

INSIDE: LEARN TO EARN CAREER TRAINING

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U.S. hails Belize St. Kitts

By Nelson A. King

The United States has congratulated Belize and St. Kitts and Nevis on their respective independence anniversaries. Belize celebrated its 32nd anniversary on Sept. 21, while St. Kitts and Nevis celebrated its 30th anniversary two days before.

U.S. Secretary of State John Kerry in a statement said: "As you celebrate from northernmost Corozal to southernmost Toledo, I wish the people of Belize a safe and joyous Independence Day. On behalf of President Obama and the people of the United States, I send best wishes to the Belizean people as you mark the 32nd anniversary of your nation's independence on Sept. 21.

"Our relationship is strong and rooted in the shared values of democracy and cultural diversity. We work as partners to promote citizen security, expand trade and economic growth, and build opportunities for all people," he added.

"The successful friendship between our two countries sets a powerful example for the entire region." Kerry continued.

The U.S. Secretary of State said Continued on Page 4



Fit for a King!

Something Positive lead dancer, Michael Manswell receives a birthday salute from his peers as the preeminent group prepares for a Belize Independence Salute. See page 3. Photo by Amun

BACK TO THE DOLLS

SECTION INSIDE

Vote-weary Trinidad gears up

By Bert Wilkinson

No one had planned it this way but whether voters in Trinidad&Tobago like it or not, the island is about to make history: It is about to hold its fourth major election in one year.

Two of the elections -- one for the crucial Chaguanas West Central Trinidad constituency that the government lost to the newly-formed party of former National Security Minister Austin Jack Warner and another in suburban St. Joseph, were forced upon the administration of Prime Minister Kamla Persad-Bissessar because both Warner and St. Joseph Member of Parlia-Continued on Page 4

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THE NEWS FROM BACK HOME

Barbados

Government may be able to achieve the Public Service cuts it needs without job losses.

Prime Minister Freundel Stuart recently said that this was the indication filtering through from an ongoing analysis he had ordered on the effects of expenditure cuts announced in last month's Budget to bring down an unsustainable deficit.

"I said that research should be done in the month of September and that by the end of September it should be with the Head of the Civil Service for

discussion with me so that we can see what the overall impact of the budgetary

measures would be on the Public Service and to try to see therefore how best we can achieve the cuts we want without having to cause disruption in the households of Barbados.

"Fortunately, I have been getting little driblets of information from ministries and ministers as they have conducted that kind of research and a lot of them are realizing that the truth is that we can get the cuts we want without having necessarily to affect employment in the Public Service.

Guyana

Fly Jamaica has been granted flag-carrier status by the Guyana government. Fly Jamaica intends to survive competition by using tourism-related events to maintain a constant passenger load, according to its Public Relations Manager, Roxanne Reece.

At a press conference held recently the company's office at the Wings Aviation Airdrome at Ogle International Airport, East Coast Demerara, the PRO said,

"We are not just sitting and waiting on passengers to come to us. We are coming out there and we are offering

you different events in our four destinations."

Her assurance comes against the background of numerous carriers in the past going belly-up because of price gouging by competitors and fewer passengers travelling during low seasons, coupled with high operational costs.



American Friends of Jamaica

The American Friends of Jamaica held a Media Cocktail Reception on Tuesday, September 24th at the upper eastside residence of former U.S. Ambassador to Jamaica Brenda Johnson. The event promoted the 30 year old group's upcoming Humingbird Gala and Benefit on Friday, October 25 at the St. Regis Hotel in New York City. The AFJ has donated over millions of US dollars to charitable causes in Jamaica that are focused on education and health. Joining Jamaica's PM Portia Simpson Miller (2nd from the right) are R-L: Former Jamaican Consul General Dr. Geneive Brown Metzger; Janice Savin Williams, President, Williams Capital; and Marc Jerome, EVP, Monroe College.

Reece said Fly Jamaica would be offering cooking tours, sports, concerts and other tours in Guyana, Jamaica, New York and Toronto. "It's not just selling seats: We are selling tourism; it's a trade-off," she told a news conference.

She said the airline is still awaiting from the United States Department of Transportation a response to its application for a waiver to fly direct from Georgetown to New York, rather than transit Jamaica for 90 minutes.

The Fly Jamaica executive called for a more robust system and better paid persons to avoid being lured by quick cash.

Reece said the airline would like to see a secure system that is more efficient and more reliable, but it is all based on the salaries people are paid and the level of people being employed.

Fly Jamaica has so far employed 40 Guyanese, including two pilots. The airline plans to buy an additional aircraft to serve more longhaul routes like Fort Lauderdale and Brazil next year, and partner with smaller carriers like LIAT.

Haiti

Diplomats from more than a

dozen countries gathered in Haiti recently to work on the creation of a new economic bloc based on the Venezuelan-led PetroCaribe accord.

Leaders of the 18-nation group agreed in June to establish the trade group and details of how it would work

remain sketchy, but Nicaraguan President Dan-

iel Ortega has

said it would "go



beyond the false concepts of free trade" to stimulate exchanges in transport, communications, tourism and trade.

The late Venezuelan President Hugo Chavez oversaw the creation of PetroCaribe in 2005 with the aim of countering U.S. influence and unifying the regional oil industry with Venezuela at the helm. It provides hundreds of millions of dollars each year in deeply discounted oil to its 18 members in the Caribbean and Central America.

Jamaica

Politicians, lawyers and academics gathered recently in St. Vincent and the Grenadines to advance an effort by more than a dozen regional nations to seek slavery reparations from three European countries that benefited from the Atlantic slave trade.

The three-day conference is the first major step forward since the CARICOM announced in July that it intended to demand compensation for slavery and the genocide of native peoples from the governments of Britain, France and the Netherlands.

Representatives from all the member nations and territories of CARICOM are attending the gathering. St. Vincent Prime Minister Ralph Gonsalves,

the effort trying to force the region's former colonial powers to pay reparations,

said the matter is a "fundamental, defining matter of our age."

"The European nations, which engaged in conquest, settlement, genocide in conquest, settlement, genocide and slavery in our Caribbean must provide the reparatory resources required to repair the contemporary legacy of their historic wrongs," said Gonsalves, who takes over the rotating leadership of CARICOM at the start of 2014.

Gonsalves and other Caribbean officials say coming up with a financial estimate for reparations is critical for coming to terms for what they believe is the lingering legacy of slavery in the region. Historians and economists will assist in the process.

St. Lucia

A Memorandum of Understanding (MoU) between Trinidad and Tobago and St Lucia was recently signed by respective Ministers of Education for the delivery of 3,300 laptops to St Lucia, courtesy Trinidad and Tobago.

Education Minister, Dr. Tim Gopeesingh noted that the MOU was the culmination of the work done when St Lucia Prime Minister, Dr Kenny Anthony, requested collaboration with T&T Prime Minister, Kamla Persad-Bissessar, on the administration of laptops.

Speaking recently at Capital Plaza Hotel, Wrightson Rd, Portof-Spain, Gopeesingh noted that the laptops would be sent to St Lucia this month, and then distributed to Form

Four students. The laptops include bags, 18 Microsoft applications and the anti-theft software.

Gopeesingh explained that, when the Government ordered laptops for this year's Form One students, they also ordered an extra 3,300 for St Lucia at TT\$2,700 per unit, a reduction of \$400 from last year.

The St. Lucia Ministry of Education would also receive technical support, advice and expertise from its local counterpart. In fact, a team from St. Lucia has already visited TT and worked with the local technical team.

Dr. Robert Lewis, St. Lucia's Minister of Education, Human Resource Development and Labor, stated that his government would distribute the laptops to Form Four students because it is believed that they would be most in need as they would soon write their Caribbean Secondary Education Certificate (CSEC) examination.

He said his government saw the distribution as beneficial, not only for the students, but it would also expose the families of the students **Continued on Page 20**

B'klyn expats meet the new St.Vincent envoy

By Nelson A. King

Newly-appointed St. Vincent and the Grenadines ambassador to the United Nations, Rhonda King, says that despite its size and small mission staff, her country has become a "respected voice" within the Caribbean Community (CARICOM) caucus at the U.N. and "well beyond."

King replaces Amb. Camillo Gonsalves who has returned home to become the become the country's foreign minister.

In her maiden address Saturday at a town hall meeting in Brooklyn, at the friends of Crown Heights Educational Center in Brooklyn. King said that since her arrival last month at the UN, she has been stopped daily by people wishing to compliment the work of her country's mission to the U.N. and for being "an important and respected voice within the institution."

In presenting the new envoy to the New York audience, Prime Minister Dr. Ralph Gonsalves described King, born in Curacao, Netherlands Antilles to Vincentian parents, as "highly qualified" for the position.

"Rhonda is a very professional woman," Dr. Gonsalves said. "You know I would not give the job at the U.N. to anyone who is not versed in diplomacy and supportive of the government's policies, and I'm very happy she's the permanent representative."

King has a first degree in mathematics and chemistry, a professional qualification in accounting, and is a "qualified auditor," working with the



New UN Ambassador Rhonda King giving maiden town hall address in US Photo by Nelson A. King

renowned accounting firm, KPMG. She also has a degree in actuarial sciences, and is a trained manager, having worked for companies in St. Vincent and the Grenadines and the United States.

King has had an "extensive career in academia and publishing, as well as in business development and financial management," Dr. Gonsalves said. Since 2010, the U.N. said she served as honorary consul for Portugal to the St. Vincent and Grenadines government, working concurrently as the chairperson of National Investment Promotions, Inc. in Kingstown.

Along with being a business owner, strategy consultant and editor-in-chief of a literary journal, the U.N. said King taught English as a foreign language in China between 2002 and 2003.

With a Bachelor of Science degree in chemistry and mathematics from the State University of New York at Albany, the U.N. said King is also a certified management accountant and certified financial manager.

Something Positive: Continuing the tradition

A Michael Manswell birthday celebration

By Amun

Friends gathered recently at Farfina Restaurant and Lounge, 1813 Amsterdam Ave. in Manhattan to celebrate the birthday of Michael Manswell, the artistic director of Something Positive, Inc. the preceminent Caribbean/ Afro-American performing arts troupe. The occasion was of the all of whom love Michael.

The well-appointed restaurant and lounge was packed with Something Positive members and a host of friends, to show their love for the troupe's celebrated lead dancer and to ensure that his birthday celebration was a huge success.

DJ Keith kept the music pumping and the dance floor full. Even those sitting at tables and at the bar couldn't help but do some hip-shaking, head bobbing and toe tapping. The joint was jumpin!' The Farfina proprietor, was present, greeting revelers and making sure the wait service was efficient and patrons



The Something Positive Dance Company performing at Dimanche Gras festivities at the Brooklyn Museum, Labor Day Sunday. Photo by William Farrington

were happy.

Farfina has an excellent menu and serves delicious food and great drinks at very reasonable prices, but for Michael's birthday celebration they offered a special menu of appetizers and drinks at a reduced price. What a nice gesture it was, and it kept the wait staff busy all night long.

After the performance, Company Manager Sandra Bell, who recently returned from a trip to Belize, announced that Something Positive would be going to the CARICOM country on Nov. 22 to perform at the

Belize Independence Festival 2013.

It was a great party and the people came to party and to make Michael's birthday celebration a night to be remembered. They succeeded!

© Amun/Ankhra House, Ltd.

Who said it couldn't be done!

Given the vastness of the New York City public school system, there are many students that often slip through the cracks of public school bureaucracy, however, there are some that are able to prevail against the odds. Randy Joseph, age 19, exemplifies the latter example—a student of endurance and strong will. His arduous journey to success is one he and his family will never forget.

Originally from Trinidad, Randy migrated to Brooklyn, New York in 2005.

In 2010, Randy was placed in special education classes and given an Indi-



Randy Joseph.

vidual Education Program (IEP) file. He would often go unnoticed in the classroom due to his quiet demeanor. Also as a freshman, he would always attend school

but never fully participate in class. This was due to his fear of embarrassment. He stated, "I would just sit in class quietly because I didn't want to feel embarrassed for not knowing something." After having to repeat the 11th grade. Randy was then sent a promotion in doubt letter by the Department of Education. These layered setbacks were causing his family to lose hope and they seriously considered pulling him out of school. His mother, Joann Prescott's, biggest fear was that he would not be able to fully experience the American Dream as a Caribbean immigrant with an IEP diploma. After watching him struggle repeatedly with poor results, refusing to give up, she decided to invest in her son's education by sending him to Lovell Tutoring.

One of his tutors recalled, "Randy was in a dire situation where the odds were stacked against him; he needed to make up over two years of academic work in less than seven months." His workload consisted of Power Point presentations, various exams, online classes, and four round table projects extensive research papers with proper MLA and APA citations. B

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Modern-day among Caribbean nations

Continued from cover

ment Herbert Volney had resigned from the governing multiparty coalition owing to major political differences with cabinet colleagues. Warner was the first to

quit his very senior state position earlier this year after an international investigation into his financial dealings while he was a longstanding vice-president for FIFA, the world governing body for soccer, had showed up an improper paper trail. The prime minister said that Warner's position in the Cabinet had therefore become untenable and that she was glad to accept his resignation.

Former high court judgeturned justice minister Volney on the other hand, was forced from the cabinet in the midst of a scandal involving newly-minted legislation to dispose of backlogged court cases even before Warner's departure and grew bitter as the months went by; and as allegations swirled around

While the oil- and gas-rich southern Caribbean nation is preparing to hold the elections, political analysts will be paying keen attention to the results of both the local government poll.

the island that the new laws were designed to open an escape door for financiers of the governing People's Partnership with felony cases in court.

Volney quit as a mem-

ber of the United National Congress (UNC), the largest member in the coalition and publicly indicated that he was joining up with Warner and his newly formed Independent Liberal Party (ILP), forcing House Speaker Wade Mark to declare his seat vacant and for government to call fresh elections for the vacant seat in St. Joseph, because Volney had breached rules pertaining to crossing the floor from one party to another.

So cabinet was forced to set Nov. 4 as the St. Joseph election date, a mere 13 days after the country votes in long-delayed local government elections. The three come more than 10 months after elections were held in sister island, Tobago, in January, setting up what is widely believed to be a modern-day record among nations in the Caribbean Community.



Prime Minister Kamla Persad-Bissessar. AP Photo/Frank Franklin II

But while the oil- and gas-rich southern Caribbean nation is preparing to hold the elections, political analysts will be paying keen attention to the results of both the local government poll and the St. Joseph runoff as these have been traditional political barometers as to which party will win the 2015 elections. Both are also crucial because Warner's ILP which defeated government in Chaguanas will be fielding a near total slate of candidates in the constituencies, as well as the main opposition People's National Movement (PNM) which has run the country for most of the period between 1956 and 2010.

U.S. cheers

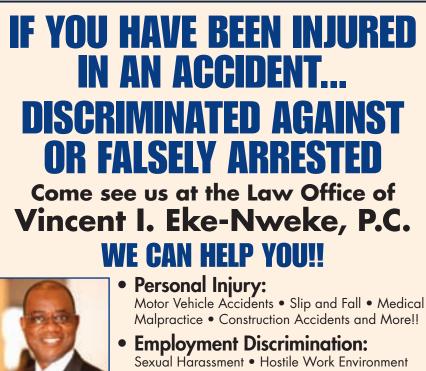
Continued from cover

the U.S. and the twin-island federation of St. Kitts and Nevis "share a long history of friendly and productive relations. We collaborate on renewable energy, climate change, economic development, and regional security initiatives," he said, adding that "our commitment to closer economic and cultural ties will continue to unite us in the future."

Kerry said he was "especially proud" of both countries' cooperation on the Energy and Climate Partnership of the Americas and the Caribbean Youth Empowerment Program.

"These challenges are interconnected, and we have the opportunity to address them in ways that move our economies forward and deliver tangible benefits to both our peoples," he said.

"As you rejoice on this special occasion, the United States wishes the people of St. Kitts and Nevis peace and prosperity in the year ahead," he added.



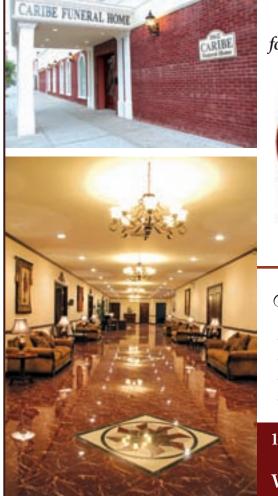
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This year's event, READ NYC: A Festival for Brighter Futures, will emphasize the importance of helping our children learn and love to read with interactive alphabet games, reading circles and book giveaways. Elmo will perform along with Sesame Street's newest character, Armando or "Mando," and attendees can dance to music by world roots band Brown Rice Family and Son de Brooklyn, a Salsa band with a Brooklyn twist.

Activities include:

* Appearances by Sesame Street's Elmo & his Puerto Rican neighbor, Mando

 $\ensuremath{\,^{\ast}}$ Live performances from Brown Rice Family and Son de



Face-painting, art and camaraderie are all part of the fun. Photo Credit: Read NYC

Brooklyn

* Family-friendly games and activities, face painters and arts and crafts

* Book giveaways and reading circles

* The Walking Alphabet spelling game featuring free t-shirts, prizes

and photo ops * Sports activities for youth and teens

- * A chance to meet the Brooklynettes, the elite dance team for the Brooklyn Nets
- * Workshops & volunteer opportunities * Opportunities to connect with
- advocates in your community

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Trinidadians face another bye-election

By Azad Ali

Voters in Trinidad and Tobago may go to the polls again by late November or early December to elect a new member of Parliament for the St. Joseph constituency, which was declared vacant by speaker of the House of Representative Wade Mark recently.

Former High Court judge Herbert Volney, who was voted MP for the constituency under a United National Congress (UNC) banner in the May 24, 2010 General Election had resigned from the party and announced that he was joining Jack Warner's Independent Liberal Party (ILP).

Prime Minister Kamla Persad-Bissessar later wrote the speaker of the House asking him to declare the seat vacant since he was no longer representing the UNC party.

Volney indicated that he was going to challenge the speaker's ruling in the High Court, which the prime minister believes could have taken until after the 2015 general election, leaving his seat vacant in the House. But Volney later backed down saying that that the was not going to challenge the ruling of the speaker, making way for the prime minister to now call a bye-election within three months.

Volney claimed that he had outfoxed Persad-Bissessar into believing that he was going to take the issue of his expulsion from Parliament to the courts.

His decision caught Persad-Bissessar and her government by surprise when Volney decided not to contest the speaker's ruling, citing the high cost of litigation and the absence of access to the appellate jurisdiction of the Privy Council or the Caribbean Court of Justice (CCJ).

This would be the second byelection to be held over the past five months and the fourth election to be held in Trinidad and Tobago this year.

The coalition government has so far lost the last three elections.

In July this year, former National Security Minister Jack Warner won his seat on an ILP ticket..



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В





Trinidad crackdown on shrimp trawling

By Peter Richards

PORT OF SPAIN, Sept 18, 2013 (IPS) - Dianne Christian Simmons recalls the days when she would head out with her husband on fishing expeditions in the Gulf of Paria, a 3,000-square-mile shallow inland sea between Trinidad and Tobago and the east coast of Venezuela.

"We would come back with at least five barrels filled with fishes," Christian Simmons, the president of the Fish Market Association, told IPS. "Now if we are able to fill one, it is a miracle."

"What you are doing is killing your future catch of shrimp." -- Gary Aboud of Fishermen and Friends of the Sea.

Gary Aboud, an environmental activist and secretary of a local group called the Fishermen and Friends of the Sea (FFOS), blames the industrial shrimp trawlers, which he says use meth-



Trinidad's artisanal fisher folk have welcomed the ban on shrimp trawling. IPS/Fundación Proteger

> world," he told IPS, applauding the decision earlier this month by the government to ban trawling in local waters.

> Minister of Food Production Devant Maharaj, worried at the declining seafood stocks and the environmental damage associated with shrimp trawling, said the government is considering an amendment of the Fisheries Act to give teeth to the new measures.

Continued on Page 19

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in Trinidad and Tobago's ter-

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World Resources Institute

was warning that shrimp

trawling was comparable to

dynamite fishing in terms of

"In other words, shrimp

trawling kills everything.

Shrimp trawling is the most

destructive and unsustain-

able type of fishing in the

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OP-EDS

Ridding the world of chemical weapons

By Sheldon Richman

If President Obama is serious about ridding the world, and not just Svria, of chemical weapons, he and America's closest allies in the Middle East should lead the way.

B Although the United States has ratified the 20-year-old Chemical Weapons Convention, it has not destroyed its entire arsenal, as required under the CWC. In reference to the United States, the 2011 report of the Organization for the Prohibition of Chemical Weapons states, "Since the beginning of destruction activities, the OPCW has verified the destruction of ... 89.71 percent of the declared stockpile." That's a high percentage, but it is not 100 percent, and the United States had one of the largest stockpiles in the world. The U.S. government can set a better example than that. (As if it needed any chemical weapons. Besides its nuclear arsenal, the U.S. military has the world's most destructive arsenal of "conventional" weapons — so powerful that it erases the line between such weapons and most "weapons of mass destruction.")

> Besides destroying its own arsenal, the United States should go even further in showing good faith by publicly telling its closest Middle East allies, Egypt and Israel, to ratify the CWC and destroy their chemical arsenals. The governments of these countries get billions

of dollars in military aid each year from American taxpayers and routinely use military force against innocent people. It is outrageous for the U.S. government to make high and mighty pronouncements about chemical weapons with regard to Syria while winking its eye at Israel (which also has biological and nuclear weapons) and Egypt.

The Obama administration's selective demands about chemical weapons ought to be judged in light of this overlooked bit of history: According to Stephen Zunes, a Middle East scholar at the University of San Francisco, 'Syria has joined virtually all other Arab states in calling for ... a 'weapons of mass destruction-free zone' for the entire Middle East. In December 2003, Syria introduced a UN Security Council resolution reiterating this clause from 12 years earlier, but the resolution was tabled as a result of a threatened U.S. veto." (Emphasis added.)

Why would the United States have vetoed the resolution? Because ally Israel refuses to acknowledge, much less give up, its WMD arsenal. So much for a weapons-of-mass-destructionfree Middle East.

Had that resolution been adopted. Svria would not have chemical weapons today.

The CWC has no built-in enforcement provision, but the International Criminal Court in The Hague could be used Continued on Page 12

Caribbean Life Founded 1990 • Published by Community Newspaper Group Corporate Headquarters: One Metrotech Center North, Suite 1001, Brooklyn, NY 11201



PUBLISHER: Clifford Luster ASSOCIATE PUBLISHER: Ralph D'Onofrio EDITOR-IN-CHIEF: Kenton Kirby **ASSOCIATE EDITOR:** Kevin Williams

Contributing Writers: Azad Ali, Roderick J. Broome, Fabian Burrell, Tangerine Clarke, Robert Elkin, Patrick Horne, Nelson King, Donna Lamb, Tequila Minsky, Vinette K. Pryce, George H. Whyte, Bert Wilkinson, Lloyd Kam Williams

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Tourism and Water

By Beverly Nicholson-Doty

We at the Caribbean Tourism Organization (CTO) salute the World Tourism Organization for asking us to focus on Tourism and Water - Protecting our Common Future.

This World Tourism Day, therefore, is an opportunity for us to reflect on all aspects of our vital tourism sector - the social, cultural, economic and environmental aspects - and the impact they have on our precious water resources.

Water is such a natural part of the Caribbean, with a seemingly endless supply of both fresh and sea water, that we risk taking it for granted.

Tourism, our main economic earner, relies heavily on reliable sources of water so we should find ways to ensure sustainable supply to our hotels, restaurants, entertainment centres, and sporting facilities. Visiting cruise ships also need this precious resource to function effectively.

Let us also reflect on how we and our visitors can sustainably enjoy the coastal areas oceans, tropical forests, wetlands, waterfalls and lakes, and how we interact with precious marine life and our underwater heritage.

Water resources serve as a direct source of employment for thousands of Caribbean people in the form of dive tourism, watersports, game-fishing and snorkeling. It's for this reason, and the fact that we have a

Tourism, our main economic earner, relies heavily on reliable sources of water so we should find ways to ensure sustainable supply to our hotels, restaurants, entertainment centres, and sporting facilities.

duty to future generations, that we must practise sustainable water-use policies.

The challenges include better wastewater management practices in our swimming pools, water parks and golf courses.

We at the CTO provide our members with opportunities to learn and implement sustainable tourism practices, including those related to water consumption.

One outstanding example is the Caribbean Hotel Energy Efficiency Action Programme (CHENACT) which the CTO manages in conjunction with the Caribbean Hotel and Tourism Association (CHTA). This public-private sector programme helps Caribbean hotels to implement energy efficient practices and to generate their own renewable energy.

Since its launch in 2009, CHENACT has helped more than 80 hotels to reduce costs and to improve energy consumption patterns. We project saving the region's hotel sector approximately USD \$271 million annually in utility costs. We thank the Inter-American Development Bank (IDB) for its continued support of this vital programme.

In addition, our annual Sustainable Tourism Conference (STC) engages key industry influencers on the sustainability of our destinations by operating biodiversity-friendly tourism systems.

Initiatives promoting sustainable water use must be backed by comprehensive education and awareness campaigns for locals and visitors.

We ask governments to look at legislative support and inducements, such as tax rebates, to ensure sustainable tourism gains wider acceptance.

We need a multi-sectorial approach – combining public policy and incentives; privatesector financing and endorsement; backed by effective community and visitor education and awareness programs.

But on this World Tourism Day, we must remember our responsibility as individuals to practise better water consumption patterns. By so doing we enhance the attractiveness of our destination which is also our home.

The author is chairman of the Caribbean Tourism Organization.



What's on your mind?

LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, 1 Metro-Tech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

How is the true progressive to be measured?

Because so much of what came into being during his tenure remains part of the fabric of everyday life --Social Security, assorted consumer protections like the FDIC, ascendancy of the labor movement, etc we tend to readily think of FDR as the ultimate presidential progressive in the nation's history. The disparate coalition Roosevelt cobbled together that enabled him to unseat incumbent Herbert Hoover in 1932 and get elected an unprecedented four times altogether responded well, obviously, to the reform and change that Roosevelt symbolized. But there are those who would argue that FDR doesn't win the title of trailblazer of progressivism in the American presidency.

The claim has oftentimes been made that such honor rightly belongs to Woodrow Wilson, who served two terms, first elected in 1912. Wilson's accomplishments also include a number of provisions that have endured as core components of the apparatus of government today, such as income tax, Federal Trade Commission, Federal Reserve Act and others. All of which makes it difficult to question whether Wilson earned his stripes as a pioneer in the progressive mold. Scholarly and showing himself, as well, to have a good grasp of what it takes for survivability in the rough-and-tumble of politics, Wilson demonstrated rather early that the rapid transition he made from academia to the highest elective office was a shift he could make with relative ease.

There could even be a case made for looking further down the roster of presidents, to the era of Lincoln, for owner of the title of absolute forerunner as White House progressive. Lincoln has taken some flak from some commentators who've contended that his action on behalf of African Americans has been overblown, that the "Lincoln freed the slaves" storyline isn't all it's cracked up to be. Even if Lincoln's pronouncements purporting to identify with the cause of people of color may not have been as boldly affirmative as might be desired, it dishonors the man to give short shrift to his stand on the vexing issue that ignited the Civil War. In the context of the times, the credit due the 16th president for standing firm in the face of the South's unvielding position on slavery is enormous. On the matter of not selling people of color down the river back in the 1860s,



when doing so would have been a far less worrisome way to go, Lincoln could well be seen as the original White House progressive.

Coincidentally, it is precisely this issue of presidential attitudes toward blacks that casts a shadow over the propping up of Wilson as the maverick who fashioned the progressives' template. In a new work, a Wilson biographer, A. Scott Berg, is largely complimentary about Wilson's stewardship, commending both his domestic initiatives and what he accomplished on the foreign policy front, including the vaunted League of Nations proposal that eventually got killed. Previewing the book for an audience in a presentation that was recently broadcast on C-SPAN, Berg enthusiastically detailed aspects of the Wilson presidency that he thought underscored his belief of Wilson's contribution as president being under-appreciated over the years.

Curiously missing from the

author's presentation was an item of which mention was made only when later raised by a questioner: Wilson's having been undeniably and unapologetically a racist. Berg acknowledged that Wilson's racism was one of the negatives about the president that he covered in his book. He further acknowledged that President Wilson implemented a segregation policy in the civil service. Berg surmised that Wilson's racist behavior could have had its origins in his Southern birth and upbringing and that as president, this behavior may have been shaped by his need to placate Southern Democrats to get their support.

Well, whatever. But how does one begin to reconcile a guy touted, on the one hand, as being on the front lines of the progressive movement while simultaneously being fully committed to the practice of racism? Nothing we've ever heard or read about Wilson has suggested that he was a halting, reluctant adherent to the practice of rigid separation of the races. A clear manifestation of his intent was the move he made to formalize a policy of segregation in federal offices in D.C. Squaring that mindset with a reformist or progressive agenda is quite the challenge. Biographer Berg's omission of Wilson's racism from his talk the other day maybe had to do with how hopelessly disconnected were the progressive Wilson and the reactionary version. And that, although covered in his book, this darker side of Wilson should perhaps be better left unreported when championing Wilson's cause as overlooked reformer before live audiences. Page 11 • Caribbean Life • Oct. 4-10,

, 2013

So, in this country, where on the scale is to be found proper engagement of people of color in gauging one's fitness for being labeled genuinely progressive? In the view of many, making nice with the brothers and sisters doesn't count for much...not in Wilson's time, not today. If ever we inch toward forgetting that undving truth, there's always a gas bag like Ted Cruz to remind us (as he did when he asked for an overflow of Jesse Helms types in the Senate). Regardless of how they see it on the other side, though, it behooves us to insist that there be no turning back on the respect thing, that President Wilson's progressive creds got irrevocably compromised when he dissed people of color.





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Access to home program

No-cost home makeover for Caribbean family's home of disabled 6-year-old

By Chudi Chukwudi

Six-year-old Jaivaun Francis's East Flatush, Brooklyn home is getting a no-cost makeover courtesy of United Cerebral Palsy of New York City's Access to Home program, which subsidizes home modifications for families with disabled children. It's a good thing, too, because as things stand now, Jaivaun runs the risk of breaking his neck every time he leaves for school.

Jaivaun has physical and developmental disabilities that make him "medically dependent." In addition to needing a wheelchair to get around and a communications device to convey what he's thinking, Jaivaun needs help eating, dressing, getting in and out of bed, using the toilet and doing all of the other daily activities most of us take for granted.

Six daunting steps stand between the front door and the sidewalk of the 1930s bungalow where Jaivaun (pronounced jih-VON) lives with his parents, who emigrated from Dominica in 1995, and two siblings. Desperate to get



Ground-floor bathroom redesign (after). Photo Credit: United Cerebral Palsy

his son to the nearby special needs school and lacking the funds to pay for a custombuilt ramp, Jaivaun's father, Jeuerda, built one himself. There's only one problem: the ramp is so steep as to make it illegal – and extremely dangerous.

The nonprofit will spend roughly \$25,000 modify-

ing the Francis home – at the top of the range, but consistent with the cost of alterations involving lifts of any kind. Since the launch of Access to Home in 2005, United Cerebral Palsy of NYC has secured and spent \$2,000,000 in grant money to modify almost 150 homes and apartments.

Chemical weapons

Continued from page 10

to prosecute war criminals. However, as Matt Welch points out, "mostly because of lobbying efforts from the United States[,] the ICC cannot go after dictators that do not recognize the court's legitimacy. Prosecutions of rogue actors must be referred to the ICC by the United Nations Security Council.... The only time residents of non-signatory countries like Syria - or the United States — can be hauled in is at the request of the UN Security Council.... Assad might have been charged already had it not been for American diplomatic resistance to a more aggressive court."

Moreover, Gavin de Becker writes that the United States — the exceptional and indispensable nation — has managed to exempt itself from some international rules concerning warfare: "As happens with many contracts, countries sign the conventions only after adding their reservations and objections, composed by lawyers who write in cozy offices. One quickly sees that the treaties are not quite so lofty as many imagine."

Here's something else the U.S. government could do: ratify the 2008 Convention on Cluster Munitions, which bans cluster bombs, those nasty weapons that can spread hundreds of unexploded bomblets that are capable of indiscriminately killing innocent children and adults years after the initial bombing. Israel and Egypt, as well as Syria, are also not parties to this convention. The U.S. military has used cluster bombs in Afghanistan and Iraq, among other places. Moreover, the United States manufactures cluster bombs and recently sold 1,300 of them (for \$640 million) to Saudi Arabia, which is ruled by an authoritarian monarchy with a miserable human-rights record. The U.S. government has also sold the weapons to Israel, Indonesia, and Pakistan.

American presidents love to brag about their world leadership. Here are concrete ways to lead that would actually bring constructive results.

Sheldon Richman is vice president and editor at The Future of Freedom Foundation in Fairfax, Va. (www.fff.org).

В 0



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swallowing that are weakened due to such illness as pneumonia or a stroke. Rehabilitation can be conducted either in a skilled Continued on Page 16

Eldercare Today

What you know about Medicare rehab can get you great care

BY JOANNA R. LEEFER

Medicare offers several wonderful health benefits free of charge, but, unfortunately, many people do not benefit from these services because they do not know about them. This is particularly true of Medicarecovered rehabilitation services. Here are some facts to know:

• Medicare Part B can pay for up to \$3,700 of physical,

occupational, and speech therapy in your home.

 Medicare Part A pays for up to 100 days for rehabilitation in a skilled nursing facility.

• Rehab through Medicare A and B can be extended to maximize your recovery — if you understand the proper procedures.

Below are some tips that can insure you or your family member obtain the best rehab results possible.

What is Medicare rehab?

For decades, Medicare has paid for rehabilitation services for the elderly and disabled. This coverage includes physical therapy, occupational therapy, and speech therapy. Physical therapy usually deals with the lower part of the body, such as the legs or feet. Physical therapists work on balance, walking, and transferring from one surface to another. Occupational therapy works on the upper body (hands and arms) and tasks such as buttoning clothes, bathing, combing hair, cooking, writing, etc. Speech therapy, also called speech and language pathology focuses on swallowing and some talking issues. It involves retraining muscles used in

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ELDERCARE TODAY

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В

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Medicare

Continued from page 15

care facility (usually a nursing home), an outpatient clinic or medical office, or in the patient's home. Medicare Part A pays for nursing home rehab while Medicare Part B covers outpatient and in home treatment. Each Medicare has different requirements for continued coverage.

Traditional Medicare Part A pays for up to 100 days of skilled nursing home rehab. It pays 100 percent of the cost for the first 20 days of physical, occupational, and speech therapy, and 80 percent for the remaining 80 days. The other 20 percent payment comes out-of-pocket or through a secondary health insurance plan. Once the time cap is reached (100 days), Medicare stops all payment and any additional therapy must be paid privately or through a secondary healthcare plan.

This does not mean a person is guaranteed 100 days of rehab. The rehab staff is required to periodically assess each recipient and determine whether he is still eligible for treatment under Medicare guidelines. If the therapist determines the patient is no longer benefiting, treatment will cease and the patient is discharged from therapy before 100 days.

Medicare Part B pays for outpatient and in-home therapy and has a financial cap for its services. After paying a yearly deductible. Medicare pays 80 percent of cost, and a secondary health insurance plan pay the remaining 20 percent. A therapist must periodically assess the client's progress and can continue services until the client reaches a monetary cap of \$1,900 for physical and speech therapy (combined) and another \$1,900 for occupational therapy. If more therapy is needed, this cap can be raised to \$3,700.

Maximizing skilled care rehab

Most people do not know



that Medicare caps are not as rigid as they initially appear. Here is some insider information that could help:

For decades, the criteria for continuing or stopping therapy was decided by a "standard of improvement" policy, i.e. a person must continue to show progress during treatment. Once a person stops progressing, treatment is ended.

This criterion was recently challenged and changed. On Jan. 24, the U.S. District Court for the District of Vermont approved a settlement agreement that declares that nowhere in Medicare's policy is there a written statement that requires a person to stop therapy once he ceases making progress. In fact, therapy should continue as long as the recipient continues to maintain his current status or if it slows any deterioration.

This new ruling has come as great news for thousands of individuals who are faced with chronic disabilities such as multiple sclerosis. Parkinson's and Alzheimer's diseases. In the past, these people were refused continued rehab treatment even though therapy could help maintain their current capabilities. Now, as long as a person can prove that the therapy is maintaining his current level of function, or that it is preventing deterioration, he has grounds to continue. This is a big coup for many patients!

Maximizing in-home and outpatient rehab I spoke with Enrico Pas-

quarello, co-owner and CEO of Score Rehabilitation Physical and Occupational Therapy Services, PLLC, a service covering home therapy in the five boroughs of New York City. Pasquarello explained that some patients might qualify for an exception to the \$3,700 cap if the therapist can document this need.

This second extension requires documentation that more therapy is needed. Then, the recipient must sign a written notification, called an "Advance Beneficiary Notice of Non-coverage," stating the patient is resubmitting this request with the understanding that if the request is denied, the patient is responsible for the pavment of the continued care. If the request is approved, the therapy can continue free of charge.

In sum, Medicare offers some valuable health care services free of charge. Unfortunately, many recipients never get the total benefit of these services because they are uninformed about what and how to ask for them. By understanding the policies regulating Medicare rehabilitation, a person can change the outcome of rehab from an okay recovery to a total recovery. Try it and see.

Joanna R. Leefer is a senior care advisor and founder of ElderCareGiving, an agency that helps families get the best care for their aging loved ones when family care is no longer enough. She has been working with seniors and their families for 10 years. For more, visit www.joannaleefer.com. Her book, "Almost Like Home: A Family Guide to Navigating the Nursing Home Maze," will be available next month.

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Monthly Plan Premium ⁽¹⁾	\$104.90	\$0	\$37.20	\$0
Flex Benefit	None	None	\$500 per year	\$100 per year
Part B Deductible	\$147	None	None	None
PCP Copay	20%	\$10	\$0	\$15
Specialist Copay	20%	\$20	\$0	\$25
Outpatient Surgery in a Hospital	20%	\$285	\$285	\$285
Outpatient Surgery in an Ambulatory Surgical Center	20%	\$285	\$285	\$285
Lab Tests	0% - 20%	0%-20%	0%	0%-20%
X-rays	20%	\$10	\$10	\$10
Preventive Services	\$0	\$0	\$0	\$0
MRIs, CT Scans, PET Scans	20%	20%	20%	20%
Inpatient Copay	\$1,184	\$285 per day for days 1-5, per admission	\$285 per day for days 1-5, per admission	\$285 per day for days 1-5, per admission
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В

BROOKLYN BUSINESS STYLE - ADVERTISEMENT Get a taste of Spain at Casa Pepe in Bay Ridge

BY CAMILLE SPERRAZZA

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Dig out your sombrero from the back of the closet. It's "Fiesta Friday" at Casa Pepe Mexican and Spanish Restaurant — and

you're invited to the party. Every Friday, from 4 to 7 pm, enjoy half price appetizers such as guacamole, nachos, chicken wings, and

mussels.

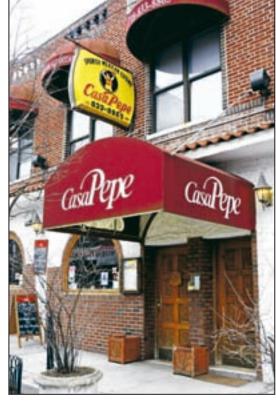
Watch as the guacamole is prepared before your eyes: the soft avocado is scooped from its skin and placed inside the traditional. Mexican footed-bowl called a mocajete. Chopped tomato is sprinkled into the bowl, as is fresh cilantro, tomatoes, onions, jalapenos, and freshsqueezed lime, the server adding or subtracting ingredients as you desire. Scoop up the dip with Casa Pepe's colorful green, black, yellow, and red tortilla chips. Order a margarita from the bar, and you're off to the start of a great weekend.

Try one of the organic margaritas—fresh-squeezed limes and oranges are added to tequila and triple sec, just as is in Mexico. Casa Pepe knows how to make a margarita that's muy bien, as it has been doing so since 1980. Likewise, you can enjoy a tall glass of sensational sangria, swimming with bite-sized bits of oranges and apples.

Opt to dine in the main area, where stucco walls are decorated with Spanish artifacts and paintings, reminiscent of Spain itself. Here, lighting is subtle, providing for a more intimate dining experience. Towards the back of the restaurant, in the garden room, it's brighter. A glass wall overlooks an outdoor garden, and guests can dine in this natural setting when the weather is warm.

Casa Pepe's menu is comprised of Spanish and Mexican favorites, so bring all of your amigos because there's something everyone can enjoy. Start with tapas like gambas al ajillo — shrimp sauteed with garlic, virgin olive oil and white wine, served still sizzling.

Nibble on chorizo Espanol — tasty, grilled Spanish sausage. Also enjoy mejillones veracruzanos - Prince Is-









Head to Casa Pepe on Bay Ridge Avenue and try the seafood paella, shown by Alejandro Astudillo. Bartender Sergio Romero can also whip up a margarita. Casa Pepe has ample seating. Photos by Elizabeth Graham

land mussels, cooked with parslev, garlic, tomatoes, olives, and capers.

One of the outstanding main courses is zarzuella de mariscos. With this dish, you get to feast on all of the treasures of the sea — Maine lobster, little neck clams, mussels, shrimp, calamari, and salmon, cooked in a tasty broth. It's a generous

portion, presented on a festive orange plate, and served with a side of yellow rice that's sprinkled with green peas and red peppers.

Another favorite is the

pollo mar y monte - a tender breast of rolled chicken that has been stuffed with Chihuahua cheese and gulf shrimp. It's brought to the table inside a small black

pan, steaming with juices, a wonderful blend of flavors. This, too, is served with a side of rice.

Perhaps paella is the most classic of all Spanish meals. It's a rice dish, whose origins are traced to Valencia, Spain. Traditionally, paella was cooked outdoors, over an open flame, and whatever was on hand seafood, chicken, rabbit, and vegetables — would be added to the rice, simmering it over a low heat, creating a one-pot meal. At Casa Pepe, paella Valenciana is prepared with little neck clams, shrimp, mussels, chicken and Spanish chorizo, simmered with saffron rice. There's also paella marinera, which contains seafood only.

For dessert, enjoy flan al caramelo, a Spanish custard, chocolate mousse, or Spanish creme brulee. A customer favorite is helado frito Casa Pepe — tri-flavored ice cream, stuffed with almonds and cherries, then flash-fried with caramel. It's the Spanish version of the tartufo.

Mexican coffee, cappuccino, and special coffee drinks with liquor, are wonderful ways to cap a fine meal.

The bar area is a great place to linger. Join the fun on Saturdays, from 10 pm to midnight when Happy Hour means toasting the weekend with \$4 beer and \$5 margaritas, sangrias, and daiquiris.

A Sunday brunch is served from noon to 4 pm, and starts with a cocktail. It's all a very reasonable \$12.50.

Should wish you to have your own private fiesta, Casa Pepe welcomes bridal showers, intimate weddings, rehearsal dinners, christenings, and corporate functions. Up to 125 guests can be accommodated.

Casa Pepe Spanish and Mexican Cuisine [114 Bay Ridge Ave. between Colonial Road and Narrows Avenue in Bay Ridge, (718) 833-8865, www.CasaPepe.com]. Open Mondays through Thursdays: 4-11 pm; Fridays, 4-midnight; Saturdays, noon-midnight; and Sundays, noon-11 pm.

Shrimp trawling

Continued from page 8

He said a committee would be appointed to consider a "relief package" for displaced fishers who will be affected by the ban.

Late last year, the president of the Trinidad and Tobago Trawlers Association, Shaffi Mohammed, said his members were prepared to call it quits if the government came up with an adequate compensation package. The group, which has vigorously protested the ban, now has until Oct. 26 to submit a proposal on sustainable fisheries management to the government.

Christian Simmons believes the estimated 5,000 people working in the industry must accept the necessity of halting the outdated mode of catching shrimp.

"We are not saying to stop catching shrimp, we are saying to change your method. There are other more sustainable methods of catching shrimp," she added.

Trawling involves the manual or mechanised tow-

ing of a "trawl net" through the water or along the sea bed. Nets vary in size but can span tens of feet and run behind the boat for miles (drift nets), indiscriminately dredging the water and sea bed.

"This state of affairs has resulted in serious conflicts amongst competing fishers and has also been used by environmentalists as compelling justification for immediate and strong action to be taken to address trawling activities," Maharaj said.

Aboud told IPS the nets attached to the industrialised trawlers are heavily weighed down and dig deep into the seabed, capturing everything.

"The depth they are fishing at and the fact that they are such large and powerful vessels, they cover an area the size of 50 football fields in a day. That is a lot of desert they are creating so the destruction is immense," he added.

He said the nets also capture minnows and juvenile fish, resulting in a drastic reduction in the fish population.

"So what you are doing is killing your future catch of shrimp," he said. "You are also killing the food source of all the other fishes."

Studies have shown that Trinidad and Tobago has the highest rate of discard of babies caught compared to any other part of the world, he added.

"We have 14.73 pounds of babies caught and discarded for every one pound of shrimp," Aboud said, adding that sea grass, which provides shelter and food for small fish, is also destroyed.

The practice has been banned or restricted in several countries, including Australia, Brazil, Canada and Malaysia.

A major proportion of the discards includes commercially important species, such as carite, king fish, snappers and groupers, Maharaj said. As a result, he noted, "Conflicts have arisen between artisanal and non-artisanal trawl fishers concerning habitat destruction resulting from the dragging of the trawl gears on the sea bed during trawling operations."





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CARIBBEAN ROUNDUP

Continued from page 2

to Information and Communications Technology (ICT).

St. Vincent

St. Vincent and the Grenadines Prime Minister Dr. Ralph Gonsalves said recently the removal of the Caribbean Airlines fuel subsidy was a welcome move since it leveled the playing field for competing airlines in the region.

Gonsalves spoke at the recent 27th meet-

ing of the Bureau of the Conference of Heads of Government of the Caribbean Community (Caricom) at the Noor Hassanali Conference Centre, Tower

D, International Waterfront Centre, Wrightson Road, Port of Spain.

He also said the injection of the \$400 million in equity to capitalize the airline announced recently by Finance Minister Larry Howai in the 2013-2014 budget—will not be a prohibitive subsidy under the Multi-Lateral Air Service Agreement or under the revised Treaty of Chaguaramas.

"I have been lobbying for it for quite a while. I am very pleased the Government has removed the fuel subsidy. There will always be a temptation if you have an airline. You own it and if it runs into difficulty (the challenge) is to provide it with prohibitive subsidies. And if that happens, you can rest assured that competitor airline (LIAT) would look at it and make our voices heard."

During the budget presentation, Minister Howai said the sum (\$400 million) was intended to facilitate the airline's restructuring process and promote financial viability.

Trinidad

An alleged co-conspirator of the son of Suriname's President, who has appeared on cocaine smuggling charges in the US, has been arrested in Trinidad and will be sent to New York to face prosecution, Attorney General Anand Ramlogan recently confirmed.

Edmund Quincy Muntslag, who along with Dino Bouterse (son of Suriname President Desi Bouterse) was named in an indictment in a federal court in the

Southern District of New York, is wanted in the US on drug trafficking charges, Muntslag was arrested in Trinidad recently, while Bouterse was arrested in



Panama, recently. According to the indictment, Muntslag travelled to Suriname on July 25 to arrange the transport of ten kilos of cocaine to the US.

On July 27, the indictment alleges, Bouterse "caused a suitcase containing ten kilos of cocaine to be transported from Suriname to the Caribbean on board a commercial flight." Muntslag was arrested in Trinidad and charged with drug trafficking, according to a statement from the US Attorney's Office.

Compiled by Azad Ali



age 21 • Caribbean Life • Oct. 4-10, 201;

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THE CARIBBEAN BUSINESS REPORT

0ct. 4-10, 2013 • Caribbean Life • Page 22

В

0



Passengers Jennifer Seymoure and Phil Wright show off their inaugural certificates from Flight Attendant Lisa Love-Halsall and Asst. Area Manager Kayla Reece. Photo by Tangerine Clarke

Guyana welcomes Fly Jamaica

By Tangerine Clarke

The symbolic Guyana flag - the Golden Arrowhead of achievement was the backdrop for a historic moment, that began with the operations crew of Fly Jamaica Airways, cutting the ribbon to unveil the carrier's inaugural flight from John F. Kennedy International Airport's, Terminal 1, on Friday, Sept. 27.

Special guests, passengers and the media witnessed the beginning of this partnership between Jamaica and Guyana to airlift travelers on a non-stop voyage to the South American country, opening up the country's tourism industry.

The beautiful flight attendants greeted the more that 150 travelers, before a charming voice announced, "welcome to Fly Jamaica sit back, relax, and let us take care of you." The 757-200 series aircraft then pushed back from the gate at 12:45, just shy of its 12:15 scheduled departure time.

After a bit of runway traffic to overcome, the flight soared to 5500ft altitude against sunny skies, and above the clouds, for its five and a half hour-flight to Cheddi Jagan International Airport.

As the flight proceeded to its destination, JFK Assistant Area Manager Kayla Reece, daughter of Chief Operating Officer, Captain Ronald Reece and Roxanne Reece, expressed her excitement at the inaugural flight that she said had been in the works for many months.

During an interview from the comfortable First Class section, the young Reece, astutely dressed in her black, green and yellow Fly Jamaica colors, conveyed that she was absolutely ecstatic that the direct service to Georgetown had come to fruition.

"We look forward to the support of the Guyanese people so that Fly Jamaica could have a long standing relationship with the traveling public.

"As the assistant manager at JFK, nothing is more disappointing than sending off a half-full plane. We want our flights to be on time, and full of passengers.

Renewable electricity deal to benefit Caribbean

By Nelson A. King A leading United States renewable energy company and telecommunications giant Digicel have signed a deal to provide renewable electricity to the Caribbean.

NRG Energy, Inc. and Digicel jointly announced at the Clinton Global Initiative conference in New York a partnership to acquire, construct and operate renewable energy projects under development in the Caribbean region.

"NRG and Digicel stand ready to bring financial and environmental benefits to the governments, utilities and peoples of the Caribbean in a venture that could see the two companies making a sizeable investment in the region," said the companies in a joint statement.

"NRG's work in Haiti has demonstrated the transformative impact that renewable energy can have on communities that otherwise lack access to affordable, reliable electricity," said David Crane, chief executive officer of NRG.

"We stand ready with Digicel to support the widespread adoption of renewables across the Caribbean, thereby helping to drive down electricity costs for the region and reducing the deleterious impacts of fossil fuel generation on the Caribbean ecosystem," he added.

Colm Delves, group chief executive officer of Digicel, said distributed and utility-scale renewable energy projects in the Caribbean today can deliver a much lower cost of energy than fossil fuels, without subsidies.

"Our intent is to identify projects from across the region - and to support these in completing development, financing, and construction," he said. "This will translate into substantive and lasting energy savings for the governments and people of the Caribbean."

Crane said NRG's vision is for solar-led renewable medium- to large-scale off-grid systems across the region.

SMALL BUSINESS RESOURCES

Small Business Energy | SmallBusinessEnergy.com

www.smallbusinessenergy.com/NewYork Save on Small Business Energy Bills and Compare Rates. Get a Quote Now!

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Small Business Services -

Empire State Development New York

www.esd.ny.gov/smallbusiness.html

Small Business - Business First - New York State www.nyfirst.ny.gov/ResourceCenter/ SmallBizMenu.html

2013 New York, NY Small Business Resource www.sba.gov/sites/default/files/files/ resourceguide_3135.pdf

Business Resources: Internet Bibliographies: New York State Library

www.nysl.nysed.gov/reference/busref.htm Selected business-related web sites compiled by staff at the New York State Library for use in response to reference questions.

Start a Business in New York — Resources for New York Small Businesses

manhattan.about.com/od/careersjobs/a/ nysmallbusiness.htm Find resources and advice on starting a business in New York City. Get information on New York business licenses and incorporation, free NYC resources for starting a business.

Your Money New York - Help and Resources for Small Businesses

www.yourmoneynewyork.com/helpresource/smallbusiness/index.php This section of Your Money New York is designed to help small business owners – and New Yorkers interested in starting a small business.

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Tosh bio finally sums up life of 'Steppin' Razor'

В

A decade after the release of a film called "Steppin' Razor: Red X" and one year after Jamaica honored Peter Tosh with the nation's third highest award – the order of merit – his very first biography has been published.

Written by reputed British journalist John Masouri, this long-awaited 486page turner is entitled "Steppin' Razor: The Life of Peter Tosh."

The book distils rumors about Jamaica's most controversial reggae star and spills truisms about the rude boy, founding member of reggae's most prolific trio -- the Wailers and offers a compelling profile of the recording artist who has been too-long overlooked and ignored by authors.

Tosh is the acclaimed Mystic Man, Medicine Man, who is known as the Steppin' Razor.

He was also acclaimed as Red X – allegedly because he owned tape-recorded diaries which he called the



Red X Tapes. The name reportedly also refers to the red X that Tosh often found next to the signature line on documents he was required to sign.

Tosh was a Rastafarian and African nationalist whose mantra was the legalization of marijuana. Some claimed like Malcolm X, Tosh's Pan-African advocacy and uncompromising political stance earned him a parallel tag that branded him the Caribbean alternative to Malcolm's militancy and Jamaica's Red X.

Second only to Bob Marley among reggae audiences worldwide, Tosh died six years after Marley when gunmen stormed his Kingston home and killed him at age 42.

It was rumored that the men were assassinators

whose mission was to end the life of the Mystic Man, alleged to be involved in beliefs of the occult and supernatural undertakings and also a participant in Kingston's criminal underworld.

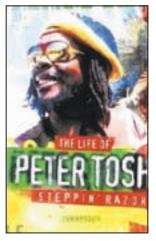
Inside Life

By Vinette K. Pryce

Another theory was that Tosh had to be permanently silenced after expressing a strong desire to buy and broadcast a 24-hour, radio station dedicated to Rasta/ reggae philosophies.

Still a third premise was that Tosh had become very vocal about his anti-colonial stance, rich and was a prime target for robbery.

That he was uneasy about police brutality, racial injustice and perceived Black empowerment direction probably perplexed more than a few power-brokers.



It was widely speculated that his enemies had him assassinated.

The book bases much of its claim on hundreds of interviews with those who knew the Mystic Man. His collaborator and the only living Wailer, Bunny "Wailer" Livingstone contributes valuable details.

Set against a backdrop of 70s Jamaica, stories abound about the genesis of hits such as "Legalize It," "Equal Rights," "Get Up Stand Up" and "Johnny B. Goode."

Tracing his recording career, his encounters with Mick Jagger, Keith Richards, Eric Clapton and Joe Cocker are also detailed. The book would be incomplete without documents on his volatile relationships with Bob Marley and producer Lee Scratch Perry.

The author recently spoke about why the project took him longer than planned.

"I actually did walk away from it for a year after it became clear that the Peter Tosh Estate weren't interested in being involved. I'd had my heart set on writing an authorized biography, and it took time for me to readjust and finish the book without them."

When asked about the disparity with publications of Tosh and Marley, Masouri explained -- "It's not just Peter Tosh. We should be asking why there are no major biographies of other reggae artistes too. In my own experience, publishers are reluctant to venture beyond books on Bob Marley and historical overviews. The majority still don't believe in the power of this music to attract an international fan base, or feel the need to promote the few books that do make it onto the shelves of major retailers."

"The question I've been most asked since starting work on the book is 'Why isn't Peter Tosh remembered to the same extent as Bob Marley?' He and Bob's lives were so intertwined for the first 10 years of the Wailers but even after the group split, Peter was constantly having to field questions about Marley and fend off comparisons."

Masouri is also the author of "Wailing Blues: The Story of Bob Marley's Wailers" and co-author of "The Guinness Book of Reggae" and "The Virgin Encyclopedia of Reggae."

Catch You On The Inside!



Caribbean Life

ENTERTA

FOR MORE ENTERTAINMENT, GO TO CARIBBE

'Save a Museum' expo of Haiti art

By Tequila Minsky

For only five days, the Wilmer Jennings Gallery in the East Village exhibited an extraordinary representation of contemporary Haitian art. Collectors and Haitian artists donated all 88 paintings –70 from Haiti– for the "Save The Museum" show, the monies from the sale going to restore Haiti's only art museum.

Along with the thousands of buildings destroyed or damaged during the 2010 earthquake, The Musée d'Art du College St. Pierre, located across from Champs Mars, Haiti's "Central Park", was structurally damaged but not destroyed.

Closed since the earthquake, the museum hosts a collection of close to 1000 seminal Haitian works. Among the museum's prominent Haitian artists are Hector Hyppolite, Philome and Seneque Obin,



Entertainment during the closing reception of the "Save a Museum" show included vocals with Jocelyne Dorismé (Victor Surpris, piano, Buyu Ambroise, sax).

Photo by Tequila Minsky

Prefete Duffaut, Diedonne Cedor, Raphael Denis, TIGA, and the Saint Soleil artists, to name a few.

This museum, which owns the most important collection of Haitian art Continued on Page 26

Next generation Dancehall music

To have a single with an iconic multi-platinum pop artist is the dream of most Jamaican recording artists. Mr. Vegas is standing on the brink of record-breaking milestones. Currently, his collaboration "Fruit Juice" with Snoop for Snoop Lion's "Reincarnation" album and the remix of "Standing On The Sun" with Beyonce rumored to be considered the lead single off her upcoming album had him poised for his own album release "Bruk It Down 2.0."

With his new album 'Bruk



Mr. Vegas. Photo by Roland Hyde

It Down 2.0' released on Sept. 24, 2013 and the album's first single "Give It To Har" picking up steam, Mr. Vegas Continued on Page 26



Recording artist Stephanie McKay.

Photo by David Honl

Stephanie McKay opens at the Apollo

By Amun

Stephanie McKay, singer, songwriter, and musician opens the fourth season of the Apollo's Music Café Series on Friday, Oct. 4. Presented in the upstairs soundstage, the audience will have an opportunity to experience the artistry and talent of Ms McKay in an intimate setting at the famed Apollo Theatre. McKay has garnered praise from critics and fans alike for her soulful voice and socially conscious lyrics. She has collaborated with artist including Toshi Reagon and the Big Lovely, Roy Hargrove, DJ Katalyst, MosDef (Yassin Bey), Talib Kweli, Tricky, Carl Hancock Rux, Kelis and many others.

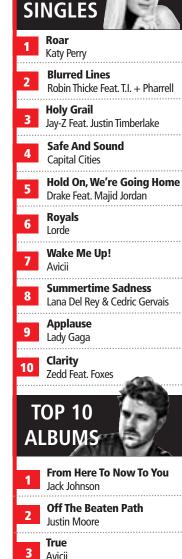
She is a true New Yorker, born in Harlem and raised in the Bronx.

Her music career spans more than 20 years and encompasses styles and elements of Jazz, R&B, soul, neo-soul, rock, funk, pop and hip hop. She has toured the world and has recorded several albums. McKay has been described as a soul revivalist with all the tent revival intensity of Lyn Collins and the neo-soul groove-ease of Jill Scott.

Continued on Page 26

В

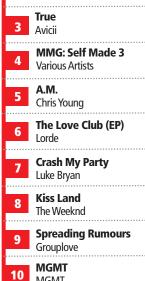
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TOP OF THE

CHARTS

TOP 10



MGMT





Continued from page 25

from the 19th and 20th century, was built in 1972 and designed by Haitian architect Albert Mangones, who is particularly known as the sculptor for the statue Neg Mawon (also in Champs Mars), a shackled black man blowing a conch shell for revolt.

Soon after the earthquake, a special storage room was built at the museum to hold its collection until the museum is restored. However, in these three years since the quake, there has been no effort in repairing the museum.

"We love Haitian art," says Haitian-born Brooklyn resident Paul Corbanese, president of the Toussaint Louverture Foundation, founded last year to raise money to restore the museum. "We want to preserve the heritage. We want our young people to have some place where they can get educated about our art heritage."

Corbanese explained that the Foundation was started by New York area Haitians when it became obvious that neither the Haitian nor any foreign government were going to do anything.

"We don't want to wait for foreigners. We want Haitians (Diaspora and those in Haiti) to

Jermaine Paul.

Apollo

The show starts at 10:00 p.m.,

but door opens at 9:00 p.m. Get

there early, have some refresh-

ments and relax in the ambience

of the Apollo Café and prepare

yourself for a wonderful evening of

On Saturday, Oct. 5 acclaimed

the Stephanie McKay music.

Continued from page 25

Jean Dominique Volcy stands in front of his painting ,ÄúLe Masque.

do our part in the repair of the museum."

"There have been broken promises. The Brazilian government sent experts to determine what needed to be done, there was an assessment, they signed an agreement with the museum, and then nothing. Nothing materialized." He assured that the professionals are in place for the work. It's the money-\$220,000-that is needed to cover the restoration.

Last year, the newly formed

Photo by Tequila Minsky

Foundation held its first fundraiser at the Queens Museum selling the book "Hector Hyppolite" (Haiti's foremost painter) published by the Louvre Museum for sales' proceeds to go toward the museum restoration.



Photo/Keystone, Martial Trezzini

winner of NBC's The Voice and former backup singer for Alicia Keys, Jermaine Paul will take the stage of the Apollo Café and rock the house with his guitar and a combination of rock, soul and R&B.

The Apollo Music Café Series will run monthly through June 2014. Follow the Apollo Theater on Twitter and Instagram at @apollotheater and use #ApolloMusic-Cafe for Apollo Music Café shows.

Reggae Dancehall

Continued from page 25 continues to usher in the next generation of Reggae Dancehall music. Grounded in the pulsating dance sounds of Reggae Dancehall, the new album reflects Vegas' signature assimilation of various international styles that ultimately transcends the traditional Reggae music format.

Incorporating an expert and catchy mix of House, Reggaeton, Soca, pop and -Dubstep, "Bruk It Down 2.0" demonstrates Mr. Vegas' uncanny ability to tap into the pulse of today's musical landscape. Production of the album includes talents such as Clevie of the world famous duo Steelie & Clevie, Danny Browne, Teetimus and Jah Snowcone. These producers connect to the foundation of Reggae Dancehall with an array of international beats.

The opening tune, "Busta Bottle" is a signature Mr. Vegas' interpretation of the style and fashion of Little Lenny's legendary "Healthy Body" (1989), here courtesy of a Boomsteppa production. "Freaky Freaky"

featuring Lukie D of Jamaica's lover's reggae harmony group LUST, starts with a new version of Steelie & Clevie's timeless Black Widow riddim. In this song, Mr. Vegas lays on the seductive charm in a playful mix of RnB and Dancehall Reggae double entendre.

Speaking of double entendre and playful vibes, "Give It To Har" kicks off with a Soca beat and then turns up the hip-shaking energy even further. And there's no slowing down! "Twerk" is a dancer's dream and "Good Body Gyal," another Clevie production, is sure to parlay Vegas's innate melodic talent into one massive example of collective movement on the dance floor. "A Gal Nuh Like Yuh" brings back a 90s dancehall bubbler riddim with just the right amount of house music to tease out the Mr. Vegas in all of us.

Mr. Vegas speaks from the heart with "Bare Tingz" and "Grimey Girl," the latter being a perfect example of the new Dubstepinfluenced direction Jamaican music is headed.

Stewardess frantically searches for Mr. Right

"Baggage Claim" Very Good (3 stars) Rated PG-13 for profanity and sexuality Running time: 96 minutes Distributor: Fox Searchlight

By Kam Williams

Montana Moore (Paula Patton) is in quite a quandary. The pretty stewardess is practically 30 years old, the age by which her meddling mother (Jenifer Lewis) insists any young lady must marry to be considered respectable.

Meanwhile, her younger sister, Sheree (Lauren London), who's just a sophomore in college, is already engaged to a big man on a campus (Terrence Jenkins), a Heisman trophy hopeful with a bright future in professional football. The blissfully betrothed are set to tie the knot in a month, and Montana is determined to turn one of her former boyfriends



Djimon Hounsou, left, and Paula Patton in a scene from "Baggage Claim."

into a fiancé prior to their wedding day.

So, enlisting the assistance of a couple of colleagues, Gail (Jill Scott) and Sam (Adam Brody), she proceeds to hack into her airline company's reservation schedule to determine the travel plans of her exbeaus. Montana's unsuspecting candidates include a hip-hop producer (Trey Songz), a Republican politician (Taye Diggs) and a filthy-rich AP Photo/Fox Searchlight

businessman (Djimon Hounsou), but not the lifelong friend (Derek Luke) living right across the hall who had once proposed to her when they were in grade school.

Consequently, the desperate spin-

ster starts crisscrossing the country to orchestrate "chance" encounters with well-heeled old flames while her Mr. Right might very well be the next-door neighbor she keeps leaving behind in Baltimore. And although the audience is never in doubt about the eventual resolution, it takes Montana most of the movie, of course, to wise up and realize that she's meant to marry the workingclass hero who has long admired her from afar.

Written and directed by David E. Talbert, Baggage Claim is a fairlytransparent soap opera which tends to telegraph its every punch. Thanks to the intermittent comic relief coming courtesy of the irreverent Greek chorus comprised of flamboyantly gay Sam and boy crazy Gail, this exercise in the obvious is nevertheless a lot of fun to watch. It also helps immeasurably that the protagonist and her hunky suitors are so easy on the eyes.

A pleasant, if predictable, romantic comedy.

Independent & Foreign Films

A.C.O.D. (R for profanity and brief sexuality) Dysfunctional family comedy about a man (Adam Scott) left traumatized by his parents' (Catherine O'Hara and Richard Jenkins) bitter divorce who ends up victimized again when his younger brother's (Clark Duke) wedding brings them back together again. With Amy Poehler, Jane Lynch, Jessica Alba and Ken Howard.

Bad Milo (R for profanity, sexuality and graphic violence) Horror comedy about a stressed-out office worker Ken Marino) who learns that his stomach pain isn't from an ulcer but being caused by a demon living in his intestines. Featuring Stephen Root, Patrick Warburton, Mary Kay Place and Gillian Jacobs.

Concussion (R for profanity and graphic sexuality) Robin Weigert stars in this midlife crisis drama about a lesbian disillusioned with her humdrum life who decides to try a new line of work as a prostitute catering to females after being hit in the head by a baseball. Cast includes Maggie Siff, Ben Shenkman and Emily Kinney.



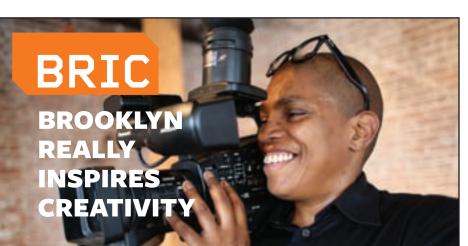
Five Dances (Unrated) Coming-of-age drama, set in Manhattan, revolving around an aspiring ballet dancer (Ryan Steele) torn between pursuing his passion and feelings of responsibility about his fractured family back in the Midwest. With Lulu Roche, Kimiye Corwin and Reed Luplau.

Grace Unplugged (PG for mature themes and teen drinking) Prodigal Daughter drama about a rebellious 18 year-old (A.J. Michalka) who runs away to L.A. in search of fame and fortune as a pop singer only to learn that faith and family are far more important. With James Denton, Kevin Pollak and Shawnee Smith.

I Used to Be Darker (Unrated) American Dream drama about a runaway (Deragh Campbell) from Northern Ireland who takes refuge with relatives in Maryland only to discover that her aunt (Kim Taylor) and uncle's (Ned Oldham) marriage is in crisis. Support cast includes Hannah Gross, Nicholas Petr and Geoff Grace

Linsanity (Unrated) Hoop dreams documentary revisiting Harvard point guard Jeremy Lin's unlikely transformation into an overnight NBA sensation over the course of two weeks in 2012 when he made the most of a chance to fill-in for a New York Knicks' injured starter.

Parkland (PG-13 for profanity, smoking, violent images and graphic emergency room procedures) JFK assassination drama recounting the futile efforts of doctors and nurses to save the president's (Brett Stimely) life at Parkland Hospital after he suffered fatal wounds at the hands of Lee Harvey Oswald (Jeremy Strong). A-list ensemble includes Zac Efron, Billy Bob Thornton, Paul Giamatti, Marcia Gay Harden, Colin Hanks, Jacki Weaver and Jackie Earle Haley.



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SUN KULCHA COMMUNITY EVENTS

SAT., OCT. 5, 2013

DOMESTIC VIOLENCE WALK: Face My

Abuse Domestic Violence Walk will take place at Wingate Park field. (Corner of Brooklyn Avenue and Rutland Road) Brookyln, New York 11203 at 11:30 a.m. This walk is to raise awareness in our community concerning domestic violence, not just to the victims but also to their families and friends. Registration and breakfast from 11:30 - 12:00 p.m. Community Leaders & Guest Speaker 2:00 - 3:00 p.m. The Letting Go Ceremony as a symbol of becoming "FREE" releas-

ing all Pains/Hurts for "Power & strength." The walk begins 3:30 - 6:00 p.m.

CANCER SCREENING: Montefiore Einstein Center for Cancer Care will offer free medical screenings and information for women at a special women's health event from 8:00 a.m. - 2:00 p.m.. The 6th Annual Dr. Edward S. Greenwald Breast and Cervical Screening Event is open to all women in the community and will include: breast exams, pap smears for women 18 and older who have not had a Pap smear in the last 12 months, mammograms for women 40 and older who have not had a mammogram in the last 12 months, health education information concerning women's health issues. All services will be provided free of charge for women without insurance. Co-pays will apply the day of the event for women with insurance. To pre-register and for more information, please call (718) 920-7265. Outpatient Medical Oncology, 1st Floor, 1695 Eastchester Rd., Bronx, NY 10461.

TUES., OCT. 8, 2013

PRENATAL PROGRAM: If you are expecting, join us for seven fun and lively sessions from 5:45 - 7:00 p.m. Come to class and earn points for baby supplies! And learn what to expect when you are expecting and have the healthiest pregnancy possible. This event is free and open to the public and is being held at 206-20 Linden Blvd. in Cambria Heights, Queens. Please RSVP by calling 1-646-476-1294.

HOMEBUYERS WORKSHOP: At the Homebuyers' Workshops, bank representatives, mortgage consultants, and a licensed architect will take participants through the home buying process—including the initial decision making cost analysis, criteria for selecting the right home, and the "do's and don'ts" of filing mortgage applications. The financial education seminars will explain how to start and manage checking and savings accounts for emergencies, financial goals, and retirement. 6:15 – 8:15 p.m. Held at the bank's Allerton Avenue branch – 711 Allerton Ave, Bronx, NY; 718-882-2220.

WED., OCT. 9, 2013

EDUCATOR OPEN HOUSE: Educators and administrators are invited to attend a FREE Educator Open House at Brooklyn Children's Museum from 4:00 - 6:00 p.m! Explore our innovative exhibits and try out hands-on activities that naturally support curricular content in the classroom. Enjoy refreshments and

MEDITATION

Join us in learning how to meditate in just a few simple steps from 200-3:00 p.m. Besides being a way to let go of the harmful effects of stress, worry and tension, daily meditation can help you experience a new feeling of calmness, ease and quiet inner knowing. This event is free and open to the public and is being held at 206-20 Linden Boulevard in Cambria Heights, Queens. Please RSVP by calling 1-646-476-1294.

network with fellow educators and administrators. Receive a 10 percent discount on your first scheduled program at the Museum if you book from October to December 2013. Please RSVP by Oct. 4, 2013 by emailing EducationOpen-House@BrooklynKids.org and include "Educator Open House" in the subject line.

ZUMBA: Join us for a dance-fitness class that's friendly and fun from 10:30 - 11:30 a.m. It uses the Zumba formula, with modified moves and pacing for active older people and those just starting their journey to a fit and healthy lifestyle. Be sure to let your doctor know you'll be taking part in an exercise class. This event is free and open to the public and is being held at 206-20 Linden Blvd., in Cambria Heights, Queens. Please RSVP by calling 1-646-476-1294.

NOW - WED., OCT. 9, 2013

PEFORMING ARTS: "The Trip To Bountiful," has been extended, adding five weeks to its already extended engagement, giving audiences just a few more chances to see the legendary Cicely Tyson in her Tony Award-winning perTHE TRIP TO BOUNTIFUL

NOW-OCT. 9 • "The Trip To Bountiful," has been extended, adding five weeks to its already extended engagement, giving audiences just a few more chances to see the legendary CICELY TYSON's in her Tony Award-winning performance of a lifetime. Tickets are available at the box office, www.Telecharge.com or by calling (212) 239-6200.

FREE ZUMBA

OCT. 9: Join us for a dance-fitness class that's friendly and fun from 10:30 - 11:30 a.m. It uses the Zumba formula, with modified moves and pacing for active older people and those just starting their journey to a fit and healthy lifestyle. Be sure to let your doctor know you'll be taking part in an exercise class. This event is free and open to the public and is being held at 206-20 Linden Blvd., in Cambria Heights, Queens. Please RSVP by calling 1-646-476-1294.

> formance of a lifetime. "The Trip To Bountiful" is playing at the Stephen Sondheim Theatre (124 W 43rd St.) on the following schedule: Tuesday – Thursday at 7:00 p.m., Friday and Saturday at 8:00 p.m., Wednesday and Saturday at 2:00 p.m., Sunday at 3:00 p.m. Starting the week of Aug. 20, 2013 the schedule will change to: Tuesday and Thursday at 7:00 p.m., Friday and Saturday at 8:00 p.m., Wednesday and Saturday at 2:00 p.m. and Sunday at 3:00 p.m. Tickets are available at the box office, www.Telecharge.com or by calling (212) 239-6200.

THURS., OCT. 10, 2013

JOBS MEETING: Assemblyman William Scarborough and the 29th A.D. Task Force are holding an Informational Meeting About Jobs with NYC Business Solutions (NYCBS) from 7:00 p.m to 8:30 p.m. The meeting will be held at the Robert Ross Johnson Family Life Center, located at 172-17 Linden Blvd. in St. Albans.

MEDITATION: Join us in learning how to meditate in just a few simple steps from 2:00-3:00 p.m. Besides being a way to let go of the harmful effects of stress, worry and tension,

daily meditation can help you experience a new feeling of calmness, ease and quiet inner knowing. This event is free and open to the public and is being held at 206-20 Linden Boulevard in Cambria Heights, Queens. Please RSVP by calling 1-646-476-1294.

FRI., SEPT. 20 - FRI., OCT. 11, 2013

REGISTRATION MIGRATION SERVICES: Catholic Migration Services would like to welcome you to register for their free Citizenship Workshop on Oct. 19 at St. James Cathedral in downtown Brooklyn from 10:00 a.m. to 2:00 p.m. In order to attend, you must call 646-597-8797. A CMS employee will take some basic information to determine whether you are eligible to apply. In order to be eligible, you must: Be at least 18 years old, and have been in the United States for at least five years (three years if you are married to a U.S. citizen). Our immigration counselors and legal staff will be providing step by step assistance in each individual's application process.

FRI., OCT. 11, 2013

MASSAGE: Research shows that massage therapy can: reduce stress, ease aches and pains, decrease stiffness and joint swelling, improve digestive/breathing functions, alertness and circulation, and help people with arthritis, stroke, asthma, diabetes, Parkinson's and bursitis. Massage therapists are licensed. This event is free and open to the public from 2:00 - 5:00 p.m. This event will be held at 206-20 Linden Blvd. in Cambria Heights, Queens. Please RSVP by calling 1-646-476-1294.

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COMPILED BY NATALIE Y. HENRY

If you have an event that you would like to post in Sun Kulcha, please email your submission to caribbeanlife@cnglocal. com. All submissions are up for review by the editor.

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Movies on the church steps

By Toni Dubois

caribBEING a non-profit organization is a vibrant cultural and artistic hub committed to building community through the lens of Caribbean cinema culture and art, presented Flatbush Takeover free pop-up series for the second year in a row, on the busy steps of Flatbush Reformed Church at Flatbush and Church Avenue.

New York, Caribbean based curator/Executive Director Shelley Worrell presented screenings from emerging producers of two films. One featured independent Jamaican film "Dancehall Queen." The story follows a young woman, named Marcia who is a struggling single parent with financial problems. She comes up with a creative way to fix her current circumstances by creating her alter ego, Mystery Lady. She takes her idea for a costume to a dressmaker who is able to put her idea



Brooklyn residents view films on the steps of Flatbush Reformed Church. Photo by Toni Dubois

into motion and competes against reigning Dancehall Queen Olivine.

The second film, a biography documentary called "Missing Melodie" by caribBEING associate aspiring filmmaker Monique Campbell, is a story about a young women (Monique Campbell) who moves to the U.S. and tries to adapt to not having a great relationship with her mother and how she dealt with it through the friendships that she formed with other girls with similar experiences.

As the films were being shown, people walking by

were intrigued and curious on what was being screened. Some stood hesitantly to the side before taking a seat. Many others were pleasantly surprised and wanted to know how often and where they could see future screenings. Marcus Victor of Haitian decent just happened to be on his way home when "Dancehall Queen" was playing and decided to stay and watch the film, "this is such an excellent idea, this really has to be done more often," he said.

Shelley Worrell has managed to bridge film, art & culture, all the key elements needed to make a successful film festival. Success often times will come with many failures along with high and low points but Shelley has managed to remain ahead of the game by remaining flexible and relying on her resources, having a plan B and sometimes plan C.

For future screenings and events check out www.caribbeing.com



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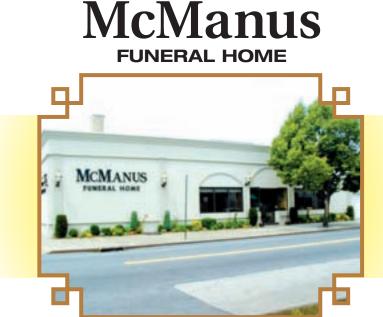
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Usain Bolt reacts after he won the men's 100 meters at the Diamond League Memorial Van Damme athletics event, at Brussels' King Baudouin stadium. AP Photo/Geert Vanden Wijngaert

Bolt's new PUMA deal

By Azad Ali

German kit-maker PUMA announced recently that it was renewing its sponsorship deal with Jamaican Usain Bolt, the world's fastest man said to worth millions of dollars.

Bolt, 27, has been with Puma since 2003, and last renewed what is considered to be the biggest sponsorship deal in athletics Continued on Page 34

Brothers test 5th Ave. run

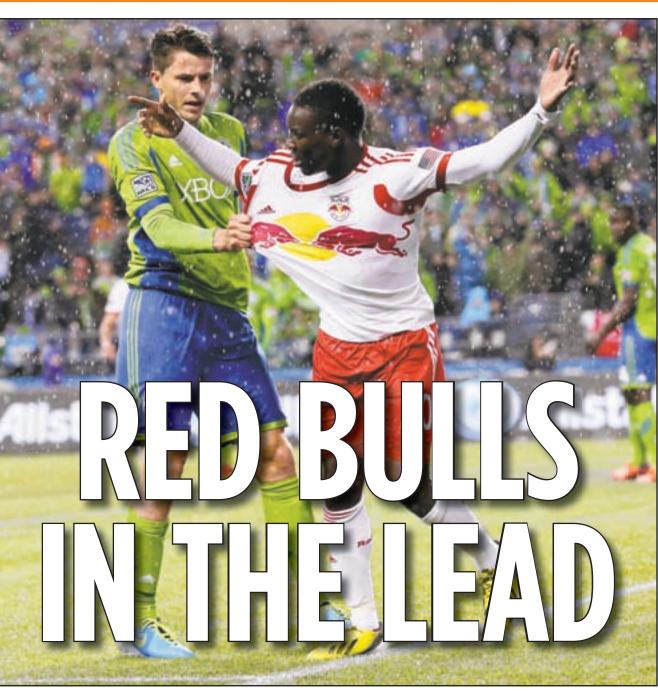
By Robert Elkin

Two brothers whose father originally came from Cuba, once again really tested the Fifth Avenue Mile course in Manhattan on an almost perfect day for the running sport.

They did not compete in the Professional Category of the event but instead entered into the Men's Open age group division.

Luis Barbier, Jr., making his second appearance in such a race, turned in what he termed a little disappointing performance after he covered the one mile race that started near 83rd Street and ended near 63rd Street in Manhattan in a time of 6:20.

Continued on Page 34



New York Red Bulls' Lloyd Sam, right, exchanges jersey tugs with Seattle Sounders' Marc Burch, left, in the second half of an MLS soccer match, Sunday, Sept. 29, 2013, in Seattle. The match ended in a 1-1 tie. AP Photo/Ted S. Warren

Faces test against New England

By Patrick Horne

First-year head coach Mike Petke and his New York Red Bulls have come a long way since their first MLS win back on March 30 - a 2-1 home defeat of Philadelphia Union - to last Sunday night's 1-1 draw at Western Conference leader Seattle Sounders. In between, it has been a roller coaster ride until a month ago, when that ride became much smoother with an undefeated run in the last five games.

The undefeated stretch in September - which started with a 2-1 defeat of DC

United on Aug. 30 and included wins over Houston Dynamo (4-1), Toronto FC (2-0) and FC Dallas (1-0) - saw the Red Bulls (15-9-7, 52 pts.) occupy and stay atop the MLS Eastern Conference standings. Its 52 points, best in the league and one

Continued on Page 34

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Seattle Sounders goalkeeper Michael Gspurning, center, watches as Sounders' Marc Burch (8) and New York Red Bulls' Lloyd Sam, right, vie for a loose ball and Sounders' Osvaldo Alonso, left, and Red Bulls' Peguy Luyindula, second from left, look for the ball during the first half of an MLS soccer match, Sunday, Sept. 29, 2013, in Seattle. AP Photo/Ted S. Warren

Bulls, New England encounter

Continued from page 33

point ahead of Western Conference leaders Seattle (15-8-6, 51 pts.) and Real Salt Lake, puts it in running for the MLS Supporter's Shield, an award given to the team with the best MLS regular season record. In New York's favor of winning this award is the fact that two of its last three regular season games are at home, with New England and Philadelphia coming to Red Bull Arena, along with a visit to the Houston Dynamo.

The matchup in Seattle, billed as the best in the East versus the best in the West was a true test for the Red Bulls; the West has been recognized as the stronger conference, hence, the Red Bulls had much to prove. The Eastern Conference leader was without captain Thierry Henry. Wright-Phillips and starting defender Jamison Olave, all out with injuries, but Lloyd Sam, Peguy Luyindula and defender Ibrahim Sekagya were more than adequate replacements.

In torrential rain at Seattle's CentruyLink Park and the usual sell-out crowd, this time of 39,083 fans, the Red Bulls trailed just before

the break. Defender Marcus Holgersson was whistled for a hand-ball in the penalty area and midfielder Brad Evans made no mistake from the penalty spot on the stroke of halftime. The home team had the better of the first half, which saw a number of opportunities go astray, including Eddie Johnson's header in the 26th minute off a Mauro Rosales free kick that went wide and an Obafemi Martins header that missed an open goal. Also, Red Bulls goalkeeper Luis Robles made a big save on Johnson's left-footed shot that he did well to redirect beyond the left post. Commenting on Martins' missed header, Sounders coach Sigi Schmid said, "Obviously, if you put that one in, it changes the complexion of the game ... "

In the second half, the Red Bulls seemed unaffected by the constant downpour and played even with the Sounders. Petke said he thought the rain helped his players. Midway through the half, Holgersson's header from a free kick struck the crossbar and two minutes later a Red Bulls shot barely missed the right goalpost. The pressure paid dividends in the 76th minute; midfielder Tim Cahill tied the game for the Red Bulls with his ninth goal of the season when he latched onto a loose ball in the Seattle goal area. The Australian placed his shot in the far right corner of the goal where Sounders goal keeper Michael Gspurning had no chance for a save. New York hosts the New England Revolution on Saturday, Oct. 5 at 7:00 p.m.

TRINIDAD PRINCESSES WIN

The Trinidad and Tobago Soca Princesses beat Haiti, 1-0, to win the 2013 CFU (Caribbean Football Union Women's Under-17 championship on Sunday at the Sylvio Cator Stadium in Haiti. Summer Arjoon, the tournament MVP, scored the lone goal in the 40th minute, assisted by captain Zoe Swift and Chevonne John.

According to all reports, Haiti turned on the pressure in the second half, but Trinidad and Tobago did well to defend its one-goal lead. Trinidad's head coach Marlon Charles reacted to his team's success: "The game came down to tactics, and being a goal ahead, I wanted to preserve that lead. I had a lot of confidence in my defenders and the way they were cutting out the spaces in the midfield. I cannot say if my plan would have changed had Haiti scored, but they didn't, so it's safe to say that it worked. I must also thank Haiti for a good game, and they played well to reach the final."

Haiti's coach, James Morisset, who congratulated Trinidad and Tobago, said, "We learned a lot from this game, and it has prepared us well for the CON-CACAF Under-17 Qualifiers, and who knows, maybe we will meet Trinidad again for a rematch!" Haiti scored 32 goals in the tournament and conceded only two. Puerto Rico defeated Bermuda, 2-0, to win third place.

Both finalists qualified for the CONCACAF tournament, Oct. 30 through Nov. 9, 2013 in Montego Bay, Jamaica. The complete eight-team field is host Jamaica, Canada, El Salvador, Guatemala, Haiti, Mexico, Trinidad and Tobago and the United States. The FIFA Women's Under-17 World Cup is scheduled for Costa Rica in 2014.

5th Ave. race

Continued from page 33 The 37-year-old Barbier competed in the 35-39 category and ran a faster 6:18 in 2012.

"I want to get close to five minutes," said Barbier, who runs unattached, after the race,

His favorite distance is anywhere between one mile to a 5K or 3.1 mile event.

A product of John F. Kennedy High School in The Bronx, and Iona College, in New Rochelle, he played football, in both schools and competes in both running and triathlons nowadays just trying to stay fit at his age,

Luis was accompanied to the race by his brother Alfredo Barbier who was recorded in a faster time of 5.55.

"I beat my brother," said the 36-year-old Barbier. "We run pretty much all the races together. This is one more race to get as closer to qualifying for the New York City Marathon next year. We'll both do it. (This year also).

"It'll be amazing to run in a marathon. We wanted to do it last year but didn't because of (Hurricane) Sandy. We've been training all summer for it." A product of Norman Thomas High School in Manhattan and Pace University for his undergraduate studies and Iona College for his Masters, Alfredo Barbier about three years ago first started running. Luis Jr. is also competing in the marathon. They grew up playing baseball in Washington Heights.

Their parents never went in for the running sport and hail from Cuba, and they were never athletic. The two boys eventually picked up the running sport on their own, and saw other people into it. The athletes train in the specious Van Cortlandt Park in the Bronx.

"We try not to train on the tracks," because it's kind of boring," Luis added. "There is a lot of landscape that one can run on in the Park."

Their father, Luis Sr., who comes from the Caribbean, does not help them with their training but teaches them commitment to the sport of running and never to give up. Senior was more of a boxer than a runner. Now he is 71 years old and is retired but is more involved in boxing.

Brazil Olympics

Continued from page 33 into the 2016 Olympic

Games in Brazil. "He will play a crucial role in our future product concepts, as well as brand communications leading towards the Olympic Games in Rio 2016 and beyond," said PUMA chief executive Bjoern Gulden.

In addition to its contract with Bolt, Puma has a longstanding commitment to Jamaican track & field.

The deal is a boost for Puma as it continues to take on bigger sportswear rivals Adidas and Nike.

"Puma has been with me since the beginning. They recognized my talent years when 1 have some difficult times due to injury," said Bolt who has won six Olympic gold and eight World Championship gold medals to date.

"Their work and commitment to Jamaica is always very important to me. I have always been very happy to be part of the PUMA family .I am proud to represent them and delighted to continue with them for the years ago," added bolt, whose time of 9.58 seconds in the 100 meters is the fastest run to date.

Bolt had earlier indicated he may retire after the 2016 Games, but recently said he may compete for a year after that.

Miller and Permaul wreck India's 'A' team

After a pleasant display of batting by the West Indies "A" team in India against India "A," the West Indies bowlers took control and bowled splendidly in the first three un-official Test matches with each Test schedule for four days.

West Indies "A" team batted first and scored 429 runs. During the first day of the Test match West Indies "A" team scored 264 runs for 5 wickets with captain Kirk Edwards scoring 91 and opener Kraig Brathwaite 92. Brathwaite and Edwards scored a 112run partnership for the second wicket. Guyanese batsman Assad Fudadin scored 86 not out.

India "A" Team **Crumbles for 245** All Out

Veera Sammy Permaul, 5 for 85, and Nikita Miller, 4 for 61, took control of the proceedings and had the India "A" batsmen in all sorts of trouble. Both spinners are left-handed **Eyes on Cricket** By George H. Whyte

and they created havoc on the opposition by bowling out India's "A" team for 245 runs

West Indies batted a second time and declared at 130 for 4 with opener Kieran Powell scoring 68 from 88 balls with nine fours and one six. India "A" was given 315 runs to win and they were skittled out for 152 runs. Miller, 5 wickets for 40 runs, and Sammy Permaul, 3 for 56. Narsingh Deonarine picked up two wickets also as India "A" team was crushed by 162 runs.

Senior Windies Team Must emulate "A" Team

The victorious Windies "A" team celebrated a big victory after the first of three unofficial Test matches. Windies "A" team won the first Test but wide margin because some top performances from their top order batsmen and spinner what was significant was the manner in which both bowlers and batsmen carried through successfully. West Indies senior team ought to focus much more on batsmen going on for big scores and bowlers gathering wickets much frequently. Pressure must always be put on the batting side of the opposition via constantly falling of wickets. West Indies senior squad has grown to strength with a mixture of experience and a few young players that are super talented.

Most of the younger West Indies players have been exposed to international competition and



West Indies "A" team Captain Kirk Edwards.

the West Indies selectors should find it quite easy to select 14 or 15 players for a tour. Bowlers and batsmen should be in top form. The West Indies team has a

fair opportunity of winning more ICC titles because of its strengths.

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- Hahn
- 52. Homer Simpson's neighbor 53. Apiece 55. Federal procurement org. 57. *Stone that floats 60. *Reddish-brown 63. Hardship 64. Pirate's "yes" 66. R in R.E.M. 68. Hollers 69. Seasonal blues 70. *Threat to food 71. *Like desert 72. One of Bo Peep's flock 73. Affirmatives DOWN 1. Auction action 2. *Opposite of base 3. Approximate 4. One of 4 Cs 5. *All around us 6. Full of elms

7. Grazing spot

9. *Low- diet

12. Used for signing

15. "Mere

10. "Les Mis rables" author

genre

8. Bee Gees' most successful

- 20. Paint choice 22. Often used to make baseball bats 24. Khufu or Khafra, e.g. 25. *Molten rock 26. Often received with a sound 27. Spanish accent 29. *Elementary particle
- 31. Schneider and Lowe, e.g.
- 32. Dined at home
- 33. *Microscope's platform
- 34. *It travels about 768 mph
- 36. Coarse file
- 38. Monthly due
 - 42. Fire
 - 45. Belonging to him and her
 - 49. *Anatomical pouch
 - 51. Fish hawk
 - 54. Halt
 - 56. With rapid movements
 - 57. Embarkation location
 - 58. Tangelo
 - 59. *Type of fungus
 - 60. Formally surrender
 - 61. Heroic poem
 - 62. Agitate 63. Shag rug
 - 65. Swerve
 - 67. Insult





В



you must make the most of your patient nature next few weeks. Enjoy these good times and invite this week. Keep this in mind when dealing with those closest to you to enjoy them as well. family and coworkers.

TAURUS: Apr 21/May 21

Taurus, keep things in perspective and you will have your cake and eat it, too. You can coolly handle tough situations, and that ability serves you well this week.

GEMINI: May 22/Jun 21 田

Your imagination is working overtime this week, Gemini. Channel that creative energy and get started on a project you have long been considering

ARIES: Mar 21/Apr 20 Aries, patience is a virtue you possess, and CANCER: Jun 22/Jul 22 Cancer, you will be very content for the

LEO: Jul 23/Aug 23

Leo, your heightened sense of focus on a particular task has left you wondering how to proceed in another area of life. You may want to seek the advice of others.

VIRGO: Aug 24/Sept 22

Virgo, you may be tempted to throw caution to the wind. While that may make for a memorable experience, it may not prove wise over the long haul

LIBRA: Sept 23/Oct 23

You could get caught up in a social whirlwind this week, Libra. Keep your feet on the ground or you may be swept away in all of the energy.

SCORPIO: Oct 24/Nov 22

Staying connected to your feelings is empowering, Scorpio. Even if others don't feel exactly the same way that you do, they may go along with plans to make you happy.

SAGITTARIUS: Nov 23/Dec 21

Sagittarius, indulgent behavior won't pay off in the long run. Moderation works best, and you'll be glad you didn't overindulge after the fact

CAPRICORN: *Dec 22/Jan 20* Capricorn, work and family responsibilities have put you under a lot of pressure recently. You **__** could be in need of a respite, even if that break is **o** brief.

AQUARIUS: Jan 21/Feb 18 Aquarius, it's quite possible you will not a get much done this week, as you may be too busy 📎 encouraging others rather than focusing on your own needs.

PISCES: Feb 19/Mar 20 Compassion is your speciality, Pisces. Others appreciate your warm nature, so accept their gratitude and affection.



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