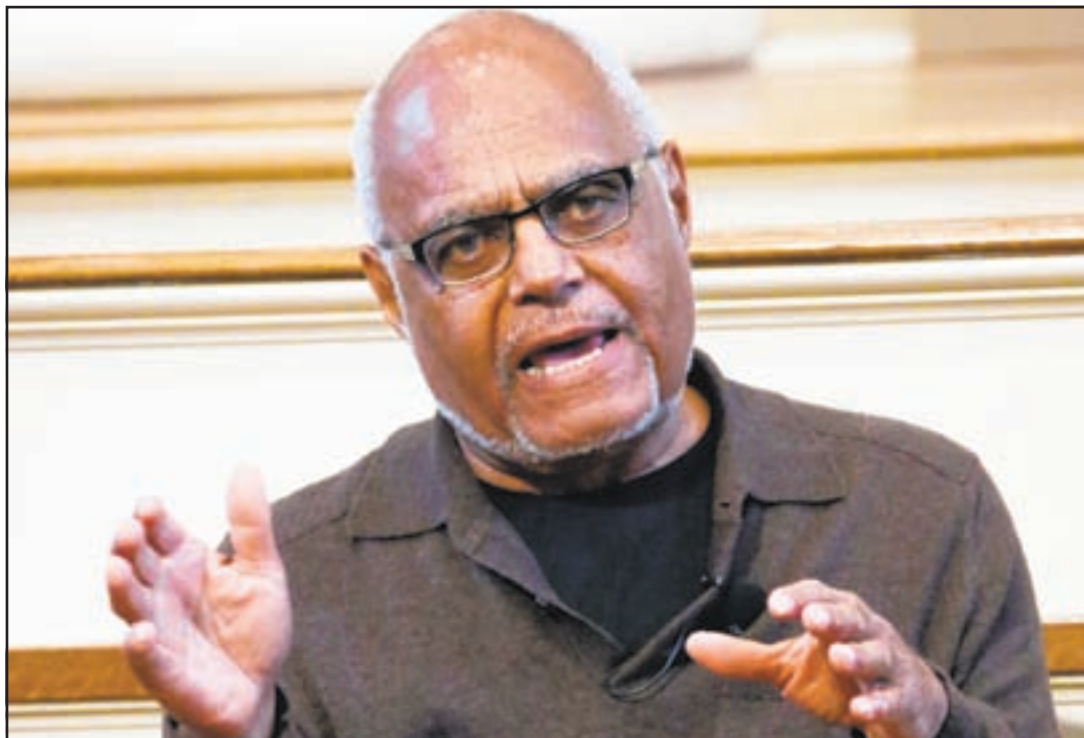
Inspired by the sit-ins in the South, Carmichael became more active in the Civil Rights Movement.

In his first year at the university, he participated in the Freedom Rides of the Congress of Racial Equality (CORE) and was frequently arrested, spending time in jail.

In 1961, he served 49 days with other activists at the infamous Parchman Farm in Sunflower County, Miss.

He was arrested many times for his activism, so much so that he lost count, sometimes estimating at least 29 or 32.

At 19, Carmichael became the youngest detainee in the summer of 1961. He spent 53 days at Parchman Farm in "a six-by-nine cell."



Bob Moses, a director of the Mississippi Summer Project and organizer for the Student Non-Violent Coordinating Committee (SNCC) answers questions about Freedom Summer in 1964 during a national youth summit hosted by the Smithsonian's National Museum of American History.

AP Photo/Rogelio V. Solis

Activist: Strengthen US voting rights, education

By Emily Wagster Pettus

JACKSON, Miss. (AP) — Long-time civil rights activist Bob Moses says the United States needs a firmer commitment to voting rights and education, and he's challenging young people to embrace those issues today to strengthen the society they'll lead in a generation.

Moses spoke Wednesday at an event commemorating Freedom Summer, the 1964 project he directed. Hundreds of volunteers, mostly college students, came to Mississippi 50 years ago to challenge segregation by pushing to register black voters. Some of them were killed or beaten.

Moses said U.S. history moves in cycles of expanding rights, then trying to limit them.

"We are lurching back right now," Moses said.

As an example, he cited voter-

identification laws that Mississippi and many other states are enacting. Mississippi's law had been on hold until last year, when a U.S. Supreme Court ruling erased the requirement to get federal approval for changes of election laws or procedures in states with a history of racial discrimination. The June 3 federal primaries this year will mark the first time Mississippi uses its law that requires voters to show a driver's license or other government-issued ID at the polls.

The event Wednesday was a youth summit hosted by the Smithsonian's National Museum of American History. More than 400 students at a dozen museums in the U.S. watched the hour-long webcast in which Moses and others discussed Freedom Summer.

Moses and most other panelists spoke in the House chamber of the

Old Capitol Museum in Jackson — the same room where Mississippi lawmakers adopted a secession declaration before the start of the Civil War.

Labor organizer Larry Rubin, a Pennsylvania native who now lives in Takoma Park, Md., did civil-rights work through the Student Nonviolent Coordinating Committee in north Mississippi in 1964 and 1965. He said the Deep South at the time was "overcoming 300 years of terror, of brainwashing, of oppression," but the South did not exist in isolation.

"The entire nation supported this system. The South was not a separate country," Rubin said.

Marshall Ganz, a public policy lecturer at Harvard's John F. Kennedy School of Government, was a Harvard student when he went to Mississippi as a civil rights volunteer in 1964.

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In USA, B'dos daughter Shirley Chisholm is Forever

By Vinette K. Pryce

Barbados and Guyana claim her. Brooklyn seems to own her. But regardless of her roots, history has anchored Shirley A. Chisholm as the child of Caribbean immigrant who distinguished herself beyond the limitations placed against her being a woman, Black and ambitious. Scholar Molefi Kete Asante listed Shirley Chisholm on his list of 100 Greatest African-Americans. Although much is often muttered, here are 10 things worth amplifying during Black History Month.

1. Shirley Anita St. Hill Chisholm was born in Brooklyn, New York to mother Ruby Seale, from Christ Church, Barbados, and father Charles Christo-

pher St. Hill from Guyana.

2. Chisholm became the first Black woman elected to Congress. Elected in the 12 congressional district of Brooklyn, she joined the Congressional Black Caucus in 1971 as one of its founding members.

3. She was the first Black woman to run for president of the USA.

4. All those Chisholm hired for her office were women, half of them Black. The US representative said that during her New York legislative career, she had faced much more discrimination because she was a woman than because she was Black.

5. Chisholm created controversy when she visited rival and avowed racist George Wallace of Ala-

bama. Despite criticisms she visited him while he was hospitalized soon after his shooting in May 1972, during the 1972 presidential primary campaign. Several years later, when Chisholm worked on a bill to give domestic workers the right to a minimum wage, Wallace helped gain votes of enough Southern congressmen to push the legislation through the House.

6. Chisholm was married to Conrad Chisholm, a Jamaican private investigator, from 1949 to 1977. In 1978, she married Arthur Hardwick, Jr., a Buffalo businessman who died in 1986. Chisholm had no children and moved to Florida when she retired.

7. In 1993, President Bill Clinton nominated the

retired congresswoman to the ambassadorship to Jamaica. She declined service citing poor health. That same year she was inducted into the National Women's Hall of Fame.

8. In February 2005, "Shirley Chisholm '72: Unbought and Unbossed," a documentary film aired on U.S. public television. It chronicled Chisholm's 1972 bid for the Democratic presidential nomination. It was directed and produced by independent, African-American filmmaker Shola Lynch. The film was featured at the Sundance Film Festival in 2004. On April 9, 2006, the film was announced as a winner of a Peabody Award.

9. In 2010, the first African-American governor of New York State, Governor David A. Paterson announced that the 13-story, State office building located at 55 Hanson Place in Brooklyn in Fort Greene, Brooklyn was renamed the Shirley A. Chisholm State

Continued on Page 42



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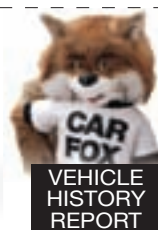
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Haitian story teller and author of "The Roving Tree" Elsie Augustave.

The Roving Tree

By Patrick Delices

Numerous literary enthusiasts in the Haitian community, and globally, are familiar with the influential fiction narratives of the great Haitian novelist Edwidge Danticat. However, in the tradition of great Haitian storytellers, the brilliant literary prose of Elsie Augustave is less exposed. The educator, writer, choreographer, and Fulbright Scholar is equally as mickle in her debut novel, "The Roving Tree."

Augustave's powerful literary genius is sharply illustrated as she unravels the complicated esse of Iris Odys, the main character in "The Roving Tree." Odys is a biracial offspring of a Haitian maid called Hagathe and her employer, a French educated mulatto and uninvolved "father" named Brahami who wants nothing to do with his spurious child. Therefore, Odys finds herself (re)connecting with her Haitian past and African roots after being adopted from a remote Haitian village, Monn Neg, by a wealthy white American couple called the Winstons, to ultimately live in the suburbs of the United States in hopes of a better life.

However, in life, no matter how far you travel or where you land, your roots

are firmly planted — thus, inseparable from you as you stray. Moreover, like a roving tree, Africa's historical imprints and cultural presence are globally ubiquitous and deep-rooted — you cannot runaway from your roots because your

No matter how far you travel or where you land, your roots are firmly planted.

roots are always traveling with you.

In unveiling Odys' life, the reader earns an unpoluted analysis of the scabrous world of Haiti, where economic opportunities, health care, and food security are impaired as political repression along with color consciousness and class discrimination runs rampant under the brutal regime of Papa Doc and his Tonton Macoutes. Odys, along with the reader, will soon learn that the U.S. as an idealistic bastion of freedom and democracy for all, is perhaps more so pernicious in its oppression as displayed in its subtle, but anthropophobia towards anyone Black where the idealism of freedom and democracy is impaired by

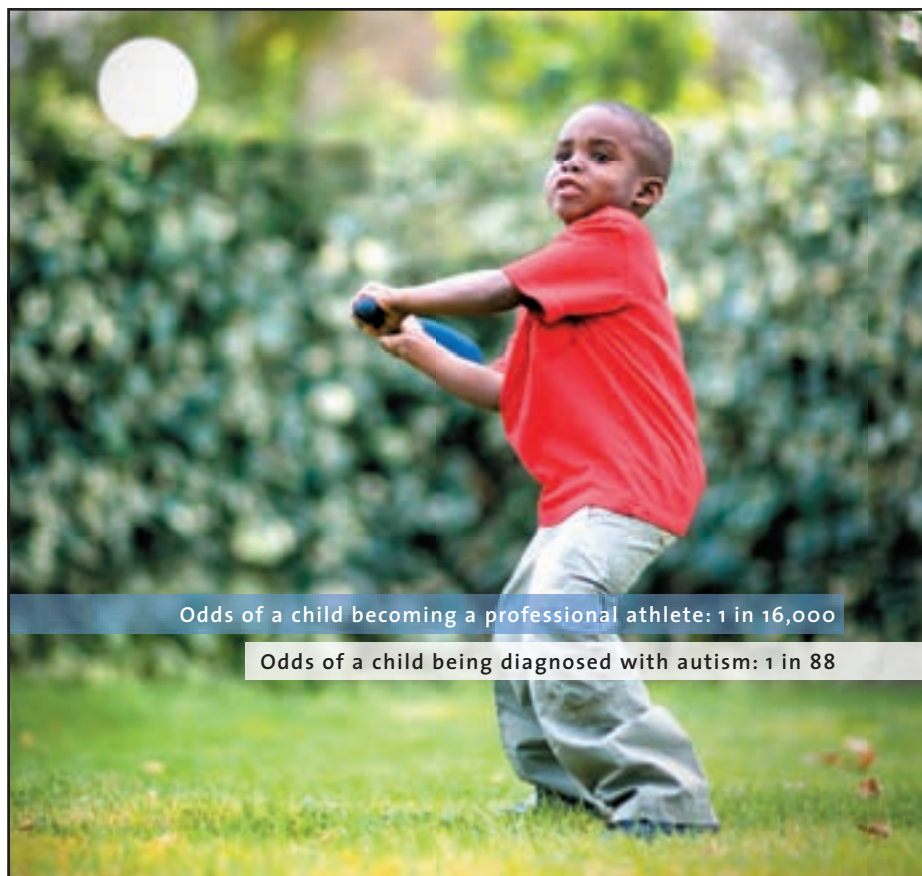
the viperous and serpentine matter of American racism.

In idealism, unlike materialism, the philosophical tendency is to perceive your economic, political, and cultural environment as how those particular elements should be not as how those particular elements actually are. Therefore, in idealism unlike materialism, cognitive dissonance sets in as the mental faculties become fully inactive when one is confronted with the truth, but is easily seduced by the idea of democracy and freedom for all which actually benefits the few who dominates and oppresses the masses.

Nonetheless, with her skillful incorporation of literary realism, Augustave brilliantly synthesizes the cultural richness of Haitian Vodou and the impoverished socio-political affairs of Haiti, along with the acidic polluted gush of racism that is deeply drenched in American society.

In Augustave's probing prose, which is inculcated with the spiritual wisdom of the Haitian griots, one comes away with a materialist analysis of the thematic matters of physical and cultural displacement: racial, class, and color consciousness; separation, loss,

Continued on Page 42



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Belafonte

Continued from Page 29

tuated the Dream Dr. King envisioned and hoped for the nation. An immigrants' son amplified and clarified much that date to honor his friendship and long association with Dr. King. While much of Belafonte's creative talents are widely known, here are a few lesser-known facts about the singer/actor/Civil Rights activist which should be acknowledged during this month.

1. Harry Belafonte's real name is Harold George Belanfanti, Jr.

2. Before Belafonte became a well-known singer, he enlisted into the United States Navy and served during World War II.

3. Belafonte has been actively involved as a UNICEF Goodwill Ambassador since 1987.

4. In 1996 Belafonte was diagnosed with prostate cancer. He has since been treated for the disease and is an active

advocate to raise awareness.

5. Belafonte's third album, "Calypso," sold more than 1 million copies in its first year and also became number four on Billboard's "Top 100 Album" list. It spent 31 weeks at number 1 and 99 weeks on the U.S. charts.

6. "Bright Road" released in 1953 was Belafonte's first film role. He played alongside Dorothy Dandridge, which is also his co-star in the hit musical "Carmen Jones."

7. On Jan. 11, 2014, Belafonte became an honorary member of the Phi Beta Sigma fraternity.

8. At the 2011 Sundance Film Festival, "Sing Your Song" was featured as a biographical documentary film based on Harry Belafonte's leadership and contribution in the civil rights movement

9. As a great friend, Harry Belafonte helped raise \$50,000 so that Martin Luther King, Jr. could use it as bail money.

10. In 2000, Belafonte won a Grammy Lifetime Achievement Award.

Introduced Haitian traditions

Continued from Page 30

came to international attention in the 1940s and remained a prominent person of renown and influence in the dance world for decades thereafter.

Jean-Léon Destiné was born in Saint-Marc in 1918. He first came to the United States not as a dancer, but a journalism student. In the early 1940s, the young Mr. Destiné received a Rockefeller Foundation scholarship to study printing and journalism in the United States. His love of dance and Haitian culture soon moved him to return to his first love -- that of dance and music, which he had studied in his native Haiti.

He toured as a dancer with the company of Lina Mathon-Blanchet in the 1940s. His dance work became well known in 1940s, often addressing Haiti's history of resisting colonialism and slavery. He also danced with the Katherine Dunham Company. He founded a national dance company in Haiti in the late 1940s, and brought Haiti's traditional music and dance to the concert stage and



Valerie Rohon reads from a novel on Jean Leon Destine

Photo by Amun

toured around the world.

The program included a lecture demonstration by Barry Duke on Jean-Léon Destiné's use of music and musical instruments -- mostly drums, in their many types and sounds.

Valerie Rochon read excerpts from her ethnographic novel, "Waves of Yanvalou." It focused on a young Jean-Léon Destiné's attraction to the voodoo ceremonies taking place in the hills near his home, and how he ventured to the location of a ceremony.

There were performances of reconstructed solo excerpts of choreography of Jean-Léon Destiné's "Ceremony of Rada" performed and reconstructed by Nadia Dievdonne; "Spider Dance" performed and reconstructed by Julie Jean; "Baptism of the Drum," dance reconstruction and costume design from the original concept by Ajabo Walround, and danced by Carolyn Webb.

Joan Burroughs followed with a biographical profile of dancer, choreographer and teacher, Jean-Léon Destiné. The final portion of the program was a panel discussion moderated by Joan Burroughs, and the panelists were: Carolyn Clemons, Joan Finkelstein, Carolyn Webb, Barry Duke, Ajabo Walround and Dr. Glory Van Scott.

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Dr. Slinger Francisco

By George Glean, Sr.

Saturday Night, Jan. 18, 2014, I was "Born Again."

It was as though I was attending a revival service, replete with singing, lusty hand clapping, communing and preaching. We were all gathered at Melanie's Restaurant on Fulton Street in Brooklyn, New York, to pay witness to yet another vain glorious return of the Calypso King of the world, Dr. Slinger Francisco, a.k.a. The Mighty Sparrow.

Throughout the years, Sparrow has toyed with his mortality through his songs. For example, in 19__, he mocked the rumors of his death and his proposed burial by a true life character, Mr. Simpson, who was the owner of Simpson's Funeral Agency, a fixture on Piccadilly Road in Trinidad. The rumors took on such real connotations, that according to Sparrow, in his song

entitled "Simpson", elaborate funeral arrangements were made down to the minutest detail.

To quote from the song: "For De Funeral, dey hire 'All Stars'"

And for de w'ake, dey hire de scamp, Cyril Diaz.

Biscuit and coffee set, dey ready to fete,

The only Disappointment is, Ah en dead yet"

As though that was not playing enough with death, Sparrow faced a real life and death situation, when he was attacked by a gang of ten men after he had a chicken meal at Mirama, an established night club in Trinidad. This incident was retold in his Calypso hit. "Ten to one is murder." This staccato, in your face, rapid-fire style Calypso, won him another road march title in Trinidad's Carnival that same year.

He confronted death

through a series of false and malicious rumors that were spreading like wild fire from the Cobeau ridden waste lands of Port-of-Spain, Trinidad, to the shanty towns of Kingston, Jamaica; and all the islands in between. What was the rumor? "Sparrow Dead." Sparrow took on his rumored death head-on, with another top selling Calypso, simply and aptly titled: "Sparrow Dead."

Listen to the rumors through the opening lyrics of the song;

"They say ah have cancer
They say ah have yellow fever

Somethin' in me bladder
With a double dose of leukemia"

Sparrow was at the height of his popularity, but instead of allowing the rumors to derail him, he turned it around. So when, in September 2013, word started circulating throughout the



Calypsonian The Mighty Sparrow performing at Dimanche Gras the pre labor day event behind the Brooklyn Museum sunday. photo William Farrington

Photo by William Farrington

Caribbean Diaspora that Sparrow was ill, and very near death, most of his fans flatly dismissed the rumors with simply wry remarks. A Trinidadian man liming near Charlie's record shop

on Fulton Street, Brooklyn, said "You know how many times dey say dat man dead! Doh worry wid them, people just like to spread vicious rumors"

A few miles away, on the

other side of Brooklyn, a Grenadian woman, buying bread by Allan's Bakery on Nostrand Avenue, just stupes (sucking her teeth): "You know how many times, Dey say Sparrow Dead?"

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Chisholm

Continued from Page 34

Office Building in honor of the late Congresswoman. A plaque commemorating the achievements of Congresswoman Chisholm was unveiled at a dedication ceremony held there. It is only one of two state office buildings in the city. The other is the Adam Clayton Powell Jr. State Office Building in Harlem.

10. A post office in Bedford-Stuyvesant named The Shirley A. Chisholm Station, at 1915 Fulton St., is named in honor of the trailblazer. On Jan. 31, 2014, a first-day-issue of a postage stamp bearing the image of the former congresswoman introduced the newest addition to the Black Heritage Series of postage stamps issued by the United States Postal Service. Issued in the Forever series of fixed-price postage stamps, the USPS held a ceremony at Brooklyn's Borough Hall to launch the historic philatelic release.

Recommended viewing during Black History Month...

"Sing Your Song" is a testament to the activ-

ism of Jamaica's son Harry Belafonte. Now available on DVD, the documentary is well-worth viewing, this month or anytime.

"Free Angela Davis and All Political Prisoners" a film by Shola Lynch. The film released April 5, 2013 is nominated for an NAACP award in the outstanding documentary film category. Davis was Jan. 26, 1944 in Birmingham, Alabama and her story is blurred by the fact the FBI haunted and pursued her for being an accessory to a crime she pleaded not guilty. After a relentless pursuit of the California professor, Davis was caught in New York. On Feb. 22, TV One will broadcast the awards presentation at 8:00 p.m. The running time for the documentary is 1 hr 40 min.

Lynch's work is much revered for its in-depth details. Check out her dynamic attention to detail in the film she made about U.S. Rep. Chisholm. "Shirley Chisholm '72: Un-bought & Un-bossed" pays tribute to a dynamic daughter of the Caribbean and reveals the state of affairs in America during the Civil Rights era. Lynch's documentary on U.S. Rep. Chisholm is now on DVD.

Roving

Continued from Page 38

and anxiety. The search for identity is the quest for happiness, purpose, and knowledge of self. By separating Iris Odys' material reality (environment) into the philosophical constitutions of ontology, epistemology, and axiology, Augustine takes the reader into a mental journey of discerning who am I? how do I know what I know? and what are my values? This ultimately validates a materialist analysis of the various themes throughout the book, and in reality, throughout one's life. As you read *The Roving Tree*, it is my hope that you will learn a lot about Haiti, the U.S., the Democratic Republic of the Congo, and what cross-cultural adoptions are confronted with

worldwide as they bridge two or more cultural realities.

However, equally as important, it is my hope that you will also learn a lot about yourself, as your roots are firmly planted despite your life journey and inexplicit destination.

Dr. Patrick Delices is a Haitian scholar who taught the History of Haiti, Caribbean Politics, African-American Politics, and African-Caribbean International Relations at Hunter College; and served as a research fellow at Columbia University for the late, Pulitzer Prize-winning historian, Manning Marable. He is a contributor for the New York Amsterdam News, and a political analyst for the Black Star News. Dr. Delices is currently working on a book regarding the global impact of the Haitian Revolution.

Problem solver and Community Advocate

By Nelson A. King

Guyanese-born, former Brooklyn Borough President Sandra Chapman has nearly three decades of experience as a manager, problem solver and advocate in the public sector with special emphasis on streamlining services between a busy city agency and its residents.

As chief program officer for new Brooklyn Borough President Eric Adams, Chapman is responsible for planning and directing programs and initiatives that serve Brooklyn's diverse communities and enhance the quality of life for all residents.

Along with fostering relationships between the Borough President's Office and appropriate agencies and organizations, Chapman keeps the borough president apprised of developing or ongoing incidents throughout Brooklyn and works with him to resolve issues that affect our communities.

As the chief advocate in constituent services, Chapman is uniquely qualified to assess our residents' needs and to help them navigate the often complex workings of various city agencies, from housing issues to transportation concerns and everything in between.

Prior to her appointment as Deputy Brooklyn Borough President, under former President Marty Markowitz, Chapman served as director of the Community Service Center.

Long dedicated to serving others, Chapman built a team committed to helping residents struggling to access city services. She continues to supervise the Center.

Her far-reaching experience with the Office of the Borough

Long dedicated to serving others, Chapman built a team committed to helping residents struggling to access city services.

President also included four years as a senior planner, during which time her understanding of land use, real estate and the disposition of city properties was an indispensable asset to both the office and residents at large.

"City-owned Properties: A Post Conveyance Assessment,"

dential Auction Program.

She led a successful effort to save 112 community gardens from being auctioned off and destroyed. She also serves as the Equal Employment Opportunity Officer of the agency.

Chapman served in HPD for more than a decade, directing the sales of city-owned properties and overseeing programs and management reports.

Chapman migrated with her family to the United States from Guyana in 1977 after graduating from St. Josephs High School.

She received a master's degree with distinction in Public Administration from Long Island University.

The recipient of various community and public service awards, Chapman lives in Brooklyn's Canarsie neighborhood and is married with two children.



Sandra Chapman
Photo by Nelson A. King



Caribbean Life

2014 CARIBBEAN AMERICAN HEALTHCARE AWARDS

CALL FOR NOMINATIONS

At a gala this June, Caribbean Life will present its first ever Healthcare Awards, recognizing Caribbean Americans' essential contributions as caregivers and practitioners in New York.

If you would like to nominate a Caribbean healthcare professional who has shown outstanding achievements in his or her field, fill out the form here and fax or mail it to us before **March 14, 2014**. You can also submit your nomination online at CaribbeanLifeNews.com/nominate. We will contact you before March 31, 2014 if your candidate is selected.

Nominate an Outstanding Caribbean American Healthcare Professional

Your name: (Please print clearly) _____

Name of nominee: _____

Your relationship to nominee: _____

Nominee's occupation/profession: _____

Where does your nominee currently work? _____

How many years has your nominee been working in healthcare? _____

Previous awards or professional recognition (if any): _____

What makes your nominee outstanding? (100 words or less): _____

How can we reach you?

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Fax completed form to (718) 260-2579 Attn: Caribbean Life Healthcare Awards
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ENTERTAINMENT

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Vincientian cultural tribute to Grenada

By Nelson A. King

One of the leading Vincientian cultural groups in the United States has joined in the celebration of Grenada's 40th anniversary of political independence in Brooklyn, greatly impressing the audience with its performance.

The United Vincie Cultural Group of Brooklyn (UVCGB) last Friday night added its masterpieces to "Caribbean Solidarity Night" at the Holy Cross Roman Catholic Church's auditorium on Church Avenue in Brooklyn.

"Caribbean Solidarity Night" was among a two-week host of events, planned by the Brooklyn-based Grenada Independence Anniversary Committee of New York.

UVCGB was the penultimate group, among others from the Caribbean and Grenada, to perform at the



Dr. Roxie Irish, UVCGB president, leading the performance.

Photo by Nelson A. King

three-hour event. Grenada's Quake, U.S.A. brought the curtains down on the proceedings.

UVCGB received the loudest applause and commendation after rendering the nostalgic "Yo Eat It Once"; "Fish Fo So"; "Brown Skin Girl"; "I'm a Better Woman Than You"; "Dance, Dance";

Continued on Page 46

Schomburg's first exhibition for 2014

By Vinette K. Pryce

Black History Month celebrations begin on the first day of February with a musical salute to America's most successful Black-owned record label with an exhibition at Harlem's Schomburg Center for Research in Black Culture entitled – "Motown: The Truth Is A Hit."

The very first exhibition for the year features items that highlight Motown's inimitable founder Berry Gordy and the institution's most beloved musical acts

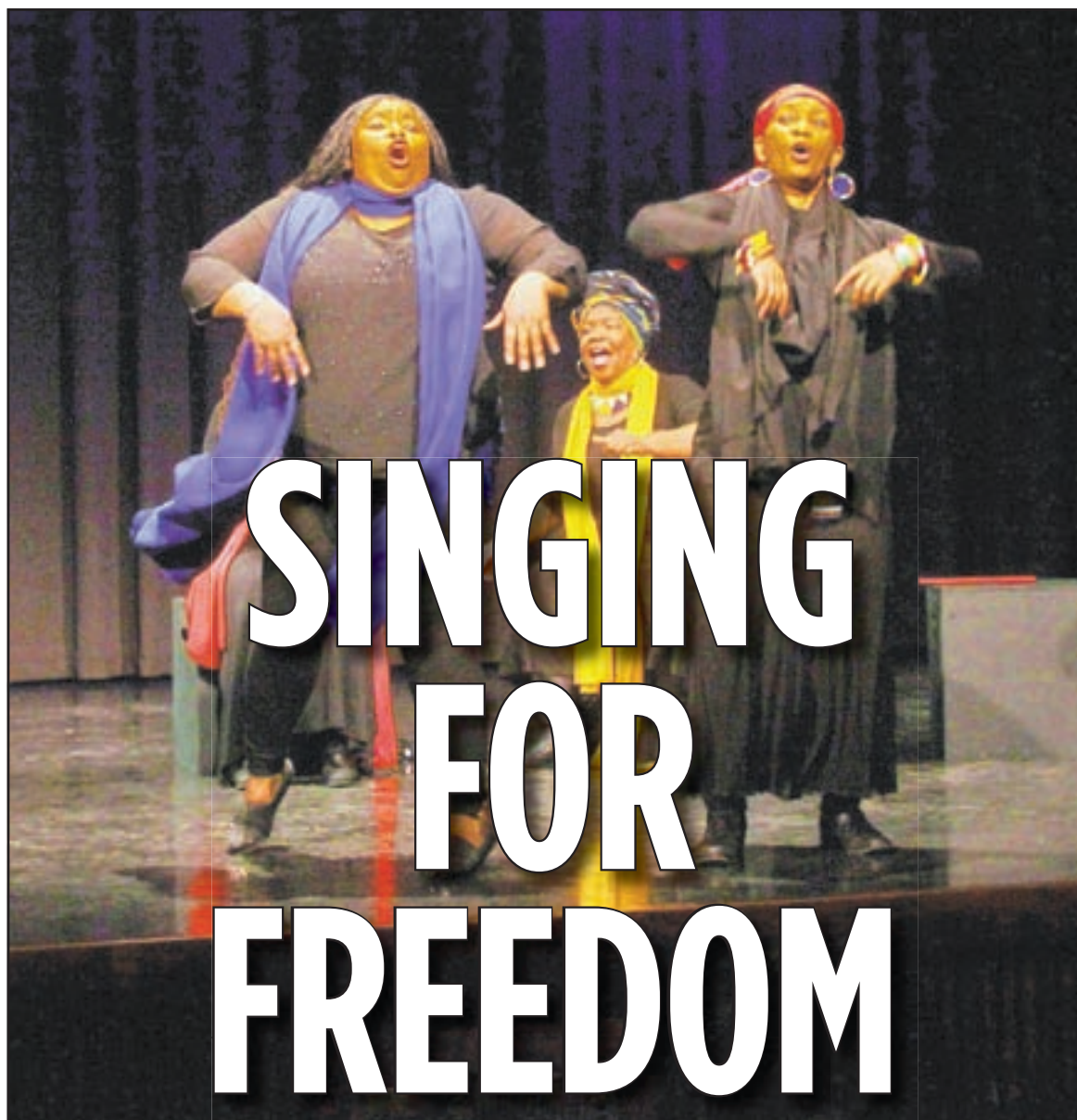
Continued on Page 46



This March 5, 2013 photo shows Motown founder Berry Gordy posing for a portrait in Times Square in New York.

Photo by Charles Sykes/Invision/AP

in a multi-media showcase which chronicles one of the most significant record



To the rhythmic, highly danceable South African harmonic songs, the ensemble members of I Sing for Freedom from South Africa show their moves, backed by the other singers. Dancing on the right is director Durban-born Thuli Dumakude.

Photo by Tequila Minsky

American African stories and song

By Tequila Minsky

Spoken-word vignettes segway into acapella song in the production of "Thokoza, I Sing for Freedom" that reopened its weekly run, now, every Sunday at 5:00 p.m. at the Jackie Onassis Theatre on 120 W. 46th St.

Perched on six black wooden boxes in an appropriately minimal set, six women who could be your

sisters, your mother, or your grandmother, in easy banter, swap lore of family and life. The women of "Thokoza, I Sing for Freedom" are originally from South Africa and also from Harlem or the South and are of "a certain age" with a lot of life experience to share.

The tales of these modern day griots are followed by song, sometimes solo, sometimes the group. A

beat against box, a tambourine, or an egg shaker rhythmically accompanies a select few songs.

About half the songs are familiar, mining the American Black musical experience from gospel, to the 60s civil rights song-"Ain't Gonna Let Nobody Turn Me Round", to R&B/Soul - "Respect," to jazz-"Afro Blue" and Nina Simone's "Peaches." The

Continued on Page 46

TOP OF THE CHARTS

TOP 10 SINGLES



- 1** **Counting Stars**
OneRepublic
- 2** **Timber**
Pitbull Feat. Ke\$ha
- 3** **The Monster**
Eminem Feat. Rihanna
- 4** **Dark Horse**
Katy Perry Featuring Juicy J ...
- 5** **Burn**
Ellie Goulding
- 6** **Let Her Go**
Passenger
- 7** **Team**
Lorde
- 8** **Royals**
Lorde
- 9** **Wake Me Up!**
Avicii
- 10** **Story Of My Life**
One Direction

TOP 10 ALBUMS



- 1** **Frozen**
Soundtrack
- 2** **Is There Anybody Out There?**
A Great Big World
- 3** **Mind Over Matter**
Young The Giant
- 4** **Beyonce**
Beyonce
- 5** **Pure Heroine**
Lorde
- 6** **Bad Blood**
Bastille
- 7** **Night Visions**
Imagine Dragons
- 8** **Grammy 2014 Nominees**
Various Artists
- 9** **The Heist**
Macklemore & Ryan Lewis
- 10** **PRISM**
Katy Perry

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Women of Thokoza

Continued from page 45

production includes a tribute in English to Nelson Mandela. At times, the audience joins by clapping, often murmuring the words to the songs they know.

Other songs in “I Sing for Freedom” draw from the rich harmonies of the South African musical repertoire. It took tutelage for the American singers to pick up the proper accents for the four different South African tongues sung.

The experience in attending this production is one of being embraced by the music amidst the familiarity of the performers. For the performers, it is music they love that makes them feel free.

The 90-minute production ran weekly for seven months last year at Baruch Performing Arts Center and its brief hiatus between runs has provided time for creative changes. “More South African music has been added and there are a few less stories,” says producer Eric Krebs commenting on the newer version.

The singers have winterfied their garb for this production. Now, all are dressed in black with each woman wearing a bright dif-



The ensemble, three South Africans, three African Americans from Harlem or the South have teamed up in a joyous evening of song in Thokoza (Celebration) in I Sing for Freedom, conceived and directed by songstress and actress Thuli Dumakude.

Photo by Tequila Minsky

ferent colored scarf, together the colors of the South African flag. These colors symbolize—they say during the production—the color of South Africa’s people, the land, natural wealth, bloodshed, hope

and trust.

Director of the production, Thuli Dumakude was born in Durban, South Africa and has lived in the U.S. since 1979, working here as a singer and stage actress

— including Broadway’s The Lion King. She conceived of “Thokoza,” which means ‘celebration’ in Zulu. The production is a concert experience mixed with the stories of the griots’ life experiences.



Members of United Vincie Cultural Group of Brooklyn (UVCGB) performing at the “Caribbean Solidarity Night.” Photo by Nelson A. King

Tribute

Continued from page 45

“Sammy Plant Piece Ah Yam”; “Mr. Anansi, O”; “Nah Eat Da Fish”; among others.

“Participating in the solidarity event was a great one for the UVCGB,” Dr. Roxie Irish, the group’s president told Caribbean Life afterwards. “It proved that we are one people after all.

“Our cultures are very similar, and there was such a friendly

atmosphere,” added the former national netball star. “Being able to celebrate with our Grenadian brothers and sisters was a great experience for us.”

Besides UVCGB and Quake, U.S.A., other performers included Belize’s Garifuna Spiritual Society of Brooklyn; the St. Lucia Folkloric Association; Barbadian poet Aja; Jamaica’s Braata Productions; Antigua and Barbuda’s City South Steel Orchestra of the Bronx; Dominica’s New Jersey-based “Know Your Culture”; and a Carriacou drummer.

Motown’s a hit

Continued from page 45

labels in American music history.

“What a great moment to commemorate the 50th anniversary of the Civil Rights Movement by kicking off our 2014 exhibition season with The Truth Is A Hit,” Dr. Khalil Gibran Muhammad, director of the Schomburg Center said.

“It is impossible to tell the story of that era without the soundtrack of Motown,” he added. “As the country’s foremost repository of Black culture -- from books and art to photographs and, of course, music, we look forward to inviting patrons of all ages to learn more about the music that helped make the movement.”

The exhibition will explore Motown’s early start as Tamla Records in 1959 Detroit through pivotal times in both musical and American history. From the great migration of Blacks from the southern states to the industrial cities of the north and west, to the label’s involvement with the Civil Rights Movement, to the protest songs of the Vietnam War, the

“Motown Sound” provided lasting, soulful narratives for generations of Black Americans throughout the country and served as a lasting influence for future musicians of all races and genres.

It features video and audio clips, Motown recordings, artifacts from Motown’s popular artists courtesy of the Motown Museum, the Schomburg Center and other private collections. Some of the items on display include:

- Gowns and artifacts of Motown’s popular artists
- The original release of Martin Luther King Jr.’s “I Have a Dream” speech recording by the Motown record label
- Video clips of Berry Gordy speaking about Motown and its history as well as its legacy today
- First Motortown Revue at the famed Apollo Theatre
- Pieces from Berry Gordy’s private collection of Chris Clark canvases celebrating iconic Motown artists

For more details log onto www.schomburgcenter.org

Crooked judges imprison minors for kickbacks

"Kids for Ca\$h"
Excellent (4 stars)
Rated PG-13 for
profanity and
mature themes
Running time:
102 minutes
Distributor: SenArt Films

By Kam Williams

Anybody who needs a new reason to hate lawyers ought to check out this shocking documentary chronicling a pay-to-play scheme whereby a couple of crooked judges, Michael Conahan and Mark Ciavarella, enriched themselves at the expense of adolescents unlucky enough to be arrested in Luzerne County, Pennsylvania. The evil pair's plan involved first condemning the existing juvenile detention center owned by the county.

Next, they took millions of dollars in kickbacks from the private corporation hired to build and then

run a larger facility. Furthermore, they secretly signed a contract with the company in which they agreed to continue to help the firm maximize profits by keeping the cells filled with juvenile delinquents.

They subsequently accepted additional checks for each child sent to the prison, most for long stretches of time and for the flimsiest of infractions. Punishment was meted out not only for anti-social behavior like cursing at a bus stop, making fun of the principal on a webpage, and fighting at school, but in cases where the accused was totally innocent, like the boy arrested for riding a stolen scooter that had inadvertently been purchased by his parents, and another arrested for possession of drug paraphernalia that had admittedly been planted by the local police.

These youthful offenders as young as 12 were generally denied their right to an attorney and so fared poorly in the kangaroo



A scene from, "Kids for Ca\$h."

Photo by Bill Tarutis

court, and far worse behind bars. It comes as no surprise that they often suffered from a combina-

tion of depression, anxiety, mood swings and Post-Traumatic Stress Disorder, even years after being

paroled. Some would become trapped in the criminal justice system's revolving door and eventually ended-up in an adult penitentiary.

All of the above is recounted in distressing detail in "Kids for Ca\$h," a heartbreaking expose directed by Robert May about two of the slimiest creeps to ever walk the Earth. Conahan and Ciavarella's shady shenanigans finally came to light after the Juvenile Law Center took up the cause of the falsely accused.

But the unrepentant jurists' have never shown any remorse, with their stints in country club federal prisons amounting to a slap on the wrist, given the thousands of lives they've ruined. We can only pray that a special room in Hell has been reserved for these "scumbags," as they were called on the steps of the courthouse by the grieving mother of one of their innocent victims who had committed suicide.

Independent & Foreign Films

7 Boxes (Unrated) Paraguayan action thriller about a 17-year-old pushcart porter (Celso Franco) who inadvertently becomes an accessory to a crime after agreeing to deliver some suspicious packages for a quick \$100. With Lali Gonzalez, Victor Sosa and Nico Garcia. (In Spanish and Guarani with subtitles)

Afternoon of a Faun (Unrated) Reverential biopic about the life and times of Tanaquil Le Clercq (1929-2000), a prima ballerina who wowed audiences as the leading dancer of her day until she was paralyzed by polio at the height of her career. Featuring archival footage of Arthur Mitchell, Jerome Robbins and her husband, George Balanchine.

Cavemen (R for sexuality, nudity and profanity) Romantic comedy about a reformed playboy (Skylar Austin) who decides it's time to find his soul mate and settle down, much to the chagrin of the womanizers (Dayo Okeniyi, Chad Michael Murray and Kenny Wormald) with whom he shares a bachelor pad. With Jason Patric, Camilla Belle and Alexis Knapp.

Demi-Soeur (Unrated) Josiane Balasko wrote, direct-



Kam's Kapsules

By Kam Williams

ed and stars in this road flick as a recently-orphaned autistic woman who shows up unannounced on the doorstep of the long-lost half-brother she's never known (Michel Blanc) in the wake of the death of their mother. Cast includes Brigitte Rouan, Francoise Lepine and George Aguilar. (In French with subtitles)

A Fantastic Fear of Everything (R for profanity) Crime comedy about a mystery writer (Simon Pegg) left a paranoid, emotional wreck by all of his research into Victorian serial killers. With Alan Drake, Kiran Shah and Michael Feast.

Kids for Ca\$h (PG-13 for profanity and mature themes) Pay-to-play documentary chronicling the shocking 2008 scandal in Wilkes-Barre, Pennsylvania where crooked judges put innocent juveniles behind bars in return for kickbacks from a privately-owned penitentiary in need of inmates.

The Last of the Unjust (PG-

13 for mature themes) Holocaust documentary shedding light on the truth about Theresienstadt, a godforsaken concentration camp promoted by Hitler henchman Adolph Eichmann in Nazi propaganda as an idyllic Jewish ghetto. (In German, French and English with subtitles)

Love & Air Sex (Unrated) Twerking comedy about a brokenhearted loser (Michael Stahl-David) who flies to Austin in search of his ex (Ashley Bell) only to arrive in time to enter the World Air Sex Competition. With Sara Paxton, Zach Cregger and Addison Timlin.

Nurse 3-D (R for profanity, gory violence, explicit sexuality and graphic nudity) Gruesome revenge flick revolving around a vigilante nurse (Paz de la Huerta) who moonlights as a temptress to lure cheating dudes to their deaths. High attrition rate cast includes Boris Kodjoe, Judd Nelson, Corbin Bleu and Niecy Nash.

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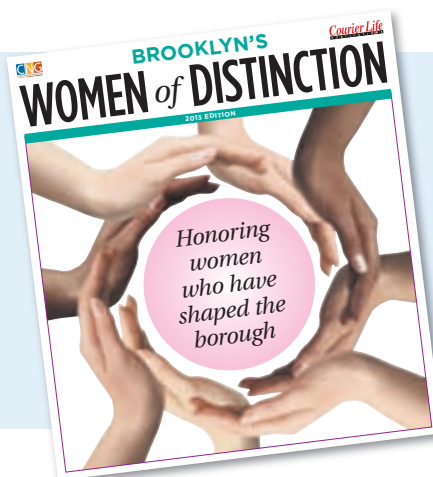
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'One Love' birthday party for Marley's 69th

Fans of reggae legend Bob Marley never need a reason to celebrate his legacy. However, this year, they will have 69 reasons to mark his Feb. 6 birthday. On that date, New Kingston Band plans to provide a jamming reggae session at SOB's, 201 Varick St. For the 22nd year, the club/restaurant has been doing these tributes and this year with a mention of the code word "One Love" admission will be free. Doors open at 8:00 p.m.

Further uptown, in the heart of Times Square, The Cannabis Cup Reggae Band Bring invites patrons to the 18th annual Bob Marley Birthday Bash. "Bring Your Tribe & Share The Vibe" is their mantra for the Feb. 8 celebration. Showtime is 7:30 p.m. A word of warning from the promoters is that this annual has been selling since 1997 therefore patrons are urged to book a seat in advance or plan to stand throughout the irie set.

WALL TO WALL WALCOTT TOASTS



Inside Life

By Vinette K. Pryce

ST. LUCIAN NOBEL LAUREATE

Happy, belated birthday to Nobel Laureate winner Derek Walcott who turned 84 on Jan. 23. Although that significant date has passed, the celebration continues for another two months with tributes and salutations that will explore and discover Walcott's illustrious life contribution.

Caribbean Cultural Theatre is partnering with "custodians of our culture" to salute the literary genius by presenting three significant events — on screen, on stage and on page.

The first is the NY premiere of "Poetry Is An Island," a film about the life and times of the St. Lucia-born 1992 Nobel Laureate winner.

Slated for Feb. 16 at 3:00 p.m., a free screening will be held at the Taipei Economic

Cultural Center, 1 East 42nd St. In the film, director Ida Does present an intimate portrait of the Nobel laureate, poet, playwright, visual artist and son of the Caribbean. Audiences will be able to travel through St. Lucia and encounter childhood friends who reveal family challenges and discover the significance of art for humanity.

A March calendar will promote a literary conversation intended to explore themes of identity, memory, spirituality and belonging. Featuring poets Adrian Augier, Mervyn Taylor and Derek Walcott, "The Search for Self in Caribbean Literature: Past, Present and Future" will focus on Walcott's written words on March 28 at 7:00 p.m. at Medgar Evers College, 1650 Bedford Ave. in Brooklyn.

On stage, "Pantomime"



Reggae singer, Bob Marley, smiles in this undated photo.

AP Photo/Island Records

begins on March 21 at 7:30 p.m. at Actors Fund Arts Center, 160 Schermerhorn St. in Brooklyn. Other dates

include March 22 at 8:00 p.m., March 23 at 6:30 p.m. and March 27 at 7:30. For more information about the

screening, reading and play email info@caribbeantheatre.org
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COMMUNITY EVENTS

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BALLET: The Dance Gallery presents Dance on a Shoestring at 7:00 p.m. and Saturday, Feb. 8 at 7:00 p.m. Tickets are \$15 and space is limited. Dance on A Shoestring, for many years, which enables established and developing artists to try out new ideas. The performances are offered in a venue where the community groups can come to see high quality ballet offered by "their" neighborhood company at affordable prices. To make a reservation, call 212-679-0401 ext. 1 or email info@nytb.org. Visit www.nytb.org for more information. 30 East 31st St., 5th Floor, NYC.

SAT., FEB. 8

MORTGAGE ASSISTANCE: Come to this free event where professionals will be available to discuss foreclosure prevention, Sandy-related issues, home improvement, flood insurance coverage and more, 10:00 a.m. - 3:00 p.m. PacPlex Recreation, 1500 Paerdegat Ave., North (between Paerdegat 15th Street & Seaview Ave.), BK, 11236. For more information, please call: (718) 469-4679. Sponsored by the Center for NYC Neighborhoods and the Canarsie Coalition.

INDEPENDENCE GALA: Join the Grenada Independence Anniversary Committee of New York in celebrating the 40th anniversary of Grenada's Independence at 9:00 p.m. Grand Prospect Hall, 263 Prospect Ave. (between 5th and 6th avenues). For more information, call (212) 599-0301.

FUNDRAISER: BMZ Entertainment in conjunction with the New York Consulate of SVG presents "Runway Rippers With a Difference." A fashion/talent show to raise funds for The Milton Cato Memorial Hospital's Pediatric Ward in St. Vincent and the Grenadines. Doors open at 4:30 p.m. Showtime: 5:00 p.m. - 9:00 p.m. Admission: \$10 per person (Children under 5 free) Food and refreshments will be on sale. Friends of Crown Heights, 671 Prospect Place (between Bedford Ave. & Franklin Ave.).

AFFORDABLE ACT: The Children's Defense Fund invites you to participate in a workshop on "What New York's Families Should Know about the Affordable Care Act" from 10:00 a.m. - 1:00 p.m. The presentations will address key provisions of the Affordable care Act and how they impact health care for children and families across New York State. Concord Baptist Church 833 Rev. Gardner C. Taylor Blvd. (Marcy Ave.) Memorial Hall, Brooklyn. Questions: Call (212) 697-2323 ext. 203/5.

MON., FEB. 10

SINGER'S SHOWCASE: The multi-talented Alex DeSuze returns to the Indian Road Café to host the "No Name Uptown Cabaret Second Monday" monthly singers showcase. The Cabaret is opportunity to enjoy and share your art with your fellow singers, composers and lyricists in a safe and fun place! Indian Road Café, located at 600 West 218th Street. 7:00 p.m.

SINGER'S SHOWCASE

FEB. 10: "No Name Uptown Cabaret Second Monday" monthly singers showcase. The Cabaret is opportunity to enjoy and share your art with your fellow singers, composers and lyricists in a safe and fun place! Indian Road Café, located at 600 West 218th Street. 7:00 p.m.



FASHION/TALENT SHOW

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with sign up beginning at 6:45 p.m. No cover, no minimum and for additional information, call (212) 942-7451. For more "No Name" information, visit <http://www.nonamenyc.com>

BALLET: New York Theatre Ballet presents Music Mondays at The Dance Gallery at 7:30 p.m. This installment of NYTB's concert series, Music Mondays, will showcase Nuevo Tango, an evening of contemporary tango music. The performance will feature the tango-inspired works of Michael Kosch, Andre Previn, Allen Shawn, Ron Wasserman, and more. New York Theatre Ballet's Music Director Michael Scales will accompany on piano with guest violinist Pauline Kim Harris. There will be a suggested donation of \$10 at the door. To make a reservation, call (212) 679-0401 or email info@nytb.org. 30 East 31st Street, 5th Floor, NYC.

WED., FEB. 12

BLACK HISTORY MONTH FORUM:

Understanding the historical legacy of Black Radio featuring host and Moderator Bob Law, Imhotep and Gary Bryd. There will be a goodwill offering to benefit our annual Mary McCloud Bethune, Mother's Day Tribute to black women. 7:00 p.m. Free Admission. Radio

Historic First Church of God in Christ, 221 Kingston Ave., Brooklyn, NY.

ONGOING

MON., JAN. 6 - SAT., MAR. 22

WINTER WORKSHOPS: Registration has already started but it is not too late to get in on the action. Registration for classes and workshops is ongoing throughout the term. Families, adults and children can choose from a variety of classes and workshops running morning, afternoon, evening and on weekends. Pelham Art Center Members receive 10 percent off classes. Need-based scholarships and payment plans are available. The Winter Catalog can be found on the Art Center's website, pelhamartcenter.org/education, or call (914) 738-2525 ext. 111 to request one by mail or email. Students may register online, in person, by mail, email, phone or fax. Pelham Art Center administrative hours are Tuesday- Friday, 10:00 a.m. - 5:00 p.m. and Saturday, 10:00 a.m. - 4:00 p.m.

FRI., JAN. 31 - SAT., MAR. 29, 2014

MIGRATION NARRATIVES: Pelham Art

Center is pleased to announce a group exhibition of kinetic sculpture, installation, drawing, painting, and video narratives by seven contemporary artists. There will be an opening reception and all age hands-on workshop from 6:30 p.m. - 8:00 p.m. Admission is free. This multi-media exhibition relates stories of individual transitions from one state of being to another. Independent Curator Lisa A. Banner is an art historian and visiting associate professor at Pratt Institute in Brooklyn, NY. Additional free public programming will include a Curator Talk on Thursday, Feb. 27, 6:00 p.m.

SAT., FEB. 8 - FRI., MAR. 7

ART EXHIBITION: This body of work is described by the artist as "interpretizm" - paintings on canvas along with various elements of wood and Masonite. In the spirit of "cabinet de curiosités," inspired by the surrealistic boxes by Joseph Cornell, Man Ray and Marcel Duchamp, many of Al Johnson's works utilize found objects and collages. Through his rich tonal palette he creates gestural and chromatic allegories which open the gates to the magic of dreams. His profound connection to the quintessential rhythms of jazz strongly resonate in his work in a frenetic way; yet he has a placed and controlled style as if his paintbrush was dancing with drips, dots and strokes to the rhythm of an African drum. Al Johnson's art is inspirational to the spirit. When you look once you will want to look again. As the artist says, "A part of my life is based on dreams. I dream of things that are unseen. I create these dreams and bring them to life." As an exceptional colorist, Al Johnson creates the magic and invites the public to experience moods, personalities and love in his "Room of Wonders." La Maison d'Art Private Gallery is located at 259 W 132nd Street (between 7th & 8th Aves.) in Manhattan. call (718) 593-4108 or go to: www.lamaisondartny.com/

FLOOD RELIEF: Donations are being accepted at the Friends of Crown Heights Center located at 671 Prospect Place, Brooklyn. Donations will also be accepted by Mirtha Colon, a Garifuna from Honduras, who operates Honduras Against Aids out of Casa Yurumein in the Bronx. Casa Yurumein is located at 874 Prospect Ave. in the South Bronx, corner of Westchester Avenue. Checks and money orders are welcomed and should be made out to "SVG Community Inc." Anyone in the Long Island area who wishes to make a donation but cannot drive to Brooklyn, please call (347) 488-4395 to arrange a drop off or to arrange for Colon to pick up the donation. Items needed include medical supplies, non-perishable food, clothes, shoes, candles. Monetary donations can be made in the form of checks or money orders addressed to "SVG Community Inc."

If you have an event you would like to post in Sun Kulcha, please email your submission to Caribbeanlife@cnglocal.com. All submissions are subject to a review by the editor.

Compiled by Natalie Y. Henry

Planned Service Changes



In Brooklyn

WEEKNIGHTS

Feb 3 – 7, Feb 10 – 14 | 10 PM to 5 AM, Mon to Fri

No A C trains between Jay St-MetroTech and Broadway Junction.

C service ends early each night.

Feb 18 – 21 | 11:30 PM to 5 AM, Tue to Fri

No A trains between Jay St-MetroTech and Utica Av.

WEEKENDS

Feb 7 – 10, Feb 14 – 18*, Feb 21 – 24 | 11:30 PM Fri to 5 AM Mon*

No A C trains between Jay St-MetroTech and Utica Av.

* Second weekend includes the Presidents' Day Holiday and runs until 5 AM Tuesday, February 18, 2014.

TRAVEL ALTERNATIVES

Free shuttle buses and J L trains provide alternate service during these changes:

J L service is available between Manhattan and the Broadway Junction **A J L** station.

Transfer between **A** and **L** trains at 14 St/8 Av.

Weeknights only, transfer between **A** and **J** trains at Fulton St.

Take free shuttle buses *to/from* closed stations.

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Call 511 and say "Current Service Status," look for informational posters in stations, or visit mta.info – where you can access the latest Planned Service Changes information, use TripPlanner⁺, and sign up for free email and text alerts.

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'Zone of peace' in the Caribbean

Continued from Page 26

one-party Communist system, installed shortly after the 1959 Cuban Revolution. Cuba was suspended from the OAS in 1962, and the Community of Latin American and Caribbean States, or CELAC, was created as an alternative.

Leaders have called the summit an attempt to seek unity amid diversity — both of which were evident in their remarks Wednesday.

Heads of state gave speeches highlighting the need to solve urgent problems such as regional insecurity and economic struggles, and backing Argentine sovereignty over the British-controlled Falkland Islands, known in the Spanish-speaking world as the Malvinas.

Some left-leaning presidents railed against U.S. domination of world lending organizations, cultural imperialism, consumerism and "savage capitalism."

Conservative Colombian President Juan Manuel Santos, however, spoke of free trade's potential to spur economic growth. Uruguay's famously casual Jose Mujica delivered an impassioned denunciation of the business suit, one of the light moments of an otherwise sober gathering.

"We are sure that by sharing experience between the nations of Latin America and the Caribbean, we will be able to enrich public policy in every one of

our nations," said outgoing Chilean President Sebastian Pinera, who sat next to his elected successor and political rival, Michelle Bachelet.

Pinera and President Ollanta Humala of Peru made a joint appearance to publicly put behind them their nations' longtime maritime border dispute. On Monday, the United Nations' highest court drew a sea boundary granting Peru a bigger slice of the Pacific Ocean while keeping rich coastal fishing grounds under Chilean control.

There were also signs of simmering disputes.

Dominican President Danilo Medina bristled at suggestions his nation treats migrants unfairly following a court ruling that could render stateless thousands of people born in the country — many of them poor descendants of Haitian migrants.

"They want to accuse us of being racists and violating human rights," Medina said. "It's not true that the Dominican Republic strips nationality from anyone. I can't take away from anyone what they didn't already have."

As the summit closed in the early evening, Cuba handed off the rotating presidency of CELAC to Costa Rica, which will host the next summit.

President Laura Chinchilla said Costa Rica's stewardship of the bloc would be guided by "the values and

objectives that unite us ... and are grounded in our rich historic heritage, particularly respect for human rights and rule of law in their national and international dimensions as a basis for harmonious coexistence."

The Central American nation's ambassador to Cuba met for about a half-hour Wednesday morning with two independent human rights activists to hear their concerns.

"We asked that under the pro-tempore presidency of Costa Rica, Cuba be encouraged to begin a process of gradual reforms on the issue of human rights," Elizardo Sanchez, head of the non-governmental Cuban Commission for Human Rights and National Reconciliation, said after he and his group's communications director met with the envoy.

On Tuesday, U.N. Secretary-General Ban Ki-moon said he had spoken to Cuban leadership and pressed them on human rights, free expression and freedom of assembly.

Cuba considers its small community of outspoken government opponents to be treasonous "mercenaries" bent on undermining the island's political system at the behest of foreign interests.

Associated Press writer Anne-Marie Garcia contributed to this report.

Dinesh Sharma on Obama

Continued from Page 18
becomes very jocular.

KW: What's it like to be a member of the press corps accompanying President Obama on a trip?

DS: Very interesting. As an immigrant from India who lived in Chicago for many years, or even as a graduate student at Harvard in psychology and human development, I didn't think or imagine that one day I would be covering the first black president at the White House.

KW: You traveled to var-

ious places where Obama grew up while researching your first book about Obama. Where did you think the seed of his presidential destiny was planted?

DS: Hawaii. His parents met there and he attended one of the elite preparatory schools on the island, Punahou Academy. Hawaii was the last state to join the Union in 1959 after the attack on Pearl Harbor and World War II. Obama's father arrived there as an exchange student in 1959

and Barack was born two years after Hawaii became part of the U.S. It shaped not only his inner-most self, his destiny, but also his vision of America as reflected in his saying, "There is no Red America or Blue America, only the United States of America." As the first majority-minority state, you could say that Hawaii shaped Obama's identity indelibly. They both grew up together, in parallel, and are now leading America towards being a blended nation, demographically.

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When you are injured call attorney Jerome Neuman

BY CAMILLE SPERRAZZA

Jerome Neuman is an attorney who brings 31 years of experience to the negotiation table.

If you have suffered a personal injury of any type — whether in a car accident, slip and fall, medical malpractice, or work related — Mr. Neuman will make sure you will receive the highest amount of compensation you are entitled to.

When you contact him, you are assured of personalized service. You will speak with Mr. Neuman directly about every aspect of your case.

"I am attentive and aggressive," he says. "I keep clients informed every step of the way, whether reaching a settlement, or taking a case to court, if necessary."

He counts numerous success stories, such as the compensation he se-

cured for a child who was jumping off chairs in a school, and whose chin was caught on the hook of a window guard while doing so.

"The argument was that there should be no compensation because the child shouldn't have been jumping," he says.

However, he convinced the judge that children are expected to be active, and the school was order to pay a significant settlement.

Mr. Neuman also negotiated successfully for a man who fell on ice, broke his hip, and couldn't work.

"He received a six-figure settlement," he says.

When you are injured, seek medical attention immediately, he says. Then, call the office for advice. Cases can take from six months to a year to be settled, if they do not go to trial. If they do go to trial,



Attorney Jerome Neuman.

Photo by Steve Solomonson

it may take anywhere from a year and a half to three years, he says. Due to Mr. Neuman's negotiation skills and experience, the vast majority of his

cases are settled without trial, saving his clients time and money.

He also notes that clients can take comfort that there are doctors who may

agree to work on a "lien basis," meaning they will be paid after a settlement is reached, assuring you get the care you need. After all, you are not simply a court case or a number. You are a person whose medical needs must be secured.

Mr. Neuman is very familiar with the borough in which he practices law. He grew up in Brooklyn, attending local schools and Yeshivas. He graduated from Cardozo Law School in Manhattan in 1980, and worked for a corporation before opening his own private practice. He has been practicing in Brooklyn for more than 20 years, working closely with members of the community, assisting them with slip and fall cases, medical malpractice suits, and wrongful death suits.

It is important to have a skilled, compassionate,

and experienced lawyer to fight for your rights.

Mr. Neuman has the knowledge and the work ethic to best represent the rights of each and every client. He will keep you informed about the progress of your case and is available to answer questions and concerns. Just as important, he is an advocate who has your best interest in mind. He will fight with insurance companies and defend your cause until a just resolution is obtained.

Don't suffer in silence. If you think you might have a case, call Jerome Neuman Esq., P.C. and see what he can do for you.

Jerome Neuman, Esq., P.C. [3917 14th Ave., Suite 201 between 39th and 40th street in Borough Park, (718) 436-6400. Open Mondays through Fridays, 9:30 am-5:30 pm.]

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Usain Bolt. AP Photo/Manu Fernandez

Top sports personalities

By Azad Ali

Usain Bolt and Shelly-Ann Fraser-Pryce were named Jamaica's top sporting personalities for 2013 at the RJR Foundation National Sportsman and Sportswoman awards recently.

Both athletes were also crowned the IAAF World Athletes of the Year recently. Bolt copped his fifth straight Sportsman of the Year award, following his outstanding performances at the 2013 World Championships in Moscow where he won three gold medals in the 4x100 meters relay.

Continued on Page 56

All eyes on Jason Cethoute

By Robert Elkin

Last year Chaz Walter and Chris Davis lead Archbishop Molloy's varsity in scoring each with 17-point averages a game. Walter graduated and Davis, a guard, returned for his senior year during which time the latter made up his mind to continue his education and basketball at Ivy League College Columbia University.

Also returning was forward Jason Cethoute, one of seven seniors on the 14-player roster. At press time, the Stanners are putting 'it' all together and are having one of the top teams in the Brooklyn-Queens Division of the Catholic High Schools Athletic Association Class 'AA' league.

While Davis made his college choice ear-

Continued on Page 56



USA forward Sydney Leroux (2) and Canada defender Lauren Sesselmann (10) chase the ball during the first half of a soccer game Friday, Jan. 31, 2014, in Frisco, Texas. USA won 1-0.

AP Photo/LM Otero

PUMPED-UP!

Leroux leads US women to victory

By Patrick Horne

U.S. international forward Sydney Leroux seems to really enjoy playing against Canada; she is always the center of attraction when the North American rivals meet. The U. S. forward rose to the occasion again when she scored the lone goal

to propel the American women to a 1-0 victory against their Canadian counterparts in an international friendly last Friday, Jan. 31, in front of a crowd of 20,862 at the Toyota Park in Frisco, Texas. Leroux also scored for the USA in a 3-0 win over Canada on June 2, 2013, when the

USA visited BMO Field in Toronto.

The 24-year-old forward has much reason to be pumped for these clashes: she is Canadian born, played for Canadian youth teams and is always chided by Canadian fans who think that she is

Continued on Page 56



Canada goalkeeper Erin McLeod (1) makes a save as United States forward Sydney Leroux, right, and Kadeisha Buchanan (14) close in during the first half of a soccer game on Friday, Jan. 31, 2014, in Frisco, Texas.

AP Photo/LM Otero

International appearances for the USA

Continued from page 55

playing for the wrong team. Since Leroux cannot play for Canada again, she is making the best of the opportunities to play for the USA. She claimed in the past that she was racially abused by fans because of her decision to play for the U.S.

Born and raised in Vancouver, Canada, Leroux was the youngest player at the 2004 FIFA Under-19 World Cup in Thailand when she represented Canada at age 14; she went on to captain Canada's U-15 team at a tournament in Germany in 2005, just before moving to the USA at age 15. Under international soccer rules, a player can switch countries only while playing at the youth level; once a player suits up for a country's senior team, there is no going back.

Leroux went on to become the most prolific American

player ever at the U-20 level. She made the most international appearances (39) for a USA U-20 player and became the highest scorer all-time (24, goals). Against Switzerland, Leroux scored only the third hat trick in history for an American U-20 player, during the 2010 FIFA U-20 World Cup in Chile, and she has the record for most World Cup goals (10) for an American at this level.

The 5-7 forward attended UCLA on a soccer scholarship, where she honed her skills; as a junior at UCLA in 2011, she was one of the best college players in the country and became part of the USA senior national program. She set a scoring record with the senior team tallying 14 times as a substitute and has now played 44 times for the USA and scored 25 goals. The fast forward also plays for the Seattle Reign in the New Women's Professional Soc-

cer League.

Leroux's 25th goal came on Friday when, with 12 minutes to play in a very close game, defender Becky Sauerbrunn sent a cross from the right wing that rolled past three defenders in the goal area before Leroux came in from the far left side to tap the ball into the net. It was one of the few chances for the Americans in the very competitive game and Leroux proved her value to the team.

Leroux's enthusiasm for the game is infectious! Her excellent technical skills, tremendous speed and very high work rate makes her the envy of many coaches and gained the attention of the world's top defenders. In last Friday's game, she was closely marked throughout by Canada's strongest defender, Kadeisha Buchanan from West Virginia University, but managed to elude her marker for a

moment — ultimately the most important moment of the game.

The U.S. women are now unbeaten at home in their last 78 matches and have won 47 of 55 matches against Canada all-time. Canada won five of those contests and three were drawn. The Americans will play Russia twice next month on Feb. 8 at FAU Stadium in Boca Raton, Florida, and at Atlanta's Georgia Dome on Feb. 12.

USA MEN BEAT KOREA

Last Saturday's USA-South Korea friendly international at the Stub Hub Center in Carson (CA) was a chance for fringe players to stake their claim for a spot on the USA men's World Cup team for Brazil next summer. Ditto Korea! The visitors were without most of their first teamers as well.

A great season

Continued from page 55

"For me, this year was a wonderful year. It was hard; a lot of ups and downs, but overall it was a great season," said Bolt.

Fraser-Pryce, who also won three gold medals in Moscow, thanked fans for their support during the year. "It was an effort from me that was collective; my managers, my teammates as well, my coaches and, of course, my family and my friends," said Fraser-Pryce.



Shelly-Ann Fraser-Pryce.

AP Photo/Anja Niedringhaus

Varsity soccer

Continued from page 55

lier this season, Cethoute still is undecided, as according to him, first comes a possible team title.

Jason's father Donald is a native of Haiti, where his sport was playing soccer.

"Jason (also) has been one of our best players this year," said Head Varsity Coach Mike McCleary. "When he plays well and (his teammates) play well we're tough to beat. He's having a tremendous season."

Jason's highest scoring game was 24 points and with it came a spot on the all-tournament team at Gonzaga earlier this season.

Jason, a starting forward on the varsity, is expected to be recruited by a college. Among the colleges looking at him include Adelphi, New Hampshire and lower Division I colleges.

"We're hoping they (the recruiters) keep coming because he's a good player," McCleary said.

However, Jason still has to improve himself in certain aspects of the game to be competitive on the next level.

He has to be a little more fluid on his left side, has to improve on his shooting, handling the ball and finishing it.

A resident of East Elmhurst, Queens, Jason attended St. Gabriel's where he began the sport of basketball, before the school closed down. During the off season, he

played outside ball for the Brooklyn Bullets.

"It made me stronger and more physical, and made me want to attack the basket more, because nobody knew who I was before this year," the 6'5' student athlete said, after a recent game. "I want to have a breakout year this year."

Jason has been playing at Molloy for four years, starting as a freshman when he averaged eight points a game. In his sophomore year, again as a starter, he averaged 15 points a test. Last year as a junior reserve on the varsity he averaged six markers a fray.

Last year he played under the late Jack Curran, then long-time head coach of the varsity. Now with McCleary moving up to the head position, the forward is having more freedom around the perimeter, and where as a junior he played more down low.

Meanwhile, Jason's father Donald helps his son wherever and whenever he can, for he also works during the day.

"My father talks to me about watching my footwork," he said. "He tells me basically to get strong, be more physical, jump higher and keep working out."

"Any time we're on the go, nobody can stop us," Davis added. "If we're on fire we can compete with anybody. We take each game one at a time."

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Jonathan Carter slams a ton in the Nagico tournament



Barbadian left arm spinner Sulieman Benn took 4 wickets for 23 runs against Trinidad and Tobago.

AP Photo/Andres Leighton, File

The Nagico Super50 Series in the West Indies started off with batsmen dominating the proceedings. Barbados defeated Trinidad and Tobago by 28 runs at the Queen's Park Oval in Trinidad after a swashbuckling innings by Jonathan Carter of 109 from 111 balls with nine fours and five massive sixes and shared in a partnership of 103 runs with who scored 83 runs from 12 balls with 10 fours and three sixes.

Barbados scored 269 for 8 in 45 overs after rain delayed the start of the game causing the overs to be less. Wicket-keeper batsman Shane Dowrich shared in a partnership of 91 runs with Jonathan Carter. The Trinidad and Tobago squad was bowled out for 241 runs in 43.3 overs. Denesh Ramdin scored 48 not out, Darren Bravo 40, Jonathan Mohammed 32 and



Eyes on Cricket

By George H. Whyte

Lendl Simmons 37.

Left-arm spinner Sulieman Benn 4 wickets for 23 runs and pacer Jason Holder 2 wickets for 23 runs were the main wicket takers for Barbados. Rayad Emrit picked up 4 wickets for 51 runs from 9 overs for Trinidad and Tobago.

Guyana defeated Ireland, Jamaica defeated both Ireland and last year's champion Windward Islands. Combined Colleges and Campuses defeated the Leeward Islands in zone "B."

Zone "A" comprises Jamaica, Guyana, Windward Islands and Ireland. Zone "B" comprises Trinidad and Tobago, Barbados, Com-

bined Colleges and Campuses and the Leeward Islands.

TRINIDAD AND TOBAGO, BARBADOS CARRY ALLROUND STRENGTH

Undoubtedly Trinidad and Tobago is about the strongest team on paper with about 10 players who have represented the West Indies. Barbados defeated Trinidad and Tobago in group "B" but look out for a rebound from the strong Trinidad and Tobago squad including Dwayne Bravo, Denesh Ramdin, Ravi Rampaul and Rayad Emrit, which may lead them not only in

the semi-finals but in the finals.

Barbados has a unique squad with a variety of bowlers and power hitters. Apart from Dwayne Smith and Jonathan Carter, the Barbados team includes such players as wicketkeeper batsman Shane Dowrich and Ashley Nurse with the experience of working the ball around. The advantage Barbados has is in their batting depth with batsmen going all the way down in the order.

West Indies selectors should be keen on the performances of the tournament and use same as a criteria for the selection of the West Indies team.

Note: Sunil Narine has returned home and has joined the Trinidad and Tobago squad after playing cricket in South Africa. He missed the first game against Barbados.

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ACROSS

1. Burp
6. Flapper's feathers
9. Struggle for air
13. Wombs
14. *Degree common to many Presidents
15. *Presidential Medal of _____
16. Show of contempt
17. On vacation
18. Beat the Joneses
19. *The first whom women could vote for
21. Perfect world
23. Bit of binary code
24. Bohemian, e.g.
25. Part of T.G.I.F.
28. One from the Magi
30. Feel bitter about
35. Exercise group, pl.
37. Kicker's field _____
39. Return the debt
40. Hurry up!
41. Dark organic soil substance
43. Seed cover
44. Cover
46. Agitate
47. Encore!
48. *Peanut farmer
50. Partner of "void"
52. To blemish

53. Dwarf buffalo
55. Bygone bird
57. *First Medicare cardholder
60. *Old Hickory
64. Jelly fruit
65. Rocks in drink
67. Thin mountain ridge
68. "A Doll's House" playwright
69. Military _____
70. One of several species of lemurs
71. California valley
72. Bolt's companion
73. *Presidents call on Congress to do this

DOWN

1. *41st or 43rd president
2. Europe's highest volcano
3. Lecherous look
4. Belief
5. "Now _____" sign in window
6. Cyberspace soliloquy
7. Stumblebum
8. More than bad
9. Climb the stairs
10. Against or opposed to
11. Fountain liquid
12. A Super Bowl participant, e.g.
15. *He never promised "a chicken in every pot"
20. Secretariat's sound
22. Feather glue
24. Enduring strength
25. Biblical patriarch
26. Famous physicist Nikola
27. Part of stairs
29. *Number of Presidents named John
31. Clothes line
32. Erasable programmable read only memory
33. Nigerian money
34. *a.k.a. "His Accidency"
36. Falling-out
38. Comic strip Moppet
42. 1965 march site
45. Sinbad, e.g.
49. Genetic info carrier
51. Scene of event or action
54. "The _____," "America's Finest News Source"
56. Ohio rubber hub
57. Marching band member
58. Coarse file
59. Eye part
60. Court fool's joke
61. Plural for "serum"
62. Auditory
63. Hitler's Eagle's _____
64. Bathtub liquor
66. PC brain

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HOROSCOPE FOR FEBRUARY 10TH TO FEBRUARY 16TH

♈ ARIES: Mar 21/Apr 20
Aries, there is more to you than meets the eye. You enjoy letting others get small glimpses of your true self, but this week they will get a lot of information all at once.

♉ TAURUS: Apr 21/May 21
Feeling restless, Taurus? Spend some time with a hobby that you enjoy, whether that is cooking in the kitchen or building something out in the garage.

♊ GEMINI: May 22/Jun 21
Others may have trouble reading you this week, Gemini. That's because you are putting forth a few different faces. It is better for all involved if you remain consistent.

♋ CANCER: Jun 22/Jul 22
Cancer, now is the time to introduce your family to a special friend of yours. This person will be received graciously, so there is no need to fret about the meeting.

♌ LEO: Jul 23/Aug 23
Leo, when you want to get something done, it is probably best if you do it yourself this week. This way you can bring your own unique approach to the task at hand.

♍ VIRGO: Aug 24/Sept 22
Cash seems to be flowing out of your pockets this week, Virgo. You may want to sit down and make some adjustments to your spending habits so you can get your finances in order.

♎ LIBRA: Sept 23/Oct 23
Libra, your patience is wearing thin, but you need to keep your cool or you could end up in a sticky situation at work. Ride things out until the weekend arrives.

♏ SCORPIO: Oct 24/Nov 22
It isn't in your makeup to be meek, Scorpio. If something needs to be discussed, speak up and let others know your perspective on the situation.

♐ SAGITTARIUS: Nov 23/Dec 21
Sagittarius, a lucky streak has you excited to test your good fortune. Ride this wave, but do not go through all of your money in one fell swoop. That can spell trouble.

♑ CAPRICORN: Dec 22/Jan 20
Capricorn, you have been doing a lot of waiting around, but now your patience is bound to pay off. You just need to wait a little while longer to bear the fruits of your labors.

♒ AQUARIUS: Jan 21/Feb 18
Aquarius, a big adventure is on the horizon. The trouble is, you do not know what to expect and what to bring along for the ride. Things will come into focus soon.

♓ PISCES: Feb 19/Mar 20
You need to take a rest, Pisces. Otherwise, you will burn out very quickly. Friends are urging you to slow down this week.

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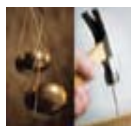
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**DeBlasio Warns
Consumers About
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Toll numbers may be a direct line to trouble.
Classified ads are intended to help people by facilitating communication and advertising available services; however, some of the hotlines & service numbers in classifieds actually hurt the people who rely on them by cheating them of their hard-earned dollars. "Most newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. In some instances, ads initially advertise calls to a local number, but then direct callers to a second number starting with one of the paid exchanges. "Consumers must also question the legitimacy of vague classifieds because they too could be a scam. Before responding to an ad, consumers should verify the source of all information & always be wary about sending money or signing a contract with an unknown party."

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► LEGAL

NOTICE OF FORMATION
of limited liability
company (LLC). Name:
MISILE LLC. Articles of
Organization filed with
Secretary of State of New
York (SSNY) on
10/02/2013. Office
location: Kings County.
SSNY designated as
agent of LLC upon whom
process against it may be
served. SSNY shall mail
copy of process to:
United States Corporation
Agents, Inc. 7014 13th
Avenue, Suite 202
Brooklyn, NY 11228.
Purpose: any lawful
purpose.

► LEGAL

Notice is hereby given
that a license, #1274894
has been applied for by
LCM Restaurant and Catering Company Incorporated to sell beer, wine and/or liquor at retail in a Restaurant/Bar. For on premises consumption under the ABC law at 2537 Adam Clayton Powell Boulevard, New York, New York 10039. LCM Restaurant and Catering Company Incorporated

► LEGAL

NOTICE OF SALE

SUPREME COURT -
COUNTY OF KINGS
U.S. BANK, N.A. AS SUC-
CESSOR TRUSTEE TO
BANK OF AMERICA, N.A.
AS SUCCESSOR BY MER-
GER TO LASALLE BANK
N.A., AS TRUSTEE FOR
MERRILL LYNCH FIRST
FRANKLIN MORTGAGE
LOAN TRUST, MORT-
GAGE LOAN ASSET-
BACKED CERTIFICATES,
SERIES 2007-1, Plaintiff,
- against- OSVALDO
ACOSTA, ET AL., Defen-
dant(s). Pursuant to a
Judgment of Foreclosure
and Sale duly filed OC-
TOBER 2, 2013, I, the
undersigned Referee, will
sell at public auction in
ROOM 224 OF KINGS
COUNTY SUPREME
COURT, 360 ADAMS
STREET, BROOKLYN, NY
on the 6TH DAY OF
MARCH, 2014 at 2:30
p.m. premises known as
74-76 SOUTH 2ND
STREET, BROOKLYN, NY
11211 further described
as follows: Block: 2416,

► LEGAL

Lot: 8
ALL that certain plot,
piece or parcel of land,
with the buildings and
improvements thereon
erected, situate, lying
and being in the Borough
of Brooklyn, County of
Kings, City and State of
New York, bounded and
described as follows:
BEGINNING at a point on
the Southerly side of
South 2nd Street, distant
50 feet Easterly from the
corner formed by the in-
tersection on the South-
erly side of South 2nd
Street with the Easterly
side of Wythe Avenue;
RUNNING THENCE South-
erly parallel to Wythe
Avenue, 75 feet;
THENCE Easterly parallel
with the South 2nd
Street, 50 feet;
THENCE Northerly again
parallel to Wythe Avenue,
75 feet to the Southerly
side of South 2nd Street;
THENCE Westerly along
the Southerly side of
South 2nd Street, 50 feet
to the point or place of
BEGINNING.
SAID PREMISES known
as 74-76 South 2nd
Street, Brooklyn, NY.
Approximate amount of
lien \$973,828.71 plus
interest & costs. Premises
will be sold subject to
provisions of filed judg-
ment and terms of sale.
Index Number
14712/2008.
LYLE SILVERSMITH,
ESQ., REFEREE
DOONAN, GRAVES &
LONGORIA, LLC
Attorney(s) for Plaintiff
100 Cummings Center
Suite 225D
Beverly, MA 01915

► LEGAL

PROBATE CITATION

File No. 504-2009
SURROGATE'S COURT -
KINGS COUNTY
CITATION

THE PEOPLE OF THE
STATE OF NEW YORK, By
the Grace of God Free
and Independent
TO any and all unknown
person whose name or
parts of whose name,
and whose place or plac-
es of residence are un-
known, and cannot after
due diligent inquiry, be
ascertained, distribute,
heirs at law and next of
kin of said MILLIAN

► LEGAL

MORGAN and if any of
the said distributes, heirs
at law of next of kin of
deceased, be dead, their
legal representatives,
their husbands or wives,
if any, distributes and
successors in interest
whose names and/or
places of residence and
post office addresses are
unknown.
A petition having been
duly filed by Lucille Mor-
gan who is domiciled at
1280 Ryder Street,
Brooklyn, N.Y. 11234.
YOU ARE HEREBY CITED
TO SHOW CAUSE before
the Surrogate's Court,
Kings County, at 2 John-
son Street, Room 319
Brooklyn, New York, on
March 11, 2014, at 9:30
o'clock in the forenoon
of that day, why a decree
should not be made in
the estate of Millian Mor-
gan lately domiciled at
3215 Avenue H, Apart-
ment 2C, Brooklyn, N.Y.
11210 admitting to pro-
bate a Will dated Sep-
tember 6, 2008 as the
Will of MILLIAN MORGAN
deceased, relating to real
and personal property,
and directing that [x] Let-
ters Testamentary issue
to: Lucille Morgan.

Dated, Attested and
Sealed,
January 03, 2014
Hon. Margarita López
Torres
Surrogate
Attorney for Petitioner:
Rochelle Prashker, Esq.
Telephone Number
(347) 204-0390
Address of Attorney:
1231 West Broadway,
Hewlett, N.Y. 11557

[Note: This citation is
served upon you as re-
quired by law. You are
not required to appear. If
you fail to appear it will
be assumed you do not
object to the relief re-
quested. You have a right
to have an attorney ap-
pear for you.]

► LEGAL

**JAMES P. NEWMAN &
ASSOCIATES**, Attorneys
2570 Foxfield Rd., Suite
201
St. Charles, IL 60174
STATE OF ILLINOIS,
COUNTY OF COOK, ss. -
In the Circuit Court of
Cook County, Chancery

► LEGAL

Division,. American Ac-
cess Casualty Company,
Plaintiff, vs. Fabian Jime-
nez, Defendant. No. 13
CH 15023.
Notice is hereby given to
you, FABIAN JIMENEZ,
Defendant in the above
entitled suit, that the said
suit has been com-
menced in the Circuit
Court of Cook County,
Chancery Division by the
said plaintiff against you
and other defendants,
praying for a declaratory
judgment finding that
American Access Casual-
ty Company has no duty
whatsoever under its
policy No.
12AU000442931 to ei-
ther defend or indemnify
HILARIO ROJAS a/k/a
HILARIO ROJAS-GONZA-
LEZ in any claim or law-
suit which may be
brought by GOVERN-
MENT EMPLOYEES INSU-
RANCE COMPANY a/s/o
FABIAN JIMENEZ or FA-
BIAN JIMEEZ as a result
of the incident of October
17, 2012.
Notice is also hereby giv-
en to you that the said
Complaint prays for other
relief, that summons was
duly issued out of said
Court against you as pro-
vided by law, and that
the said suit is now
pending.
Now, therefore, unless
you, the said above
named defendant, file
your answer to the Com-
plaint in the said suit or
otherwise make your ap-
pearance therein, in the
office of the Clerk of the
Court, 50 W. Washing-
ton, Chicago, Illinois, on
or before February 28,
2014, default may be en-
tered against you at any
time after that day and a
Judgment entered in ac-
cordance with the prayer
of said Complaint.

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regarding Cemetery lots
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Section 5, lots 522&523
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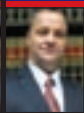
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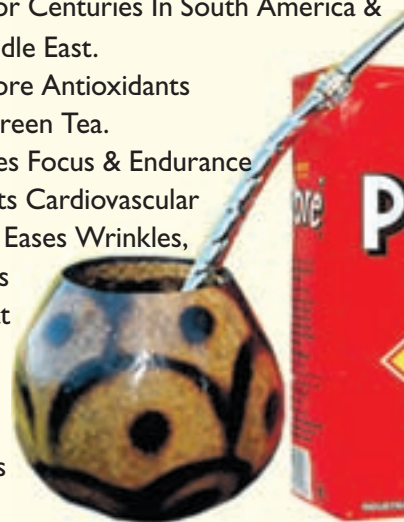
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